

Progress Notes.



Spring 2018

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc. LAGPA@sbcglobal.net

CALENDAR OF EVENTS

(Workshops in Red) (Socials in Green)

- April 28 **Movie Night! "Fantastic Women."** MFT themed movie and all people welcome. Potluck. Free. Come socialize in an intimate setting.
- May 26 **Movie Night! "God's Own County" and "Call Me by Your Name."** Gay-male themed movie. All people welcome. You do not have to stay for both movies. Potluck. Free. Come socialize in an intimate setting.
- June 24 ***Suicide Prevention (also satisfies the Law & Ethics requirement)*** by Dr. Larry Hedges — Free event for members with free meal. 6 CE credits available for small fee
- July 12-22 **Outfest** (watch for details)
- Aug 12 **Annual Summer Pool Party** — Largest social event of the year co-hosted with SCLMA and LGBT Bar with almost 200 people in attendance.
- Oct 20 *Models of Pride* Booth (all are welcome to staff our booth)
- Oct 27 LACPA Conference booth (all are welcome to staff our booth)
- Nov. 4 or 11 **23rd Annual LGBTQI Conference** co-hosted by Mount Saint Mary's University
- Dec (TBD) **Winter Social** (watch for details)

LAGPA 1992 — 2017

Anniversary
25

Commitment to the
LGBTQ+ Community

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2018 New Year

Welcome to 2018. It is coming together to be a banner year for LAGPA. Our board is working hard at putting together the educational workshops, social events, and many more activities for the coming year.

As of the writing of this article, the Conference Selection Committee is negotiating with Mount Saint Mary's University to return there for 2018. Last year was so successful that everyone is eager to repeat the event. We'll know soon. We are, of course looking for a knock-out keynote speaker. In the past, we have lucked out to have secured Lorri Jean from the Center, Senator Ted

Lieu (responsible for writing and co-sponsoring the legislation to outlaw conversion therapy on children), author Alan Downs, TV personality Greg Cason, Jeanne Cordova (founder of many lesbian-rights groups), and so many other dynamic speakers important to our community. Perhaps there is a speaker you would like to hear. Just drop us a line and we'll see if we can reach him or her.

Larry Hedges, Ph.D. has put together a workshop on suicide prevention. As you may have heard, the state has mandated all therapists to earn CE credits on suicide in the next couple of years. This is an important topic that, considering how many LGBT youths make up a disproportionate number of suicide attempts, the topic is important for therapists serving the LGBT community. Also, the course meets the Law & Ethics requirements. Thus, taking this course kills two birds with one stone. You will receive credit for suicide training and for Law & Ethics. Be sure to review the flyer found later in this newsletter and sign-up following the instructions on the flyer.

I'm bringing back the "Movie Nights" social events at my apartment again this year. I have an 8'x6' video screen with surround sound system and I can accommodate up to 14 people for the event. We have two nights scheduled each with a different emphasis. It is potluck. Come show off your cooking skills (or just buy something at the store as most people do—there is a Trader Joe's just one block away). Always fun and free. Great way to network with other LAGPA members in an intimate social setting.

On a personal note, my 3-volume reference on *LGBT Americans at Risk* was released a few weeks ago. I work as an editor/writer for ABC-CLIO and other publishers. This 500,000-word reference was written by about 50 academics on many topics of interest to the gay community. I secured the writers, wrote all the introductions and connections besides an article or two, and edit all the essays. It took all of 2016 to complete that process. In 2017, the books went into production and another level of editorial review. Finally, it was released in 2018. Another book I wrote in 2017—*Documents of the LGBT Rights Movement*—will be released by the end of April. I just signed another contract to edit another 2-volume reference—*Gender and Identity Worldwide*—to be completed this year and published late 2019. I'm seeking writers for this project. See the announcement later in this newsletter.

Many LAGPA members are authors. I'm always impressed by the level of professionalism exhibited by our members. That is why we always have a member's table at events to showcase our expertise. As I joke with my writer friends—off to the word mines. See you at the events of 2018. Chuck



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Homework, Handouts and
Activities for Use in Counseling,
Training, and Psychotherapy

JOY S. WHITMAN

CYNDY J. BOYD

By Mary Guillermin, LMFT & Co-President of LAGPA



Let me begin with an apology and acknowledgement that the newsletter is out later than it should have been – a dose of flu, a trip to the UK, no internet connection till a couple of days before I returned home, and then the worst jetlag both ends that I remember having – gave me a very late start. You will see several events and workshops advertised throughout the newsletter whose date is long gone, though actually the only one that the newsletter should have been released in time for was a 2018 Treatment Update workshop which was held on March 29. I have deliberately left these out-of-date advertisements in so you, the reader, have the information about these events and can get an idea of whether this is something you would want to attend another time.

Social events! These are really enjoyed by those of us who attend. We have our big, popular parties – the queen of events, our Summer Pool Party; watch out, August will soon be upon us – and the smaller but no less enjoyable Winter Social. Right now though I want to draw your attention to the Movie Nights Chuck is kind enough to host in his apartment. I have attended several of these and had a great time. The potluck is always delicious, and the experience of looking at a huge screen in a smallish apartment is novel. So, **this coming Saturday, April 28**, is a movie well worth recommending – ***A Fantastic Woman*** – the 2018 Oscar winner for Foreign Language Film. It is a story of love, oppression, courage and keeping your dignity under oppressive circumstances. In other words, a powerful human drama relevant to us all, that touches us deeply while helping us enter the inner world of a male-to-female person. Within these pages, you will find details of this Saturday's showing as well as excerpts from a Variety.com article that features the transgender lead actress, Daniela Vega. Remember to RSVP to Chuck if you are coming.

Then in May, on Saturday 26, there will be a double showing of gay-themed movies, first, ***God's Own Country***, a 2018 BAFTA Award winner, followed by ***Call Me by Your Name*** which was the 2018 Oscar winner for Adapted Screenplay and also one of the nominees for Best Picture. Nothing but the best is good enough for our members!

Talking of members, please remember to renew your subscription when you receive your reminder(s). Even if you have been suspended because you haven't got around to renewing before you fell off, you can revive your membership. We need your support and we work hard to bring you educational workshops, our wonderful Conference and social events throughout the year. You are part of our wider community, so please help us create and deepen our connection. I hope you enjoy this Spring issue. See you next time.

A Fantastic Woman: <https://youtu.be/GoK61VN3wOs>

God's Own Country: <https://youtu.be/Bk4Ysb0J0O4>

Call me by Your Name: <https://youtu.be/Z9AYPxH5NTM>

Surveying Clinicians Experiences

NEW-- Hello! My name is Julianne Balestrier, and I am a fifth year clinical Psy.D. student at William James College conducting research for my doctoral project. I am interested in surveying clinicians' experiences in working with adolescent clients, as well as their personal beliefs about sexual orientation. Should you choose to participate your identity will remain completely anonymous and you may chose to discontinue the survey at any time. Thank you so much for your consideration. If you are interested in participating in my survey or would like more information about my project, please contact me at julienne_balestrier@williamjames.edu.



"I don't know where the eggs come from,
and I have no idea why I feel a compulsion to hide them."

SOCIAL EVENTS

Movie Nights

The movie nights were such a hit last year we thought it would be good to do them again. These are free events like the monthly potlucks integral to the founding of LAGPA. It's fun and a chance to socialize in a relaxed gay-friendly environment. All are welcome. Chuck has an 8'x6' video screen with surround-sound system. The most he can hold is 14 people. RSVP soon via email.

7 PM dinner (pot-luck) and about 8 PM movie

Held at Chuck's apartment in Palms/Culver City area.

3722 Bagley Ave. #19, Los Angeles, CA 90034

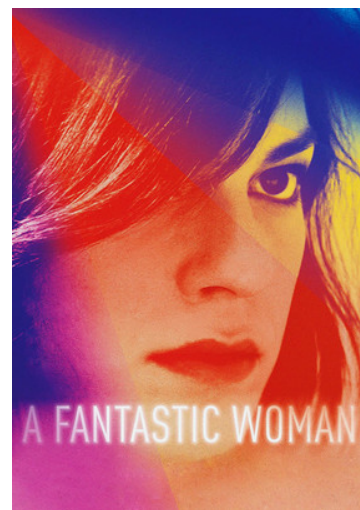
Parking on street is difficult. Look for apartment with Christmas lights on the balcony. You can't miss it. (I have a thing about Christmas lights on all year round—go figure.)

310-838-6247 LAGPA@sbcglobal.net

April 28 "Fantastic Women"

MFT themed movie but all persons are welcomed.

A FANTASTIC WOMAN (Una Mujer Fantástica, 2018) Somewhere in Santiago at a dimly-lit nightclub, Orlando, the kindly and well-off owner of a textile company, locks eyes with Marina, a hopeful singer and the roughly half-his-age love of his life. But, unfortunately, after Marina's birthday celebration and a night of passion, Orlando falls gravely ill--and by the following morning--he dies in hospital. In the wake of her companion's untimely death, Marina will soon realize that, from now on, everything is brought into question: her involvement in Orlando's death, their unconventional relationship; and above all, her right to mourn her beloved deceased. In the end, what was Marina's crime; a deed so hideous that would rob a fantastic woman of her respect, her dignity, and ultimately, her identity? First Chilean movie to win an Academy Award for Best Foreign Film. In Spanish with subtitles.



May 26 DOUBLE-BILL -- "God's Own Country" and "Call Me by Your Name"

Gay male themed movies but all persons are welcomed. Do not feel you have to stay for both movies.

"God's Own Country" (2018 BAFTA Awards)

Spring, Yorkshire. Young farmer Johnny Saxby numbs his daily frustrations with binge drinking and casual sex, until the arrival of a Romanian migrant worker for lambing season ignites an intense relationship that sets Johnny on a new path.



"Call Me by Your Name" (2017 Oscar Award)

In 1980s Italy, a romance blossoms between a seventeen-year-old student and the older man hired as his father's research assistant.



2018 TREATMENT UPDATE



Event to be held at the following time, date, and location:

Thursday, March 29, 2018 from
7:00 PM to 9:00 PM (PDT)

Maggiano's Little Italy

189 The Grove Drive

#suite z80

Los Angeles, CA 90036

[View Map](#)

Attend Event

Share this event:



Dear Friend and HIV Provider:

You and a guest are cordially invited to my first Treatment Update in 2018. Our guest speaker is Jennifer Bushen, PharmD, Medical Science Liaison for Janssen Infectious Diseases who will be letting us know about new, approved and pipeline HIV treatments.

I hope to see you there!

Yours, Brian. Click on link to RSVP



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UNSEEN OPPRESSION by Mary Guillermin

This wasn't an LGBT issue, but it was a moment of stunning, searing clarity about oppression – the kind that even well-meaning, sensitive members of the dominant group don't see happening, and can, indeed, be dismissive about. Hetero people saying, Well, surely you are equal now. You have marriage. Or White people thinking – at least before November 9, 2016 – that racism was a thing of the past because now we had a Black President. Or men saying, I was only joking or, You're just over sensitive. Or whatever it is currently popular to say to dismiss the women of the #MeToo movement that is blaming the women victims and not so subtly disbelieving of their experience or the ubiquity of sexual abuse and assault.

Yesterday I was emailing with colleagues about a Coaching course I am to launch in Los Angeles. One of them came in with strong opinions about the course – speaking from a different country with no experience of the lie of the Coaching/Therapy land in LA – and disagreeing with many of my ideas about the course I was to market and teach. And when I was upset, I was told by a third person that I had it wrong, that the man concerned held his opinions lightly and “That's just his way of speaking”. A little laugh, a slightly dismissive tone, the implication of my oversensitivity, that I was the one who had to change my attitude.

So I wrote this.

Oh, That's Just His Way of Talking

If you had a group of men talking, would you expect that everyone in the room had feelings of not being safe when out in the world after dark?

Would you expect that everyone in the room would have experienced that they couldn't help but be assessed as a sexually available and desirable body countless times and at any moment?

Would you expect that a third or maybe a half of any random group of men had suffered some kind of physical and/or sexual abuse or assault?

We are not safe in our own bodies. They still, still, belong to the Male Gaze.

And so with communication. The norm is the Male Voice.

* * * * *

We know the grim stuff – the pain behind #Black Lives Matter or #Me Too, or that our community is outlawed and even executed in far too many countries, or that the suicide rate among Trans people is so high – we know, though we may internally avoid, or deny, or callus to the unbearableness of the danger of walking while Black or working single mothers who face a choice between feeding their children or losing their jobs if they object to being used sexually.

What I experienced here is the small stuff, the feelings in the interior, those feelings that get in through the cracks in your soul and let in that pain of how we are seen and who we are supposed to be – in the eyes of the one who holds the power in whatever situation we are the non-dominant one. I can never not be white, and I can never not be British middle class – though, thankfully, my class is invisible in my adopted country, being seen only in the almost universal admiration of my “lovely accent”. I can never not be privileged. I know that I cannot feel what it is to wake up afraid or defiant or sad or inspired to fight for justice because, say, my skin is black.

But I do know what it is to be a woman, and despite being in the first Consciousness Raising Groups that ever existed in the last century and despite being a feminist ever since, I have, still, those emotional reactions that are “obedient” to the dominant power. This is what happened here. When I felt I was being told my feelings didn’t fit, that the other person, a male, was just being himself, and that I should just go along with it, I began to accommodate internally, outside my own awareness. I tried to see how I could fit in with what was suggested, started calculating how I should respond to the emails so as not to aggravate the situation (because of course that was my responsibility as a woman), and as I ruminated, I was drawn further and further away from my passion and excitement and free flow of ideas about my project, further away from my clarity and the flow of my own intellectual juices. I could viscerally feel, along with the pain I was aware of in my heart and the soreness in my belly, the iron doors clanging shut. I felt myself shutting down, restricting myself, pulling back and away from my own power.

The shutting down was so strong, I finally noticed it consciously. Oh my God, I thought. I am never going to be able to launch anything in the crowded counseling scene of Los Angeles without my passion. I have to preserve my passion at all costs. And after that, I could see what I had automatically done to myself – in making myself less than I was in obedience to a signal that my loving, caring, aware teacher whom I had listened to, didn’t even mean to be sending.

This is how strong internalized oppression is, and how hard it is to get out of, how tricky to catch those moments and not behave as the conditioning expects. I read recently of a kindergarten for toddlers in Sweden where they consciously work to eradicate the gender imbalance, encouraging the girls to shout and be boisterous, the little boys to have feelings and be kind. And one staff member suddenly noticed that when it was time to send the children out to play in the cold of a Swedish winter, she was helping the little boys with their coats and boots, leaving the girls to look after themselves. Little boys are more important, are there to be served, and little girls are left without. It takes a long time to root out the unconscious prompts however aware we are.

I end with two excerpts of my poem, *The Battlecry of the Ancient Future: Part II*. I do not mean to ignore the excruciating reality of death and torture, physical and internal, faced by so many in our community. Yet this is the field where my talents and my contributions lie. Changing feelings. Even the ones that are hard to reach.

It has been a really long time we have suffered under the yoke, a really long time since we learnt to take on the conqueror’s view of us.

The biggest issue of this age for all women is to oust the Patriarch from our minds, erase all traces, or those we can, of his word, his words of cruelty and oppression, of darkness and power for the sake of power.

.....

You seek power over. And we seek, naturally, gracefully, power with.

Let us bind ourselves together as a family with love. Let us rule with compassion and tenderness. Let us collaborate and discuss and divine where our joint best course lies.

You do not understand the impulse. You have, it seems, as history proves, a desire to dominate, not collaborate. How strange. Even as I speak the words, I feel how felt with love they are. What can be found in domination except a great, gaping loneliness and a tidepool of defensiveness that draws you in to fortify you? And you say, Keep out. Come no further. No strangers allowed here.

You cannot even imagine the power of inclusion, the joy of connection, the allowing of dissension that is listened to as a distinct melody in the mind until it settles and recalibrates to a new understanding.

All this is foreign to you. Where is the fun in that you ask? How do I get my own ego stroked if I am busy sharing and interconnecting?



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UNSUNG HEROINES: “Overlooked: Revisiting 167 years of New York Times History to provide obituaries to women who never got them”.

Two obituaries from New York Times Special Section, Mar 11, 2018.

Editor’s Comment: I choose these two remarkable women to remind us of the bravery of unrecognized women in our community. There is no direct evidence that Qiu Jin was lesbian but we know from photographs that she cross-dressed, as in wearing men’s clothes when this was rarely done, even in the West, let alone in 19th C China. She wrote what many modern lesbians would be proud to say: “My body will not allow me to mingle with the men, but my heart is far braver than that of a man”. Full article: <https://www.nytimes.com/interactive/2018/obituaries/overlooked-qiu-jin.html>



C. 1875-1907

Qiu Jin

A feminist poet and revolutionary
who became
a martyr known as China’s ‘Joan of Arc.’

BY AMY QIN

With her passion for wine, swords and bomb making, Qiu Jin was unlike most women born in late 19th-century China. As a girl, she wrote poetry and studied Chinese martial heroines fantasizing about one day seeing her own name in the history

books. Qiu Jin [became] an early and fierce advocate for the liberation of Chinese women, defying prevailing Confucian gender and class norms by unbinding her feet, cross-dressing and leaving her young family to pursue education abroad.

“Qiu Jin lived at a time when women in China were not permitted to venture out of their homes, let alone participate in public affairs,” said [Zhang Lifan](#), a writer and historian in Beijing. “So Qiu Jin not only participated in politics, her actions alone were a rebellion.”

Throughout her life, Qiu wrote often of what she saw as China’s stifling gender roles...In 1903, [she] moved with [her husband and children] to Beijing. She struck up friendships with like-minded women and began to take an interest in China’s political affairs. She unbound her feet, drank copious amounts of wine and began experimenting with cross-dressing and swordplay.

She summed up her life in a 1904 poem called “Regrets: Lines Written En Route to Japan”:

*Sun and moon have no light left, earth is dark,
Our women’s world is sunk so deep, who can help us?
Jewelry sold to pay this trip across the seas,
Cut off from my family I leave my native land.
Unbinding my feet I clean out a thousand years of poison,
With heated heart arouse all women’s spirits.
Alas, this delicate kerchief here,
Is half stained with blood, and half with tears.*



Her legacy as one of China's pioneering feminists and revolutionaries was cemented on July 15, 1907, when she was beheaded at 31 by imperial army forces. To this day, she is often referred to as "China's Joan of Arc."



1945-1992

Marsha P. Johnson

A transgender pioneer and activist who was a fixture of Greenwich Village street life.

BY SEWELL CHAN

Full article: <https://www.nytimes.com/interactive/2018/obituaries/overlooked-marsha-p-johnson.html>

Marsha P. Johnson was an activist, a prostitute, a drag performer and, for nearly three decades, a fixture of street life in Greenwich Village. She was a central figure in a gay liberation movement energized by the 1969 police raid on the Stonewall Inn. She was a model for Andy Warhol. She battled severe mental illness. She was usually destitute and, for much of her life, effectively homeless.

When she died at 46, under murky circumstances, in summer 1992, Johnson was mourned by her many friends, but her death did not attract much notice in the mainstream press.

In the years since, however, interest in her legacy has soared. She has been praised for her insistent calls for social and economic justice; for working on behalf of homeless street youth ostracized by their families for being gay or otherwise not conforming to traditional ideas about gender; and, later, for her advocacy on behalf of AIDS patients. Some have called her a saint.

Many transgender people have also come to hail Johnson, and her longtime friend and colleague Sylvia Rivera, as pioneering heroes. (The term transgender was not in wide use in Johnson's lifetime; she usually used female pronouns for herself, but also referred to herself as gay, as a transvestite or simply as a queen.)

"Marsha P. Johnson could be perceived as the most marginalized of people — black, queer, gender-nonconforming, poor," said Susan Stryker, an associate professor of gender and women's studies at the University of Arizona. "You might expect a person in such a position to be fragile, brutalized, beaten down. Instead, Marsha had this joie de vivre, a capacity to find joy in a world of suffering. She channeled it into political action, and did it with a kind of fierceness, grace and whimsy, with a loopy, absurdist reaction to it all."

Unusual Films – A look at *A Fantastic Woman* and *Love, Simon*

Editor's Comment:

'A Fantastic Woman' Star Daniela Vega Creates History by Anna Marie de la Fuente

From Variety.com, February 22, 2018

In casting [Daniela Vega](#) in "[A Fantastic Woman](#)," helmer [Sebastian Lelio](#) knew he was taking a risk. "I knew I could pay a price for making Daniela the focal point of the film, but if it succeeded, then we would gain something precious," he says. "Her physical presence carries the story in a way no other person's can." Their collaboration began when he was referred to her while seeking some insight into the lives of transgender people in Chile. Since he was based in Berlin, they used Skype and emailed for at least a year until he realized that no other person could play the character he had created with co-scribe Gonzalo Maza.

The film "flirts with multiple genres: It's a romance, a ghost story, a fantasy film, a document of reality and a character study," he notes. "This stylistic expansion is what attracted me because it meant I could expand my own identity as a filmmaker."

Given its LGBT theme, it would have been more predictable to shoot the film with a handheld camera in a raw, cinema verite style; instead, he shot it with "a certain flamboyance, classicism and splendor. That's the most subversive aspect of the film; creating an aesthetic tension between the theme and form was the most complex and difficult challenge."

The scene in which Vega's character is leaning against a gale at an extreme angle is Lelio's nod to Buster Keaton. Vega plays Marina Vidal whose sexuality is not immediately obvious as the story begins like a classic '50s tale of a couple in love.

"[A Fantastic Woman](#)" comes at an opportune time when more instances in pop culture, especially on television, is helping to foster understanding and tolerance of the trans community as a whole.

Full article: <http://variety.com/2018/film/awards/a-fantastic-woman-star-daniela-vega-makes-history-1202707900/>





A Romantic Comedy About a Gay Teenager? What Took So Long? By George Gene Gustines

From the New York Times, March 14, 2018

In the new teenage romantic comedy “Love, Simon,” the title character, played by Nick Robinson, proclaims, “I’m done living in a world where I don’t get to be who I am. I deserve a great love story.”....That he gets one could almost be considered revolutionary: With “Love, Simon,” 20th Century Fox becomes the first major studio in recent memory to take a chance on a movie anchored by a gay character.

Working on the film was an emotional experience for [the director]. “It was filling a void I didn’t even know that I needed filled,” Mr. Berlanti said....With most romantic films, he explained, “you’re not always experiencing it totally viscerally because you’re having to imagine ‘if this character were gay.’”

Like Mr. Berlanti, Sarah Kate Ellis, the president and chief executive of Glaad, was also surprised that 20th Century Fox was producing a wide-release coming-out story. “This is like the ‘Sixteen Candles’ of this generation,” she said.....“Twenty percent of millennials identify as L.G.B.T.Q.,” Ms. Ellis said. “Having a film available to them is a breakthrough.”

“The interest in this film is incredibly high,” said Paul Dergarabedian, a senior box office analyst at com-Score. He noted ...that its trailer had more than 19.7 million views on YouTube. “You don’t get 19 million views on something nobody cares about,” he said.

Mr. Berlanti is keenly aware that the most important test facing “Love, Simon” is at the box office. “I’ve had a lot of people tell me this is the movie they wish they had when they were kids,” Mr. Berlanti said. “So it’s here now and we want those kids to get to see it. It really needs everyone to come out and show studios and show individuals that a film like this can be just as incredible as its counterpart with a straight protagonist.”

Full article: <https://www.nytimes.com/2018/03/14/movies/love-simon-gay-romantic-comedy.html>



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KEYNOTE SPEAKERS



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What the
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Movement
Learned from
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Note: this single class satisfies both the board mandated suicide prevention class and the law and ethics requirements!

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Free Event
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THE CALL OF DARKNESS: MANAGING SUICIDALITY IN CLINICAL PRACTICE

Sunday June 24, 2018 (see back for registration details)

Instructor: Lawrence Hedges PhD, PsyD, ABPP

Course Description:

The White House has declared suicide to be a national and international epidemic and has mandated suicide prevention training for educational and health workers nationwide. This class is in response to mandates from California licensing boards.

This intermediate to advanced course for mental health professionals begins with the awareness that our ability to predict suicide is little better than chance and that at present there are no consistently reliable treatment techniques to prevent suicide. However, in the past three decades much has been learned about the dynamics of suicide and many promising treatment approaches have been advanced that are slowly yielding empirical results. In this class Dr. Hedges reviews the major findings about the nature of suicide, the emerging treatment processes that are promising, and the dimensions of assessment and documentation that are essential for liability management in mental health practice.

The historical advances from traditional philosophical and theological positions through the profound sociological studies of Durkheim in the 19th century and the subsequent groundbreaking psychological studies of Freud and Menninger will be reviewed. The copycat and contagion phenomena from Goethe's Werther through Jonestown and worldwide favorite suicide sites will be elucidated along with the suicide studies of Shneidman and his many associates centering on "psychache".

A group of emerging techniques for assessment and treatment of suicidality will be reviewed along with the features in common that these treatment approaches seem to share. Dr. Hedges will put forth his own views and a relational/developmental context for managing suicidality. Critically, the tendencies towards blame and self-blame on the part of survivors including therapists raise issues of responsibility, accurate assessment and documentation, and professional liability. Many aspects of suicide will be illustrated through literature and film.

Learning Goals:

At the conclusion of this class participants will be able to:

- Define what is meant by "psychache".
- List three critical ingredients of Joiner's interpersonal approach to suicide management.
- State why reliable suicide research has not been possible.
- List Hedges' four Listening Perspectives for managing suicidality.
- Define a "suicide contract" and describe its validity.
- List four key elements in documenting suicidality that limit your liability.



LAWRENCE E. HEDGES, Ph.D., Psy.D., ABPP is a psychologist-psychoanalyst in private practice in Orange, California, specializing in the training of psychotherapists and psychoanalysts. He is director of the Listening Perspectives Study Center and the founding director of the Newport Psychoanalytic Institute in Tustin, California where he is a supervising and training psychoanalyst. He has been awarded honorary membership in the American Psychoanalytic Association. Dr. Hedges is author of numerous papers and books including *Cross-cultural Encounters: Bridging Worlds of Difference* (2013), *Listening Perspectives in Psychotherapy* (1983 & 2003), *Interpreting the Countertransference* (1992), *Strategic Emotional Involvement* (1996), and *Facing the Challenge of Liability in Psychotherapy: Practicing Defensively* (2000 & 2007). To learn more about Dr. Hedges and his work, go to www.listeningperspectives.com

6 CE Credits Available, APA for Psychotherapists

(Note: these professional classes typically cost \$150)

- Current Members (Free to Attend):
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Sunday, June 24, 2018 • 9 AM to 4 PM

Free lunch provided by Twin Town Treatment Center. There will be coffee and snacks.

Hosted at Twin Town Treatment Center.

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Paid parking in basement of building or street metered parking.

RSVP – Chuck Stewart, Ph.D., at LAGPA@sbcglobal.net

Payment is accepted at the door in cash, check, or credit card.

LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc., (LAGPA), was established in 1992 as an organization of mental health professionals interested in the psychological well-being of lesbian, gay, bisexual, transgender, intersex, queer and/or questioning individuals. LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, queer events, and the annual LGBTIQ Psychotherapy Conference. In addition, members also receive LAGPA's tri-annual newsletter "Progress Notes," an LGBTIQ resource directory, membership listing on the LAGPA website (www.lagpa.org), and the online LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists. Visit us at LAGPA.org.

Continuing Education Credit Disclosure

Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus and the Registration Form.

- APA CE Credits — Listening Perspectives Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Listening Perspectives Study Center maintains responsibility for this program and its content.



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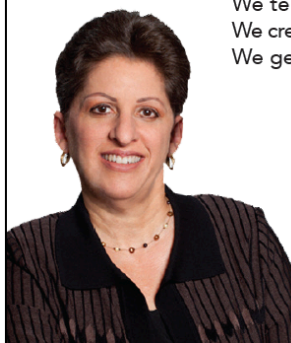


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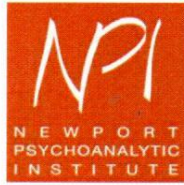
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Lawrence E. Hedges, PhD, PsyD, ABPP

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Course Description:

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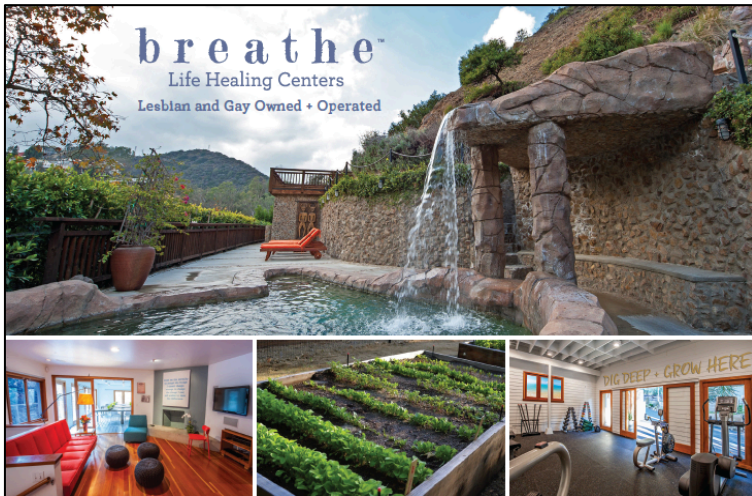


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Chuck Stewart, Editor: ABC-CLIO

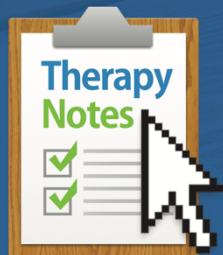
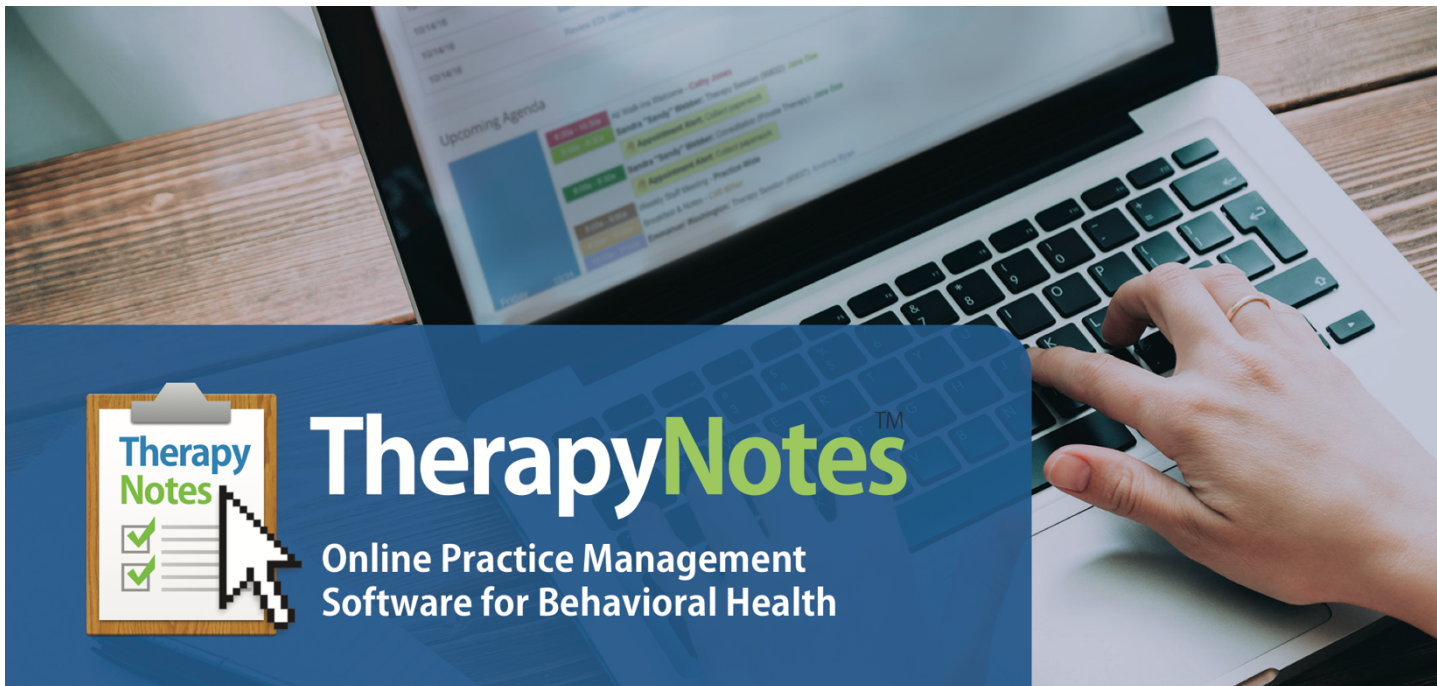
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LAGPA does not sell or give out its mailing list (in any form) to any person, group, or organization. If you would like to send an electronic mailing to the membership you must send us the text, graphics, URLs, and any accompanying attachments you wish to send so our Editor, and the rest of our Board may review it. Rates for this type of service are: Members \$125.00 per mailing; Non-Members \$175.00 per mailing. We strongly suggest you place an ad in the *Progress Notes* rather than create a separate mailing. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to e-mail, include in the *Progress Notes*, or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. For more information please contact our Executive Director, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters provide a great way to market your product or service, to create credibility, and to build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees, or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

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Westside Men's Psychotherapy

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Intern

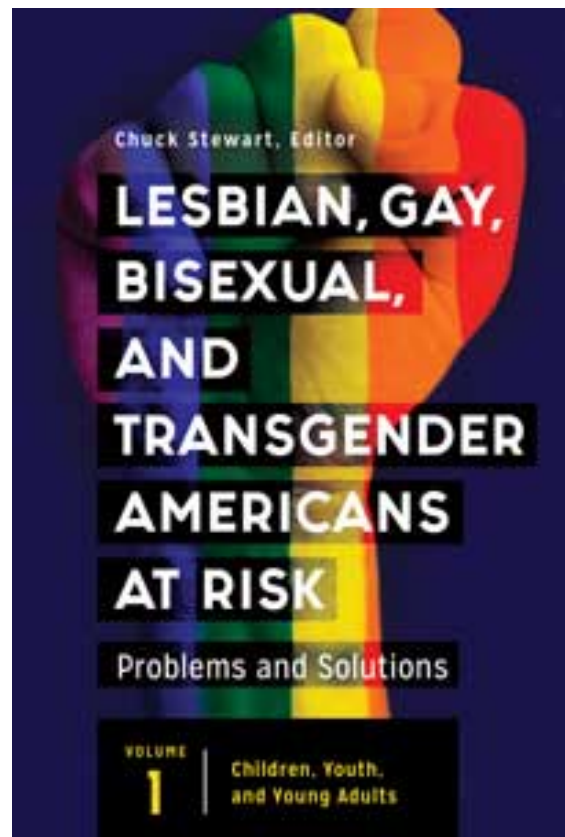
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BOOKS BY MEMBERS

Three books by Jeffrey Chernin Ph.D., MFT. The second edition of Kindle book Get Closer: A Gay Men's Guide to Intimacy and Relationships. Also, a Kindle book for non-gay couples, Achieving Intimacy: How to Find a Loving Relationship that Lasts. Both books offer ways to have a lasting, loving relationship. The books also offer help to overcome several kinds of challenges, with an emphasis on developing better communication, putting an end to conflicts and emotional distance, and changing long-standing patterns. His first book, Affirmative Psychotherapy and Counseling for Lesbians and Gay Men is available in hardcover and paperback and is being used by AAMFT-CA for their LGBT certification program. All are available on Amazon.



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- "Stand-Alone" office space (i.e., not a shared waiting room) in quiet garden courtyard of therapists & designers near Cedars-Sinai
- One story building: 24/7 building access and 24/7 AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceilings
- Utilities included with reasonable rent; private, covered, well-lit parking for therapists and clients
- Easy canyon access (Laurel and Coldwater) to San Fernando Valley
- * Amenities: copier, frig, microwave, tea/coffee service

San Fernando Valley

"On the Boulevard" office space -- Ventura Blvd near Laurel Canyon in Studio City

- * Easy canyon access (Laurel and Coldwater canyons) and freeway access (101/134/170) to West Hollywood, Hollywood, Silverlake, Glendale, Pasadena, and the rest of the San Fernando Valley

- * 2nd. Floor of 2-story building
- * Waiting room in counseling suite shared only by 2 other therapists; call light system
- * 24/7 building access and 24/7 AIR
- * Reserved, well-lit parking for therapists & ample street parking for clients
- * Utilities included with reasonable rent
- * Amenities: copier, frig, microwave, tea/coffee service

Near Beverly Center

Furnished office space available weekday mornings and Saturdays and Sundays in a 3-office suite on San Vicente near Beverly Center. \$20 per hour. No separate exit or call-light system, but good parking situation, 7-day air conditioning, and convenient location to Westside, Beverly Hills, Mid-Wilshire, and West Hollywood. Bright and light (windowed). Email Ken at Ken@GayTherapyLA.com for more information.

West Hollywood

As of April 1, 2018, we will have several office vacancies available for psychotherapists looking to rent office space in our very established psychotherapy office suite. Our suite is located at 8235 Santa Monica Boulevard in West Hollywood. We have several different offices available, at different times of the day and different days of the week. We are on the 4th floor and most offices have a south facing city view. Rates are based on blocks of time (i.e. 8am-4pm or 4pm-10pm) and discounts apply for full days (8am-10pm) or multiple days in the week. The basic rent for one block of time for a month (i.e. Wednesday from 8am-4pm for an entire month) is \$200 and discounts apply for any additional time rented. The rent includes the office, copy/fax, wifi, a mailbox, office supplies etc. For specific availability or to schedule a visit, please call Brad Chabin, Ph.D. at 323-369-8838.

Progress Notes

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Spring, 2018

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