

Progress Notes.



Fall 2017

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc. LAGPA@sbcglobal.net

CALENDAR OF EVENTS

LAGPA 1992 — 2017



Commitment to the
LGBTQ+ Community

(Workshops in Red) (Socials in Green)

Oct 21 LACPA Conference booth (all are welcome to staff our booth)

Oct 29 *Models of Pride* Booth (all are welcome to staff our booth)

Nov. 12 **22nd Annual LGBTQI Conference** co-hosted by Mount Saint Mary's University

Dec (TBD) **Winter Social** (watch for details)

NEWSLETTER CONTENT

1. **Executive Director's Report: Fall 2017—Annual Conference at Mount Saint Mary's** (page 4)
2. **Editor Comment: Outlook from the Editor: Personal Notes on Surviving the Current Administration** by Mary Guillermin (page 7-8).
3. **Contributing Articles from Members:**

Don Kilhefner, on "The 21st century paradigm shift from an old gay assimilation/sexual orientation model to a new gay essentialism/societal contribution model" (page 9-11 with embedded video).

Section I: Gender Fluidity: Art in History — When Japan had a Third Gender, by Susan Chira. *New York Times*, March 10, 2017. (page 12)

Section I: Gender Fluidity: Art Now — Transcending the Binary by Susan Sheets. *New York Times*, Sept 17, 2017. (page 13)

Section II: The Politics of Being LGBTQ — Who's Allowed to Hold Hands? by Nicole Dennis-Benn. *New York Times*, Sept 1, 2017. (page 13-14)
4. **Educational Forums and Conference (2017 review)**
 - a. **22nd Annual LGBTQI Psychotherapy Conference**
 - i. **Press Release** (pages 16-17)
 - ii. **Brochure** (pages 18-31)
 - b. **Law and Ethics 2017 Update** (with photos) (pages 32-34)
 - c. **Supervision Workshop** (with photos) (pages 57-59)

5. Social Events

a. Annual Pool Party (with photos) (pages 35-52)

b. 25th Anniversary Reception (page 52-55)

6. Why Become a Member of LAGPA? (page 56)

7. Classified Ads (pages 62-64)



ONE OF THE BEST
U.S. WOMEN'S
COLLEGES

— COLLEGE CHOICE

'AN AMERICA'S
BEST COLLEGE'

— U.S. NEWS & WORLD REPORT



Mount 
Saint Mary's
University
LOS ANGELES

msmu.edu



Annual Conference at Mount Saint Mary's University

This year is a special year for LAGPA. It was in 1992 that a small group of visionaries came together to launch and gain official recognition for LAGPA. The previous decade of AIDS devastation made it abundantly clear that the psychotherapy profession was not prepared nor knowledgeable about counseling specifically designed for LGBT clients. The need was there and not being met by government agencies, hospitals, schools of psychology, and others. Therapists needed much more knowledge and skills to address the specific needs of LGBT clients. And, LGBT therapists often felt abandoned by professional psychology organizations. So, LAGPA was formed to fill this void. We have these visionaries to thank for bringing LAGPA into existence.

We are holding a special reception on October 14 at the home of Liliane Quon McCain in Beverly Hills to thank all the people who have volunteered over the past 25 years to be on the board and help guide LAGPA to the vibrant organization that it is today. Please watch for announcements for this reception and hope you can attend. Come and meet the early founders of the organization and relive the early days. It will be very special and I, personally, look forward to meeting these people.

A good decade ago, it was decided by the board to move the annual conference from one school of psychology to another each year. The goal was to bring the existence of LAGPA to the awareness of the faculty and students in these schools and to influence the schools to be supportive of LGBT people. It is hoped the schools develop their own specialization in LGBT psychology similar to what Antioch University has achieved. To that end, we have held the conference at Antioch University, USC, the LGBT Center, and, this year, at Mount Saint Mary's University. It is hoped that in future years we can hold the event at UCLA, Cal State Northridge, and others. If you are connected to schools of psychology, please help us bring the conference to your school.

We are pleased to announce that Lorri Jean, CEO of the Los Angeles LGBT Center, will be our keynote speaker. Lorri has an unparalleled history with the LGBT community and is a dynamic speaker. We are honored that she will be speaking at our conference. This is one conference you will not want to miss. Also, we are offering 6 CE credits through the APA which can be applied to licenses issued by the BBS and others. LAGPA goes to great effort and expense to offer APA CE credits and we are the only LGBT organization to offer these credits. Although we lose money providing CE credits, we feel it is one of the core benefits we can offer our members. Hope to see you there!

See our calendar of events for all the upcoming educational and social events in these last months of 2017. Please consider joining our board to help guide LAGPA through the 2018 season.

Chuck



L.A. Care Health Plan

Salutes the

Lesbian and Gay Psychotherapy Association

*for its commitment to serving the **LGBTQI**
residents of Los Angeles County.*



www.lacare.org 1-888-4LA-CARE



THE THERAPIST'S NOTEBOOK

FOR SEXUAL AND GENDER
IDENTITY DIVERSE CLIENTS

Homework, Handouts and
Activities for Use in Counseling,
Training, and Psychotherapy

JOY S. WHITMAN

CYNDY J. BOYD

Outlook from the Editor: Personal Notes on Surviving the Current Administration (with apologies to those readers of a different political hue).

By Mary Guillermin, LMFT & Co-President of LAGPA



I am staring at the blank page, wondering what to write. One feels a bit worn down after living for eight months in a 'war zone'. I read the latest horrors of destruction and obstruction by our current president and administration – and, yes, it is hard not to feel too much pain, yet hard not to become numb. I still don't watch the news, but I do read it, and one becomes inured, retreats to a mode of survival. I suffer for the reversals on transgender rights, suffer for the Trump supporters and people with pre-existing conditions potentially losing healthcare they have come to rely on, suffer for the parks under threat and the arctic drilling, suffer for our undocumented sisters and brothers facing deportation. I imagine being deported to a country I don't remember, lives changing overnight, the lunacy of grandparents not being considered close relatives.....You have probably been following the news too, suffering and then numbing out in an unpleasant seesaw.

I have followed my personal prescription of maintaining mental health by creating community. If politically one can only survive the weeks that will stretch into years, personally one can keep engaged with the resistance movement or, in my case, turn aside to create nourishing connections that can touch my own and a few other lives with love and hope.

Our own Conference, coming up soon after the release of this newsletter, is one such inspiring, educational and warm-hearted place to connect. The wonderfully enjoyable Summer Pool Party in the beautiful home of Liliane Quon McCain was another – connecting with real people in real time with shared love and creativity and fun. Resilience in the face of adversity is easier in company. Please join in with us to spread love and light.

In pursuit of my personal objectives about community and connections, I hosted a concert and fundraiser for LAGPA at my SunMoon Retreat Center in the Topanga mountains. June 25th was the hottest day of the year thus far at 112 degrees, and we were sweltering in the Sun Temple performance area, despite the oak tree canopy. The music was wonderful and the guests who braved the heat had a wonderful time. The concert and fundraiser inspired me to further community action – offering the performance and exhibition space free of charge to Topangans and members of our LGBTQ community to use for your own acoustic concerts or art exhibitions. The seating area in front of the stage holds twenty to thirty people making it the perfect size for inviting your friends and family to be the audience. Another project of mine is to host underserved populations, especially children and teenagers, at the SunMoon Retreat Center to spend a few hours in the countryside. Bobby Arias, of Communities in Schools, who will be bringing some of the children in his gang prevention program from the north end of the San Fernando Valley, commented that the children would ask him as they drove into the mountains if they were in another state. If you know of a non-profit or other agency working with children or teenagers who might enjoy a rural outing, please let them know of this free resource.

I am reminded of the story of the starfish at the sea's edge. A little boy is on a beach crowded with stranded starfish, picking them up one by one and throwing them back into the sea. A passerby asks him what's

the point of what he is doing, saying, “You can’t make a difference, there are too many”. The little boy replied as he picked a starfish up and threw it back into the sea, “It made a difference to that one!”

I felt pretty grim as I began this editorial. But I have reminded myself that individual action towards community and connection nourishes ourselves and others and keeps the flame of inclusion and love alive.

To request the free use of the Sun Temple Performance and Exhibition Area, contact Mary Guillermin @ (310) 422 7915 or sunmoonretreatcenter@gmail.com



Cousin Kate – Isabelle and Corinna Cott, with their original art behind them, and guitarist, Brian Florian – in the Sun Temple.

Note from our editor: We received only one submission for the newsletter this time around. So, underneath Don Kilhefner's contribution below, you will find snippets of articles culled from the New York Times on different aspects of our LGBTQ lives with a link to the full article. Your insights and opinions are requested for the next newsletter in 2018.



"The 21st century paradigm shift from an old gay assimilation/sexual orientation model to a new gay essentialism/societal contribution model is similar in meaning to the 20th century paradigm shift from Newtonian to Einsteinian physics,...."

Beloved Gay/Queer Brothers And Allies: Today I would like to continue introducing you to what could be a life-changing shift in consciousness for you as a gay man with profound implications also for the entire society. I respectfully and humbly present below a TED talk by Dr. James O'Keefe, an Irish cardiologist, regarding evolutionary biology, homosexuality, and his gay son.

The talk and the research breakthroughs noted in the video corroborate what I said in my "Gay Identity: Is The Tail Wagging Our Dog?" essay and in gay-centered workshops for over the past five decades. It's why Harry Hay and I in 1979 called the Radical Faeries into being. [...] **We keep being reproduced for a purpose.**

Gay assimilation/sexual orientation theory and practice, currently the dominant ideology of our community, is being replaced by a gay essentialism/societal contribution model of gay identity.

The history of scientific revolutions teaches us that these paradigm shifts in consciousness can happen quickly or slowly over time. In the 1954-55 school year, in my 11th grade in a very good, small high school in rural Pennsylvania, I was taught Newtonian physics even though Einstein's game-changing paper on the theory of relativity had been published a half-century previously. Einstein was rarely even mentioned.

This paradigm shift in gay awareness announces that the second stage of revolutionary Gay Liberation is upon us. **We as gay people must reclaim, revision and relearn anew who we are and why we are here, benefiting all beings and the well-being of the planet in the process.**

A Caution: It is important that we do not let the dominant heterosexual culture interpret this new understanding for us as gay people, reducing us to an evolutionary mascot, diminishing us to a mere altruistic support for the hetero family only. Heterosexuals are responsible for the reproductive survival of our species. Their thinking is bio-

centered on the family for a good reason. Gay men have a different responsibility. Family, yes! Community, yes! Planet, yes! Tighten your seatbelts.

"It is suggested you approach these ideas, as gay intellectual history itself, with a hungry, insatiable, heuristic mind-set."

--Don Kilhefner, a gay tribal elder

.....



Link to James O'Keefe's full TEDx talk here: Ctrl + click to follow link
[Homosexuality: It's about survival - not sex | James O'Keefe | TEDxTallaght](#)

**Please forward this video to your personal or organizational email list.
Let's make the LGBTQ community a grassroots and netroots community.**

Animae Communitatis Colendae Gratia

(For the sake of tending to the soul of the community)

Don Kilhefner, Ph.D.

JUNGIAN DEPTH PSYCHOLOGIST

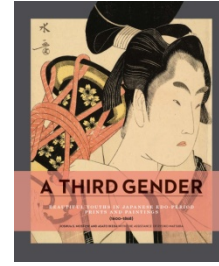
1324 North Stanley Avenue • Los Angeles, CA 90046

donkilhefner@sbcglobal.net • (323) 874-8297

"Gay elders don't whine, they organize"



Copyright © 2017 Don Kilhefner, Ph.D.
donkilhefner@sbcglobal.net



Section I: Gender Fluidity: Art in History

When Japan had a Third Gender by Susan Chira, March 10, 2017

Link to full article:

https://www.nytimes.com/2017/03/10/arts/design/when-japan-had-a-third-gender.html?_r=0

A figure in a translucent kimono coyly holds a fan. Another arranges an iris in a vase. Are they men or women?

As [the] mind-bending exhibition, “A Third Gender: Beautiful Youths in Japanese Prints,” [June 2017] at the Japan Society illustrated, they are what scholars call a third gender — adolescent males seen as the height of beauty in early modern Japan who were sexually available to both men and women. Known as *wakashu*, they ... reveal how elastic the ideas of gender were before Japan adopted Western sexual mores in the late 1800s.

“This brings us back to history to think about the present and the future,” said Asato Ikeda, the guest curator of the exhibition, which covers the Edo period from 1603 to 1868.

She said that like other societies in the past and present — the *hijra* in India; the “two-spirit people” in some American indigenous cultures — the diversity in gender definitions and sexual practices in Edo Japan challenges modern notions that male and female are clear either-or identities.

The term [*wakashu*] describes the time a male reaches puberty and his head is partly shaved, with a triangle-shaped cut above the forelocks that is a telltale way to identify *wakashu*. During this stage of life only, before full-fledged adulthood, it was socially permissible to have sex with either men or women.

In the prints, the *wakashu* are presented as beautiful and desirable, sometimes practicing what were seen at the time as feminine arts like flower-arranging or playing the *samisen*. Like unmarried women, *wakashu* who belonged to the samurai class could wear the long-sleeved kimono known as *furisode*. In several prints, you have to look closely to find the shaved triangle in the hair, or spot a sword tucked in a samurai *wakashu*’s sash to differentiate between the *wakashu* and the women pictured near them.

Section I: Gender Fluidity: Art Now

Transcending the Binary by Susan Sheets, Sept 17, 2017

Full article: <https://www.nytimes.com/2017/09/15/arts/design/gender-fluid-artists-new-museum-transgender.html>

In the window of the New Museum this month, the performance artist Justin Vivian Bond plans to periodically strike a pose in a pink gown with rhinestone teardrop, framed by hand-drawn wallpaper twinning the artist's face with that of the former Estée Lauder model Karen Graham. As a closeted transgender teenager in the 1970s, Bond obsessively drew Ms. Graham, until "I made myself my canvas."

The project, "My Model | MySelf: I'll Stand by You," proudly puts what Bond calls a "queer face" on the glamour created by gay people that has long been appropriated by mainstream culture. The designers "served the aspirational whim of wealthy upper-class white women and then were completely dismissed by history," the artist said.

Bond is one of more than 40 intergenerational artists in "Trigger: Gender as a Tool and a Weapon," opening on Sept. 27 with work that explores gender beyond the binary of "male" and "female."

About half the artists are nonwhite. Most identify as queer — the term for nonconforming sexual identity that includes lesbian, gay, bisexual and transgender people. It is the largest show to date at a major museum to tackle gender fluidity, which has become native to young people who are used to constructing their own identities on social media and declaring their preferred personal pronouns on college campuses and at workplaces. "Trigger" brings a new level of visibility to gender-fluid artists who have only been acknowledged before in a trickle of mainstream shows. "Transgender and gender nonconforming expressions have been around forever," said Erin Christovale, the co-curator of the roving film program "Black Radical Imagination" who recently started work at the Hammer Museum. "What's new is that people are claiming these terms very proudly and these terms are starting to be valued."

Section II: The Politics of Being LGBTQ:

Who's Allowed to Hold Hands? by Nicole Dennis-Benn, Sept 1, 2017

Full article: <https://www.nytimes.com/2017/09/01/style/modern-love-whos-allowed-to-hold-hands.html>

At 17, I moved to the United States from Jamaica, where I had felt as if I were the only lesbian in a country in which police turn a blind eye to mob violence against gays and sex between men is punishable by law. When I arrived in New York City and had the opportunity to date women, I was still glancing over my shoulders.

But when I met my future wife, things changed. We wanted to hold hands everywhere. We kissed goodbye on the subway and put our arms around each other in the theater to keep warm.

This might seem like nothing for a straight couple. But I've noticed that there is a strange hierarchy of handholding that dictates who gets to express physical affection without repercussions. For straight couples it's fine, of course. For white gay couples it's a little less fine. For black lesbians like us, it can feel like a radical act.

Some Jamaican men seem to take it as a personal affront to their manhood when they see us together. After we pass, they spit words at our backs like chewed-up cane husks: "Sodomites!"

I squeeze my wife's hand, chilled by the hostile stares, angry that I let them get to me. We're married, I remind myself, holding on tighter, my wedding band pressing uncomfortably into my flesh.

While a white lesbian couple could walk holding hands or even tongue kiss in the middle of the street, lesbians of color, particularly black lesbians, have a hard time doing the same.

I have become determined to fight for this love and our freedom to express it. Gays and lesbians before us fought for this, and we would too. We would dare to find a home, our place, on Fulton Street, as we have found a home in each other.



The Soldiers Project

Healing the Hidden Wounds of War

Free Confidential Therapy
For Post 9/11 Veterans
And Their Loved Ones

The Soldiers Project provides free confidential mental health services to Post 9/11 Veterans and their loved ones regardless of discharge status.

Toll Free: (877) 576-5343 | info@TheSoldiersProject.org | www.TheSoldiersProject.org

Premiere Caterer
for all LAGPA Events

Chef **EDDIE
MORGADO**

Private Chef & Caterer

1203 N. Cherokee Avenue
Los Angeles, CA 90039

E-mail: EddieMorgado@gmail.com

Phone (310)270-7246

Matthew Silverstein, Ph.D.

Clinical Psychologist

8235 Santa Monica Blvd, Suite 309
West Hollywood, CA 90046

310.842.6124
License PSY26733

drmsilverstein@gmail.com
drmatthewsilverstein.com



PEACEMAKERS™

The Pre-Litigation Solution to Conflict

The Law Office of RJ Molligan

8272 Santa Monica Blvd., West Hollywood, CA 90046
West Hollywood Chamber of Commerce Building
Tel: (310) 901-9495 • rjmolligan@peacemakers.me • www.peacemakers.me

Press Release June 2017
For Immediate Release

22nd Annual LGBTQI Psychotherapy Conference

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) announces its Twenty-Second Annual LGBTQI Psychotherapy Conference. The conference is a one-day event co-hosted and co-sponsored by Mount Saint Mary's University. The conference is being held Sunday November 12, 2017 in Los Angeles and presents academic research and expertise on LGBTQI issues and concerns to professionals working with these clients in their counseling practices. The conference is designed to meet the educational needs of psychiatrists, psychologists, LCSW, LMFT, MSW, interns, and students of psychology, and earns continuing education credits from APA. Approximately 130 professionals are expected to attend.

This year is LAGPA's 25th Anniversary since its inception in 1992. To honor that achievement Lorri L. Jean will be the keynote speaker. Jean is nationally recognized as one of the most effective leaders in the lesbian, gay, bisexual and transgender ("LGBT") civil rights movement. Jean serves as CEO of the Los Angeles LGBT Center, the world's largest LGBT organization. Previously, Jean served as the Executive Director of the National Gay and Lesbian Task Force. *OUT Magazine* has twice named her one of the 50 most powerful gay people in the nation, *Los Angeles Magazine* named her one of L.A.'s 100 most influential people and in 2014 it named her one of the ten most inspiring women in Los Angeles.

Jean has been an activist on LGBT issues since 1979. She was one of the lead plaintiffs in the successful landmark lawsuit against Georgetown University in the 1980s to prohibit discrimination on the basis of sexual orientation. She also was the first openly LGBT person to receive a top-secret security clearance from the Central Intelligence Agency. In 1989, with her appointment as Deputy Regional Director of the Federal Emergency Management Agency ("FEMA"), she became the highest-ranking openly LGBT person in the Federal government.



Lorri L. Jean
Chief Executive Office
Los Angeles LGBT Center

While serving at the helm of the Center, Jean has driven a period of unprecedented expansion, increasing revenues from \$8 to \$97 million and the numbers of people served every month to more than 42,000. While running the Task Force, Jean oversaw an organizational turnaround that brought the organization to financial solvency and increased annual revenues to an all-time high.

Jean and her wife of 25 years, attorney Gina M. Calvelli, live in Hollywood. They were legally married in 2008.

Sponsors in prior years include: Sexual Recovery Institute, Elements Behavioral Health, The Institute for Sexual Health, The Trevor Project, Vista Del Mar, PFLAG, Twin Town Treatment Centers, the Los Angeles LGBT Center Mental Health Services, Michael's House, Antioch University, University of Southern California, and many others.

About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) was established in 1992 as an organization of mental health professionals interested in the psychological well being of gay, lesbian, bisexual and transgender individuals. This year represents its Silver 25th Anniversary. LAGPA provides a wide variety of activities designed to strengthen professional knowledge and competence in the provision of mental health services. LAGPA exists to join mental health professionals together for academic and social events, to provide educational community outreach, and to foster and promote a positive identity for members of the LGBT community. LAGPA events include: academic forums, social events, professional women's events, and the annual LGBTQI Psychotherapy Conference. Members also receive a quarterly newsletter, a membership listing on the LAGPA website and the on-line directory. LAGPA is an accredited provider of continuing education for Clinical Psychologists, Licensed Clinical Social Workers (LCSW), and Licensed Marriage and Family Therapists (LMFT) through the American Psychological Association (APA). For further information, visit our Website at: www.lagpa.org.

Contact for Further Information:

Chuck Stewart, Ph.D.
3722 Bagley Ave. #19
Los Angeles, CA 90034
310-838-6247
LAGPA@sbcglobal.net

LAGPA

Twenty-Second Annual LGBTQI Psychotherapy Conference

LAGPA 1992 — 2017

25
Anniversary

Commitment to the
LGBTQ+ Community



Lorri L. Jean Keynote Speaker



Chief Executive Office
Los Angeles LGBT Center

NOW!
Register Online
LAGPA.org

6CE
CREDITS



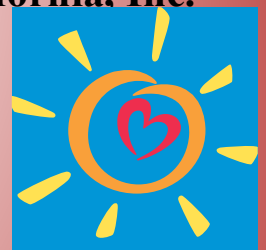
LAGPA is approved by the
American Psychological Association to sponsor
continuing education for psychologists.
LAGPA maintains responsibility for
this program and its content.

Sunday, November 12, 2017

Hosted and Co-Sponsored by: **Mount Saint Mary's University**

Co-Sponsored by: **L.A. Care**

Lesbian and Gay Psychotherapy Association of Southern California, Inc.



Keynote Speaker: Lorri L. Jean



Lorri L. Jean
Chief Executive Office
Los Angeles LGBT Center

This year is LAGPA's 25th Anniversary since its inception in 1992. To honor that achievement Lorri L. Jean is the keynote speaker. Jean is nationally recognized as one of the most effective leaders in the lesbian, gay, bisexual and transgender ("LGBT") civil rights movement. Jean serves as CEO of the Los Angeles LGBT Center, the world's largest LGBT organization. Previously, Jean served as the Executive Director of the National Gay and Lesbian Task Force. *OUT Magazine* has twice named her one of the 50 most powerful gay people in the nation, *Los Angeles Magazine* named her one of L.A.'s 100 most influential people and in 2014 it named her one of the ten most inspiring women in Los Angeles.

Jean has been an activist on LGBT issues since 1979. She was one of the lead plaintiffs in the successful landmark lawsuit against Georgetown University in the 1980s to prohibit discrimination on the basis of sexual orientation. She also was the first openly LGBT person to receive a top-secret security clearance from the Central Intelligence Agency. In 1989, with her appointment as Deputy Regional Director of the Federal Emergency Management Agency ("FEMA"), she became the highest-ranking openly LGBT person in the Federal government. While serving at the helm of the Center, Jean has driven a period of unprecedented expansion, increasing revenues from \$8 to \$97 million and the numbers of people served every month to more than 42,000. While running the Task Force, Jean oversaw an organizational turnaround that brought the organization to financial solvency and increased annual revenues to an all-time high.

22nd Annual LGBTQI Psychotherapy Conference

The Twenty-Second Annual LGBTQI Psychotherapy Conference presented by LAGPA presents academic research and expertise on LGBTQI issues and concerns to professionals working with these clients in their psychotherapy practices. This one-day Conference meets the educational needs of psychiatrists, psychologists, LCSWs, MSWs, MFTs, LPCCS, interns, students of psychology, and others. As a continuing education provider, LAGPA meets the requirements established through the American Psychological Association (APA). LAGPA is approved by the American Psychological Association to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content. LAGPA is the only organization to offer APA CEs on LGBTQI issues. Please check with your agency about acceptance of APA CEs.

----- Conference Sponsors -----

Mount Saint Mary's University, host and co-sponsor, is the only women's university in Los Angeles and one of the most diverse in the nation. The University is known nationally for its research on gender equality, its innovative health and science programs, and its commitment to community service. As a leading liberal arts institution, Mount Saint Mary's provides year-round, flexible and online programs at the undergraduate and graduate level. Weekend, evening and graduate programs are offered to both women and men. Mount alums are engaged, active global citizens who use their knowledge and skills to better themselves, their communities and the world. www.msmu.edu

L.A. Care Health Plan, co-sponsor, is the nation's largest publicly operated health plan. Serving more than 2 million Angelenos in five product lines—including Medi-Cal and L.A. Care Covered—L.A. Care is elevating healthcare in Los Angeles by partnering with organizations to improve the conditions of daily life that impact the health of our members and the communities they live in. L.A. Care's vision is to create a healthy Los Angeles, in which all have access to the care they need, where they need it, and when they need it. For more information about L.A. Care, please visit www.lacare.org.

Breathe Life Healing Centers, Conference Brochure Sponsor—It was 2012 when Brad Lamm and his partner in **Breathe Life Healing Centers**, Deb Hughes, began dreaming-up a trauma-informed, insurance-friendly treatment program. They yearned to make a place that operated on a deeper level than just LGBTQ-friendly. Like themselves, they saw a place with queer DNA. In recovery for over thirty years, Deb knows the impact of orientation on one's journey, and as a gay man in long-term recovery, Brad knows how safety and stabilization allow for safe trauma work to occur. Breathe supports mind, body, and spirit. Programs focus on substance use, dual-diagnosis, and trauma and eating disorders. Breathe: (800) 929-5904 www.BreatheLifeHealingCenters.com

Paradigm Malibu, Conference Program and Keynote Address Sponsor, provides evidence-based services for LGBT+ youth. Our programs treat 12- to 18-year-olds who are struggling with anxiety, depression, trauma, disordered eating, body dysmorphia, and substance abuse, and other emotional health issues as they gain a greater understanding of their sexuality and gender identities. Paradigm provides short term, strength based residential care for LGBT+ adolescents and their families in a safe, affirming environment. To learn more about our innovative programs, go to paradigmmalibu.com, paradigmsanfrancisco.com or call 855-755-TEEN.

Harrington Park Press, Conference Sponsor, was originally launched more than 20 years ago as an imprint of The Haworth Press, Inc. It actively published hundreds of LGBTQ scholarly monographs, texts, and trade books in both hardcover and paperback editions, and marketed them to both the scholarly and general markets. The Haworth Press was named after the township of Haworth in England, home of the literary Brontë sisters. It is now part of the Taylor & Francis Group/Routledge. We will continue our historic ability to market to the LGBTQ audience in both hemispheres, and to the outermost corners of the rest of the world. <http://harringtonparkpress.com/>

Corporate Table Sponsors: Vision Adolescent Treatment Centers; New Method Wellness; Vista Del Mar; Michael's House; California Consortium of Addiction Programs, and Professionals (CCAPP); California Association of Marriage and Family Therapists (CAMFT); EEG Education & Research; USC Suzanne Dworak-Peck School of Social Work; Matrix. **Sponsors:** The Soldier's Project; Twin Town Treatment Centers; Therapy Notes; Los Angeles County Psychological Association (LACPA); Diane Goodman; Larry Hedges; Mary Guillermin.

Conference at a Glance

8:00-8:30	Registration
8:30-9:00	Morning Mingle
9:00-10:30	SESSION ONE (see below)
10:30-10:45	Comfort and Networking Break

10:45-12:15	SESSION TWO (see below)
12:15-2:15	Keynote and Luncheon
2:15-4:15	SESSION THREE (see below)
	Pick up CE certificates

CE certificates will be distributed immediately after last session.

9:00-10:30 | Concurrent Workshops 1A, 1B, 1C, 1D

1A. Intersectionality and Identity of Queer People of Color



How can we best serve our clients who live at the “intersections” of multiple, marginalized identities—i.e. those who are both LGBTQ and POCs, immigrants, or 1st/2nd generation-Americans who feel caught between two (or more) cultures? Who experience both racism from the LGBTQ community and heterosexism/homophobia from their own cultural groups? Who are discriminated against based on ethnicity, religion, national origin, etc.? The greater the strikes, the higher the distress. This workshop provides an overview of research on different ethnic groups and psychological issues facing these clients as well as best practices for multicultural competent clinicians working with this population.

Tara ("Stara") Shakti, M.A., MFTI, is a Marriage and Family Therapist Registered Intern. She received her M.A. in Clinical Psychology from Antioch University Los Angeles and sees clients in her private practice internship with Dr. Lani Chin in Westwood. Stara loves this topic and is excited to be invited back as a presenter!

1B. The Gay Divorce Mediation: What Therapists Need to Know to Help Their Clients Navigate This New Concept



The Gay Divorce Mediation will educate and inform mental health professionals on the complexities and differences between traditional divorces and LGBTQI divorces and the value of mediation as an option for their divorcing clients. By the end of the session, LAGPA members will be familiar with the various nuances of the LGBTQI divorce, the effects the court system could have on their clients, the challenges their clients may face, and the options that are available to their clients. Therapists will also have a greater understanding of the role they can play in helping their clients navigate these complex issues.

Bill Ferguson is a LGBT Family Law Mediator who understands the complexities of gay and lesbian relationships and the unique issues that arise when these relationships end. He is a graduate from California State University Northridge with a Bachelors of Arts Degree in Business Law. For more information: www.GayDivorceMediator.com

1C. Bisexual Affirmative Counseling and Mental Health



Bisexual, pansexual, and sexually fluid (or “bi+”) people make up the largest subgroup of the LGB population, yet face the greatest health disparities and are the least likely to be out. This presents an important quandary for psychotherapists and sets an even greater impetus to gain knowledge about bi+ identity development, help clients heal from internalized biphobia and bi erasure, and learn what it takes to be a bi-affirmative clinician. Objectives are to 1) gain knowledge about bi+ identity, biphobia, and bi erasure, 2) increase awareness of mental health concerns specific to bi+ individuals, and 3) learn concrete bi-affirmative interventions.

Mimi Hoang, Ph.D., is a nationally-known psychologist, whose LGBTQ leadership spans almost two decades, including co-founding 3 bisexual organizations and being called “One of the Most Significant Women in the Bisexual Movement.” She currently works as a Staff Psychologist at Loyola Marymount University and Adjunct Faculty at Antioch University. www.drmmimihoang.com

1D. LGBTrauma Healing in Recovery



The LGBTQI population has specific needs that are important for clinicians in which to be aware. LGBTQI individuals that struggle with trauma, addiction, dual diagnosis and co-occurring disorders are a uniquely vulnerable population that benefit from competency. Participants will be able to define trauma and will learn how to treat LGBTQI individuals so that their individual needs will be addressed in an appropriate clinical way.

David Cato, LCSW, TCT, SEP, began working at Sierra Tucson in April of 2008 and has served many roles. He is a Somatic Experiencing Practitioner (SEP), certified Transgender Care Therapist (TCT) and a licensed clinical social worker (LCSW). David is a clinician at Sierra Tucson and currently works as a Program Manager.

Did you know?

LAGPA is the **ONLY** organization to offer
APA CE Credits on LGBTQI issues.



HARRINGTON PARK PRESS

LGBTQ & DIVERSITY Textbooks, Scholarly
and Professional Publications

TWIN TOWN Treatment Centers

866 594 8844
www.twintowntreatmentcenters.com

Intensive Outpatient and Day Treatment
Adult and Adolescent Substance Use Disorders

Los Alamitos, Mission Viejo, Sherman Oaks,
Orange, Torrance, West Hollywood

Joint Commission Accredited

State Certified

In-Network HMO, EPO, PPO, BH



Visions has successfully
provided affirmative mental
health, dual diagnosis
and family treatment
services for the adolescent
LGBTQI community
for over a decade.

866•889•3665 www.visionsteen.com



www.matrixinstitute.org



32 CEs for Psychologists

Neurofeedback

Calm the Brain ~ Reach the Mind

Neurofeedback in a Clinical Practice

4-day Hands-on Course

Ed Hamlin, Ph.D., BCN

January 20-23, 2018 ~ Burbank, CA

training@eeger.com ~ 800-789-3456 x1

"For psychotherapists interested in learning how to do neurofeedback training,
the courses taught by Dr. Hamlin offer scope, depth, and hands-on training.
Highly recommended." **Sebern Fisher**
author of *Neurofeedback in the Treatment of Developmental Trauma*

EEG Education & Research (EEGER) is approved by the American Psychological Association to sponsor
continuing education for psychologists. EEGER maintains responsibility for this program and its content.



2018
FINDING
FREEDOM
LGBTQ SYMPOSIUM

JANUARY 25-28, 2018

RIVIERA HOTEL
Palm Springs, CA 92262

Reserve EARLY
for \$189 room rate
LGBTQsymposium.com

18 CE's
will be
offered



Sharing best practices in
supporting the
LGBTQ community
with co-occurring disorders

KEYNOTE SPEAKERS



YORUBA
RICHEN

What the
Gay Rights
Movement
Learned from
the Civil Rights
Movement



IO
TILLET
You Can Make
Change



DAVID
FAWCETT, PH.D.

Beyond Binary:
Creating
Diverse, Safe,
& Effective
Systems
of Care

FOR MORE INFORMATION,
INCLUDING SPONSORSHIP
OPPORTUNITIES, PLEASE CONTACT
RENEE BARIBEAU AT 760-464-2138
OR Renee.Baribeau@frnmail.com

More event details including
CE & registration information at

LGBTQsymposium.com

21

Over 32,000
MFTs strong!



CONNECT
ENRICH
ACHIEVE

California Association of Marriage and Family Therapists

Join today!
www.camft.org

10:45-12:15 | Concurrent Workshops 2A, 2B, 2C, 2D

2A. Queers in Search of Refuge



As queers in search of refuge, many of us who initially found America to be a safe place for asylum are now starting to feel otherwise. The rise of xenophobia and the threat of losing hard-fought LGBTQ rights have become a source of distress. Clinicians can benefit from understanding the unique challenges facing LGBTQ immigrants and refugees in order to provide optimal care. The presentation also discusses helping this population's journey on the inner plane. We can help our clients walk through the inner labyrinth and access psychic refuge to cope with the current hostile socio-political climate.

Dr. Payam Ghassemlou, MFT, Ph.D. has been offering multicultural counseling in his private practice for over twenty years. He also provides consultation to other licensed clinicians who need help to give the best possible care to their LGBTQ clients. He is a former instructor at the David Geffen School of Medicine at UCLA where he taught medical students on topics related to the patient-doctor relationship. As a writer, speaker, and activist, he addresses concerns such as climate change, human rights, and LGBTQ liberation. www.DrPayam.com

2B. Sexual Pleasure in Light of Intersubjectivity, Neuroscience, Infant Research, Relational Psychoanalysis, and Recognition Theory

Contemporary neuroscience demonstrates that the foundations of sexual pleasure are laid down in earliest infancy as the brain and neurological systems actually organize themselves according to available interpersonal experiences. Right-brain to right-brain mutual affect regulation between infant and caregiver organizes the early pleasuring centers while the polyvagal nerves set limits on what is safe and dangerous.

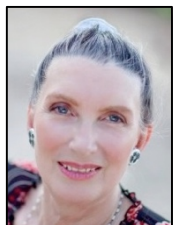


Further, infant research demonstrates that intersubjectivity is innate and genetically driven. Thus, early development sets the stage for the cultivation of sexual pleasure in later life by couples as an intersubjective psychological experience that can be meaningfully distinguished from other forms of sexual experience--from sexual stimulation, arousal, preoccupation, satisfaction, gratification and other forms of sexual fulfillment.

Dr. Lawrence E. Hedges is director of the Listening Perspectives Study Center in Orange, California where he specializes in supervision and training of Mental Health Professionals. He is author of 20 books on various topics for psychotherapists including *Sex in Psychotherapy* (Routledge). This updated presentation is based on his plenary address to the World Congress for Sexual Health in Porto Alegre, Brazil, September 2013.

2C. Transcending Binary Gender with the Solar Feminine: Women Reclaiming Strength and Power through Female Archetypes

Many women in the LGBTQ community and beyond are confused about how to express their strength and what it means to be a strong female today. In modern society, strength and power are defined as masculine qualities; but are they? This experiential workshop will explain and explore ancient archetypes as they manifest in our individual psyches. We will use the concept of the Solar Feminine and teachings from Traditional Philosophy to begin to purge the colonization of our minds by thousands of years of domination by the patriarchal masculine, and to create a new sense of surety in our feminine strength when defined for ourselves.



Mary Guillermin, LMFT, has followed the Divine Feminine for forty years and teaches about the empowering realities of sacred societies in ancient times. She has been a psychotherapist since the late 1970s in the UK, and more recently in California. She holds groups and retreats at her SunMoon Retreat Center in Topanga.

2D. Putting Out the Welcome Mat: Making Your Agency, Office or Organization Welcoming to the Transgender Community

With more agencies and healthcare providers responding to the needs of the transgender community it is sometimes difficult to understand the needs of clients and how small details can be perceived as offensive or dismissive. Even the most well-meaning office can find themselves making mistakes in communication, treatment planning, and community involvement that make it challenging for a transgender client to feel safe and understood. Creating a safe space for the transgender and NB/NGC community starts from the very first points of contact and needs to be practiced to the very highest levels of any organization. This highly interactive workshop will build on the OASIS model of community care using lecture, discussion, and skill building exercises.



John Sovec, MA, LMFT is a nationally recognized expert on the topic of creating affirmative support for the LGBTQ community with his work featured on *The Riki Lake Show*, OWN, FOX, *The Advocate*, YHTV, *LA Talk Radio*, Broad Topics and regular columns for *Huffington Post* and *Good Therapy*. In addition, John offers trainings to organizations, schools, non-profits, and professional consultation on how to successfully support the LGBTQ community.

www.BankruptYourStudentLoans.com

Learn how you can discharge your student loans through bankruptcy.

Chuck Stewart, Ph.D. author

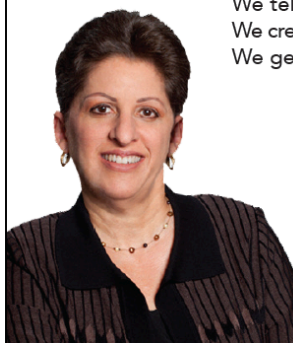
ISBN: 978-1-4259-2855-1

LAW & MEDIATION OFFICE OF
DIANE M. GOODMAN, APC

Family Law Mediation
Adoption
Assisted Reproduction
Prenuptial/Cohabitation Agreements

FAIRNESS. DIGNITY. RESPECT.

We treat you like a human being.
We tell you the truth.
We create a unique strategy to meet your needs.
We get you the right result.



17043 Ventura Boulevard
Encino, California 91316
818-386-2889
www.goodmanmediation.com



We are proud to sponsor the 22nd Annual
LGBTQI Psychotherapy Conference.

USC Suzanne Dworak-Peck
School of Social Work

usc.edu/socialwork



31473 Rancho Viejo Road, Ste. 101
San Juan Capistrano, CA 92675

t 866-951-1824
c 949-573-0242
f 949-472-4352

enza@newmethodwellness.com
newmethodwellness.com

ENZA DELISO
Operation Coordinator

f in



California Consortium of
Addiction Programs and
Professionals

Unifying the addiction field
and making the world
a better place

CCAPP
2400 Marconi Avenue
P.O. Box 214127
Sacramento, CA 95821

(916) 338-9460

www.ccapp.us



Education



Membership



Recovery
Residences



Credentialing



**SUNMOON
RETREAT CENTER**

20845 Cheney Dr, Topanga, CA 90290

Search www.meetup.com for women's events under:

“Wonder Woman’s Island Society Recreated”

Mary Guillermin, LMFT 52868 @ (310) 422 7915
thefemininityproject.com ~ sunmoonretreat.com

2:15-4:15 | Concurrent Workshops 3A, 3B, 3C, 3D

3A. Racial Battle Fatigue Syndrome & the Biopsychosocial Health of GBTQ African-American Men



Racist experiences are so frequent that depression, tension, and rage about mundane racism are the most shared problems presented by African-American men in psychotherapy. Racial Battle Fatigue (RBF) Syndrome is an interdisciplinary theoretical framework that explores how racism is experienced and negatively influences mental, emotional, and physical health. This session will provide mental health professionals with information and tools to assist GBTQ African-American male clients experiencing the impact of RBF.

Yamonte Cooper, Ed.D., LPCC, NCC, is an Associate Professor of Counseling and Sex Therapist in private practice. He is an expert on issues of diversity and has authored articles and recently co-authored a book chapter in *Queering the Deep South: Research on queer studies and LGBTQ lives in the U.S. South* (Information Age Publishing).

3B. Mitigating Stigma & Discrimination in BDSM: Exploring Therapists' Social Justice Responsibilities



This workshop educates mental health practitioners on their role in combating stigma and discrimination against people who practice BDSM which is commonly understood as part of the GLBT+ experience. As more mental health professionals become knowledgeable about BDSM they will need skills to not only address the individual effects, but also address the social and cultural sources of discrimination. This workshop presents ideas on becoming effective allies, advocates and activists as the situation requires.

Peter Chirinos is co-author of *Becoming a Kink Aware Therapist*, a licensed professional counselor specializing in alternative sexualities and is the president and co-founder of Kink Knowledgeable, the first entirely online training academy designed for mental health practitioners to develop skills, knowledge and competencies in understanding BDSM and its practitioners.



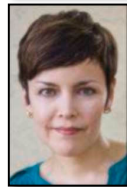
Caroline Shahbaz is co-author of *Becoming a Kink Aware Therapist* and co-founder of Kink Knowledgeable. She has a background in clinical psychology. Her research interests include exploring cultural, social and professional persecution of marginalized alternative sexualities, understanding transformative aspects of BDSM practices and relationships and bridging psychotherapeutic misunderstanding of alternative sexualities.

3C. Resistance! How to Psychologically Support Activism in these Troubling Times Without Losing Your Mind

Whether you are the activist or supporting clients with their LGBTQ activism, get empowered, activated and inspired in this workshop by learning the necessary tools needed when called to fight oppressive powers. This workshop will take you through our rich LGBTQ and Intersectional activist history and provide valuable guidelines to help you balance the complexities that come from caring about social justice and LGBTQ rights. Learn at least 5 effective ways to balance righteous anger, a zest for life and peace of mind.



Dr. Lauren Costine is a Licensed Psychologist, author, educator, activist, and national speaker. Founding member of The LGBT Specialization in Clinical Psychology at Antioch University Los Angeles, she also created the LGBT-Affirmative Track at BLVD Treatment Centers – an intensive outpatient treatment center located in Hollywood, San Diego, Orange County and Portland. Dr. Costine has dedicated herself to the field of LGBT-Affirmative Psychotherapy, Women's Empowerment & is a pioneer in Lesbian-Affirmative Therapy. Her first book: *Lesbian Love Addiction: Understanding the Urge to Merge and what to do When Things go Wrong* is available now on Amazon and Barnes and Noble. You can learn more about the book at lesbianloveaddiction.com. Her website is drlaurencostine.com.



Linda Santiman, MA is a Licensed Marriage and Family Therapist. She provides individual and couple's therapy in a Los Feliz office. She also works for the Los Angeles LGBT Center as a Psychosocial Case Management Supervisor. She has worked eclectically with clients depending on their needs and has utilized psychodynamically-based Jungian psychology, object relations, CBT, narrative, motivational interviewing, family systems, feminist and LGBTQ affirmative approaches. She has co-hosted the Better Sex and Intimacy! Workshop for the Women's 360 Conference for the LA LGBT Center for the last two years and for last year's LAGPA Conference.

3D. "Just Because My Husband is a Woman, Doesn't Make Me a Lesbian"

How can a "gold-standard" marriage survive when "the other woman" turns out to be the husband? How does this 20+ year Cis-Hetero-normative romantic marriage "trans-form" into a thriving same-sex marriage-- especially when "the wife" is slow to accept a path and journey, she didn't sign up for? What best practices can psychotherapists utilize to assist couples when each partner is being tested to their limits- especially in areas of loss, identity, intimacy, and sexuality? Guided by psychotherapist, Robin Siegal, Marcy & Scottie Madden share intimate and pertinent details of their journey with candor and humor.



Scottie Jeanette Madden, speaker, author, screenwriter, and adventure documentary/reality showrunner. Her memoir "Getting Back To Me" – from girl to boy to woman in just fifty years, is on Amazon LGBTQ biography bestseller list, and being optioned as a TV series. Married to Marcy, 28 years, they speak throughout the US.

Marcy M. Madden, speaker, director, producer, and owner of her own production companies. Her book, "Just Because my Husband is a Woman..." will be released Fall, 2017. Co-Founder of Zuzubean Press, an independent Publishing Company dedicated to creating a safer more loving world for LGBTQIA+ people and their families.



Robin Siegal, LCSW, is Adjunct Faculty of Suzanne Dworak-Peck School of Social Work, teaching graduate students. She lectures throughout the US on sexuality, gender, cultural competency, & eHealth technology. Trained as a sex therapist, she has an online private practice throughout California. She Co-Chairs the California Disaster Mental Health Coalition.

Registration Now Available!

LACPA's 29th Annual Convention featured speaker will be

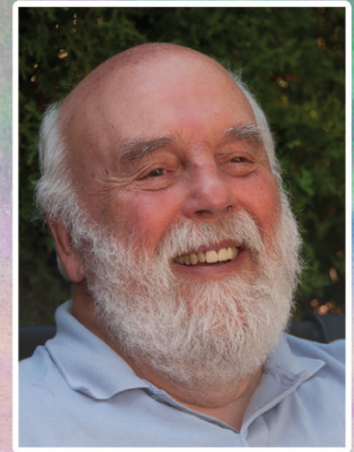
LESLIE GREENBERG, PH.D.

Dr. Greenberg's topic:

"The Transformative Use of Emotions in Practice"

Saturday, October 21, 2017

DoubleTree by Hilton Hotel – Culver City



For Advertising, Exhibiting, and Sponsorship Opportunities, Contact the LACPA Office

Save \$35 – Pre-register by October 11, 2017

Pre-registration is available online at www.lapsych.org

818-905-0410 lacpa1@gmail.com

Complete Convention schedule available at www.lapsych.org

HELP WITH DIFFICULT CLIENTS

For 40 years I have helped therapists of all clinical orientations work with their most difficult cases. I now have HIPAA Complaint video conferencing facilities. Check out my website listeningperspectives.com and give me a call to set up a complimentary session.

Larry Hedges PhD, PsyD, ABPP
lhedges7@gmail.com
(714) 633-3933



VISTA DEL MAR
ADOPTIONS AT VISTA

Private Infant | International | Foster to Adoption



Vista Del Mar offers a full service adoption program with three pathways to adoption. We have been bringing children and families together since 1948 and are here to help you create your family, too!



BREAKING NEWS

Columbia opens doors to adoption for gay and lesbian men and women.

For more information please contact us at 310-836-1223 ext 542 or email adoptions@vistadelmar.org

Registration Information

CONTINUING EDUCATION

CE CREDIT: 6 Hours

LAGPA is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus and the Registration Form.

- **APA CE Credits** — LAGPA is approved by the American Psychological Association to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content. Other certifying agencies (such as BBS, CAADAC) usually accept APA credits. Please check with your agency.

CONFERENCE LOCATION & PARKING

Locations for registration, parking, and classroom will be sent to you in your registration acknowledgement.

EXHIBIT SPACE

Those individuals, organizations, and businesses who would like an opportunity to exhibit or advertise at the conference should contact the LAGPA office at: LAGPA@sbcglobal.net

CATERING

Both breakfast and lunch are provided as part of participating in the conference. Every effort is made to meet the dietary needs of vegetarians and vegans.

REGISTRATION REFUND POLICY

All requests for refund must be made in writing and sent to: LAGPA, PO Box 34142, Los Angeles, CA 90034. Requests postmarked by October 30 will receive a full refund, minus a \$25.00 administrative fee. No refunds will be made after October 30, 2017.

CONFERENCE DISCOUNTS FOR LAGPA MEMBERS

Current LAGPA members will save up to 25% on the cost of the Conference. Non-Members can receive these same benefits by becoming a member before the Conference. Simply visit LAGPA.org and become a member.

PERSONAL RECORDING

Personal video or audio recording is prohibited.

ACCESSIBILITY

Restrooms

All restrooms located within the proximity of our conference activities will be open to all persons regardless of gender identity. The gender-neutral restrooms may also function as a family restroom or as a restroom for disabled persons. Information on the location of these facilities may be found in the final program materials.

About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc., (LAGPA), was established in 1992 as an organization of mental health professionals interested in the psychological well-being of lesbian, gay, bisexual, transgender, intersex, queer and/or questioning individuals.

MEMBERSHIP INFORMATION

LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, queer events, and the annual LGBTQI Psychotherapy Conference. In addition, members also receive LAGPA's tri-annual newsletter "Progress Notes," an LGBTQI resource directory, membership listing on the LAGPA website (www.lagpa.org), and the online LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists.

ANNUAL MEMBERSHIP FEES

\$140	Regular:	A currently licensed mental health professional
\$140	Associate:	Individuals interested in the field of psychotherapy but who are neither students nor interns nor licensed professional
\$75	Student:	Unlicensed students and/or interns earning less than \$ 20,000 annual income
\$75	Retiree:	Individuals who were once practicing mental health professionals, now retired and no longer working
\$500	Institutional:	Organizations interested in the mission of LAGPA and wanting to support that mission through financial sponsorship

Executive Committee

Mary Guillermin, LMFT, Co-President
Robbert Schalekamp, PsyD, Co-President
Travis Stobbe, BFA, Secretary/Treasurer
Executive Director
Chuck Stewart, PhD

LAGPA BOARD OF DIRECTORS

LAGPA, PO Box 34142
Los Angeles, CA 90034
310-838-6247
www.lagpa.org

Board Directors

Orlando Alvarez, MA, MFTi • Shani Habibi, PhD •
Christopher McKeown, MFT • R.J. Molligan, JD •
Terry Oleson, PhD

www.LAGPA.org

paradigm MALIBU

Embracing a PARADIGM of affirmation for gender expansive youth



“ At Paradigm, we provide sophisticated, evidence-based treatment for adolescents struggling with anxiety, depression, trauma, body dysmorphia, disordered eating, substance use, and addiction resulting from the challenge of affirming their gender identity.”

WE SPECIALIZE IN PROVIDING STATE-OF-THE-ART, SHORT TERM RESIDENTIAL TREATMENT FOR GENDER EXPANSIVE YOUTH THAT INCLUDES:

- Safe, community-based residential environments with an average of six (6) clients
- Therapists and staff who provide an LGBT+ affirming approach in all client interactions and activities
- Daily individual therapy sessions
- Five (5) hours of family therapy, support, and multi-family sessions available each week, including focused LGBT+ parenting groups
- Identity-centered process groups at least twice (2x) weekly to ensure that all community members are knowledgeable and affirming of orientation-variant and gender expansive youth
- Comprehensive diagnostic testing & evaluation
- Expansive academic programming with collegiate tutoring
- Collaborative discharge planning with LGBT+ aftercare recommendations and consultation to clients and families
- Specialized groups for adolescents with athletic, arts and academic strengths

855.780.8336

WWW.PARADIGMMALIBU.COM

Premiere Caterer
for all LAGPA Events

Chef EDDIE MORGADO

Private Chef & Caterer

1203 N. Cherokee Avenue
Los Angeles, CA 90039

E-mail: EddieMorgado@gmail.com

Phone (310)270-7246



GayDivorceMediator.com

Bill Ferguson
Gay
Divorce
Mediator



breathe
Life Healing Centers
Lesbian and Gay Owned + Operated



SUBSTANCE USE DISORDERS	EATING DISORDERS
Alcoholism, Drug Addiction, + Co-Occurring Disorders	Binge Eating, Bulimia + Anorexia
<p>Regardless of what the challenge, Substance Use Disorder Program Unit provides superior clinical, educational and emotional support in all stages of recovery. With dynamic spiritual-life focused workshops, we encourage going deeper to heal conversation:</p> <ul style="list-style-type: none"> • Crystal Free Unit • LGBTQ in our DNA • Sophisticated Clinical Program 	<p>Breathe offers clients and their families expert, trauma-informed clinical care for Eating Disorders, supporting recovery medically and spiritually.</p> <p>The nation's premier program for Eating Disorders utilizing these keys:</p> <ul style="list-style-type: none"> • Medical + Nutritional Stabilization • Psychodrama + Experiential Modalities • Hands-On Nutrition • Spiritual Development • Mindful Movement

Insurance Accepted
BreatheLifeHealingCenters.com

breathe
Life Healing Centers
(800) 929-5904


★ HELP HEAL THE ★ HIDDEN WOUNDS OF WAR


MENTAL HEALTH PROFESSIONALS: THE SOLDIERS PROJECT NEEDS YOU!

The Soldiers Project needs licensed mental health professionals to volunteer their time to see post 9/11 Veterans and their loved ones in Southern California. We will provide you with training on Military Culture, PTSD, and TBI, in addition to **FREE** continuing education opportunities throughout the year.

Join The Soldiers Project's network of mental health professionals by going to www.thesoldiersproject.org and submit an application online or call **818-761-7438** to get started.

The Soldiers Project is a 501 (c)3 non-profit organization that has been providing critically needed mental health services for over 10 years to Post 9/11 Veterans and their loved ones.

 www.TheSoldiersProject.org

 **The Soldiers Project**
Healing the Hidden Wounds of War

David Cato, LCSW, TCT, SEP
Program Manager
Continuing Care & Connect365



SIERRA TUCSON®

39580 S. Lago del Oro Parkway • Tucson, AZ 85739
800-842-4487 • 520-624-4000 ext. 600223
David.Cato@SierraTucson.com

Dr. Yamonte Cooper, LPCC, NCC

(424) 272-0376
dr.yamontecooper@gmail.com

1923 1/2 Westwood Blvd., Suite 2
L.A., CA 90025

LAWRENCE E. HEDGES, PH.D., PSY.D., ABPP
Psychology - Psychoanalysis

1439 East Chapman Avenue, Orange, California 92866
(714) 633-3933 lhedges7@gmail.com
License # PSY3567 listeningperspectives.com

Zuzubean Press
creators of books, tv & media
that radiate
light, laughter & love
zuzubean.com



Marcy M. Madden **Scottie Jeanette Madden**
818.489-7330 info@zuzubean.com 818.489-4341



SUNMOON Cottage: Lower Floor

20845 Cheney Dr, Topanga, CA 90290

20% off LGBTQ~friendly Winter Staycations

Sun, Peace and Country Walks in the SM Mountains

On Airbnb, "Contact Host" & ask for Special Offer

Mary Guillermin, Host & LAGPA Co-President

Find on Airbnb using <https://tinyurl.com/ybft4gt7>



John Sovec Therapy & Counseling
LMFT# 46376

John@JohnSovec.com | 626.374.7046 | JohnSovec.com
99 South Raymond Avenue, Suite 106, Pasadena, CA 91105

Caroline Shahbaz MPsyCh MA
CEO



(571) 403-2132
Caroline@KinkKnowledgeable.com
www.kinkknowledgeable.com



Peter Chirinos, MA NCC LPC DCC ACS

Licensed Professional Counselor

(571) 344-5926
Peter@CapitalCounselingServices.com

Capital Counseling Services, LLC
Northern Virginia & Washington, DC

Tara ("Stara") Shakti, M.A., MFTI
Marriage & Family Therapist Registered Intern, IMF 97431



StaraShaktiMFTI@gmail.com
1328 Westwood Blvd., #9
Los Angeles, CA 90024
310-694-2396

Clinical Areas: Trauma, LGBTQ, Race/Ethnicity, & Identity
Supervised by Lani Chin, Psy.D. PSY 24971

Payam Ghassemlou, MFT, Ph.D.
Over Twenty Years Experience

Caring Psychotherapy

8560 W. Sunset Blvd, #500
West Hollywood, CA 90069
(310) 801-2927

Licensed Marriage & Family Therapist MFC33893

Linda Santiman, LMFT #90140
Licensed Marriage and Family Therapist



Affirmative Therapy for Individuals, Couples & Families

(323) 422-3949 phone
lsantiman@lindasantiman.com



Susan J. Leviton, MA, LMFT

Lic. #MFC45199

16055 Ventura Blvd., Ste. 717
Encino, CA 91436

www.susanlevitonmft.com
susan@susanlevitonmft.com
818-788-7101

Individuals, Couples, Families
LGBT+

NOW!
Register Online
LAGPA.org

Registration Form

22nd Annual LGBTQI Psychotherapy Conference

Sunday, November 12, 2017

NOW!
Register Online
LAGPA.org

Mount Saint Mary's University—Doheny Campus, 10 Chester Place, LA, CA 90007

REGISTRATION DEADLINE: This form and payment must be returned by November 9, 2017.

Name (<i>print</i>):		
Degree / License:		
Address:		
City:	State:	Zip:
Phone:		
Email*:		
License or Intern Registration number:		

*Registration will be confirmed via email. Please print your email clearly.

The cost of CE, breakfast, lunch, and parking for each attended workshop is included in the registration fee.

CONFERENCE PRE-REGISTRATION

Check Your Category

Member (already a member?)

<input type="checkbox"/>	Current LAGPA Regular/Associate Member	\$ 155
<input type="checkbox"/>	Current LAGPA Student/Intern/Retiree Member	\$ 100

If you are not a current member, simply visit our website at www.LAGPA.org and register as a member. Being a member gives you significant discount.

Non-Member

<input type="checkbox"/>	Non-Member/Non-Associate Member	\$ 185
<input type="checkbox"/>	Non-Member Student/Intern/Retiree	\$ 130

Maps and parking information provided upon registration.

WORKSHOP SELECTION

For each concurrent session, please identify your first and second choice for each session by writing the workshop number in the spaces below. This information is for conference planning only—you may attend whichever workshops you would like on the day of the conference.

Session 1	Session 2	Session 3
1A, 1B, 1C, 1D	2A, 2B, 2C, 2D	3A, 3B, 3C, 3D
1 st Choice:	1 st Choice:	1 st Choice:
2 nd Choice:	2 nd Choice:	2 nd Choice:

If you are a presenter or volunteer, please check this box. ☐

METHOD OF PAYMENT

☐ A check in the amount of \$ _____ made payable to **LAGPA**

OR

Charge my: ☐ VISA ☐ Master Card ☐ American Express (Check appropriate box)

Name of Cardholder (as it appears on card)

Please Print: _____

Credit Card Number (print clearly):

Exp. Date ____/____ Security Code: _____ Zip: _____

Note: Security Code is found on the front of American Express Cards and on the back of all other credit cards.

Authorizing Signature: _____

Total Amount To Be Charged \$ _____

REGISTERING THE DAY OF THE CONFERENCE

Yes, you may register at the door. You save considerable money, however, by pre-registering.

Member (already a member?)

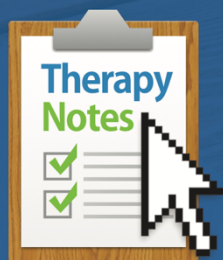
<input type="checkbox"/>	Current LAGPA Regular/Associate Member	\$ 185
<input type="checkbox"/>	Current LAGPA Student/Intern/Retiree Member	\$ 130

Non-Member

<input type="checkbox"/>	Non-Member/Non-Associate Member	\$ 215
<input type="checkbox"/>	Non-Member Student/Intern/Retiree	\$ 155

MAIL COMPLETED REGISTRATION FORMS WITH PAYMENT TO:
LAGPA Conference Registration
PO Box 34142, Los Angeles, CA 90034
OR, FAX To: 310-838-6247
OR, Scan and email to: LAGPA@sbcglobal.net
OR, register online at www.LAGPA.org

Note: All Students must be unlicensed and must include documentation of full time student status. Please enclose a copy of your current student ID with your registration form



TherapyNotesTM

Online Practice Management Software for Behavioral Health

11:30AM Appt with Kyle

Called in to say he may be a little late

12:00PM Appt with Susan

Remember to collect paperwork

✓ Create a Progress Note for your appointment on 4/16

Scheduling & To-Do Lists

Optimize how you manage appointments, notes, and billing. Your To-Do list automatically keeps track of notes you need to write, pending billing actions, and much more. Sync your calendar to your smart phone to view your schedule on the go.

Robust Notes & EMR

Document your clients' growth with powerful form-based notes, each uniquely designed for behavioral health. Go paperless by uploading your patient files into TherapyNotes. All of your data is secure, encrypted, and backed up automatically.

Electronic Billing

Streamline your billing with seamlessly integrated electronic insurance claims, ERA payment posting, credit card processing, and more. Submit insurance claims with a single click. Easily generate patient statements, superbills, revenue reports, and more.

...AND MANY MORE FEATURES!

Automatic Reminders

Automatic text, phone, and email reminders to reduce no-shows and decrease expenses

Custom Client Portal

TherapyPortal, your own custom client portal for appointment requests

Unlimited Support

Superior, unlimited phone and email support included with your TherapyNotes account

Special Offer!

Just for Lesbian and Gay
Psychotherapy Association
Convention Attendees!

Sign Up and Receive Your First
2 Months FREE!

Use Promo Code: **LAGPACONV17**

Offer Expires 1/1/2018



**My experience with
TherapyNotes has been
fantastic!**

Firstly, the system is easy to navigate, thorough, flexible, and extremely clinically intuitive. Secondly, technical and customer support has been efficient, fast, and very personal. I am leaving another EHR system for TherapyNotes...gladly. I'm very happy that you've created such a quality product. Thank you!

Dr. Christina Zampitella, FT, Licensed Clinical Psychologist

[Many more stories on TherapyNotes.com!](#)

View Features and Sign Up Today at www.TherapyNotes.com

We had a great turnout for the Law and Ethics workshop conducted by Dr. Larry Hedges at Twin Town Treatment Center on Sunday June 4, 2017. His expertise was well received by the twenty-five people who attended. Thanks for Twin Town for sponsoring the venue and breakfast and lunch provided by Ed-die Morgado catering. If you missed this workshop, it may be offered again in 2018. Thanks to everyone who attended.



Law & Ethics 2017 Update With a LGBT Focus

Educational Workshop and Luncheon

Hosted by LAGPA and Listening Perspectives Study Center

Sunday, June 4, 2017 • 9 AM to 4 PM

An LGBT consciousness-raising day on multicultural concerns, our duty to protect, and current hotspots with the licensing boards on documentation, supervision, and substance abuse. The ongoing danger of False Accusations against therapists will also be considered.

Psychotherapy necessarily involve establishing a working relationship with the client over an extended period of time. But the history of such therapeutic relationships demonstrates the perils and pitfalls of this type of intimacy. How can issues of multiple roles, interpersonal boundaries, and real personal involvements around such things as gift-giving, disclosures, bartering, field trips, and telephone or E-mail contacts be considered in the most professional manner possible?

The escalation of lawsuits and complaints is placing practicing psychologists in increasing jeopardy. This class, while covering most basic issues in Law and Ethics, does so *specifically from the standpoint of therapists engaging in long-term psychotherapy with the underlying danger of the emergence of symbiotic (borderline) and/or organizing (psychotic) transferences* that pose specific dangers for therapists and clients. How to identify problem areas, seek adequate consultation, document effectively, and safely work through the many transference, resistance, and countertransference dilemmas encountered in the trust relationship of long-term dynamic psychotherapy so that one is practicing defensively is the central focus. This course is **intermediate** to **advanced** level.





SOCIAL EVENT – Annual Pool Party

What a great turn out. The annual Summer Social and Pool Party was another great hit. About 170 people attended. It was hosted at the home of Lilian Quon McCain in Beverly Hills. Thanks Lilian. We appreciate your generosity. Both SCLMA and LGBT Bar attended. We feel these joint events are important in providing network opportunities between psychotherapists, physicians, and attorneys. Often clients need the services of all three specializations. Hope to see you all at next year's pool party. Enjoy the photos.

Summer Social and Pool Party

Hosted by:
Lesbian and Gay Psychotherapy Association (LAGPA)

and co-hosted by:
Southern California Medical Association (SCLMA)
LGBT Bar

Date: Sunday August 13, 2017
Time: 12 Noon to 4 PM



Don't miss a fun get-together with wonderful Eats and Drinks!!!
Reminders all swimmers—bring sunblock and beach towel!!
Last year, we had almost 200 members attend. It was great fun.

\$30 for LAGPA Members*
Guest \$40**
PAY AT THE DOOR but RSVP is needed

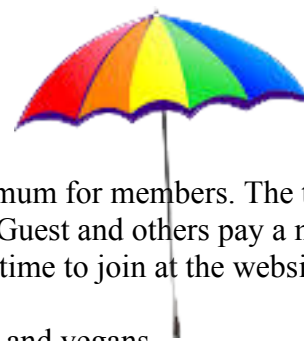
At the home of:
Liliane Quon McCain
Ample street parking

*LAGPA is absorbing some of the expense for this event to keep entry fees a minimum for members. The true costs for this event is \$60 per person. Your membership helps reduce the entry fee. Guest and others pay a modest \$40 each for terrific food, liquor, and fun. If you are not a member, now is the time to join at the website:

www.lagpa.org

Every effort has been made to meet the dietary needs of vegetarians and vegans.

Music Provided by Waide Riddle DJ extraordinaire





































SOCIAL EVENTS — 25th Anniversary Reception

LAGPA 1992 — 2017

25
Anniversary

Commitment to the
LGBTQ+ Community

LAGPA was founded in 1992. This 2017-2018 season represents the 25th year of operation. What a great accomplishment! The 1990s were not a good time for LGBT people let alone therapists serving that population. Dr. Simon LeVay released his research suggesting that biological brain structures determined sexual orientation, gay people were denied the right to march in the New York City's St. Patrick's Day Parade, voters in Colorado approved Amendment 2 prohibiting gay rights legislation, ACT UP staged many demonstrations, contracting HIV was still considered a death warrant, and Exodus International along with coalitions of right-wing Christian groups claimed sexual orientation was a "choice" and, as such, LGBT people did not deserve equal rights and could be "cured" of their homosexuality.

Therapists just did not have the knowledge or support to provide services to LGBT people. LAGPA wanted to change that. Its primary mission was to provide educational opportunities to therapists (both gay and straight) about LGBT issues and research. Also, therapists needed emotional support to honestly serve a piranha clientele. We have much to thank these early visionaries.

LAGPA is planning a Reception to honor those who made LAGPA happen and grow. We ask for your help. We have limited lists of previous board members but much of it is missing or out of date.

- If you have current contact information for any of the board members listed below, please contact Chuck at LAGPA@sbcglobal.net
- If you know the names and contact information for early board members, please contact Chuck at LAGPA@sbcglobal.net
- Do you have photos of LAGPA members and events? If so, please scan them and send them to Chuck at LAGPA@sbcglobal.net. Be sure to identify the date, event, and names of people in the photo. We hope to put together a slide show of photos.

Please help. Once we have more information and photos, we will plan a date for early 2018.

Thanks.

LAGPA BOARDS MEMBER SINCE 2003. Do you know any of these contacts? Do you know members before 2003 and their contact? Please let us know.

2003

Executive Committee

Bill Mochon
Bonnie A. Jacobs, Ph.D.
Claudia Bramlett
Jim Michael, MA, IMF
Stuart Altschuler, Co-President

Other Board Members

Arthur Akkerman, ACSW
Beatriz Gandara, MFT
Bruce Cornwell
Christine Logan, MA, IMF
David Burke
Deborah DiGiovanni
Edward G. Garren
Gary Glickman
Harry Drasin, M.D., Psy.D.
Joni Lavick
Mark Davis
Michael Porte
Paula Newman
Payam Ghassemlou

2004

Executive Committee

Bill Mochon
Bonnie A. Jacobs, Ph.D.
Claudia Bramlett
Jim Michael, MA, IMF

Other Board Members

Artur Akkerman, ACSW
Beatrice Gandara, MFT
Bruce Cornwell
Christine Logan, MFT
David Burke
Deborah DiGiovanni, MA
Edward G. Garren
Harry Drasin, M.D., Psy.D.
Joni Lavick
Michael Porte
Paula Newman
Payam Ghassemlou

2006

Executive Committee

Fred Wilkey, Ed.D, Secretary/Treasurer
Liliane Quon McCain, MFT, Co-Chair
Rick Olson, Co-Chair
Stuart Altschuler Co-Chair

Other Board Members

Aaron Alan
Buck Dodson
David Callander
Larry Hymes
Rick Olson
Sanie Andres, MFT

2007

Executive Committee

Fred Wilkey, Secretary/Treasurer
Liliane Quon McCain, Co-Chair

Other Board Members

Aaron Alan
Buck Dodson
Larry Hymes
Robbert Schalekamp
Sanie Andres
Scott Musgrove

2008

Executive Committee

Fred Wilkey, Secretary/Treasurer
Liliane Quon McCain, Co-President
Robbert Schalekamp, Co-President

Other Board Members

Alexander Yoo
Bruce Watkins
Jason Wittman
Scott Musgrove
Travis Stobbe

2009

Executive Committee

Bruce Watkins, Ph.D., Co-President
Fred Wilkey, Secretary/Treasurer
Liliane Quon McCain, Co-President
Robbert Schalekamp, Co-President

Other Board Members

Alexander Yoo
Bruce Watkins
Dino Koutsolioutsos
Jason Wittman
Lauren Costine
Lisa Maurel
Travis Stobbe

2010

Executive Committee

Bruce Watkins, Ph.D., Co-President
Fred Wilkey, Ed.D. Secretary/Treasurer
Liliane Quon McCain, MFT, Co-President

Other Board Members

Alexander Yoo, MFT
Dino Koutsolioutsos, MFT
Lauren Costine, Ph.D.
Lisa Maurel, MFT
Travis Stobbe, BFA

2011

Executive Committee

Alexander Yoo, MFT, Co-President
Bruce Watkins, Ph.D., Co-President
Fred Wilkey, Ed.D. Secretary/Treasurer
Liliane Quon McCain, MFT, Co-President

Other Board Members

Alexander Yoo, MFT
Dino Koutsolioutsos, MFT
Jen Durham, MSW
Lauren Costine, Ph.D.
Lisa Maurel, MFT
Philip Pierce, Ph.D.
Thuy Cao, LMFT
Travis Stobbe, BFA

2012

Executive Committee

Alexander Yoo, MFT, Co-President
Bruce Watkins, Ph.D., Co-President
Travis, Stobbe, BFA, Secretary/Treasurer

Other Board Members

Athena Brewer, MFT
Elizabeth Hill, MFT
Gilbert Chalepas, Ph.D.
Jen Durham, MSW
Lauren Costine, Ph.D.
Liliane Quon McCain, MFT
Philip Pierce, Ph.D.
Thuy Cao, LMFT

2013

Executive Committee

Alexander Yoo, M.Div., MFTI, Co-President
Lauren Costine, Ph.D., Co-President
Travis, Stobbe, BFA, Secretary/Treasurer

Other Board Members

Athena Brewer, MFTI
Brian Carpenter
Elizabeth Hill, MFT
Gilbert Chalepas, Ph.D.
Philip Pierce, Ph.D.

2014

Executive Committee

Robbert Schalekamp, Psy.D., President
Travis, Stobbe, BFA, Secretary/Treasurer

Other Board Members

Christopher McKeown, MFTi
Damien Gonsalves, MFTi
Fred Wilkey, Ed.D.
Gilbert Chalepas, Ph.D.
Roxanne Cherry, Ph.D.

2015

Executive Committee

Damien Gonsalves, MFTi, Co-President
Robbert Schalekamp, Psy.D., President
Travis, Stobbe, BFA, Secretary/Treasurer

Other Board Members

Christopher McKeown, MFTi

Damien Gonsalves, MFTi
Fred Wilkey, Ed.D.
Nicole Gershenson, MA, MFTi
Price Marshall, LMFT

2016

Executive Committee

Damien Gonsalves, MFTi, Co-President
Mary Guillermin, LMFT, Co-President
Robbert Schalekamp, Psy.D., Co-President
Travis Stobbe, BFA, Secretary/Treasurer

Other Board Members

Christopher McKeown, MFTi
Fred Wilkey, Ed.D.
Nicole Gershenson, MA, MFTi
Orlando Alvarez, M.S., MFTi
R.J. Molligan, J.D.
Shani Habibi, Ph.D.
Terry Oleson, Ph.D.

2017

Executive Committee

Mary Guillermin, LMFT, Co-President
Robbert Schalekamp, Psy.D., Co-President
Travis Stobbe, BFA, Secretary/Treasurer

Other Board Members

Christopher McKeown, MFTi
Orlando Alvarez, M.S., MFTi
R.J. Molligan, J.D.
Shani Habibi, Ph.D.
Terry Oleson, Ph.D.

WHY BECOME A MEMBER OF LAGPA?

Having worked for LAGPA for the past seventeen years, I've seen the coming and going of board members and general members. Each person has his or her own reason for joining LAGPA. And those who become board members are strongly committed to helping LAGPA reach a wider audience. I thank you all.

LAGPA went entirely web-based about ten years ago. That helped stream-line the membership registration process and reduce costs for getting out announcements for events and newsletters. No longer did we have to print, hold mailing parties, and pay for postage. And, being web-based, the newsletter was no longer constrained in size. So, there have been many benefits to going web-based.

We have about 13,000 individual visits to our website each month. The online directory helps funnel clients to individual therapists. I would say that a majority of LAGPA members join so as to participate with the online directory. We understand the appeal. Even getting just one new client from the directory will easily pay for a LAGPA membership. However, some members report that the directory does not create the client load they were hoping for and drop their membership. I find that unfortunate and a limited view.

LAGPA was born during oppression of LGBT people. That oppression continues. Our message is to make the world a safer place for therapist serving this distinct population. We do this through educational outreach. For example, the annual conference not only educates our members of issues related to LGBT clients, but also influences the schools of psychology where the conference is held. It is hoped that more schools of psychology create their own LGBT specialization such as Antioch University has done. Our existence helps provide moral and psychological support to LGBT faculty, staff, and students. We help them have the strength to stand up for who they are and demand quality care for their clients.

If you think of LAGPA as simply a different advertising venue for reaching potential clients, please expand your view. LAGPA provides unique educational forums on topics you won't find anywhere else, we influence schools of psychology to expand their class offerings and certification to include LGBT focus, we provide APA CE credits, and we host many social events to help with networking with other professionals. Each of these activities require money. The conference alone costs almost \$20,000 to put on. The annual application and documentation for APA costs over \$4,000 to maintain. Your membership helps support these activities.

So, please, become a member of LAGPA or renew your membership when it comes due. If you participate with the online directory, we hope you a flood of clients. But, mostly, realize **your membership helps LAGPA with its important missions to make the world safe for all people.**

The purpose of LAGPA as stated in our bylaws:

ARTICLE II. PURPOSE

The purpose of LAGPA shall be to advance Lesbian, Gay, Bisexual and Transgender psychology as a science and as a profession, and as a means of promoting human welfare by the encouragement of psychology in all its branches in the broadest and most liberal manner; by the improvement of the qualifications and usefulness of mental health professionals through high standards of competence, professional ethics, conduct, education, and achievement; by the increase and diffusion of psychological knowledge through meetings, professional contacts, reports, papers, discussions and publications.

The Supervision workshop taught by Larry Hedges was well received. Thank you for donating your skill, knowledge, and time to bring this important workshop to our members. Hope to see you all at our conference where twelve different workshops will be presented.

Cultivating a Well-Bounded LGBT Intimate Relationship in Psychotherapy and Supervision

Educational Workshop and Luncheon

Hosted by LAGPA and Listening Perspectives Study Center

Sunday, September 17, 2017 • 9 AM to 4 PM



Six hours of *Psychotherapy and Supervision* are required subjects for those supervising psychological assistants, interns, and students. This is the FIRST time it has been tailored to the LGBT community and LAGPA is the first organization to bring this specialization. Dr. Hedges is donating his time so all proceeds benefit LAGPA. Please consider attending this important and truly unique presentation.

Instructor: Lawrence E. Hedges Ph.D., Psy.D., ABPP

Course Description:

A recent task force of Division 29 of the American Psychological Association has summarized thousands of empirical studies and revealed that the single most consistently important factor determining the overall outcome of all therapies is *the relationship between clinician and client*. It follows that the single most important factor in the supervisee-supervisor experience is the imparting of an appreciation of the power of the clinical relationship and how to cultivate it.

Successful mental health services are based upon a *working relationship* between clinician and client that cannot be simply taught but can be learned through an effective relational supervisory process. This course surveys the research and clinical findings regarding how to co-create and maintain a supervisory relationship that is both effective and mutually enhancing. This **advanced** course presupposes that

participants are already familiar with the rules and regulations of their own supervisory settings. This course satisfies licensing board requirements for supervision.

Learning Objectives: At the conclusion of this course participants will be able to:

- Identify and work with parallel processes in clinical work and supervision
- Tailor-make supervisory processes that fit different levels of supervisee professional development
- Accommodate the demands and limitations of the realities of supervisory settings
- Develop specific ways of building safety into the supervisory triangle
- Establish and appreciate the teach-treat balance for each supervisee
- Build greater multicultural and diversity sensitivity into supervision.

NOTE: This course qualifies for ongoing continuing education requirements in supervision for psychologists, marriage and family therapists, licensed clinical social workers, and school psychologists.





The Neuroanatomy and Neurophysiology of Brain and Behavior

4-day Course - October 12-15, 2017 - Burbank, CA

Sponsored by EEG Education & Research

30 CEs - Psychologists ~ 30 Contact Hours - Counselors

This introduction to the study of brain-behavior relationships will describe (a) neuroanatomy and neurophysiology; (b) major techniques for examining the CNS; (c) genetics, epigenetics, and neurodevelopment; (d) neuroplasticity, recovery, and rehabilitation; (e) the diathesis-stress hypothesis and the major hypotheses concerning the neurobiology of major depression, bipolar spectrum disorder, and anxiety; (f) the neurobiology of sleep, and (g) major medical conditions and drugs that may cause or exacerbate mental disorders.



This course is intended for clinical psychologists, neuropsychologists, physicians, clinical social workers, counselors, educational therapists, rehabilitation specialists, academic researchers in neurophysiology and biofeedback practitioners who have little or no background or experience with neurofeedback

 **October 12-15, 2017 | Burbank, CA**

 **www.eegee.com**

 **training@eegee.com**

 **1-800-789-3456**



Dr. Harold Burke

Harold Burke, Ph.D., MSCP, BCN holds an M.S. and a doctorate in General Experimental Psychology with a Major in Clinical Psychology and a Minor in Neuropsychology/Physiological Psychology. He also holds a Postdoctoral M.S. in Clinical Psychopharmacology and has earned board certifications in medical psychology and neurofeedback. He has specialties in clinical neuropsychology, medical psychology, and psychopharmacology. Dr. Burke was Director/Founder of the Brain Therapy Center, where he developed a comprehensive treatment/rehabilitation program, consisting of neurofeedback, cognitive remediation, and psychotherapy. Currently he teaches "Physiological Psychology", "Biological Foundations of Behavior", and "Psychopharmacology" in graduate programs at Pepperdine University; and he has offered numerous lectures/courses at several universities and for CE credits.



www.eegee.com | For more info please write to training@eegee.com or call 1-800-789-3456



The Neuroanatomy and Neurophysiology of Brain and Behavior

4-day Course

[] October 12-15, 2017 Burbank, CA

Marriott Courtyard - Burbank
2100 Empire Avenue
Burbank, CA 91504

Instructor:
Harold Burke, PhD, MSCP, BCN

To Register: Call 800-789-3456 ~ email: training@eeger.com ~ Fax form to 818-886-1443

Schedule & Pricing Subject to Change

Name _____

Company/Institution _____

CC Billing Address _____

City _____ ST/Prov _____ Zip Code _____

Email _____ Country _____

Work PH _____ Home PH _____

Field of Practice _____ Degrees _____

License # _____

Office address if different _____

Check all that apply: *All payments in US funds.*

☐ 4-Day Course Fee: \$1295

☐ EEGER Affiliate \$1195

☐ Check Enclosed

Credit Card # _____ Exp. Date _____

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

3 or 4 Digit Security Code _____

I AUTHORIZE EEG EDUCATION & RESEARCH INC. TO CHARGE MY CREDIT CARD THE AMOUNT INDICATED.

Signature _____ Amt. Total \$ _____

Where did you hear about this course? _____

Attendees are responsible for their own lodging and meals which are not included in the registration fee.

REFUND POLICY: If cancellation notification is received at least 30 days prior to the workshop, a non-refundable processing fee of \$195.00 is charged. If cancellation is received within 30 days of the workshop, there is no refund of course fees. If you are not able to attend, a qualified substitute may attend in your place.

EEG Education & Research (EEGER) is approved by the American Psychological Association to sponsor continuing education for psychologists. EEGER maintains responsibility for this program and its content. **30 CE**s for psychologists.



EEG Education & Research Inc. (EEGER) has been approved by NBCC as an Approved Continuing Education Provider, ACEP #6260. Programs that do not qualify for NBCC credit are clearly identified. EEGER is solely responsible for all aspects of the programs.



CLASSIFIED ADS

The **Classified Section** of the *Progress Notes* allows members and non-members to advertise available therapy services, employment, and office space. This section is **free for members** and \$15 for non-members.

POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group, or organization. If you would like to send an electronic mailing to the membership you must send us the text, graphics, URLs, and any accompanying attachments you wish to send so our Editor, and the rest of our Board may review it. Rates for this type of service are: Members \$125.00 per mailing; Non-Members \$175.00 per mailing. We strongly suggest you place an ad in the *Progress Notes* rather than create a separate mailing. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to e-mail, include in the *Progress Notes*, or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. For more information please contact our Executive Director, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters provide a great way to market your product or service, to create credibility, and to build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees, or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles by email, to LAGPA@sbcglobal.net This newsletter is emailed to over 600 current and past members. PN is published 3 times a year—Jan or Feb, June or July, October or November. Advertising and articles are due three weeks before publication. Contact us for dates.

Classified Advertisement Rates

Members FREE

Non-member \$15.00

Display Advertisement Rates

<u>Size</u>	<u>Member</u>	<u>Non-mem.</u>
1/8 page or business card	\$20.00	\$30.00
1/4 page	\$40.00	\$50.00
1/2 page	\$70.00	\$90.00
Full page	\$90.00	\$125.00

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

Mechanicals

<u>Size</u>	
Business Card	3.5" w x 2" h
Horizontal eighth-page	3.7" w x 2.37" h
Vertical eighth-page	1.82" w x 4.8" h
Horizontal quarter-page	7.5" w x 2.4" h
Vertical quarter-page	3.7" w x 4.8" h
Horizontal half-page	7.5" w x 4.8" h
Vertical half-page	3.7" w x 9.75" h
Full page	7.5" w x 9.75" h

www.BankruptYourStudentLoans.com

Learn how it is possible to have your student loans discharged through bankruptcy or other means.

This book is now available for **FREE** as a pdf download from the website.

THERAPY

Affirmative Therapy in West Los Angeles

Dr. Lani Chin is now accepting new clients in Westwood. Dr. Chin has worked with various members of the Gay, Lesbian, Bisexual, and Transgender community specializing in affirmative therapy for the treatment of anxiety, depression, substance abuse and anger management. Dr. Chin works with both individuals and couples. Dr. Chin has also added an intern to her practice that is available to offer services on a sliding scale basis. Lani Chin, Psy.D.

Licensed Clinical Psychologist PSY 24971

1328 Westwood Blvd., Unit 9

Los Angeles, CA 90024

310-344-5550

www.drlanichin.com

Westside Men's Psychotherapy Group

Westside Men's Psychotherapy

Group meets Wednesdays 7-8:30pm near Westside Pavilion. Established interpersonal process group with a current opening. Contact Andrew Susskind, LCSW, SEP, CGP for more details. 310-281-8681 or andrew@westsidetherapist.com.

Community Event @ the SunMoon Retreat, Topanga

Sunday afternoon, from 2pm to 5pm on January 22: "An Inauguration Wake". Meet up Irish-style for grief, jokes and chatter. An event for the LGBT community and Topanga locals. Contact Mary Guillermin for directions at 310 422 6497 or thefemininityproject@gmail.com

SunMoon Retreat Workshops in January & February:

Both workshops offer a chance to heal from election pain.

Jan 28 & 29: **Dancing out of the Darkness, Into the Light.** Women only. Learn two ancient dances with internationally-renowned dancer, percussionist and healer, Alessandra Belloni and discover how your Solar & Lunar nature can help you with Mary Guillermin, LMFT.

February 10 (eve), 11 & 12: **Courage: The Process of Adapting to Hard Change.** Led by Peter Fleming, Director, Pellin Institute International. Follow up workshop in June on **Hope**. Inquiries, contact Mary Guillermin, details above.

EMPLOYMENT and INTERNSHIP

Intern

Paid private practice weekend internship opportunity offered to qualified Associate Clinical Social Worker (ASW) or Marriage and Family Therapist Intern (IMF) for sessions on Saturdays, Sundays, and possibly Monday mornings/afternoons at established office near Beverly Center. Supervisor has 20 years experience as clinical supervisor and is part-time faculty of USC School of Social Work, with over 13 years in full-time private practice and over 25 years clinical experience as a specialist in gay men's and HIV mental health, and men's psychology. Adult population focus only, with mainstream, evidence-based interventions (preferably CBT, DBT, IPT, or psychodynamic). NOTE: Must have existing clients or reliable referral stream. Motivated self-starters only. Supervision and private practice career coaching. 50/50 fee split basis. Available immediately. One opening. Email letter of interest and resume/CV to Ken Howard, LCSW, at Ken@GayTherapyLA.com.

Intern

Private Practice Internship: Part-time, post-graduate position available for MSW associate or MFT intern with fewer than 1500 hours. Saturday hours required. Email CV to Andrew Susskind. andrew@westsidetherapist.com.

Joining Part-Time Practice

Experienced DMH therapist working with children, adolescents and families interested in joining an existing part time practice somewhere in greater L.A. Brian Garfield, LCSW 310 383 1601.

BOOKS BY MEMBERS

Three books by Jeffrey Chernin Ph.D., MFT. The second edition of Kindle book *Get Closer: A Gay Men's Guide to Intimacy and Relationships*. Also, a Kindle book for non-gay couples, *Achieving Intimacy: How to Find a Loving Relationship that Lasts*. Both books offer ways to have a lasting, loving relationship. The books also offer help to overcome several kinds of challenges, with an emphasis on developing better communication, putting an end to conflicts and emotional distance, and changing long-standing patterns. His first book, *Affirmative Psychotherapy and Counseling for Lesbians and Gay Men* is available in hardcover and paperback and is being used by AAMFT-CA for their LGBT certification program. All are available on Amazon.

OFFICE SPACE

Office space in Studio City & West Hollywood

Ideal office set-up for licensed therapists and newly licensed therapists-- especially those who would like to apply for insurance panels or who are on panels. For under \$200 a month, you could have an office in LA. Or, for an additional rate, you could have two offices in LA: one in Studio City and one in West Hollywood! Having two offices is a plus for applying to/being on insurance panels and for always having a conveniently located office in a large city such as Los Angeles. Call Mike Fatula, MFT, at 323-876-8861 for current availability in either or both locations.

West Hollywood

- "Stand-Alone" office space (i.e., not a shared waiting room) in quiet garden courtyard of therapists & designers near Cedars-Sinai
- One story building; 24/7 building access and 24/7 AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceilings
- Utilities included with reasonable rent; private, covered, well-lit parking for therapists and clients
- Easy canyon access (Laurel and Coldwater) to San Fernando Valley
- * Amenities: copier, frig, microwave, tea/coffee service

San Fernando Valley

"On the Boulevard" office space -- Ventura Blvd near Laurel Canyon in Studio City

- * Easy canyon access (Laurel and Coldwater canyons) and freeway access (101/134/170) to West Hollywood, Hollywood, Silverlake, Glendale, Pasadena, and the rest of the San Fernando Valley

- * 2nd. Floor of 2-story building
- * Waiting room in counseling suite shared only by 2 other therapists; call light system
- * 24/7 building access and 24/7 AIR
- * Reserved, well-lit parking for therapists & ample street parking for clients
- * Utilities included with reasonable rent
- * Amenities: copier, frig, microwave, tea/coffee service

Near Beverly Center

Furnished office space available weekday mornings and Saturdays and Sundays in a 3-office suite on San Vicente near Beverly Center. \$20 per hour. No separate exit or call-light system, but good parking situation, 7-day air conditioning, and convenient location to Westside, Beverly Hills, Mid-Wilshire, and West Hollywood. Bright and light (windowed). Email Ken at Ken@GayTherapyLA.com for more information.

West Hollywood

As of October 1, 2017, we will have several office vacancies available for psychotherapists looking to rent office space in our very established psychotherapy office suite. Our suite is located at 8235 Santa Monica Boulevard in West Hollywood. We have several different offices available, at different times of the day and different days of the week. We are on the 4th floor and most offices have a south facing city view. Rates are based on blocks of time (i.e. 8am-4pm or 4pm-10pm) and discounts apply for full days (8am-10pm) or multiple days in the week. The basic rent for one block of time for a month (i.e. Wednesday from 8am-4pm for an entire month) is \$200 and discounts apply for any additional time rented. The rent includes the office, copy/fax, wifi, a mailbox, office supplies etc. For specific availability or to schedule a visit, please call Brad Chabin, Ph.D. at 323-369-8838.

Progress Notes

A tri-annual publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Fall, 2017

Editor:

Mary Guillermin, MFT

Co-President

Mary Guillermin, MFT

Robbert Schalekamp, PhD

Secretary/Treasurer

Travis Stobbe

Board Members:

Orlando Alvarez, MA, MFTi

Shani Habibi, PhD

Christopher McKeown, MFTi

RJ Molligan, MA

Terry Oleson, PhD

Executive Director

Chuck Stewart, PhD

ckstewart@sbcglobal.net

(310) 838-6247 (v/f)

Box 34142

Los Angeles, CA 90034

www.LAGPA.org

LAGPA@sbcglobal.net