

Progress Notes.



Fall 2019

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc. LAGPA@sbcglobal.net

CALENDAR OF EVENTS

(Educational Events in Red) (Socials in Green)

See inside this newsletter for details on all these events.

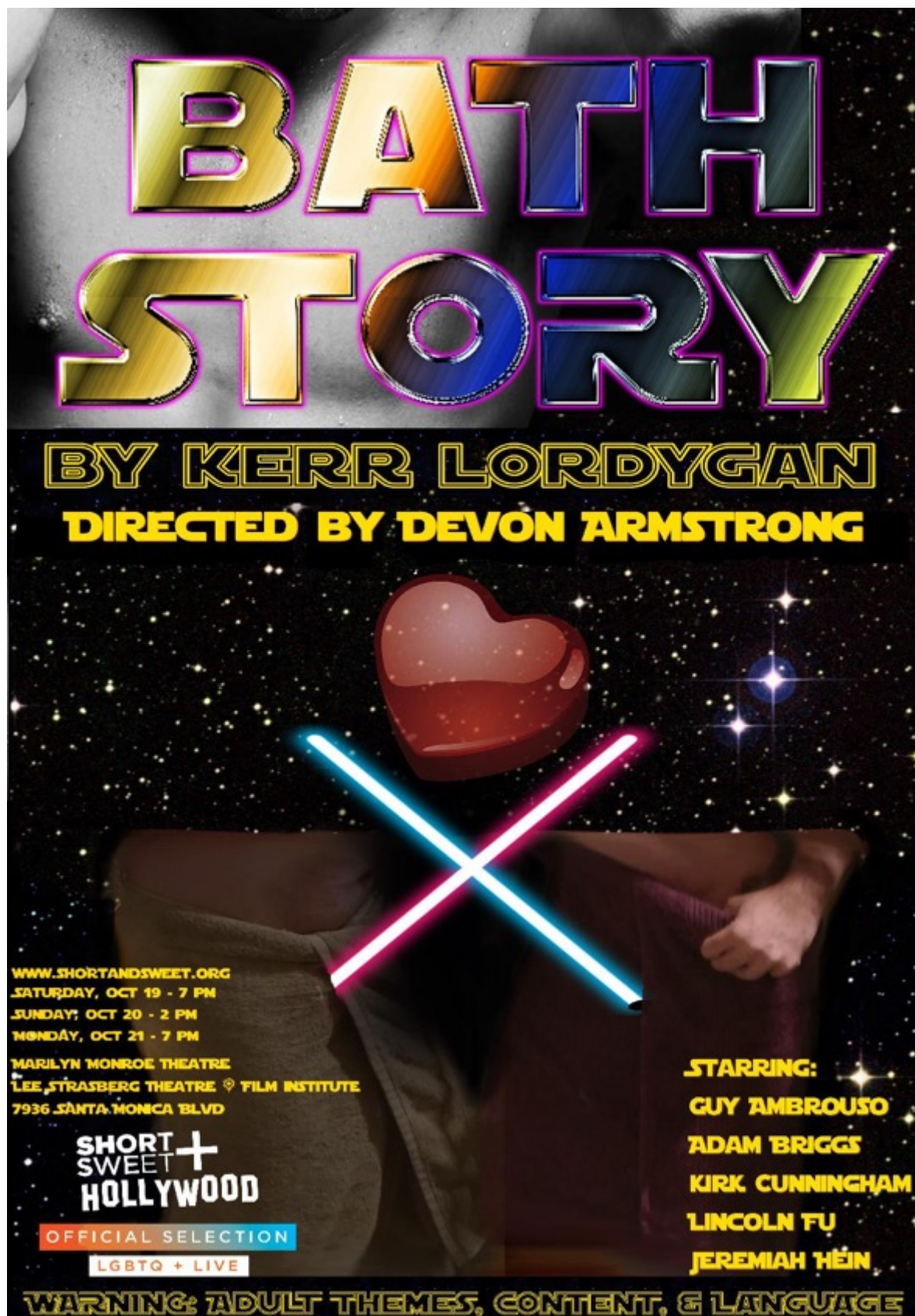
- Oct 19 LACPA Conference booth (all are welcome to help staff our booth and promote your private business)
- Nov 1-3 CCAPP Conference booth in Newport Beach
- Nov 17 **24th Annual LGBTQI Conference co-hosted by Mount Saint Mary's University**
- Dec 8 **Winter Social (watch for details)**
- December—elections. Submit your name for the ballot to be on the LAGPA board.

Help us develop our 2019-2020 Calendar!

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Tickets and information at this direct link: <https://ci.ovationtix.com/35239/production/1017596>
Dietrich Hollywood showcases original plays and acts in 10-minute format. Bath Story will be performed about half-way through the fun evening of theater.





LAGPA is going strong. The conference scheduled for November 17 at Mount St. Mary's University is completely set. Inside this newsletter is the entire 16-page conference brochure. Everything you want to know about the twelve workshops is available for your review. Typically, we have about 100 people attend. MSMU campus is truly lovely and park-like. This is our second time to be at MSMU and appreciate their continued support of the important conference.

LAGPA is your organization. We are here to bring events to help you with your practice working with LGBTQI clients. We bring various educational events, including the conference, to keep you up-to-date on advancements in LGBTQI academics. Our social events often include the physician group (SCLMA) and the attorney group (LGBT Bar) to help you network. Often clients need additional services with medical and legal help besides counseling. We are in the final states of planning our Winter Social. Hope you can attend.

We are already planning out 2020 educational programs. Right now, it looks like we will have workshops in the spring on psychopharmacology, advances in gender studies, and tax planning for therapists in private practice. Keep your eyes peeled for dates and times.

The conference and educational events cost money to put on. We are so grateful to our sponsors and donors. In particular I want to thank Twin Town Treatment Center for allowing us to meet for regular board meetings, some social events, and many of our educational events. Twin Town also often sponsors the meals that we provide during the educational events. Thank you Twin Town! A second big thanks go to Dr. Larry Hedges. He is a respected therapist and educator. He does not charge us to put on his educational workshops—like the workshop on *Suicidality* on September 22. We usually make a few hundred dollars from his events that are mostly used to maintain our ability to offer CE credits through the APA. LAGPA decided years ago to seek APA certification. It was a major effort that must be renewed every five years. LAGPA spends about \$4000 a year maintaining the certification. We believe it is important to provide this level of expertise for our members. Isn't it nicer to take workshops in a LGBTQI-friendly environment than the usual conferences? And our focus is on LGBTQI topics. Is there a topic you would like to see in workshop? Just let us know.

This issue of the Progress Notes contains many interesting articles reviewed by Mary Guillermin, besides photos from the summer pool party, the conference brochure, job offerings, and more. You are always welcomed to forward this newsletter to your personal/professional email list.

One frustration I have over the years is the comment I often hear that LAGPA is a boy's club. Actually, the women/men ratio of memberships is 45/53% with about 2% other. So, really, we are very close to gender parity. I think this is a better ratio found in most organizations. We are also cognizant about the gender/race/ethnicity of our presenters and keynote to provide a wide representation of people. Still, some topics and events may be less representative of our diversity. All are welcomed to all of our events.

In December, elections will be coming up. We need more board members. Have you ever considered being on the board? Now is your chance. We want to hear your voice and ideas. Help guide LAGPA into the future. Thanks. Chuck Stewart

By Mary Guillermin, LMFT & Co-President of LAGPA



After the Conference last November, the LAGPA Board received some critical feedback from gender-queer, non-binary and gender non-conforming attendees. The Board accepts that this issue is important within our community. What I write here is me speaking for myself and not the rest of the Board, except in so far as we agreed at our last Board meeting to invite the people concerned to run an educational workshop on gender diversity or any similar subject of their choosing early next year. The invitation has been sent; we will update you on progress later. The invitation to take two, three, or even more hours to present on this topic and offer CEUs is part of the Board recognizing that there are changes and movements among mostly younger people that we may not be in close touch with. We recognize as a Board, that we and other members, would benefit from being educated about our wider community.

I want to put this in a historical context, because the causes and concerns of the twenty-first century rest on the progress and changes brought about in the twentieth century. Several of the Board Members, myself included from the British front, are veteran warriors of the early days of Gay Liberation. In those first days, in northern England at least, all members of the community worked together – gay men, lesbians, bisexuals and transsexuals, as trans-people were called in those days. In my northern provincial university town, coming out openly was a new phenomenon and a fearful matter, especially for gay men who were frightened of being beaten up for being seen to be gay. To my knowledge, this never happened and in the early 1970s, men and women were walking hand in hand in same sex couples in the street without repercussion. The GLF members used to go into the town to dance at the town's gay bar where we mingled with the underground stereotyped butch and femme culture, that ran through men and women alike. (We were a group that included several transgender male-to-female people; one, a lecturer who remained employed after transition by our newly founded university). The newness of the fear, joy, comradeship and friendliness of previously isolated individuals and groups in the early '70s may be hard to imagine for younger people nowadays who are used to the progress – at least in the more liberal coastal belts – of the twenty-first century. That marriage for our community would be legal within our lifetimes was not even on the horizon. In Britain in 1971 it was only four years since homosexuality was no longer a criminal offence – lesbians were less threatening to lawmakers and were never criminalized; just ignored.

In those days it was part of the experimental, radical nature of coming out as people who happened to be gay that male couples in GLF were made up of two men dressed similarly who weren't acting out the butch/camp stereotype. Likewise, with the women, lesbian couples dressed the same – two women together in their student uniform of t-shirt and jeans. I would say this was our gender experiment, being at ease in our clothes and in our gayness and not aping the male and female expression of society at large and the reflection in the more covert gay community.

Fast forward to the present and young people – not only but in particular – do not want to be labeled. They want to feel free to be themselves, and sometimes that means using the pronoun “them” about themselves. One of the Board members told us about an Oxford University article that shows the use of “them” has an interesting, and longer than you would think, history. [<https://public.oed.com/blog/a-brief-history-of-singular-they/#>] Terms such as gender-fluid, gender-queer and non-binary are used about people’s various forms of self-expression. I admit that I am a lover of archetypes. I believe in Plato’s Ideal Forms in the unseen world and that we reflect archetypes here below. So, in the case of human gender expression, I mean I enjoy femaleness and maleness. I have always embraced trans people who feel irresistibly drawn to the other gender. If someone identifies with the archetype of feminine or masculine, they definitely have my emotional and practical support.

So, I admit to not being drawn towards the not-being-one-or-the-otherness of gender fluid expression, though at the same time, I can glimpse why that might be desirable or attractive to a person feeling out a true and meaningful version of themselves. I am eager and open to learning more about and from people in the wider community who experience life and gender roles in a very different way from someone whose youth was in the '70s of the last century. Please accept our invitation to educate the Board and membership of LAGPA. We want to hear from you.

INTRODUCTION TO OUR NEW BOARD MEMBERS, ALEXANDER YOO & JEREMIAH HEIN

Alexander Yoo, MDiv, MA, LMFT:

- LGBTIQ+, QTPOC, diverse gender and sexuality, family and relational complexity, trauma, abuse, domestic violence, PTSD, grief, spirituality, meaning-making, syncretic, and eclectic belief integration, and the diverse array of ways to inhabit the body
- Incorporating strength-based, trauma-focused, existential, psychodynamic, intersectional, intergenerational family systems, and art/music modalities
- Ordained clergy; hospice chaplain; clinic director; medical, mental health, and media consultant
- Trailblazer in gender diversity; over 25 years’ experience in health, advocacy, and spiritual support, helping people heal as they remake themselves and perform extraordinary feats
- Founded GenderQueer Revolution (www.genderqueerrevelution.org), a national organization established in 2001 dedicated to empowering people of all genders, helping people to embrace the gift of gender in their own lives and in the lives of others, supporting and cultivating genderqueer, gender-gifted individuals and communities, uniquely gender-gifted art, spirituality, research, and academics, and educating and building bridges across trans, gendered, queer, and non-queer communities and beyond



Jeremiah Hein, MSW, LCSW:

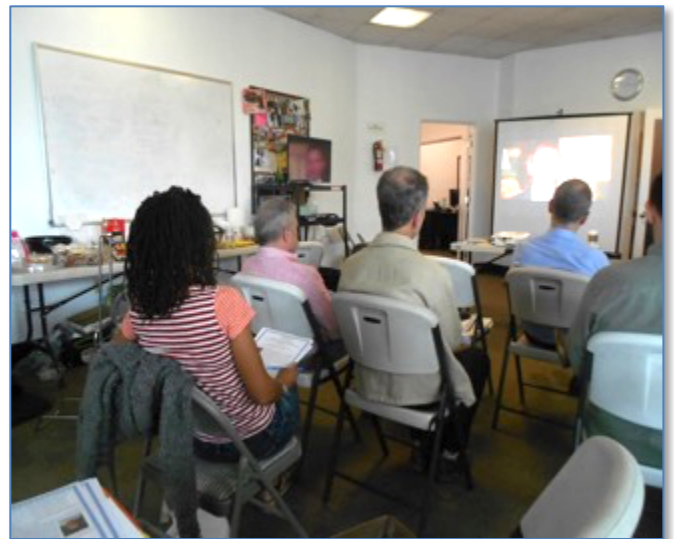
Jeremiah wanted to join the LAGPA Board to give back to his community as well as bring in some new blood and to represent the field of social work on the board. He is interested in the development of not only himself, but of new therapists as well and in increasing the learning of therapists old and new and is proud to represent the LAGPA Board. He likes to meet his clients where they are at and help them walk hand in hand with their mental health and substance use issues in order to lead happier, fuller, and more meaningful lives. Jeremiah uses a strengths-based, client centered perspective in working with his clients with the support of their family, friends, loved ones, and the treatment team. He has worked in the field of substance abuse treatment as a therapist and as a case manager in the fields of housing, SSI/SSDI Benefits, & mental health. Jeremiah found his niche working in treatment because it was through a rehab and the help of a therapist and a substance abuse counselor that he worked through his own struggles with substance abuse. He believes people are the experts of their own stories and so tells his clients, “you are the captain of the ship, and I’m here to help you navigate through this journey we call life”. In his spare time, he likes to play tennis, video/board/card games, go to the movies and theatre, museums, read, workout, and bodysurf.



Managing Suicidality in Clinical Practice

By Terry Oleson and Jeremiah Hein

In his presentation at the most recent LAGPA workshop on September 22nd, Dr. Lawrence Hedges eloquently and impactfully spoke on The Call of Darkness: Managing Suicidality in Clinical Practice. Dr. Hedges based his talk on his extensive research on this topic over the past 6 decades, which has led to greater understanding of the dynamics of suicide and promising treatment approaches for assisting suicidal clients. According to Hedges, implications of the origins of suicidality are best understood from a relational context and such an approach has major implications for managing suicidality. The clinician’s task is to reach, with the patient, a shared understanding of the patient’s suicidality. The clinician’s attitude needs to be non-judgmental and supportive in empathic listening to the patient.



When answering “Why the Call to Darkness?”, or “Why did He / She do it?”, Hedges maintains that such a question is the wrong approach. Usually, suicidal individuals can not provide an intelligible account of what is going on with them. The traumatic experience that underlies their disorder can not be consciously remembered, and that traumatic experience may be repeated in later relationships. Such memories have typically been stored in pre-verbal, somatic and affective modes of mental development that occurred before the individual was 2 years old, before the ability for verbal thoughts are developed in the brain.

Cumulative research has shown that there is very little consistency from one suicidal patient to the next, with multiple idiosyncratic, complex, variables. Other than they are usually depressed and see little hope for their present condition, a single explanation does not account for the many depressed patients who do not try to end their life. The population of successful completers is distinctly different from the population of attempters, or the population of individuals who just think about suicide. The completers often have had a history of borderline, mental disorder, but they are not conscious of their early infancy traumas.

An attachment – abandonment, developmental dynamic can lead to increased suicidality. The individual’s insecure attachment styles can be excessively clinging or excessively withdrawing. If secure attachment is established in the second year of life, separation-individuation from the established, infantile, symbiotic bonding with the mother relationship may occur. But often this psychological differentiation fails to occur, and later in life, that individual may be experienced by others as manipulative, demanding, or alienating.



Sigmund Freud explained the enigma of suicide that no one tries to kill himself unless he is killing an internalized object (like a parent) with whom he has identified himself. E.S. Schneiderman suggested that suicide is best understood as stopping one’s consciousness from experiencing unendurable, psychological pain. He asks his suicidal patients “Where does it hurt,” and “How can I help you?” With patient persistence, these questions inevitably lead to the epicenter of that individual’s suicidal urge.

There is a difference between a “Cry for Help” as contrasted with a “Cry of Pain.” Most suicidal patients suffer from a state of mental pain or anguish, and a loss of self-respect. To elucidate this point, Hedges showed videos of several film clips, including *The Suicide Room*, *Sylvia Plath*, *Fatal Attraction*, and *Night Mother*. Dr. Hedges has offered free online video downloads at his website, www.listeningperspectives.com, and free online books at www.FreePsychotherapyBooks.org.

Listening Perspectives Study Center
1439 East Chapman Avenue,
Orange, CA 92866
Phone/Fax (714) 633-3933
www.ListeningPerspectives.com

THE CALL OF DARKNESS: MANAGING SUICIDALITY IN CLINICAL PRACTICE

Instructor: Lawrence Hedges PhD, PsyD, ABPP

**6 hours Continuing Education Credit for Psychologists, MFTs, LCSWs
Fee \$180, Pre-registration is suggested.**

Note: this single class satisfies both the California licensing board's mandated suicide prevention class as well as the law and ethics requirements.



Lawrence Hedges, Ph.D., Psy.D., ABPP., began seeing patients in 1966 and completed his training in child psychoanalysis in 1973. Since that time his primary occupation has been training and supervising psychoanalysts and psychotherapists individually and in groups on their most difficult cases. He was the Founding Director of the Newport Psychoanalytic Institute in 1983 where he continues to serve as supervising and training analyst. Throughout his career Dr. Hedges has provided continuing education courses for psychotherapists throughout the United States and abroad. He has consulted or served as expert witness on more than 400 complaints against psychotherapists in 20 states and has published 19 books on various topics of interest to psychoanalysts and psychoanalytic psychotherapists, three of which have received the Gradiva award. During the 1909 centennial celebrations of The International Psychoanalytic Association his 1992 book, *Interpreting the Countertransference*, was named one of the key contributions in the relational track during the first century of psychoanalysis. In 2015 Dr. Hedges was distinguished by being awarded honorary membership in the American Psychoanalytic Association for his many contributions to psychoanalysis.

Class Tour 2019-2020

ORANGE, OCTOBER 26, 2019	SANTA BARBARA, APRIL 4, 2020
ORANGE, DECEMBER 14, 2019	CARLSBAD, APRIL 25, 2020
RIVERSIDE, JANUARY 25, 2020	ORANGE, MAY 9, 2020
ORANGE, FEBRUARY 1, 2020	WOODLAND HILLS JUNE - 2020
SACRAMENTO, FEBRUARY 8, 2020	MONTEREY, JULY 11, 2020
BEVERLY HILLS, FEBRUARY 22, 2020	ORANGE COUNTY AUGUST 15, 2020

For information & registration call (310) 474-2505

For registration and information call (714) 633-3933 or go to www.listeningperspectives.com
Course Description:

This intermediate to advanced course for mental health professionals begins with the awareness that our ability to predict suicide is little better than chance and that at present there are no consistently reliable empirically validated treatment techniques to prevent suicide. However, Dr. Hedges will demonstrate that in the past three decades much has been learned about the dynamics of suicide and many promising treatment approaches have been advanced that are slowly yielding clinical as well as empirical results.

Dr. Hedges will present the groundbreaking work on suicidality of Freud, Jung, Menninger and Shneidman as well as the more recent work of Linehan, Kernberg, Joiner and the attachment theorists along with the features in common that these treatment approaches seem to share. He will put forth a Relational Listening approach regarding the origins of suicidality in a relational/developmental context and will consider their implications for treating, and managing suicidality.

Learning Goals: At the conclusion of this class participants will be able to:

- Define what Edwin Schneidman means by “psychache”.
- Describe Joiner’s interpersonal approach to understanding and managing suicide.
- Explain the difference between “mourning” and “melancholia”.
- State how the attachment-abandonment developmental dynamic can lead to instrumental suicidality.
- State how the connection-withdrawal developmental dynamic can lead to lethal suicidality.
- Explain what can be learned in a “suicide autopsy”.
- State the difference between “a cry for help” and “a cry of pain”.

Continuing Education Certificates and Credits

This year’s programs are co-sponsored by The Newport Psychoanalytic Institute. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus and the Registration Form. The Newport Psychoanalytic Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Newport Psychoanalytic Institute maintains responsibility for this program and its content. The California Board of Behavioral Science recognizes Continuing Education Credits awarded by providers approved by the American Psychological Association to Licensed Marriage & Family Therapists, Licensed Clinical Social Workers and LPCCs.

About The Listening Perspectives Study Center

The Listening Perspectives Study Center is an equal opportunity CE provider committed to principles equality and of social justice. Information regarding registration, fees, refunds, attendance policies, credits, instructors qualifications, ethics, grievances, and conflicts of interest are spelled out on our website, Listeningperspectives.com

There are no commercial interests or conflicts of interest involved in this Continuing Education class. Full attendance and completed course evaluation are required for Continuing Education credit for class. The knowledge and usefulness of the material presented in this class is based upon research and is limited to the contexts discussed. No experimental or dangerous procedures are part of this class.

The Listening Perspectives Study Center is committed to ensuring that our programs are accessible to participants with disabilities. Contact the center with your request and every effort will be made to accommodate you.

Orange, October 26, 2019

Best Western, 9:00–4:30

720 the City Way, Orange 92868

Santa Barbara April 4, 2020

Pepper Tree Inn , 9:00–4:30

3850 State St., Santa Barbara 93105

Orange, December 14, 2019

Best Western, 9:00–4:30

720 the City Way, Orange 92868

Carlsbad, April 25, 2020

National University, 9:00–4:30

705 Palomar Airport Rd., Carlsbad 92011

Riverside January 25, 2020

Quality Inn, 9:00–4:30

1590 University Ave., Riverside 92507

Orange May 9, 2020

Best Western, 9:00–4:30

720 the City Way, Orange 92868

Orange, February 1, 2020

Best Western, 9:00–4:30

720 the City Way, Orange 92868

Woodland Hills, June? , 2020

Sacramento February 8, 2020

Hampton Suite, 9:00–4:30

800 Stillwater Road

Sacramento, CA

Monterey, July 11. 2020

Hilton Garden Inn, 9:00–4:30

1000 Aguajito Rd. Monterey 93940

Beverly Hills, February 22, 2020

(Beverly Hills Women's Club), 9:00–

4:30 1700 Chevy Chase Dr.

Beverly Hills, CA 90210

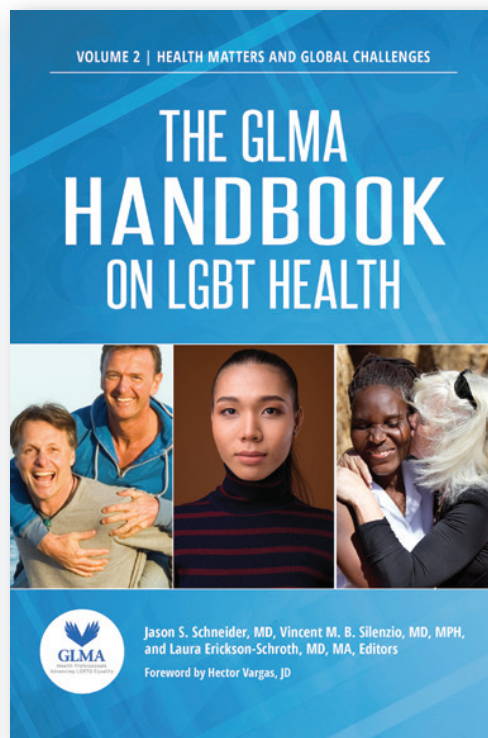
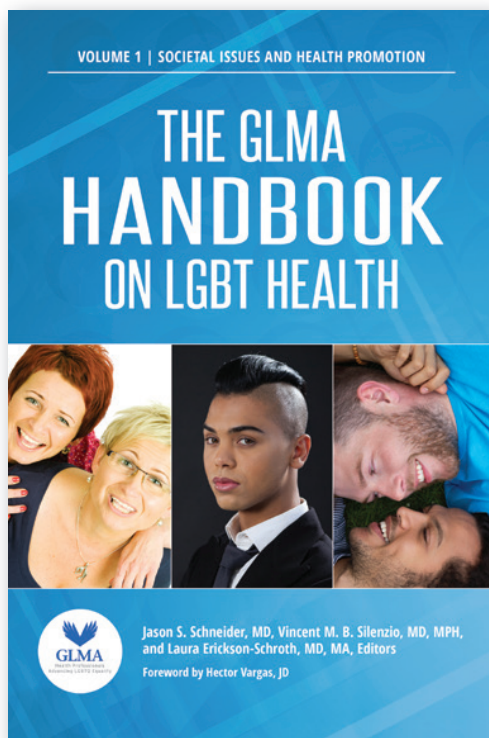
Orange County, August 15, 2020

Newport Psychoanalytic Institute 9:00–4:30

Orange County



Now Available from Praeger: The GLMA Handbook on LGBT Health



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Summer Pool Party 2019

Great turn-out at our annual pool party held at the beautiful Beverly Hills home of Liliane Quan McCain. It was a combined event between LAGPA and LGBT Bar. Looking forward to next year.

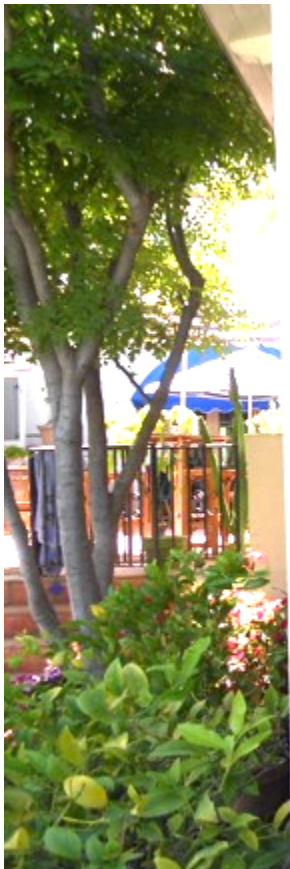






























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323-834-9828

Alexander Yoo, LMFT

www.alexanderyoo.com
therapy@alexanderyoo.com

LAGPA

24th Annual LGBTQI
Psychotherapy Conference

**Sunday
November 17, 2019**
Hosted and Co-Sponsored by:
**Mount St. Mary's
University**



Keynote Speaker

David Fawcett PhD, LCSW



Dr. Fawcett is author of *Lust, Men and Meth: A Gay Man's Guide to Sex and Recovery* (Healing Path Press 2015) and is the Vice President for Clinical Programming for Seeking Integrity, LLC.

**6 CE
CREDITS**



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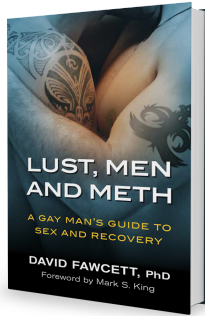
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LOS ANGELES

msmu.edu

Keynote Speaker: Dr. David Fawcett, PhD, LCSW

We are honored to have David Fawcett PhD, LCSW as our keynote speaker. He is a social worker and sex therapist specializing in gay men's health. He is the author of *Lust, Men, and Meth: A Gay Man's Guide to Sex and Recovery* (Healing Path Press 2015) which explores the intersection of gay men, drug use, and high-risk



sexual behavior. The book was named "2016 Best Nonfiction Literature" by POZ magazine. He is also Vice President for Clinical Programming at Seeking Integrity LLC (www.seekingintegrity.com) which develops and operates treatment programs for fused drug and sex behaviors (chemsex), sex addiction and other intimacy disorders. His work with crystal meth has led to invited presentations and consultations in France, the Netherlands and the UK. In 2018 he was instrumental in advocating for the creation of a

methamphetamine forum co-sponsored by the NYC Health Department and ACT UP NY which highlighted concerns about chemsex in minority MSM communities. He frequently presents workshops on LGBT health, addiction, HIV, and co-occurring disorders both in the US and internationally and is well-known for his work with persons living with HIV, especially mental health concerns of aging long-term survivors. He is a regular contributor to TheBody.com and TheBodyPRO.com, writing about HIV, mental health and substance abuse and he has been published in Huffington Post, Positively Aware, and other journals. Most recently he co-produced *Crystal City*, a 90-minute documentary that follows the struggles and successes of eight gay men in recovery from crystal meth in New York and which is currently premiering at film festivals around the US before general distribution.



24th Annual LGBTQI Psychotherapy Conference

The Twenty-Fourth Annual LGBTQI Psychotherapy Conference presented by LAGPA presents academic research and expertise on LGBTQI issues and concerns to professionals working with these clients in their psychotherapy practices. This one-day Conference meets the educational needs of psychiatrists, psychologists, LCSWs, MSWs, MFTs, LPCCS, interns, students of psychology, and others. As a continuing education provider, LAGPA meets the requirements established through the American Psychological Association (APA). LAGPA is approved by the American Psychological Association to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content. LAGPA is the only organization to offer APA CEs on LGBTQI issues. Please check with your agency about acceptance of APA CEs.

----- Conference Sponsors -----

Mount Saint Mary's University, host and co-sponsor, is the only women's university in Los Angeles and one of the most diverse in the nation. The University is known nationally for its research on gender equality, its innovative health and science programs, and its commitment to community service. As a leading liberal arts institution, Mount Saint Mary's provides year-round, flexible and online programs at the undergraduate and graduate level. Weekend, evening and graduate programs are offered to both women and men. Mount alums are engaged, active global citizens who use their knowledge and skills to better themselves, their communities and the world. www.msmu.edu

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The **Renewed Freedom Center** was established in 2008 to help those suffering from OCD and anxiety disorders by providing the most advanced treatment available. Our multi-disciplinary team of experts are dedicated to helping patients and their families improve their lives by overcoming OCD and anxiety.

Paradigm Treatment Centers, Conference Program & Keynote Address Sponsor, provides tailored, evidence-based services for LGBTQ+ youth 12-18 struggling with anxiety, depression, trauma, disordered eating, body dysmorphia, substance abuse and related mental health issues as they gain a greater understanding of their sexuality and gender identities. Paradigm provides short-term, strength-based residential care for LGBTQ+ teens and their families in a safe, affirming environment. To learn more about our innovative programs, please call 855-755-TEEN or come visit one of our premier locations in Malibu or San Francisco.

CAMFT (California Association of Marriage and Family Therapists) is an independent professional organization of approximately 32,000 members representing the interests of licensed marriage and family therapists. It is dedicated to advancing the profession as an art and a science, to maintaining high standards of professional ethics, to upholding the qualifications for the profession, and to expanding the recognition and awareness of the profession. www.camft.org

Alliant University is a private university accredited by the WASC Senior College and University Commission (WSCUC) which offers programs in psychology, education, business management, forensic studies, and law. Alliant's mission is to prepare students for professional careers of service and leadership, and to promote the discovery and application of knowledge to improve the lives of people in diverse cultures and communities around the world. Alliant's vision: An Inclusive World Empowered by Alliant Alumni.

Reel Recovery Film Festival is a multi-day event is a celebration of film, the arts, and creativity. We showcase filmmakers who make honest films about addiction, behavioral disorders, treatment and recovery. Slated for screening is an eclectic lineup of contemporary and classic films, documentaries and shorts from American and international, emerging filmmakers and industry veterans.

Corporate Table Sponsors: Twin Town Treatment Centers; Los Angeles County Psychological Association (LACPA)

Lacpa

Los Angeles County Psychological Association
31st Annual Convention



Featured speaker:
Scott D. Miller, Ph.D.

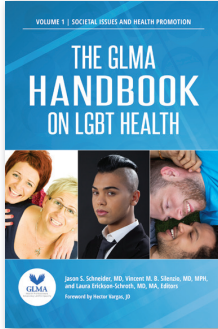
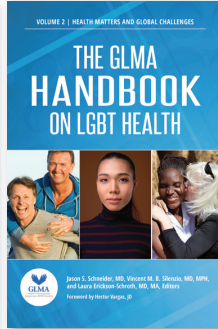
Dr. Miller's topic:
***Achieving Clinical Excellence:
 Three Steps to Superior Performance***

Saturday, October 19, 2019
 DoubleTree by Hilton Hotel - Culver City

Save \$35 - pre-register by October 14, 2019

Pre-registration is available online at www.lapsych.org
818-905-0410 lacpa1@gmail.com

**Now Available from Praeger:
 The GLMA Handbook on LGBT Health**






May 2019, 580pp, 6 1/8x9 1/4
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Conference at a Glance

8:00-8:30	Registration	10:45-12:15	SESSION TWO (see below)
8:30-9:00	Morning Mingle	12:15-2:15	Keynote and Luncheon
9:00-10:30	SESSION ONE (see below)	2:15-4:15	SESSION THREE (see below)
10:30-10:45	Comfort and Networking Break		Pick up CE certificates

CE certificates will be distributed immediately after last session.

9:00-10:30 | Concurrent Workshops 1A, 1B, 1C, 1D

1A. The Role of Therapy in the LGBTQI Divorce: What a therapist needs to know to help their clients navigate their LGBTQI Divorce in California

The LGBTQI Divorce will educate and inform mental health professionals on the complexities and differences between traditional divorces and LGBTQI divorces and the value of mediation as an option for their divorcing clients. By the end of the session the LAGPA member will be familiar with the various nuances of the LGBTQI divorce, the effects the court system could have on their clients, the challenges their clients may face, the options that are available to their clients and the role the therapist plays before, during and after in this process.



Presenter:

Bill Ferguson is a professional California State Family Law Mediator who understands the complexities of LGBTQI relationships and the unique issues that arise when these relationships end. His mediation practice offers LGBTQI couples a way to resolve conflicts and create a legal divorce agreement that meets both of their needs. He is a graduate from California State University Northridge with a Bachelors of Arts Degree in Business Law and is a member of the Los Angeles County Bar Association, the Southern California Mediation Association, Lesbian & Gay Lawyers Association and the Association of Professional Family Mediators. More information on Bill can be found at www.GayDivorceMediator.com.

1B. Is “Coming Out” Still Relevant? Socio-Political Shifts and LGB Identity



This presentation will examine emerging constructs regarding LGB identity development, coming out in today’s social-political climate, and the generational contexts that inform LGB client narratives. As coming out was once considered a primary goal of treatment, new research and new models challenge assumptions about the unfolding of this process. Assessment and treatment strategies that incorporate intersectionality, internalization, flexibility, and cultural humility will be addressed.

Presenters:

Daniel J. Alonzo, Psy.D., is a Licensed Psychologist and Licensed Marriage and Family Therapist, specializing in LGBTQI mental health and sex therapy. Daniel works as a staff psychologist in University Counseling Services at California State University, Northridge, specializing in men’s concerns. He has presented at national APA, AAMFT, AASECT conferences.



Deborah J. Buttitta, Psy.D., is a Licensed Marriage and Family Therapist. Deborah’s clinical specializations include LGBTQI mental health, LGBTQI couples and families, treatment of adult ADHD, anxiety, and depression. Deborah is the Director of the Mitchell Family Counseling Clinic, and she is also an adjunct professor in the at California State University, Northridge.

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DB

Daniel J. Alonzo, Psy.D.

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Lic# PSY24562



(323) 549-9409 PHONE

daniel@drdanielalonzo.com EMAIL

7257 Beverly Blvd., # 116

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1C. Gay men, Meth, Compulsive Sex, and Trauma: A Trauma Informed Approach to Treating Gay Men with Chem-sex Addiction

This workshop is designed to deepen our understanding how a wounded autonomic nervous system and trauma impact gay men suffering from Chem-Sex addiction. We will discuss and dissect the neurology of trauma and its relationship to Chem-sex addiction, sex-app usage, and methamphetamine use. This psycho-educational workshop is intended to explore how the effects of unresolved trauma, internalized homophobia, marginalization, and toxic shame fuel the Chem-sex cycle and lead to skyrocketing relapse rates among gay men. This intensive discussion will also outline the roles and rituals of Chem-sex addiction, relapse/recovery/rebuild cycles, and offer practical, applicable tools for treatment.



Presenter:

Mellissa McCracken, CADCI, CSAT-Candidate. Primary Chem-Sex Counselor, Group Facilitator at Breathe Life Healing Center, West Hollywood CA. Mellissa is currently employed at Breathe Life Healing Center, a trauma informed treatment facility specializing in treatment of eating disorders, mental health, substance abuse. As a seasoned primary substance abuse counselor, a person in recovery and an active member of the LGBTQI community, she is a sex positive drug and alcohol counselor that specializes in the treatment of gay men, sexual compulsion, and methamphetamine use. She identifies as a member of the LBGTQI and is a passionate impressive advocate for substance abuse recovery among those in the LGBTQI community. Mellissa strives to bring experience, expertise, compassion, and clarity to the counseling process in order to maximize outcomes and provide genuine healing and wholeness to the individuals she counsels.

1D. Becoming Our Own Protective Container

The current sociopolitical circumstances in the United States, and the dismantling of LGBTQ+ rights by homophobic and transphobic politicians can make many people feel unsafe. Since the mental health of individuals and sociopolitical factors are deeply intertwined, it's not surprising we are seeing more anxiety, depression, panic attacks, and suicide than ever before. During such times, we need to learn to become our own protective container. A vessel in which to settle ourselves and access our sense of safety. In this presentation, Payam Ghassemlou, MFT, Ph.D., will discuss his somatic psychotherapy work with LGBTQ+ clients and how accessing our somatic resources can contain us during turbulent times. By learning how to work with touch, breath, movement, gesture, form, and their accompanying sensations, he explains how we can turn our bodies into a protective container.



Presenter:

Payam Ghassemlou, MFT, Ph.D. has provided psychotherapy for over 20 years with a focus on serving the LGBTQ+ community. His research and training include somatic psychotherapy, Polyvagal Theory, Jungian psychology, mindfulness, attachment theory, and Eastern psychology. As a writer, speaker, and activist, Dr. Payam addresses concerns such as climate justice, women's rights, and LGBTQ+ liberation. To learn more about him, please visit his web site: www.DrPayam.com.

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10:45-12:15 | Concurrent Workshops 2A, 2B, 2C, 2D

2A. HSP and Queer: Understanding and Treating Highly Sensitive Persons in the LGBTQ+ Community



High sensitivity is an innate, biological trait found in over 100 species, including humans. Deeply thinking and feeling, easily overstimulated, and sensitive to the environment, research demonstrates that Highly Sensitive Persons (HSPs) make up 20% of the population. This workshop will explore what it means to be a highly sensitive person in the broader queer community (HSQ). Attendees will gain information about working with HSQ clients: (a) knowledge on how to identify HSPs in the LGBTQ+ community, (b) skills for navigating treatment, and (c) self-care interventions tailored to the HSQ experience.

Presenter:

Brian Torres, MA, AMFT is an Associate Marriage Family Therapist practicing at Narrative Counseling Center in Los Angeles. He is a former mental health and crisis counselor at the Los Angeles LGBT Center and The Trevor Project. Brian specializes in the treatment of Highly Sensitive Persons and the LGBTQ+ community.

2B. Love Thy Neighbor: The Harmful Juxtaposition of Religion and LGBTQI Individuals



The pain endured by the LGBTQI community at the hands of the Religious Right is not a new experience. Current climate is not exhibiting a trajectory toward acceptance but instead there is a renewal of religious judgment. This workshop will review the traditional Christian rationale and biblical interpretation of homosexuality. Reconciliation of one's religious beliefs with their sexual orientation, along with relief from shame and isolation is crucial for therapeutic professionals to embrace. Additionally, an understanding of religious conflict and trauma and the impact on LGBTQI individuals and families is paramount for treatment.

Presenter:

Cristine Chastain, MSW, LCSW, Psychotherapist, received her MSW from USC and undergraduate degree from Houston Baptist where she minored in Religion. She grew up in the "bible belt" and later came out in older adulthood. Currently in private practice in Orange County, near a "mega" Christian church, she works with LGBTQI clients amidst this conservative climate.

2C. Hooked on Hooking Up – A Sex-Positive Approach to Treatment of Hypersexual Behaviors in Gay and Trans Men



For gay and trans men contending with compulsive sexual behaviors, general principles of heteronormative sex addiction treatment are unlikely to sufficiently address the particular challenges being faced. This workshop will present an LGBT-affirmative and sex-positive approach that helps clients redefine boundaries and behaviors without re-shaming them about their natural desires. Although the focus will be on gay and trans male psychology, contrasts and comparisons will be offered for other individuals in the larger queer community. Participants will learn both theoretical concepts and practical interventions to help move toward successful healing for their clients.

Presenter:

Dinko Zidarich, MA (LMFT, CSAT) is a licensed psychotherapist in private practice in West Hollywood, CA and a Certified Sex Addiction Therapist (CSAT). He has an extensive background in addiction treatment in residential, intensive outpatient, and private practice settings. In particular, Dinko's focus has been on the compassionate treatment of gay men struggling with meth use and compulsive sexual behaviors, whether in early stages of treatment or in long-term recovery. Dinko also has substantial experience with self-help groups, providing a unique blend of professional training and personal understanding.

2D. LGBT Adoption: What You Need To Know



While only 2-3 % of the population is adopted, they represent over 30-40% of the people in residential treatment centers, psychiatric hospitals, and drug and alcohol treatment centers. A shocking 70% of all inmates in California have spent time in foster care or have been adopted. Today gay and lesbian parents are raising four percent of all adopted children in the United States. Clinicians need to be able to effectively treat and recognize the inherent dangers to understand the normal and predictable developmental milestones for families that come together through adoption and surrogacy.

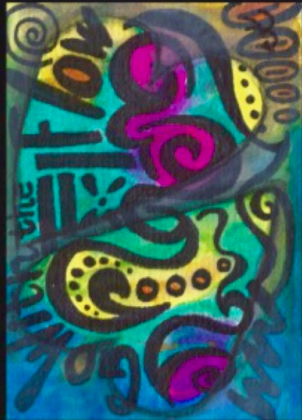
Presenter:

Tracy L. Carlis, PhD, Licensed Clinical Psychologist specializes in all areas of adoption and surrogacy with children and adults in both international and domestic adoptions. Dr. Carlis also has a forensic practice where she is an expert witness in capitol murder cases involving adoptee parricides. As member of the adoption constellation herself, she has specialized in the field of adoption for over twenty-five years.

Did you know?

LAGPA is one of the few organizations to offer APA CE Credits for LGBTQI educational workshops

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2:15-4:15 | Concurrent Workshops 3A, 3B, 3C, 3D

3A. Affirming Spaces: Creating Transgender Affirming Practices



With more agencies and healthcare providers responding to the needs of the transgender GNC/NB communities it is difficult to understand the needs of clients and how small details can be perceived as offensive or dismissive. Creating a safe space for the transgender community starts from the first points of contact and needs to be practiced to the highest levels of any organization. This highly interactive workshop presented from clinical knowledge and personal experience will build on the OASIS model of community care using lecture, discussion, and skill building exercises.

Presenters:

John Sovec, LMFT is a nationally recognized expert on the topic of creating affirmative support for the transgender/GNC/NB community. He is the clinical consultant for The Life Group LA, adjunct faculty at Phillips Graduate Institute and guest lecturer at Alliant University and USC School of Social Work.



Jacob Rostovsky, AMFT is an associate marriage and family therapist practicing in Los Angeles. Jacob primarily works within the LGBT+ community and has spent the first half of his training working directly with the HIV positive and transgender communities. Jacob is self identified as transgender and has been an out and proud activist for 15 years.

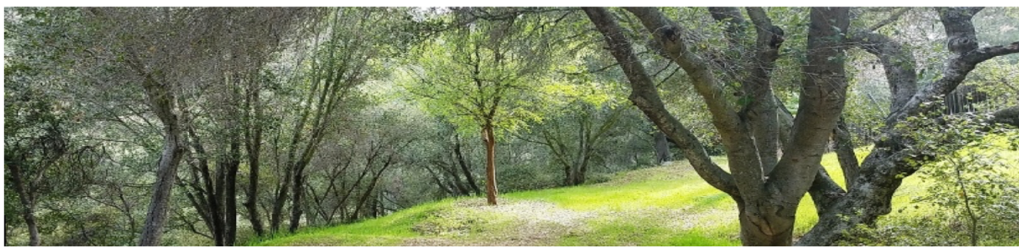
3B. The Erotic Countertransference and The Erotization of Otherness

LGBTQ communities, perhaps more than other gender and sexual identity groups, have tended to develop and value interpersonal erotics--ways of being with and relating to others that are erotically stimulating. LGBTQ individuals are often keenly aware of erotic stimulation provided by people from diverse cultural, ethnic, economic, age, and racial groups. This "Erotization of Otherness" is often an important part of the psychotherapeutic encounter and both therapists and clients need to be prepared to deal with erotic interactions that arise in the transference-countertransference exchange.



Presenter:

Lawrence E. Hedges, Ph.D., Psy.D., ABPP is a psychologist-psychoanalyst in private practice in Orange, California, specializing in the training of mental health professionals. He is director of the Listening Perspectives Study Center and the founding director of the Newport Psychoanalytic Institute in Tustin, California. Dr. Hedges is author of twenty-one books on different topics of interest to psychotherapists including *Sex In Psychotherapy* (Routledge, 2011). He has been awarded honorary membership in the American Psychoanalytic Association.



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3C. Cultivating Empowerment: Preventing Suicide in the LGBTQ+ Community using Affirmative Therapy

With a suicide death every 11 minutes and over a million attempts in the United States every year, suicide impacts every community. This is especially true for the Lesbian, Gay, Bisexual, Transgender, Queer and Questioning communities. Research has shown elevated risk factors specific to these communities due to heterosexist & transphobic abuse. LGBTQ+ Affirmative Therapy is based on the understanding that LGBTQ+ people are not just tolerated but instead celebrated for their value in any culture. Mental health clinicians trained in LGBTQ+ Affirmative Therapy and Suicide Prevention can improve their effectiveness for helping LGBTQ+ clients increase protective factors and resilience while decreasing risk of suicide attempts and death.



Presenter:

Rick Grant-Coons, PsyD, first received his master's in clinical psychology from Antioch University and specialized in LGBTQ+ Affirmative Therapy. He then went on to complete his doctorate in clinical psychology from the California School of Professional Psychology. Dr. Grant-Coons has been in private practice since 2009 providing individual, couples, family and group psychotherapy. Before relocating to Sacramento, Dr. Grant-Coons was the Lead Clinical Supervisor at Didi Hirsch Mental Health Services-Suicide Prevention Center developing and facilitating support groups for Suicide Attempt Survivors. Currently, Dr. Grant-Coons has his private practice, Empowered Living Therapy, in Sacramento.

3D. Introduction to Body Psychotherapy for LGBTQ Clients

If your body could speak, what would it say? For our LGBTQ clients, their bodies often hold unresolved developmental trauma related to growing up in a homophobic family and society. Body Psychotherapy integrates the mind and the body, each having its own role in resolving depression, anxiety and trauma. This course will offer specific somatic interventions such as breath, posture, stillness, touch, and the development of the "felt sense," as well as a focus on the observing ego as a cornerstone for effective psychotherapy. Experiential learning will allow attendees to identify somatic approaches they can integrate into their practice.



Presenter:

Rick Lepore, MFT, RSMT is both a licensed MFT and a Registered Somatic Movement Therapist (ISMETA) who has worked with LGBTQ clients for the past 20 years. His work focuses on somatic and body awareness interventions as ways to resolve developmental trauma and integrates touch in his therapeutic work. He has a private practice in Los Angeles.



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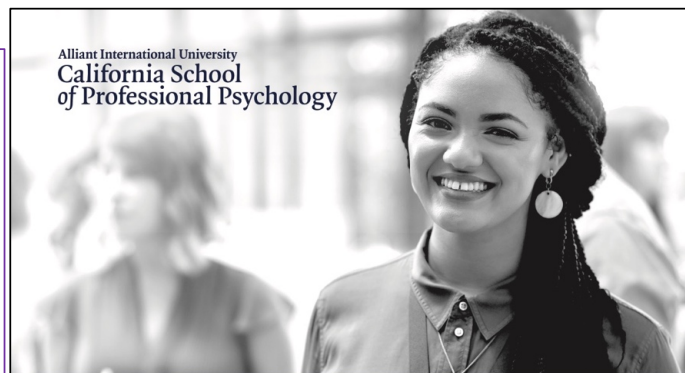


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- APA CE Credits — LAGPA is approved by the American Psychological Association to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content. Other certifying agencies (such as BBS, CAADAC) usually accept APA credits. Please check with your agency.

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Those individuals, organizations, and businesses who would like an opportunity to exhibit or advertise at the conference should contact the LAGPA office at: LAGPA@sbcglobal.net

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Both breakfast and lunch are provided as part of participating in the conference. Every effort is made to meet the dietary needs of vegetarians and vegans.

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All requests for refund must be made in writing and sent to: LAGPA, PO Box 34142, Los Angeles, CA 90034. Requests postmarked by October 30 will receive a full refund, minus a \$25.00 administrative fee. No refunds will be made after October 30, 2019.

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Personal video or audio recording is prohibited.

ACCESSIBILITY Restrooms

All restrooms located within the proximity of our conference activities will be open to all persons regardless of gender identity. The gender-neutral restrooms may also function as a family restroom or as a restroom for disabled persons. Information on the location of these facilities may be found in the final program materials.

About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc., (LAGPA), was established in 1992 as an organization of mental health professionals interested in the psychological well-being of lesbian, gay, bisexual, transgender, intersex, queer and/or questioning individuals.

MEMBERSHIP INFORMATION

LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, queer events, and the annual LGBTQI Psychotherapy Conference. In addition, members also receive LAGPA's tri-annual newsletter "Progress Notes," an LGBTQI resource directory, membership listing on the LAGPA website (www.lagpa.org), and the online LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists.

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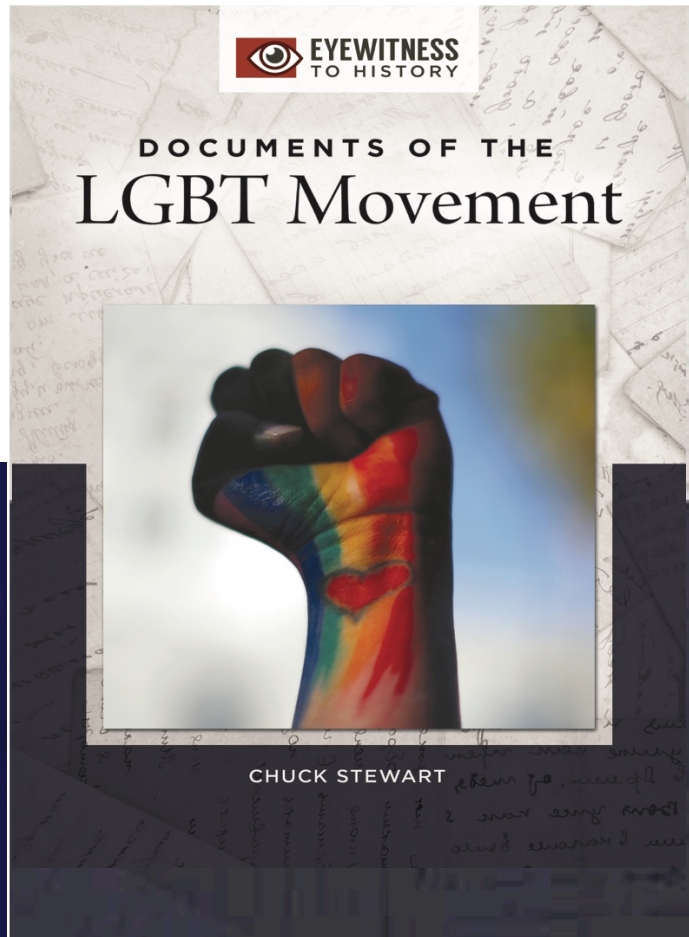
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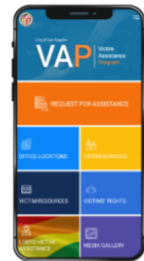


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PO Box 34142, Los Angeles, CA 90034
OR, FAX To: 310-838-6247
OR, Scan and email to: LAGPA@sbcglobal.net
OR, register online at **www.LAGPA.org**

Note: All Students must be unlicensed and must include documentation of full-time student status. Please enclose a copy of your current student ID with your registration form

Maps and parking information provided upon registration.

WORKSHOP SELECTION

For each concurrent session, please identify your first and second choice for each session by writing the workshop number in the spaces below. This information is for conference planning only—you may attend whichever workshops you would like on the day of the conference.

Session 1	Session 2	Session 3
1A, 1B, 1C, 1D	2A, 2B, 2C, 2D	3A, 3B, 3C, 3D
1 st Choice:	1 st Choice:	1 st Choice:
2 nd Choice:	2 nd Choice:	2 nd Choice:

If you are a presenter or volunteer, please check this box. ☐

METHOD OF PAYMENT

☐ A check in the amount of \$ _____ made payable to **LAGPA**

OR

Charge my: ☐ VISA ☐ Master Card ☐ American Express (Check appropriate box)

Name of Cardholder (as it appears on card)

Please Print: _____

Credit Card Number (print clearly): _____

Exp. Date ____/____ Security Code: _____ Zip: _____

Note: Security Code is found on the front of American Express Cards and on the back of all other credit cards.

Authorizing Signature: _____

Total Amount To Be Charged \$ _____

REGISTERING THE DAY OF THE CONFERENCE

Yes, you may register at the door. You save considerable money, however, by pre-registering.

Member (*already a member?*)

<input type="checkbox"/>	Current LAGPA Regular/Associate Member	\$ 185
<input type="checkbox"/>	Current LAGPA Student/Intern/Retiree Member	\$ 130

Non-Member

<input type="checkbox"/>	Non-Member/Non-Associate Member	\$ 215
<input type="checkbox"/>	Non-Member Student/Intern/Retiree	\$ 155

TWIN TOWN

Treatment Centers

866 594 8844

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Intensive Outpatient and Day Treatment
Adult and Adolescent Substance Use Disorders

*Los Alamitos, Mission Viejo, Sherman Oaks,
Orange, Torrance, West Hollywood*

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Oct. 11-17, 2019

Laemmle NoHo Cinema

5240 Lankershim Blvd.
North Hollywood, CA 91601

Psychologist, Generalist, APLA Health – Olympic (Olympic & San Vicente, Mid-City, Los Angeles)

Psychologist

Job Details

Level
Experienced
Job Location
Olympic Health Center - Los Angeles, CA
Position Type
Full Time
Education Level
PhD
Travel Percentage
Up to 25%
Job Shift
Day
Job Category
Health Care

Description

POSITION SUMMARY:

Under the direction of the Behavioral Health Services Director, provide the appropriate level of behavioral health and substance use disorder services for clients of APLA Health & Wellness. Staff will provide services identified through a biopsychosocial assessment and promote health and wellness through services, advocacy and education with a focus on the needs of low-income LGBT adults including but not limited to people living with HIV/AIDS. Position will also provide community behavioral health services to other clients seeking services at APLA Health & Wellness. In addition staff will be tasked with providing education and consultation to primary care and behavioral health providers on areas of addiction treatment, and seeking to enhance our integrated care model.

ESSENTIAL DUTIES AND RESPONSIBILITIES:

- Complete behavioral health intakes, bio-psychosocial assessments; develop a treatment plan that addresses the collaborative clinical goals of clinician and client and document treatment progress notes; provide treatment termination & case closure.
- Provide crisis counseling/intervention to clients and their social networks (i.e., partners, significant other, spouse, and immediate family member[s]).
- Provide individual, couple and group counseling, building a caseload with a goal of averaging 30 hours of billable services delivered per week.
- Provide behavioral health referrals, advocacy, and service information to clients and their support systems.
- Screen, assess, and plan appropriate interventions to minimize client risk of acquiring or transmitting sexually transmitted infections.
- Provide outreach, patient identification, education, and provider consultation on addiction treatment and enhancing our integrated service delivery model of care.
- Expand the use of substance abuse screening tools into our care delivery systems, including evidence-based opioid risk assessment into our Electronic Health Record.
- Participate in the collection, development, and deployment of education and outreach materials with a specific focus on issues related to the LGBT population in need of substance use identification and treatment, including opioid misuse information and resources.
- Identify and expand use of community-based resources and referrals to facilitate higher-level services for patients with greater need than we are able to provide directly.
- Document services in eClinicalWorks and/or other charting and data collection systems as appropriate. Documentation will be performed in a timely and accurate fashion in accordance with program policies and professional standards of care.
- Adhere to all applicable professional, legal, and ethical standards of behavioral health practice in the provision of services, including but not limited to: mandated reporting, provision of effective services, case documentation, client confidentiality/HIPAA regulations, ensuring client safety, and maintaining professional boundaries.
- Attend trainings and case conference meetings as required.
- Prepare monthly reports and statistics as requested.
- Maintain client behavioral health files to ensure completed documentation required by funders and agency Quality Management Plan.

OTHER DUTIES MAY BE ASSIGNED TO MEET BUSINESS NEEDS.

Requirements

Training and Experience:

A Ph.D. or Psy.D. in Counseling or Clinical Psychology from an accredited university; Current California license in good standing as a Licensed Psychologist. Ability to be credentialed as a Medicare and Medi-Cal provider.

Knowledge of:

LGBTQ behavioral health issues and effective treatment modalities; HIV behavioral health issues; ability to perform differential diagnosis using the DSM-V; various theoretical orientations; treatment modalities; clinical techniques and interventions; treatment planning; biopsychosocial assessment; crisis intervention and reporting obligations. Requires significant experience in the identification, diagnosis, and treatment of substance use disorders, with a specific focus on opioid misuse.

Ability to:

Communicate effectively orally and in writing; organize work in an effective manner; work in a collaborative, interdisciplinary, fast paced environment; work effectively independently and as part of a team; communicate and relate to a variety of personalities, ethnicities, sexual orientations, and gender identities and presentations; complete documentation in a comprehensive and timely fashion in accordance with APLA H&W policies.

WORKING CONDITIONS/PHYSICAL REQUIREMENTS:

This is primarily an office position that requires only occasional bending, reaching, stooping, lifting and moving of office materials weighing 25 pounds or less. The position requires daily use of a personal computer and requires entering, viewing, and revising text and graphics on the computer terminal and on paper.

SPECIAL REQUIREMENTS:

Must possess a valid California driver's license; proof of auto liability insurance; and have the use of a personal vehicle for work related purposes.

Equal Opportunity Employer: minority/female/disability/veteran.

Psychologist, Mental Health & Substance Abuse, APLA Health – Gleicher/Chen Health Center – (S. La Brea & Obama, Baldwin Hills, Los Angeles)

Psychologist - Mental Health and Substance Abuse

Job Details

Level

Experienced

Job Location

Gleicher/Chen Health Center - Los Angeles, CA

Position Type

Full Time

Education Level

PhD

Salary Range

Undisclosed

Travel Percentage

Up to 25%

Job Shift

Undisclosed

Job Category

Health Care

Description

POSITION SUMMARY:

Under the direction of the Behavioral Health Services Director, provide the appropriate level of behavioral health and substance use disorder services for clients of APLA Health & Wellness. Staff will provide services identified through a biopsychosocial assessment and promote health and wellness through services, advocacy and education with a focus on the needs of low-income LGBT adults including but not limited to people living with HIV/AIDS. Position will also provide community behavioral health services to other clients seeking services at APLA Health & Wellness. In addition staff will be tasked with providing education and consultation to primary care and behavioral health providers on areas of addiction treatment, and seeking to enhance our integrated care model.

ESSENTIAL DUTIES AND RESPONSIBILITIES:

- Complete behavioral health intakes, bio-psychosocial assessments; develop a treatment plan that addresses the collaborative clinical goals of clinician and client and document treatment progress notes; provide treatment termination & case closure.
- Provide crisis counseling/intervention to clients and their social networks (i.e., partners, significant other, spouse, and immediate family member[s]).
- Provide individual, couple and group counseling, building a caseload with a goal of averaging 20 hours of billable services delivered per week.
- Provide behavioral health referrals, advocacy, and service information to clients and their support systems.
- Screen, assess, and plan appropriate interventions to minimize client risk of acquiring or transmitting sexually transmitted infections.
- Provide outreach, patient identification, education, and provider consultation on addiction treatment and enhancing our integrated service delivery model of care.
- Expand the use of substance abuse screening tools into our care delivery systems, including evidence-based opioid risk assessment into our Electronic Health Record.
- Participate in the collection, development, and deployment of education and outreach materials with a specific focus on issues related to the LGBT population in need of substance use identification and treatment, including opioid misuse information and resources.
- Identify and expand use of community-based resources and referrals to facilitate higher-level services for patients with greater need than we are able to provide directly.
- Document services in eClinicalWorks and/or other charting and data collection systems as appropriate. Documentation will be performed in a timely and accurate fashion in accordance with program policies and professional standards of care.
- Adhere to all applicable professional, legal, and ethical standards of behavioral health practice in the provision of services, including but not limited to: mandated reporting, provision of effective services, case documentation, client confidentiality/HIPAA regulations, ensuring client safety, and maintaining professional boundaries.
- Attend trainings and case conference meetings as required.
- Prepare monthly reports and statistics as requested.
- Maintain client behavioral health files to ensure completed documentation required by funders and agency Quality Management Plan.

OTHER DUTIES MAY BE ASSIGNED TO MEET BUSINESS NEEDS.

Qualifications

REQUIREMENTS:

Training and Experience:

A Ph.D. or Psy.D. in Counseling or Clinical Psychology from an accredited university; Current California license in good standing as a Licensed Psychologist. Ability to be credentialed as a Medicare and Medi-Cal provider.

Knowledge of:

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Equal Opportunity Employer: minority/female/disability/veteran.

Alexander Yoo, LMFT In-Office & Video Therapy

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(323) 834-9828

Trauma | Grief | PTSD
LGBTIQ+ | QTPOC
Family Complexity | Body Diversity
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CLASSIFIED ADS

The **Classified Section** of the *Progress Notes* allows members and non-members to advertise available therapy services, employment, and office space. This section is **free for members** and \$15 for non-members.

POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group, or organization. If you would like to send an electronic mailing to the membership you must send us the text, graphics, URLs, and any accompanying attachments you wish to send so our Editor, and the rest of our Board may review it. Rates for this type of service are: Members \$125.00 per mailing; Non-Members \$175.00 per mailing. We strongly suggest you place an ad in the *Progress Notes* rather than create a separate mailing. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to e-mail, include in the *Progress Notes*, or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. For more information please contact our Executive Director, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters provide a great way to market your product or service, to create credibility, and to build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees, or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles by email, to LAGPA@sbcglobal.net This newsletter is emailed to over 600 current and past members. PN is published 3 times a year—Jan or Feb, June or July, October or November. Advertising and articles are due three weeks before publication. Contact us for dates.

Classified Advertisement Rates

Members FREE

Non-member \$15.00

Display Advertisement Rates

Size	Member	Non-mem.
1/8 page or business card	\$20.00	\$30.00
1/4 page	\$40.00	\$50.00
1/2 page	\$70.00	\$90.00
Full page	\$90.00	\$125.00

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

Mechanicals

Size	
Business Card	3.5" w x 2" h
Horizontal eighth-page	3.7" w x 2.37" h
Vertical eighth-page	1.82" w x 4.8" h
Horizontal quarter-page	7.5" w x 2.4" h
Vertical quarter-page	3.7" w x 4.8" h
Horizontal half-page	7.5" w x 4.8" h
Vertical half-page	3.7" w x 9.75" h
Full page	7.5" w x 9.75" h

THERAPY

Westside Mixed Adult Psychotherapy Group

Co-ed Psychotherapy Group meets Mondays 6-7:30pm near Westside Pavilion. Established interpersonal process group with a current opening. Contact Andrew Susskind, LCSW, SEP, CGP for more details. 310-281-8681 or andrew@westsidetherapist.com.

EMPLOYMENT and INTERNSHIP

Intern

Paid private practice associate clinician opportunity offered for established office near Beverly Center. Supervisor has over 22-years experience as a clinical supervisor and over 27-years experience as an LGBT/gay men's specialist therapist; adjunct associate professor at USC School of Social Work. Associate will need to have an adult population focus only, does not need to be limited to LGBT community, but must use mainstream, evidence-based interventions only (preferably CBT, TF-CBT, PE, EMDR, Narrative, DBT, IPT, or psychodynamic) (NO "sex addiction", "porn addiction", "past life regression", "Christian counseling", "repressed memory syndrome", "rebirthing", etc.) NOTE: Motivated self-starters only who are willing to market themselves to recruit their own part-time caseload. Supervision includes private practice career coaching with a long history of "alumni" who went on to successful and lucrative non-HMO full-time private practices. Compensation is equivalent to a 50/50 fee split basis. Available immediately. Email cover letter of interest and resume/CV to Ken Howard, LCSW, at Ken@GayTherapyLA.com.

BOOKS BY MEMBERS

Two books by Jeffrey Chernin Ph.D., MFT.

The second edition of Kindle book *Get Closer: A Gay Men's Guide to Intimacy and Relationships*. Also, a Kindle book for non-gay couples, *Achieving Intimacy: How to Find a Loving Relationship that Lasts*.

Both books offer ways to have a lasting, loving relationship. The books also offer help to overcome several kinds of challenges, with an emphasis on developing better communication, putting an end to conflicts and emotional distance, and changing long-standing patterns. They're available on Amazon.

OFFICE SPACE

Office space in Studio City & West Hollywood

Ideal office set-up for licensed therapists and newly licensed therapists-- especially those who would like to apply for insurance panels or who are on panels.

For under \$200 a month, you could have an office in LA. Or, for an additional rate, you could have two offices in LA: one in Studio City and one in West Hollywood! Having two offices is a plus for applying to/being on insurance panels and for always having a conveniently located office in a large city such as Los Angeles. Call Mike Fatula, MFT, at 323-876-8861 for current availability in either or both locations.

West Hollywood

- "Stand-Alone" office space (i.e., not a shared waiting room) in quiet garden courtyard of therapists & designers near Cedars-Sinai
- One story building: 24/7 building access and 24/7 AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceilings
- Utilities included with reasonable rent; private, covered, well-lit parking for therapists and clients
- Easy canyon access (Laurel and Coldwater) to San Fernando Valley
- * Amenities: copier, frig, microwave, tea/coffee service

San Fernando Valley

- "On the Boulevard" office space -- Ventura Blvd near Laurel Canyon in Studio City
- * Easy canyon access (Laurel and Coldwater canyons) and freeway access (101/134/170) to West Hollywood, Hollywood, Silverlake, Glendale, Pasadena, and the rest of the San Fernando Valley
- * 2nd. Floor of 2-story building
- * Waiting room in counseling suite shared only by 2 other therapists; call light system
- * 24/7 building access and 24/7 AIR
- * Reserved, well-lit parking for therapists & ample street parking for clients
- * Utilities included with reasonable rent
- * Amenities: copier, frig, microwave, tea/coffee service

Near Beverly Center

Furnished office space available weekday mornings and Saturdays and Sundays in a 3-office suite on San Vicente near Beverly Center. \$20 per hour. No separate exit or call-light system, but excellent 7-day air conditioning, and convenient location to Westside, Beverly Hills, Mid-Wilshire, and West Hollywood. Bright and light (windowed). Email Ken at Ken@GayTherapyLA.com for more information.

Progress Notes

A tri-annual publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Fall, 2019

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