



Summer, 2016

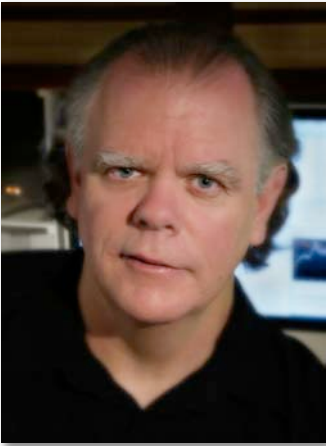
Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc. • LAGPA@sbcglobal.net

CALENDAR OF EVENTS

- **July 16** — Outfest booth as Community Collaborator
- **August 14** — Summer Pool Party with LAGPA, SCLMA and LGBT Bar at the home of Liliane McCaine
- **October 2** — Workshop—"What Forgiveness Can Achieve" by RJ Molligan
- **October 15** — LACPA booth
- **October 29** — Models of Pride booth at USC
- **October 30** — "Becoming a Kink Aware Therapist" by Peter Chirinois & Caroline Shahbaz.
- **November 13**— 21st Annual Conference
- **December 10**— Winter Social at home of new SCLMA president Robert Chang
- **January 13-15, 2017** — Finding Freedom Workshop booth (in Palm Springs)

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2016 Conference

How exciting to be putting together LAGPA's 21st annual conference. I've been involved with many aspects of our conferences since 2000. Each year it not only grows in size but the workshop selection and quality improves. This year, Dr. Greg Cason is our keynote speaker. He is a respected therapist serving the LGBT community and is well known psychological expert on *The Nancy Grace Show* and many other TV program and documentaries. A press release listing his qualifications is contained within this newsletter.

Antioch University and the LGBT Specialization are so gracious to co-host the event. Their facility lends itself to our needs with easy parking, large ground-level parking, and supportive staff. We deeply appreciate their support all these years. At one time, conferences were held in hotels. The board decided years ago that the event should move between the different schools of psychology. That way students and faculty become familiar with our existence and service. Also, our presence provides important support for LGBT students who may otherwise feel invisible at their particular school. Wouldn't it be nice if formal programs such as Antioch's LGBT Specialization spread to the other schools of psychology? Our presence helps make that happen.

We have held the conference at USC and Phillips Graduate Institute a number of times. They have invited us back and foresee returning in the near future. We would love to hold the conference at UCLA, CSUN, CSULA, Mt. Saint Mary, and other respected schools. We have learned that it takes a personal contact. So, I ask, are any LAGPA members alumni from one of these other schools? Do you know the director of psychology well enough to introduce us? Please let Chuck know of any connection you may have with these schools.

Even with Antioch's sponsorship, it still costs about \$15,000 to put on the conference. Registration fees account for about \$5,000 of this requiring LAGPA to raise another \$10,000 from sponsors and advertisers. This takes considerable effort. But, we do provide considerable benefit to our sponsors and advertisers. Approximately 100 working professionals attend the event and we include a raffle game to help drive participants to each of the vendor table. Last year there were fifteen vendor tables. That is an all-time high. Locating them next to registration and the luncheon area works very well. I can see many interactions between attendees and vendors. It is a win-win situation for all. I ask for each of you to speak with your employer about becoming a sponsor. Also, it is tradition for LAGPA members to take out a business card or ¼ page ad to show your support of LAGPA. Please consider taking out a small ad for yourself. Both sponsorship and advertising forms are included in this newsletter.

Let's not forget about the rest of the year. As before, we are a community supporter for Outfest, our annual pool party (which is gaining a reputation of being the social event of the year), hosting booths at Models of Pride, LACPA, Michael's house, and our winter social. Hope to see you are one of our events soon.

Chuck

Acceptance. NO EXCEPTION.

Antioch University Los Angeles celebrates LGBT history and culture during Pride month!

- Antioch University Los Angeles offers a pioneering graduate level program training the next generation of LGBT-Affirmative psychotherapists and activists.
- The LGBT Specialization in Clinical Psychology founded two clinics:
 - Colors Youth Counseling program at the Antioch University Counseling Center serving LGBTQ youth under 25 and their families.
 - Antioch Alive in partnership with Being Alive serving HIV-impacted communities.

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Convention Preview



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FUNDAMENTALS OF LGBT SUBSTANCE USE DISORDERS

MULTIPLE IDENTITIES, MULTIPLE CHALLENGES



MICHAEL SHELTON

FOREWORD BY
DANA G. FINNEGAN
EMILY B. McNALLY

THE SUCCESSOR EDITION
TO THE CLASSIC WORK
*Counseling Lesbian, Gay, Bisexual
and Transgender Substance
Abusers: Dual Identities*

BY DANA G. FINNEGAN AND
EMILY B. McNALLY

ORLANDO SHOOTING

On Our Community After Orlando

By Mary Guillermin, LMFT.

This issue of the newsletter is dedicated to the memory of the victims and survivors of the Orlando shooting, the family and friends who are suffering, and the larger LGBT and Latino communities whose souls have been touched with fear and loving support by this tragedy.

On June 25th, Obama designated the Stonewall Inn as a National Monument as a mark of his strong and open support for our LGBT community. JoDee Winterhof, of Human Rights Campaign was interviewed on CNN and she talked about New York's LGBT community's attitude to the Orlando shooting the day before the NY Pride March. She said, "[We are] celebrating, yet grieving, and acknowledging our losses makes us even more determined to work towards full equality in our country." This issue is presented in this spirit.

Within these pages you will find personal comments by several of our LAGPA Board members, both current and a previous member, written in the immediate aftermath of the horrific event as well as excerpts from articles on varying aspects of the experience of Orlando, taken from the website of the New York Times. I have included an article published by everydayfeminism.com by Milo Todd, which is actually addressed to allies of the LGBT community. Although this is directed at our allies and not directly to us, I feel it reminds us of how we should expect – and deserve – to be treated and gives us ways of communicating to ourselves and our allies what we need right now in the aftermath of Orlando and the many other violent and vile acts that occur in this country and around the world.

In these choices, I have touched but lightly on the frightening aspects of this attack on our community – though not ignoring the reality of hatred and destruction entirely – as I have assumed that we all have some knowledge of the dark aspects of this recent event and don't need to be taken into a negative space.

Instead I have chosen to share things that recognize the progress of the last few decades and the support of a wide community for LGBT people – those things we can justly celebrate.

Let us never forget the hatred and violence that our brothers and sisters suffer and fear. Yet let us also never forget the power of our voices to create change and bring greater self-acceptance and happiness to many in our community. If I offend any in my choices of excerpts, I apologize. I hope you will accept the comfort that I gleaned from the outpourings of support from family members, community members, and government officials.

After Massacre at Orlando Gay Club, an Array of Opinions About the Motive and Meaning

By Patrick Healey

June 14, 2016

www.newyorktimes.com

Rarely has American reaction to a human tragedy been as divided as the striking and complex array of opinions about the deaths of 49 people in Orlando. While gun violence often cleaves people into predictable, politically identifiable camps, and terrorist attacks tend to unite countries in grief and resolve, Orlando has so far defied easy categorizations and conclusions.

Mr. Trump, the presumptive Republican presidential nominee, for instance, seized on the attacks on Monday to renew his call for a ban on Muslim immigration, but he also lavished empathy on gay people — many of whom oppose his bid — and defended their desire to “love who they want and express their identity.”

His Democratic opponent, Hillary Clinton, and many party leaders argued that fighting homegrown terrorists required tougher gun laws. Yet some liberals and intellectuals argued that gun control was not the only problem, noting that there were parts of Islam and the Quran hostile to homosexuality.

And many gay people, while agreeing that Orlando was a terrorist attack, said they were offended that some Republican officials have refused to acknowledge that the massacre could be considered a hate crime — or even to use the word “gay” in talking about it. In remarks from the Capitol on Monday, Senator Mitch McConnell, the Senate majority leader, condemned the Islamic State as a group that “crucifies children and beheads women” but notably omitted any mention of gays.

In Britain on Sunday, an openly gay journalist stormed off the set of Sky News program ... after becoming frustrated that the show’s host was portraying Orlando as an attack on the freedom of all people rather than discussing “it as an attack on L.G.B.T. people.”

Orlando Massacre Inspires Some to Come Out as Gay

By Julie Turkewitz

June 21, 2016

www.newyorktimes.com

Just hours after the music at the Pulse nightclub was interrupted by the roar of gunfire, a teenager with a nose stud and tight jeans peered across his dinner table here. “Dad,” Carvin Casillas said, “I’m kind of gay.”

“I just had to let them know,” said Mr. Casillas, 19, a soon-to-be college freshman who had been dancing at Pulse for more than year, unbeknown to his Puerto Rican father and Cuban mother. His mother had raised him in a church where parishioners learned that gay people went to hell.

“This is getting to be a bigger part of me every day that passes on,” he said of his sexuality. “I didn’t know if I was going to be able to keep that from my family.”

Most of the people packed into the club in the early morning on June 12 were too young to remember the early days of the AIDS crisis, when disease and tragedy exposed gay men like never before, prompting some of them on their death beds to reveal their sexuality to family and friends. But

some older members of Orlando's gay community see this post-Pulse catharsis as an echo of that time, with a notable exception.

"This time around, we're so much further along in our own self-acceptance," said Tom Dyer, 60, who has been chronicling Central Florida's gay community since he founded Watermark, a local magazine for lesbian, gay, bisexual and transgender people, in 1994. Broader cultural attitudes, he added, have changed, too.

On Tuesday, Attorney General Loretta E. Lynch visited some of the people injured in the attack and the relatives of some who were slain. She spoke of those who might choose to hide their sexuality out of fear of such violence in the future.

"Let me say to our L.G.B.T. friends and family, particularly to anyone who might view this tragedy as an indication that their identities — their essential selves — might somehow be better left unexpressed or in the shadows: This Department of Justice — and your country — stands with you in the light," she said.

Orlando Shootings Stitch Together Gays and Latinos, 2 Cultures Once at Odds

By Lizette Alvarez

June 13, 2016

www.newyorktimes.com

One of the survivors of Sunday's attack at the nightclub Pulse, a man closeted from his family, called his Latin American parents abroad to tell them that a close friend — who was actually his partner — had died in the bar. Their response: "You weren't in that bar, were you?"

That attitude, a throwback to an earlier era, seemed the rare exception as relatives of those gunned down in the club, many of them Puerto Rican, mourned their deaths and celebrated their lives on the streets of Orlando.

The moments of mourning seemed to show how far gay culture has progressed from a time when it was frequently hidden from loved ones.

In the hours since the attack, there have been countless homages on social media posted by friends and relatives, who extolled the accomplishments of their loved ones and embraced their sexual identity.

And there were the families of the anguished victims, who gathered around tables and in conference rooms to await word about whether their sons, daughters, cousins or uncles — gay or straight — had died.

It is a seismic shift from the atmosphere four decades ago after the firebombing of the UpStairs lounge in New Orleans. Back in 1973, some relatives refused to claim the bodies of their gay sons...

It is not necessary to reach that far back to feel the progress, which has galloped swiftly ahead in the past 10 years. Despite setbacks and plenty of lingering hate, a new generation of gay people and lesbians feels far less weighed down by stigma and fear in today's rapidly evolving embrace of gay rights.

Tens of Thousands Gather in Orlando to Honor Shooting Victims

By Julie Turkewitz

June 20, 2016

www.newyorktimes.com

It seemed as if all of Orlando was here, crowded around a glittering lake to remember the 49 people who died in a fit of violence.

Among the people, estimated by the police at 50,000, present at a vigil on Sunday for the victims of the Pulse nightclub shooting were Syed, Ivette and Sasha Shamsuzzaman, a Bangladeshi-Puerto Rican family sitting under a black umbrella at the edge of the lake. Mr. Shamsuzzaman, 61, a Muslim from Bangladesh, wore a peace sign around his neck and called for Pulse to reopen as quickly as possible.

"That would be a victory," he said, adding that his daughter and Puerto Rican wife had danced at the club. "If it stays closed, we've lost and the terrorists have won."

The crowd spilled out from the lake, covering the grass and a bordering sidewalk and crawling up the balconies and staircases that line parts of the park.

[C]ommunity leaders offered comfort. "You are safe, we love, be proud," said Joe Saunders, a state representative and longtime gay rights activist, speaking from a stage. The crowd whistled, hooted and cried.

At one end of the park were a Sikh group that passed out cookies and volunteers of the Be an Angel Therapy Dogs Ministry. "We're here for the scratching," said Holly Horton, 62, offering up her golden retriever.

Nearby, two women gave free massages. "Basic touch can help you heal," said Laura Gonzalez, 28, leaning into a man's back as her friend massaged his leg. "It's the best medicine they can have."

As the sun went down, memorial organizers began to read the names of those who had died. And at one edge of the park, about two dozen people wearing T-shirts with the words "Muslims Stand for Peace" gathered for the night's prayer. They stood and knelt, stood and knelt, finishing just after the last victim's name was called.

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After Orlando

By Robbert SCHALEKAMP, PsyD, LMFT, LPCC

Co-president LAGPA

Let's first do pre-Orlando. When I learned a year ago that ISIS was cleansing cities of "sodomists" by throwing them from 10-story buildings, I told some colleagues, among them LAGPA board members, that maybe we should offer a workshop about what therapists can expect in case an ISIS suicide bomber blows himself up in a gay establishment killing between 500 and 1000 people. At that time, no one reacted much.

Why was I afraid? Isis wants to hurt non-Islamic nations, especially those that fight against them. They will kill innocent civilians, when they have a chance, and justify that because their cause demands it. Now, add the gay component. Gays are the worst abomination conceivable in their ideology. So, targeting gays in the US or Europe kills two birds with one stone. If you hit gays, there are no expectant mothers with little children, for instance, that might be sitting in a targeted plane. Also, it takes only one disgruntled person to get a gun and do this. And, there are many disgruntled, hateful people who like to give their life meaning by killing gays. They do not need sophisticated communications that can be and often are intercepted by our security apparatus. Just a thought, a gun, a location and a telephone call to 911 telling them that they acted out of allegiance to ISIS. In addition, my personal experience with and research in murder-suicide for my doctoral dissertation at CGI shows that incidents like these cause copycats.

To make matters worse, we do not need large-scale attacks like Orlando to cause anxiety in the gay community. Just some old-fashioned gay-bashing can cause a lot of havoc. Or incidents like the one with the college kid in Wyoming, Matthew Shepard, in the late '90s. There are plenty of trigger incidents. Finally, attacks and events outside of the US will contribute to anxiety among gays in the US as well.

Add to all this, some possible reactions from (part of) the public. Remember the reactions when AIDS hit? It's God's punishment for being gay. How about Jerry Faldwell's comments after 9/11? We might need extra protection from the government. How will that play in Peoria?

The above might be a worst case scenario. How likely is it that enough of it will come true to really have an impact on the LGBTQ clients and their allies seeking psychotherapy? Likely enough that we need to pay attention to it and be prepared!!!

What reactions and symptoms can we expect to experience in ourselves and our clients? Writing this in the fresh aftermath of this horror, I recognize I have not thought as much about this as I have the possibility of violence against us.

Also, I have no clear ideas at this point how we can reach out to our members, nor of what to tell them. I am still too traumatized by the events. One possibility is thinking about holding a workshop on how to treat post-Orlando anxiety or maybe a general town hall meeting without an agenda. Also, we might want to include some workshops on this for the annual conference in November.

I just wanted to get this off my chest. For me, writing is a proven way I can cope a little better with the pain of this incredibly horrible event.

Footnote to LAGPA therapists from the editor. As a gift to the community, I offer free of charge the use of the Sun-Moon Healing & Retreat Center in Topanga – with its group room, outside patios, full kitchen and grounds with sitting areas – for workshops or retreats for groups of therapists, or clients or LGBTQ organizations to process anxiety and grief connected with this and other expressions of violence or hatred towards our community. Please contact me if you would like to coordinate or lead an event. See ad in Classifieds for contact details.

By Susan Levitton, LMFT, former LAGPA Board Member

Dear Colleagues,

As an American, as an LGBT ally, as a mother of a gay son, and as a mother,

I am OUTRAGED and I am SICK.

Unlike many of you, I am not a good writer, not an eloquent speaker, and not a lawyer or politician. However, I, too, would like to DO something. I am feeling voiceless right now. I want to make the religious fanatics in our own country understand that their beliefs are NOT harmless--that they are killing men, women, and children just as surely as if they were holding the gun.

There is a lot I want to say. I just don't know how.

Susan

By RJ Molligan, MA, current LAGPA Board Member

Thank you all [other Board Members] for your thoughtful comments. I marched for Orlando today with the LGBT lawyers. I waved an American flag and wore rainbow beads. I was sick inside but smiled and shouted, "Happy Pride."

Then news came that a crazy guy armed with guns and explosives was intercepted as he was headed for the parade. We are all Orlando. We are a special hunted Isis trophy – perhaps not today – maybe tomorrow or next week or next Pride. But – like the big earthquake – it's coming and it's just a matter of time.

I am angry and afraid and sad and frustrated and confused. I am your poster-child client. Reach out to me and people like me. Explain to me what I can do about the terrorists in my head –the real monster under the bed. Maybe I will feel better if I donate blood or go to the rally downtown tomorrow.

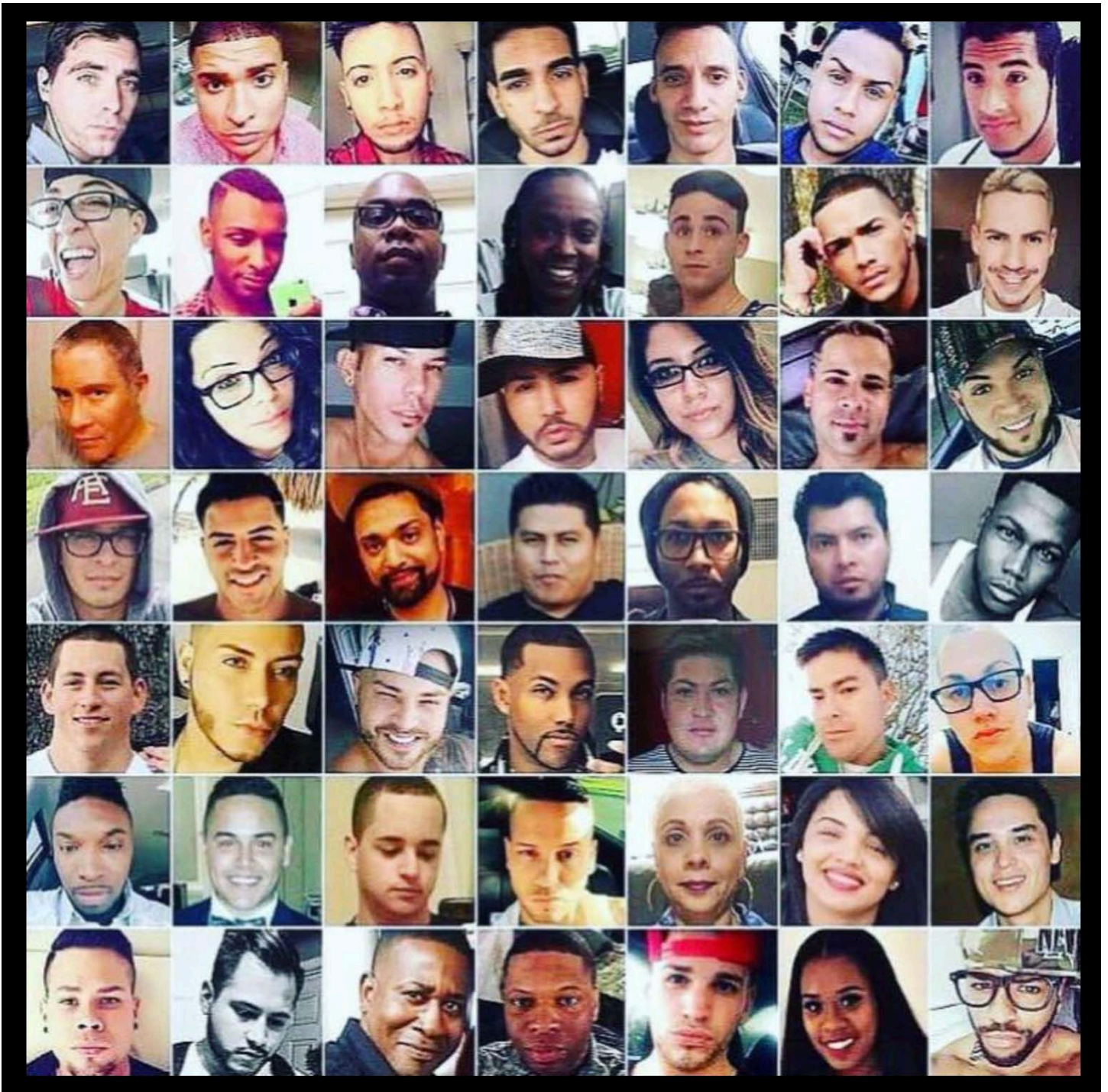
There is much work to be done. Thank you in advance. Your work has never been more relevant.

Peace be with you.

RJ

PS. I think I have "sitting duck syndrome."

IN MEMORY



GUN VIOLENCE Archive

ORLANDO 6/12/16

Stanley Almodovar III	23
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Women Talking

Finding Meaning and Gratitude In the Second Half of Life

This will be an afternoon workshop for women 50 and over to explore Mindful Aging. Through meditation, journal writing and creating a vision board we will uncover new dreams to give greater meaning and direction to the second half of life.

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Saturday July 9

4:00 – 6:00 pm

\$25.00 *

Lillian Freeman, LCSW is a psychotherapist in Los Angeles with 30 years of experience in Women's Issues, Couples Therapy, Family Therapy, and Addiction. She has been an adjunct professor at Antioch University and Ryokan College. She has certification in Jungian Studies.

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A little bit about some of our LGBT affirmative staff members:

Justin Shubert, Psy.D., Founder.

Justin is a Clinical Associate at the New Center for Psychoanalysis and founder of Silver Lake Psychotherapy. He completed his doctoral project on "Affirmative Psychotherapy with Gay and Lesbian Clients" and has been both a trainee and a supervisor at The LA LGBT Center. Justin sees a variety of clients at his private practice in Silver Lake.

Tom Suberman, MD, Psychiatrist.

Tom completed his Medical Training at UPenn and is currently in fellowship at UCLA. He offers compassionate psychiatric care to those in the community and is especially sensitive to issues LGBTQ patients face.

Anais Plasketes, MFT-Intern.

Anais Plasketes graduated from Antioch's LGBT-Specialization program in 2014. She trained at the COLORS LGBTQ Youth Counseling Center and at the Lifeworks program at the LA LGBT Center. Anais is building her private practice and enjoys working with LGBTQ youth.

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6.17.16

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MC 18694

Counseling

Payam Ghassemlou, Ph.D.

MFC # 33893

310-801-2927



Kendall Evans, MA.

Licensed Marriage and Family Therapist
Kevans3054@aol.com

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Education, Research and Practice Fostering Enhanced Homosexual Self-Realization through the Development of More Authentically Depthful Gay Personhood

The Institute for Uranian Psychoanalysis was established by an alliance of gay liberation activists in 2005 to better foster the refinement and application of a rigorous depth-psychological approach to homosexual Self-realization affirming the profoundly meaningful, numinous, archetypal roots of same-sex romantic love, homosexual orientation, and modern gay personhood. Relationally applying a systematic symbolic analysis of gay-identified subjectivity and its enhanced homosexual individuation points toward a revolutionary second stage of gay liberation as it offers significant benefits potentially available to people of all sexual orientations, including in matters of personal growth and intellectual development. This approach is particularly focused on by the Institute's Uranian Psychoanalytic Self-Development Training Program.

Join us for stimulating monthly public meetings of the Uranian Psychoanalytic Club at Plummer Park in West Hollywood to learn more about the affirmative practice of gay-centered inner work and the Institute's Uranian Psychoanalytic Self-Development Training Program.

*For more info, visit uranianpsych.org
or call (323) 692-9336*



**Institute
for Uranian
Psychoanalysis**

8 Ways Allies Can Show Up for the Queer



By Milo Todd reprinted from everydayfeminism.com June 2016 issue © 2016

I'm seeing a lot of allies doing the "my prayers are with you" thing in light of the tragedy that took place at Pulse Nightclub in Orlando, Florida. 49 queer folks, primarily Latinx, were shot dead and 53 more were injured that night – and all you have to offer to our community is a Facebook status with your prayers?

Substitutions include uploading a photo to depict Pride or sharing your happiness at the WTC being lit up in rainbows. Allies sure do love them some rainbow.

At first, I was angry and offended. I wondered, *is this all you'll contribute before returning to your funny cat memes and gifs?*

Because while you can tweet out a prayer and resume your normal life, your conscience clean, the queer community is left picking up the pieces and struggling to make sense of this tragedy – violence that our community knows all too well, especially queer and trans people of color.

But then I thought that maybe you didn't know what else to do. Maybe you're so panicked at the thought of making a horrible situation worse, you're frozen in trying to do something meaningful.

And I get that. I do.

So, with the greatest of sincerity, here are some ideas of what to do for those of you allies who want to help us out in this more-than-usual terrible time:

1. Give Blood.

Gay and bisexual men still aren't allowed to give blood unless they haven't had sex with another man for at least one year. As such, many desperate blood donors are being turned away during a desperate situation to save lives in desperate conditions.

We need you.

2. Don't Vote Republican.

At least not this year, if you feel so strongly about it. Just keep in mind that you're not allowed to be sad about the Pulse massacre when you've been actively promoting people who have been behind loose gun laws, trans panic defenses about bathrooms, and at least 200 anti-LGBTQIA+ bills this year alone.

3. Check In On Us.

I've had only one friend outside of the queer community contact me to see if I was okay over these first 24 hours. *One.*

I find this unacceptable. I understand it's because you don't want to make that terrifying, personal connection, but it's nonetheless unacceptable to block it.

I need all of you allies – now, right now – to look your surviving LGBTQIA+ friends in the face (or, you know, their Facebook profile picture) and think, “That could’ve been you. It could very well still end up being you in the future.”

I especially need allies to understand the weight that queer and trans people of color are carrying, as they are disproportionately impacted by this violence.

Make the personal, terrifying connections about how fucking real this is. Because we’re already in that state of mind over here and I can’t even begin to explain how scary that is. We walk around with this terror just under our skin every day, but right now it’s bursting through for everyone to see.

We need you to know that, we need you to feel that.

Also, just check in on us because we may need a shoulder to cry on that isn’t currently hobbling through the battlefield along with us. We sometimes feel it’s unfair to try to unload on fellow LGBTQIA+ people that are suffering just as hard as we are, so we try to put up a brave front for one another.

4. Make Us Something To Eat.

Make no mistake: This type of situation stimulates grief and mourning, and grief and mourning are horrible things to go through.

One of the first things to go is one’s self-care, especially when it comes to eating. Make sure we’re eating. Don’t lecture us about the type or quantity of food. *Just make sure we’re eating.*

Imagine as if our beloved family member just died, ruthlessly murdered by a stranger in a senseless act. Only that stranger has said they’ll be back, and that they’ll pick off every last member of the family just because.

Oh, and when I say “stranger”? I mean hundreds and hundreds and hundreds of strangers.

And when I say “one family member,” I mean forty-nine, primarily Latinx queer people, shot down in Orlando. I mean 23, primarily trans women of color, murdered last year in the US.

It’s every hate crime, every homicide, every attack, and every bit of harassment that makes us fear the violence that could be coming next – it’s these moments, every damn day, that assures us that our community is not safe.

It’s not that one stranger *could* be around the next corner to hurt one of us; it’s that hundreds if not thousands of strangers *are*. And they’re waiting, looking for their moment to make us a statistic or a breaking news story.

And over and over again, they’re succeeding – they’re attacking and murdering countless queer people, especially those of color, at an alarming rate. Our siblings, our community, our chosen family.

Are you surprised that we are forgetting to eat?

Don’t just offer us prayers. Offer us care.

5. Don’t Talk Over Us.

This is not your time. This is our time.

Yes, you’re sad. Yes, you’re scared. Yes, you’re feeling things. But I’m sorry, this isn’t about you. The queers are talking right now.

We’re the ones that just lost our queer siblings. We’re the ones that can’t give blood or visit our dying partners in the hospital because of archaic laws. We’re the ones watching the deceased be prematurely outed because they were at a queer club, as calls are going to families from morgues and hospitals.

And yes, we’re the ones that are conveniently being used for political gain right now by our enemies in order to smother a fellow vulnerable community.

And amongst all that, we’re expected to sit down, swallow our grief, and listen to how YOU feel watching us suffer?

No. You have to wait your turn. Your feelings are valid and we appreciate your sadness and anger, but you need to talk about your feelings with fellow allies for right now.

6. Stay Focused On The Real Issues.

Don't let the media or bigots or ignorant people fool you into this being something other than what it is: a horrible act of murder fueled by a mix of LGBTQIA+ hate and unregulated gun use, both of which run rampant in American culture.

Do not get distracted by any other claims. To get distracted is to keep progress from happening, to allow history to repeat itself in the future just like it has every other time in the past.

7. Reflect On Your Religious Affiliations.

If you're offering us prayers, I assume you practice in some faith or another. If this is the case, please strengthen your offer of prayers by checking in with the religious leader of your congregation and ensuring they don't spout anti-LGBTQIA rhetoric any of the other 364 days of the year.

If they do, talk with them earnestly about changing their ways. If you're unable to sway them, please strongly consider shifting to a friendlier, more accepting congregation, and let your religious head know exactly what you're doing and why.

Because if those pews keep being filled, that religious figure will just keep spouting. Don't put your ass in that seat. Don't idly allow this hate to breed with you in the front row. Remember that a shepherd can't shepherd if there aren't any sheep. Hateful rhetoric can't be heard if there's nobody around to hear it.

8. Remember That It's Not Just Pulse.

Pulse should most definitely be getting the greatest of attention at this moment in time. But that's not to say that, once the news has died down, you think, "Man, sure glad *that's* over."

Because it's not over. It's never over. We deal with this kind of fear and hate on a daily basis. It's just that Pulse was so bad and so atrocious on such a direct scale of attention that it actually made the news.

But we've been dying long before this and likely will continue to do so – especially my siblings of color, like the Latinx population of which were the showcase at Pulse that night.

But the violence has always been around us; it's just usually shoved into silence by those in power. 40% of homeless kids are LGBTQIA+ because their families either kick them out or abuse the hell out of them. A transgender person – usually a trans woman of color – is murdered every 29 hours.

Daily harassments – from off-the-cuff slurs to threatening gestures to physical harm – are so prevalent that they can't even be properly recorded; they are so far off the charts that the charts can't keep up.

Some dude headed to LA Pride this same weekend with rifles, ammo, and presumed explosives was thankfully caught in advance. The list goes on for so long that I could write a separate article just unpacking the violence surrounding our community.

While we appreciate your desire to comfort us, tweets about prayers actually don't do shit. They won't change a thing. Further, those prayers can be offensive to many of us, as those prayers theoretically are coming from the exact same God that's been used to condemn us right up to this most recent massacre.

This list – and so much more – is what we need in the here and now. Ask the queer people in your life what you can do to support them; I can almost guarantee you that they won't say, "A Facebook status."

Milo Todd is a freelance writer and journalist. He holds a double BA in Philosophy and Gender Theory with focuses in feminist phenomenology, queer phenomenology, and post-positivist realism. Milo otherwise writes LGBTQ-esque fiction and likes to pretend it'll make him rich and famous. He is a judge in the YA branch of the 2014 Bisexual Book Awards.

Preparing the next generation for the 'other real world'

A culturally celebratory, competency-based approach to clinical supervision

The purpose of this one-day training is to provide background knowledge and context for competency-based clinical supervision and to showcase a diversity of evidence-based approaches to conduct multiculturally competent supervision. The intent is to begin to provide the empirical data necessary to assist the supervisor in supporting trainees' development while also maintaining ethical consumer care. Specifically, the focus of this training is to address competencies in clinical supervision using the Competency Benchmarks across the professional lifespan of the mental health trainee and beyond. To register click [here](#).

- 6 CEUs for Psychologists
- 6 CEUs for BBS-licensed psychotherapists (LCSWs, LPCCs, LMFTs) *
- CEUs provided by the Los Angeles Gender Center (APA approved provider).



Dr. Theo Burnes is currently a licensed psychologist (PSY 25544) and a licensed professional clinical counselor (LPCC600) in California who carries multiple professional appointments in the areas of service delivery, teaching, training, and consulting. Theo has been a clinician and supervisor in a variety of different settings, including university counseling centers, private practice (psychological assistants and PCC interns) community mental health centers, and drug and alcohol recovery programs. He has also served as an administrator and interim director for a community mental health agency focused on services for the LGBT community and communities living with HIV/AIDS. His central framework as a supervisor includes attention to multiculturalism, social justice, and resilience as a way to understand clients' multiple, intersecting identities.



EARLY BIRD RATES

*REGISTER BY 6/3/16 FOR THIS DEAL
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Licensed, Professionals: \$139

**June
28th**

9:00am-4:30pm

Los Angeles, CA



Listening Perspectives Study Center
1439 E. Chapman Ave., Orange, CA 92866
Phone/Fax (714) 633-3933
www.ListeningPerspectives.com

Woman Rising XXIII
The Gender Revolution: Expanding the Heroic
October 2016 through May 2017
Instructor: Lawrence E. Hedges, Ph.D, Psy.D., ABPP

Course Description:

The heroic has yet to be expanded to include what women most value—relationships, everyday life, and an appreciation of diversity. How is this expanded vision of the heroic attained, sustained, or lost by the daily choices made in the lives of women *and* men? Cultural and psychological changes in roles, expectations, and relational conflicts are being articulated clearly today by women creative writers. Focusing on a different book each month, we seek to understand the shifting concerns of the gender revolution as it affects us as psychotherapists and in our personal lives. This is an intermediate course.

Learning Goals: At the end of this course participants will be able:

- To identify women's unique psychological experiences from many different perspectives including cultural, familial, relational, temporal, sexual, physical, spiritual, and creative.
- To define how culture shapes who we are as individuals and what obstacles, inspirations, and challenges reside within our cultural experience.
- To state how relationships shape the psyche of women and help give expression to who they are becoming and what they desire.
- To specify how relational issues defined by creative writers can be used to enrich the psychotherapy experience.

Meet the first Tuesdays of each month 10:30 a.m. to 12:00 p.m. beginning October 4, 2016. Tuition for the year (12 hours of continuing education credit) is \$375 to be paid in 3 installments of \$125.

Early Bird fee of \$325 due by September 1, 2016

The Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus.

The Listening Perspective Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Listening Perspectives Study Center maintains responsibility for the program and its content.

The California Board of Behavior Science recognizes Continuing Education Credits awarded by providers approved by the American Psychological Association to Marriage & Family Therapists and Licensed Clinical Social Workers

California Board of Registered Nursing Provider Number: CEP12038

Relational Psychotherapy XVI

Neuropsychology and the Unconscious: Integrating Brain and Mind in Psychotherapy

Instructor:

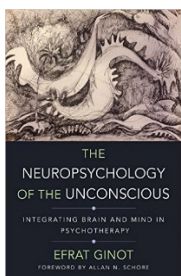
Third Monday
Third Tuesday
Third Thursday

Lawrence E. Hedges, Ph.D., Psy.D., ABPP

11:45-1:15
10:30-12:00
11:00-12:30

8-month Advanced Reading and Discussion Seminar—October 2016 through May 2017

Tuition for the year (12 hours of continuing education credit) is \$375 to be paid in 3 installments of \$125. **Early Bird fee of \$325 due by September 1, 2016**



Text: Ginot, E. (2015). *The Neuropsychology of the Unconscious: Integrating Brain and Mind in Psychotherapy*. New York: W. W. Norton & Company. (Norton Series on Interpersonal Neurobiology).

Course Description:

More than one hundred years after Freud began publishing some of his seminal theories, the concept of the unconscious still occupies a central position in many theoretical frameworks and clinical approaches. When trying to understand clients' internal and interpersonal struggles it is almost inconceivable not to look for unconscious motivation, conflicts, and relational patterns. Clinicians also consider it a breakthrough to recognize how our own unconscious patterns have interacted with those of our clients.

Although clinicians use concepts such as the unconscious and dissociation, in actuality many do not take into account the newly emerging neuropsychological attributes of nonconscious processes. As a result, assumptions and lack of clarity overtake information that can become central in our clinical work. This revolutionary course presents a new model of the unconscious, one that is continuing to emerge from the integration of neuropsychological research with clinical experience.

Drawing from clinical observations of specific therapeutic cases, affect theory, research into cognitive neuroscience and neuropsychological findings, the course will present an expanded picture of nonconscious processes. The model moves from a focus on dissociated affects, behaviors, memories, and the fantasies that are unconsciously created, to viewing unconscious as giving expression to whole patterns of feeling, thinking and behaving, patterns that are so integrated and entrenched as to make them our personality traits.

Topics to be covered include: the centrality of subcortical regions, automaticity, repetition, and biased memory systems; role of the amygdala and its sensitivity to fears in shaping and coloring unconscious self-systems; self-narratives; therapeutic enactments; therapeutic resistance; defensive systems and narcissism; therapeutic approaches designed to utilize some of the new understandings regarding unconscious processes and their interaction with higher level conscious ones embedded in the prefrontal cortex.

Larry Hedges, Ph.D., Psy.D., ABPP., began seeing patients in 1966 and completed his training in child psychoanalysis in 1973. Since that time his primary occupation has been training and supervising psychoanalysts and psychotherapists individually and in groups on their most difficult cases. He was the Founding Director of the Newport Psychoanalytic Institute in 1983 where he continues to serve as supervising and training analyst. Throughout his career Dr. Hedges has provided continuing education courses for psychotherapists throughout the United States and abroad. He has consulted or served as expert witness on more than 400 complaints against psychotherapists in 20 states and has published 19 books on various topics of interest to psychoanalysts and psychoanalytic psychotherapists, three of which have received the Gradiva award. During the 1909 centennial celebrations of The International Psychoanalytic Association his 1992 book, *Interpreting the Countertransference*, was named one of the key contributions in the relational track during the first century of





Intensives Calendar

Dear Colleagues,

Thank you for your support of our work. We want you to stay updated about our schedule. Our clients report that the CHS Intensive experience is life-changing. We look forward to collaborating with you!

Alex Katehakis, MFT, CST-S, CSAT-S



JUNE 13 to 24:

WOMEN'S SEX AND LOVE ADDICTION INTENSIVE (FULL)

JUNE 27 to JULY 8:

WOMEN'S SEX AND LOVE ADDICTION INTENSIVE

JULY 11 to 22:

OPEN FOR MEN OR WOMEN - CALL TO REGISTER

JULY 25 to AUGUST 5:

MEN'S SEX AND LOVE ADDICTION INTENSIVE

All Intensives are limited to a maximum of 4 clients for more individual attention.

Center for Healthy Sex offers the following Intensive programs for clients who seek a fast, focused, and effective treatment in an out-patient setting.

11-Day Intensive for Sex and Love Addiction

The 11-Day Intensive for Sex and Love Addiction at Center for Healthy Sex is an in-depth, outpatient sex addiction therapy program. It is intended for groups of men or women who need to stop compulsive sexual patterns that are causing major disruption in their lives.

[Read more](#)

The 11-Day Love Addiction Intensive is for those whose desire for love, relationships, or intimacy has brought them to a point in which their life has become unmanageable or they are experiencing serious consequences. This program provides individuals with the tools necessary to begin to have healthy love and relationships in their lives. [Read more](#)

6-Day Intensive for Partner Relational Trauma

The 6-Day Partner's Relational Trauma Intensive is specifically designed for Partners of Sex Addicts to begin to heal the wounds and trauma which has resulted from their partner's sexual addiction. [Read more](#)

All Intensive programs run from 9:30 am to 5 pm, and are facilitated by a team of therapists who give a variety of expert perspectives. Each intensive is committed to bringing about a successful recovery. The programs include:

- individual therapy
- group therapy
- experiential therapy
- art therapy
- 12-step meetings
- nightly homework assignments

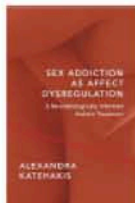
To register or consult with our compassionate intake counselors,
Please call (310) 843-9902



Center for Healthy Sex
Providing Sex Therapy.



Alexandra Katehakis,
MFT, CSAT-S, CST-S



"Sex Addiction as Affect
Dysregulation: A Neuro-

The Psychoanalytic Center of California

invites you to attend our

CLINICAL CAFÉ

Saturday, June 11, 2016
10:00 AM - 1:00 PM



**"MATURE SADOMASOCHISM
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with featured speaker:
Dr. James Gooch

Join us for a clinical presentation and complimentary lunch followed by a small group discussion. We'll meet colleagues, explore ideas and welcome diverse psychoanalytic thinking.

Location:

**PCC Conference Room
11500 W. Olympic Boulevard, Suite 445
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(Parking is \$8.00 per car. Enter the building parking structure from Colby Avenue. Metered parking also available).

**Pre-licensed participants will receive a
certificate for three (3) hours of attendance.**

All attendees are welcome!

SPACE IS LIMITED! Please R.S.V.P. to the PCC Office via email no later than June 10, 2016.

psychcntr.pcc@verizon.net or by telephone at 310.478.4347.

Visit the website at www.p-c-c.org to view a list of upcoming events.

[Click here to download a copy of the Clinical Café flyer.](#)

Contact

Psychoanalytic Center of California
11500 W. Olympic Blvd, Suite 445
Los Angeles, CA 90064
(310) 478-4347
www.psyc.org

OUTFEST

For the fifth year, LAGPA is a Community Collaborator of Outfest. This year we are supporting "Lazy Eye" by Tim Kirkman. It explores transcendent truths about relationships and reconciliation. It is being shown Saturday July 16 at 1:30 PM in DGA1. Hope to see you there. Stop by our booth and say "hi." When you purchase tickets, mention LAGPA and receive \$2 off each ticket.

Lazy Eye

U.S. Narrative Features

(USA, 2015, 86 min)

Directed By: Tim Kirkman



SCREENING
SCHEDULE
Sat, Jul 16th
1:30pm
DGA 1
\$15.00

• lazyeyemovie.com

When Dean unexpectedly hears from his ex-boyfriend Alex for the first time in 20 years, they flee to Joshua Tree for a romantic weekend of whirlwind perspective shifts, nonstop conversation, and second chances. Sunkissed and exposed, their past, present, and future choices collide in LAZY EYE, a naturalistic love story with no easy answers. Outfest alum Tim Kirkman (LOGGERHEADS, DEAR JESSE) revels in these moments, exploring transcendent truths about relationships and reconciliation against an epic desert backdrop.

Post-Screening Reception: DGA Atrium



Summer Social and Pool Party

Hosted by:
Lesbian and Gay Psychotherapy Association (LAGPA)

and co-hosted by:
Southern California Medical Association (SCLMA)
LGBT Bar

Date: Sunday August 14, 2016
Time: 12 Noon to 4 PM

Don't miss a fun get-together with wonderful Eats and Drinks!!!
Reminders all swimmers—bring sunblock and beach towel!!
Last year, we had almost 200 members attend. It was great fun.

\$25 for LAGPA Members*
Guest \$35**
PAY AT THE DOOR but RSVP is needed

At the home of:
Liliane Quon McCain
608 North Hillcrest Road
Beverly Hills, CA 90210-3515
(1 ½ blocks North of Santa Monica Blvd.)
Ample street parking



*LAGPA is absorbing some of the expense for this event to keep entry fees a minimum for members. The true cost for this event is \$50 per person. Your membership helps reduce the entry fee. Guest and others pay a modest \$35 each for terrific food, liquor, and fun. If you are not a member, now is the time to join at the website:

www.lagpa.org.

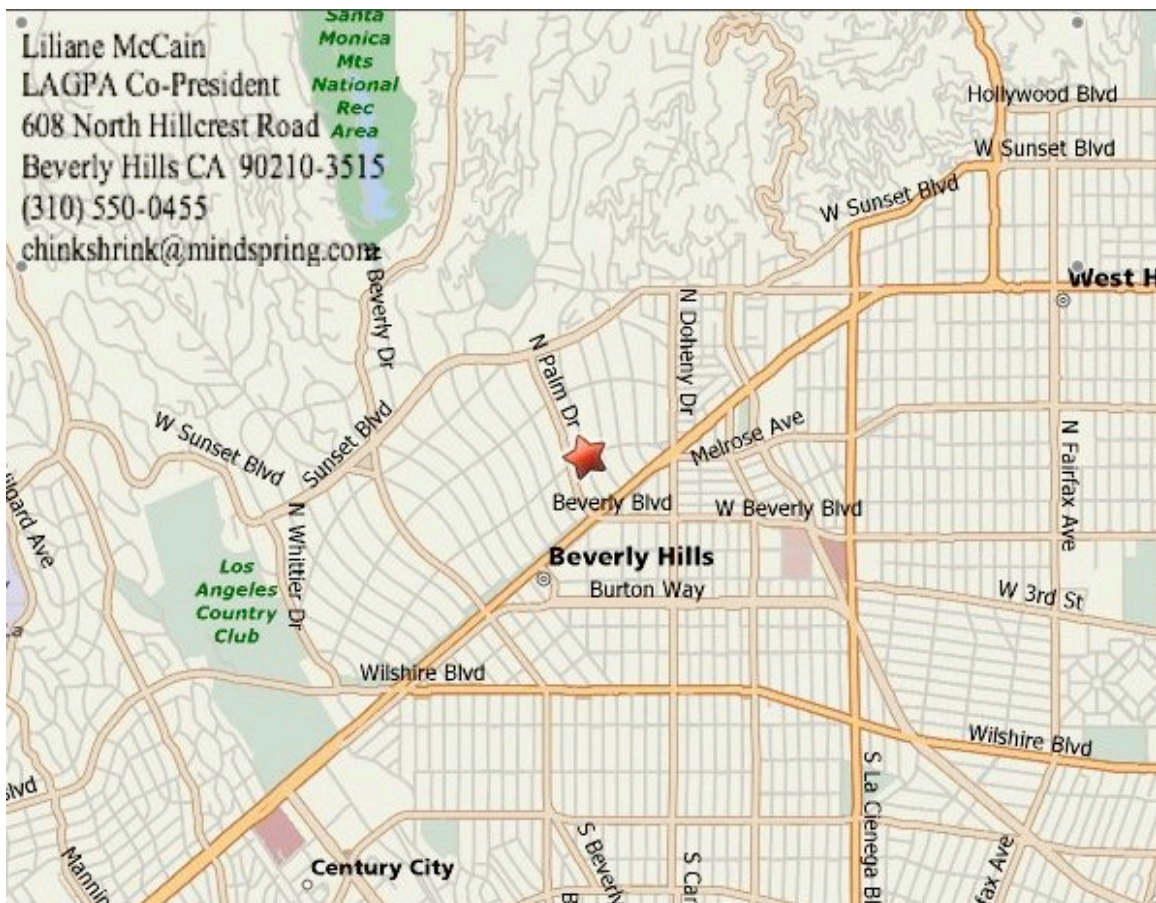
Every effort has been made to meet the dietary needs of vegetarians and vegans.

Liquor is generously provided by Pacific Wine & Spirits. Their sponsorship helps keep the costs of the event down and we pass the savings onto our members.

PLEASE RSVP to Chuck at LAGPA@sbcglobal.net

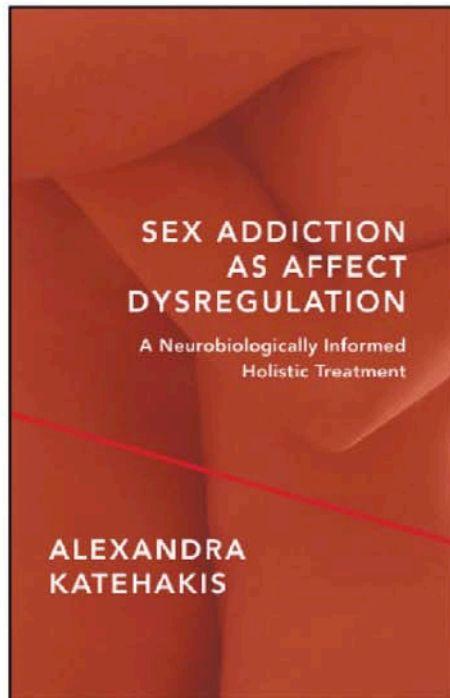
Liliane's 1936 Bugatti will be in attendance if you want to see it.

(cont.)



It is important that you honor your RSVP commitment and show up. The catering is based on the RSVP count. If you find you can't make the date, please contact us so we can adjust the catering accordingly.

NEW from Norton Mental Health and Alexandra Katehakis



W-W-NORTON

NEW YORK LONDON

Publishing Fall 2016
Hardcover, 496 pages
promotion code: **KATEHAKIS**
tinyurl.com/pamb849

Sex Addiction as Affect Dysregulation: A Neurobiologically Informed Holistic Treatment

Sex Addiction as Affect Dysregulation is the first book on sex addiction that takes into consideration neurobiological underpinnings, examining sex addiction in line with the new definition of addiction as a primary, chronic brain disorder. Katehakis presents not only a well-rounded discussion of the issue—integrating topics such as attachment patterns, brain development, trauma history, as well as neurophysiological factors—but ends by presenting a holistic treatment model. Treatment implications are explained, and case histories demonstrate the validity of a holistic treatment approach.

Alexandra Katehakis, MFT, CST-S, CSAT-S is a Licensed Marriage, Family Therapist, Certified Sex Addiction Therapist and Supervisor, Certified Sex Therapist and Supervisor, and Clinical Director of Center for Healthy Sex in Los Angeles, California. She is a Senior Fellow at The Meadows and a faculty member of the International Institute of Trauma and Addiction Professionals (IITAP), the certifying body for sex addiction therapists. She specializes in and has extensive experience in working with a full spectrum of sexuality from sexual addiction to problems of sexual desire and dysfunction for individuals and couples.

Learn more at www.centerforhealthysex.com



Upcoming Continuing Education



Transyouth Care: An Educational Symposium for Professionals

Susan Landon, LMFT, Aydin Olson-Kennedy, MSW, ACSW, and Guest Speaker Johanna Olson-Kennedy, MD

May 14 & 15, 2016

12 CEUs and CMEs

San Diego, CA

<http://transyouthcaresd.bpt.me>

Preparing the next generation for the 'other real world': A culturally-celebratory, competency-based approach to clinical supervision

Theodore Burnes, PhD

June 28, 2016

6 CEUs

Culver City, CA

<http://www.brownpapertickets.com/event/2524707>



Psychodynamic Therapy with Transgender and Gender Nonconforming Patients

Cadyn Cathers, MA

July 17, 2016

7 CEUs

Culver City, CA

<http://psychodynamictxtrans.bpt.me>

Los Angeles Gender Center is approved by the American Psychological Association to sponsor continuing education for psychologists. LAGC maintains responsibility for this program and its content.



CALLING MENTAL HEALTH PROFESSIONALS

Register for the 52nd CAMFT Conference!

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"THE FUTURE OF MENTAL HEALTH:"

TOOLS
FOR THE THERAPIST'S TOOLBOX"
@ THE HILTON LOS ANGELES
MAY 12-15, 2016



CAMFT's 52nd Annual Conference

***"The Future of Mental Health:
Tools for the Therapist's Toolbox"***

Thursday, May 12th through Sunday, May 15th, 2016

Held at the Hilton Los Angeles Airport
5711 W Century Blvd,
Los Angeles, CA 90045

To Register or for more information, [Click Here](#)

Keynote Speaker Alexandra Katehakis will present on:

*Sex Addiction as Affect Dysregulation:
A Neurobiologically Informed Holistic Treatment, Part 1*
Thursday May 12th, 8:00 a.m. - 10:00 a.m.
2 CE Credits

&

*Sex Addiction as Affect Dysregulation:
A Neurobiologically Informed Holistic Treatment, Part 2*
Thursday May 12th, 2:15 p.m. - 5:45 p.m.
3 CE Credits





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with co-occurring disorders*

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Riviera Resort and Spa Hotel
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CALL FOR PRESENTERS

We encourage the submission of workshop and presentation proposals that strengthen best practices, and bring forward relevant information for best practices in supporting the LGBTQ community with co-occurring disorders. Our intention is to offer a container for discovery and focused discussion to find effective solutions for professionals and their LGBTQ patients. We desire workshops that are research based and are contextually forward thinking.

Download Application
LGBTQSymposium.com
Deadline April 15th

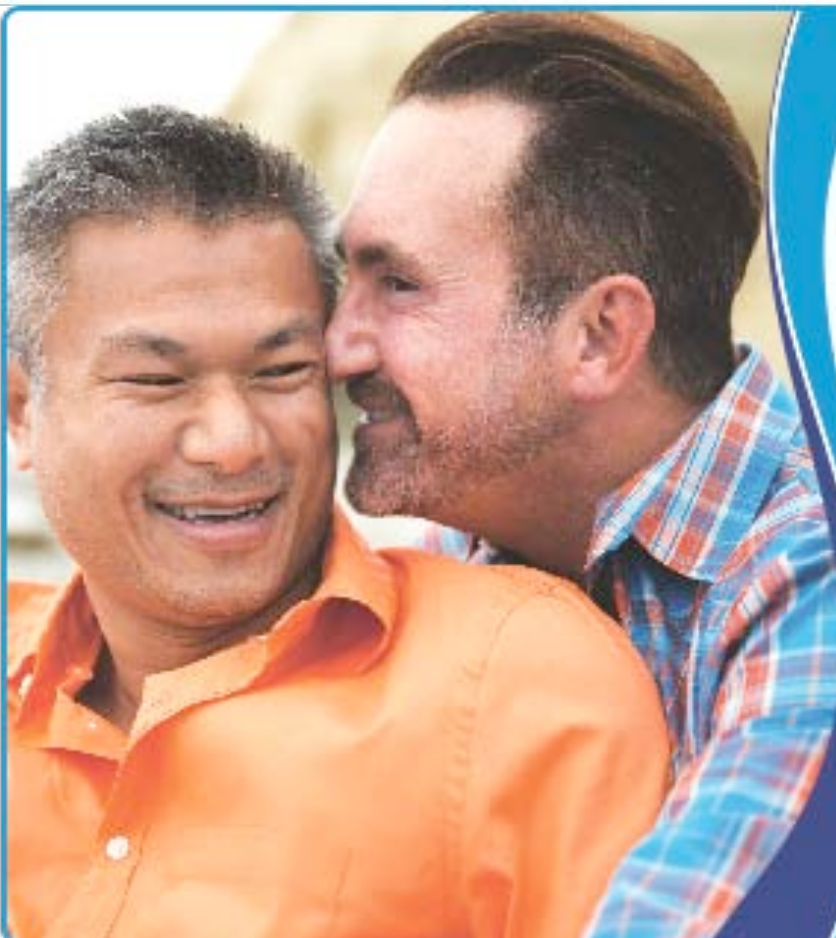


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2017

For more event details
including CE & registration
information, please visit
LGBTQSymposium.com

For more information,
including sponsorship
opportunities, please
contact Renee Baribeau
at 760-464.2138 or
Renee.Baribeau@frnmail.com



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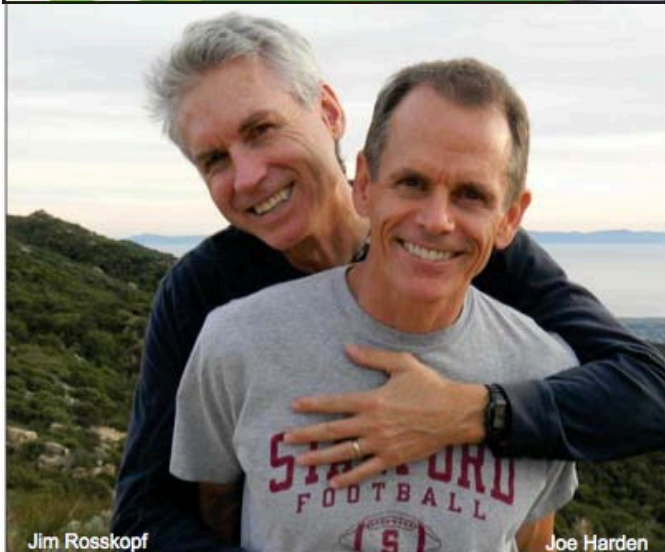
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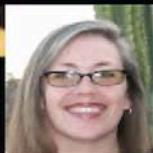
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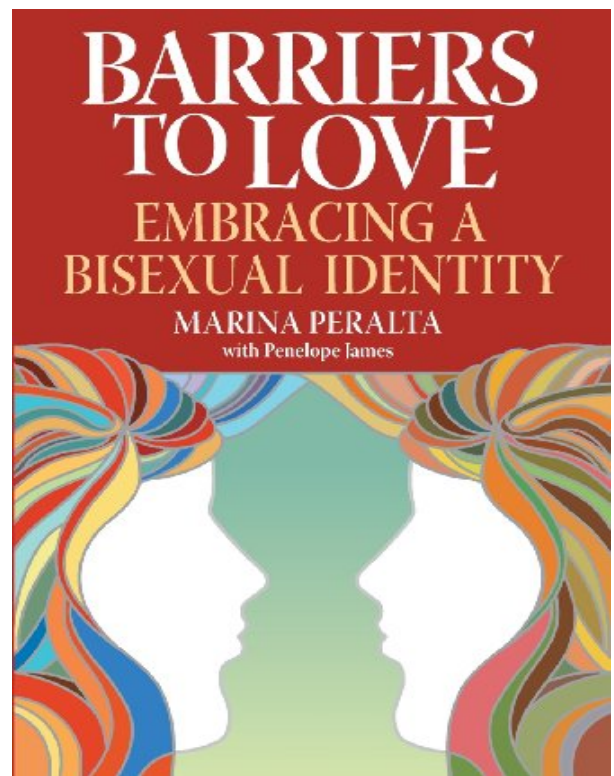
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The Institute for
Sexual Health

ISH wishes to thank LAGPA for hosting educational conferences for the past 18 years in support of the LGBTIQ psychotherapy community.

The Institute for Sexual Health
400 S. Beverly Drive, Ste 316
Beverly Hills, CA 90212

310-286-1300 (telephone)
310-286-1330 (fax)

21st LAGPA LGBTQI PSYCHOTHERAPY CONFERENCE at Antioch University November 13, 2016

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) announces its Twenty-First Annual LGBTQI Psychotherapy Conference. The conference is a one-day event co-hosted and co-sponsored by Antioch University Los Angeles (AULA) and the Masters in Psychology/Clinical Psychology LGBT Specialization. The conference is being held Sunday November 13, 2016 in Culver City, CA at AULA and presents academic research and expertise on LGBTQI issues and concerns to professionals working with these clients in their counseling practices. The conference is designed to meet the educational needs of psychiatrists, psychologists, LCSW, LMFT, MSW, CAADAC Certified and Registered addiction professionals, interns, and students of psychology, and earns continuing education credits from APA, BBS, and CAADAC. Approximately 100 professionals are expected to attend.

For our twenty-first anniversary conference, we wanted a truly special speaker. Dr. Greg Cason is best known as “Dr. Greg” from the *Bravo* series “LA Shrinks”— the controversial docu-series that dramatized the interactions between a therapist’s office and his real life. He appears regularly as a psychological expert on *The Nancy Grace Show* and has also appeared on many TV programs including *The Jeff Probst Show*, *The Tyra Banks Show*, *Extra*, *Entertainment Tonight*, *Access Hollywood*, and other news features. His expertise was also featured in documentaries specifically about the gay community such as *The Butch Factor*, *The Adonis Factor*, and *The Gift*. Most recently, he provided expert psychological analysis in *The Secret Tapes of the O.J. Case: The Untold Story*. His writing includes an often-irreverent psychology column for the gay community called “Off The Couch” in print and on-line versions of *Frontiers* magazine and his sometimes-controversial views have been featured in *The Huffington Post*, *The Advocate*, *People*, and other publications. Dr. Cason currently teaches in the psychiatric residency at UCLA and is a licensed psychologist and Diplomate in the Academy of Cognitive therapy with a private practice in Los Angeles specializing in Cognitive Behavioral Therapy and the LGBT community.



Gregory Cason, Ph.D.
Clinical Instructor at UCLA in
the Anxiety and Depression
Clinic for Psychiatric Residents

Sponsors in prior years include: Sexual Recovery Institute, Elements Behavioral Health, The Institute for Sexual Health, The Trevor Project, Vista Del Mar, PFLAG, Twin Town Treatment Centers, the Los Angeles LGBT Center Mental Health Services, Michael's House, and others.

About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) was established in 1992 as an organization of mental health professionals interested in the psychological well being of gay, lesbian, bisexual and transgender individuals. LAGPA provides a wide variety of activities designed to strengthen professional knowledge and competence in the provision of mental health services. LAGPA exists to join mental health professionals together for academic and social events, to provide educational community outreach, and to foster and promote a positive identity for members of the LGBT community. LAGPA events include: academic forums, social events, professional women's events, and the annual LGBTQI Psychotherapy Conference. Members also receive a quarterly newsletter, a membership listing on the LAGPA website and the on-line directory. LAGPA is an accredited provider of continuing education for Clinical Psychologists, Licensed Clinical Social Workers (LCSW), and Licensed Marriage and Family Therapists (LMFT) through the American Psychological Association (APA) and Board of Behavioral Sciences (BBS). For further information, visit our Website at: www.lagpa.org.

Contact for Further Information:

Chuck Stewart, Ph.D.
3722 Bagley Ave. #19
Los Angeles, CA 90034
310-838-6247
LAGPA@sbcglobal.net



The LGBT Specialization
in Clinical Psychology

CALL FOR PAPERS / PRESENTERS

21TH ANNUAL LGBTQI PSYCHOTHERAPY CONFERENCE

Sunday November 13, 2016

Sponsored by:

Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA)

Co-sponsor and Host:

Antioch University Los Angeles and the LGBT Specialization

Keynote Speaker: Greg Cason

Writes regular column on therapy for *Frontiers Magazine* and is seen in the following documentaries: "The Butch Factor," "The Adonis Factor," and "The Gift."

LAGPA is accepting proposals for our Annual LGBTQI Psychotherapy Conference. The event is being co-sponsored and hosted at Antioch University Los Angeles and the LGBT Specialization on Sunday November 13, 2016. The topics must focus on LGBT clients and the knowledge needed by therapists to better serve this population.

Persons who are selected to present at the Conference will receive significant benefits including: half-off full membership rate in LAGPA (a \$60 saving), reduced admission to the Conference (a \$120 saving), and can have his or her business card printed in the Conference Program besides appearing on our website and newsletter for one year.

The workshops need to be LGBTQI related or centered:

- Relevant to psychological practice, education and science;
- Enable psychologists to keep pace with emerging issues and technologies; and
- Allow psychologists to maintain, develop, and increase competencies in order to improve services to the public and enhance contributions to the profession.

To clarify:

Criterion One: First, the proposal must be relevant to LGBT concerns, and not just have "LGBTQI" tacked on. Proposals **MUST** address LGBTQI concerns. If your workshop does **NOT** adequately address lesbian, gay, bi-sexual/pansexual, transgender, intersex, and/or queer or questioning psychological issues, please rethink and revise your proposal before submission.

Criterion Two: Next, the proposal needs to offer something of applicable, practical, clinical value to psychologists, psychotherapists, and other clinicians. The APA requires this for all CE providers.

Submission Guidelines:

Please follow our simplified, 2-Step Application Process.

Step 1 — Submit Workshop Concept Application. The purpose of the Workshop Concept Application is to briefly describe the scope of the intended workshop. If the Application Review Committee deems the concept

to be appropriate for the Conference, then the presenter(s) will be asked to submit an application that fully conforms to APA standards. The Workshop Concept Application is intended to facilitate your creative process. You can give us the essence of your idea(s). If we like it, you can then devote much more time to develop it into a full application.

Workshop Concept Application (not more than one page in length). Due Date: July 15, 2016

- Title of Workshop (Approximately 15 words or less)
- Abstract (Approximately 75 words or less)
- Presenter(s) (list names, titles, and brief bio of not more than 3 sentences each)

Please attach a Word document to an email and send to Robbert Schalekamp, co-president, at RobbertJanSchalekamp@msn.com. On the subject line, write: *Workshop Concept Application*.

Step 2 — If your Workshop Concept Application is accepted, the complete application form and instructions will be sent to you. You will have one month to complete the full application. Due Date is September 15, 2016.

If you require assistance or clarification please contact Chuck Stewart, Ph.D. at:

lagpa@sbcglobal.net

If you need additional applications, visit our website at www.lagpa.org.

Some workshops given at previous LAGPA Conferences include:

- Intersections and Clinical Concerns: Trans*, Gender, Sexuality, and You. Yes, You!
- From Chaos to Clarity: Taking Charge of ADHD in the LGBT community
- Archetypal personality patterns in heterosexual and gay male couples: masculine, feminine, puer, senex, and shadow traits.
- LGBTQ youth today, where do we stand? Honoring the memory of Lawrence King.
- Eroticism, Shame, and the Lesbian Search for Self
- Our Changing View of Gay men's Lives: A New Model of Psychosocial Development Across the Lifespan
- Abandoned sacred locations: Exploring the role of Lesbian and Gay myth in clinical practice
- The Experience of Lesbian Co-Mothering
- Transsexual, Transgender & Gender Variant: Issues in Contemporary Clinical Psychology
- Psychotherapy with Gays and Lesbians From Iran
- Crystal Meth, HIV Risk, and Gay Men: A Harm Reduction Approach
- LGB/T Elder Therapeutic Concerns: Myths and Stereotypes, Treatment, and Psychosocial Wellness
- Bisexual Identity Congruence: Why Bisexuality is Not Only Legitimate and Healthy, But Possibly the Majority
- Demystifying "Lesbian Bed Death"
- Intersections: Intersex, Transgender, and Gender Community Health

LAGPA TWENTY-FIRST ANNUAL LGBTQI PSYCHOTHERAPY CONFERENCE

Co-hosted by Antioch University Los Angeles and the LGBT Specialization

Sunday, November 13, 2016

Antioch University, 400 Corporate Pointe, Culver City, CA 90230

Conference SPONSORSHIP

Name _____ Organization _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

Yes, my organization is interested in providing corporate sponsorship for LAGPA's annual LGBTQI psychotherapy conference! We would like to provide sponsorship support at the following level:

_____ **\$ 4000, Conference Co-Sponsor:**

- Name recognition and/or logo (when appropriate) as Co-Sponsor on all Conference publications, press releases, and advertising.
- May make a 15-minute speech during the luncheon break and Keynote Speech.
- Display/vendor table at the Conference.
- Full-page size advertisement in the *Conference Brochure* and *Conference Program*.
- Listed as sponsor on website.
- Free Banner Ad on website (may rotate with other banner ads)

_____ **\$ 1500, Conference Brochure and Conference Program Sponsor:**

- Name and/or logo displayed on the front page of the *Conference Brochure* and *Conference Program*.
- May make a 5-minute speech just after the Keynote Speech.
- Display/vendor table at the Conference.
- Half-page size advertisement in the *Conference Brochure* and *Conference Program*.
- Free Banner Ad on website (may rotate with other banner ads)

_____ **\$ 800, Keynote Address Sponsor:**

- The Keynote Address Sponsor will be recognized during the introduction of the keynote speaker.
- Display/vendor table at the Conference.
- The right to place advertising at all lunch tables indicating that you are the Keynote Sponsor.
- Quarter-page size advertisement in the *Conference Brochure* and *Conference Program*.
- Reduced rate for Banner Ad on website

_____ **\$ 400, Corporate Table Sponsor/Vendors:**

- Display/vendor table at the Conference.
- Business card size advertisement in the *Conference Brochure* and *Conference Program*.
- Reduced rate for Banner Ad on website.

	Corporate Table Sponsor or Vendor	Keynote Address Sponsor	Brochure or Program Sponsor	Conference Co-Sponsor
Display Table at Conference	✓	✓	✓	✓
Banner Ad on LAGPA Website	✓ Reduced Rate	✓ Reduced Rate	✓ Free	✓ Free
Display Ad in Conference Brochure and Conference Program	✓ Business Card Size Ad	✓ Quarter-page Size Ad	✓ Half-page Size Ad	✓ Full-page Size Ad
Presentation During Luncheon Break and Keynote Speech		✓ Right to place marketing materials at all lunch tables	✓ 5-minute speech to entire conference	✓ 15-minute speech to entire conference
Name Recognition and/or Logo as Co-Sponsor on all Conference publications, press release, and advertising besides Website.				✓

(OVER)

NOTES:

- There may be multiple sponsors at each level.
- On the day of the conference, we hold a raffle game to drive conference attendees to your booth. You are welcome to donate items or services to include in the raffle. Just let Chuck know what you want to include.
- Please include, where available, camera-ready images of corporate logos for printing on recognition materials. The files should be emailed to Chuck Stewart—LAGPA@sbcglobal.net— in jpg, png, pdf, tiff, Word, or Photoshop format.
- Advertising mechanical specifications (may be submitted in full color at no additional charge): Mechanical Information (w x h):
 - Full Page— 7.5(w)”x10(h)”
 - ½ Page (h)—7.5(w)”x4.95(h)”
 - ½ page (v) — 3.7(w)”x10(h)”
 - ¼ page — 3.7(w)”x4.95(h)”
 - Business Card — 3(w)”x2.5(h)”
- If you are unable to provide an on-site representative to staff a sponsorship table, please contact Chuck Stewart to discuss arrangements for display on the Community Table.
- For those obtaining a Banner Ad, please contact Chuck Stewart directly for details.

Ad Copy is due August 15. Full payment is required by October 30. Advertisement requests received after July 1 will be only included in the *Conference Program* distributed to all conference attendees.

PAYMENT

<p>CHECK: \$ _____ made payable to: LAGPA OR</p> <p>CHARGE: VISA Master Card Am. Exp. Disc.</p> <p>_____</p> <p>Name of Cardholder (as it appears on card) (print clearly)</p> <p>_____ Exp. Date ____/____</p> <p>Credit Card Number (print clearly)</p> <p>_____</p> <p>ZIP Code Code on back of Card</p> <p>Authorizing Signature _____</p> <p>Total Amount To Be Charged \$ _____</p>	<p>Mail form, checks, and camera-ready copy to:</p> <p>Chuck Stewart LAGPA Executive Director 3722 Bagley Ave. #19 Los Angeles, CA 90034-4113</p> <p>You may also email ad copy to LAGPA@sbcglobal.net. If you are using credit card payment method, you may fax to 310-838-6247 or send email to LAGPA@sbcglobal.net.</p> <p>For additional information, call Chuck Stewart at 310-838-6247</p>
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Thank you for your generous support of LAGPA’s Annual LGBTQI Psychotherapy Conference. Although LAGPA is a not-for profit corporation, contributions are not tax deductible. Under certain circumstances sponsorships may be eligible for deduction as a business expense. Please consult with a tax specialist to determine eligibility.

LAGPA TWENTY-FIRST ANNUAL LGBTQI PSYCHOTHERAPY CONFERENCE

Co-hosted by Antioch University Los Angeles and the LGBT Specialization

Sunday, November 13, 2016

Antioch University, 400 Corporate Pointe, Culver City, CA 90230

Conference ADVERTISEMENT Order Form

Name _____ Organization _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

I want an advertisement included in the conference print materials for LAGPA's annual LGBTQI psychotherapy conference. This includes both the *Conference Brochure* and *Conference Program*. I am requesting the following advertisement size (Check One):

_____ \$ 60 Business Card Size _____ \$ 95 ¼ page _____ \$165 ½ Page
_____ \$245 Full Page _____ \$415 Back Page _____ \$495 Full Page Insert
on color stock

Mechanical Information (may be submitted in color at no additional cost):

Full Page— 7.5"x10"; ½ Page (h)—7.5"(w)x4.95(h)"; ½ page (v) 3.7(w)"x10(h)"; ¼ page 3.7(w)"x4.95(h)"; Business Card 3(w)"x2.5(h)"

Advertising Copy: You may either send up camera-ready copy or have us lay it out.

- Write your copy on the back of this form and mail or email it to Chuck Stewart.
- Email to Chuck Stewart a separate file in jpg, pdf, tiff, Word, Illustrator, or Photoshop format.
- Attach a business card and we'll scan it into the document.

We reserve the right to make minor modifications as necessary, not affecting the ad content, to meet printing requirements. Current LAGPA or SCLMA members receive a 10% discount on all ads.

Ad Copy is due August 15. Full payment is required by **October 30**. Advertisement requests received after August 1 will only be included in the *Conference Program* distributed to all conference attendees.

PAYMENT

CHECK: \$ _____ made payable to: LAGPA

OR

CHARGE: VISA Master Card Am. Exp. Disc.

Name of Cardholder (as it appears on card) (print clearly)

Credit Card Number (print clearly)

ZIP Code Code on back of Card

Authorizing Signature

Total Amount To Be Charged \$ _____

Mail form, checks, and camera-ready copy to:

Chuck Stewart
LAGPA Executive Director
3722 Bagley Ave. #19
Los Angeles, CA 90034-4113

You may also email ad copy and payment form to:

LAGPA@sbcglobal.net.

You may also fax payment forms to 310-838-6247.

For additional information, call Chuck Stewart at 310-838-6247

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January 13-14, 2017

Presentation Proposal

Thank you for submitting your presentation for consideration at The Finding Freedom Symposium Conference at the Riviera Hotel and Spa, Palm Springs January 13 and 14, 2017.

We encourage the submission of workshop and presentation proposals that strengthen best practices, and bring forward relevant information for best practices in supporting the LGBTQ community with co-occurring disorders. Our intention is to offer a container for discovery and focused discussion to find effective solutions for professionals and their LGBTQ patients. We desire workshops that are research based and are contextually forward thinking.

Our goal is to cultivate a conversation that will lead to clinical, research-based information. We are gathering the dynamic leaders in the field of LGBTQ addiction treatment to spark the conversation.

If your presentation is accepted, you will receive one free full conference registration per presenter and hotel accommodations for the evening of the presentation. Reimbursement for travel expenses is not provided.

Instructions

Please complete the Presentation Proposal Form in full. The form must be typed, and all applicable information must be filled in for the proposal to be considered. Please save the Presentation Proposal Form under your name and presentation title, then email the proposal to Renee.Baribeau@FRNmail.com as an attachment. We look forward to receiving your proposal.

The Presentation Proposal Form is in Microsoft Word .doc format. When you save the document, please save as a Microsoft Word .doc or .docx format only. Other formats will not be accepted.

Timeline

Your presentation proposal must be received before April 15, 2016.

The presentation selection committee will review all presentation proposals and contact you by April 6, 2016 with an acceptance or rejection of your presentation proposal. If your presentation proposal is accepted, you will also receive notification of the dates and times of your presentation at the conference. Presenters are requested to be present for the entire conference, especially the work-group studies on Friday afternoon.

Agreement

This presentation proposal also serves as a presenter agreement. By submitting the completed presentation proposal you are agreeing to the terms and conditions of the presenter agreement. Should your presentation proposal receive acceptance, you will have the option to refuse participation at that time. Thank you very much for your time, effort and desire to share your knowledge.

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A Neurobiologically Informed
Holistic Treatment

ALEXANDRA
KATEHAKIS

Sex Addiction as Affect Dysregulation: A Neurobiologically Informed Holistic Treatment

Sex Addiction as Affect Dysregulation is the first book on sex addiction that takes into consideration neurobiological underpinnings, examining sex addiction in line with the new definition of addiction as a primary, chronic brain disorder. Katehakis presents not only a well-rounded discussion of the issue—integrating topics such as attachment patterns, brain development, trauma history, as well as neurophysiological factors—but ends by presenting a holistic treatment model. Treatment implications are explained, and case histories demonstrate the validity of a holistic treatment approach.

Alexandra Katehakis, MFT, CST-S, CSAT-S is a Licensed Marriage, Family Therapist, Certified Sex Addiction Therapist and Supervisor, Certified Sex Therapist and Supervisor, and Clinical Director of Center for Healthy Sex in Los Angeles, California. She is a Senior Fellow at The Meadows and a faculty member of the International Institute of Trauma and Addiction Professionals (IITAP), the certifying body for sex addiction therapists. She specializes in and has extensive experience in working with a full spectrum of sexuality from sexual addiction to problems of sexual desire and dysfunction for individuals and couples.

Learn more at www.centerforhealthysex.com



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6. CLASSIFIED ADS

The **Classified Section** of the *Progress Notes* allows members and non-members to advertise available therapy services, employment, and office space. This section is **free for members** and \$15 for non-members.

POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group, or organization. If you would like to send an electronic mailing to the membership you must send us the text, graphics, URLs, and any accompanying attachments you wish to send so our Editor, and the rest of our Board may review it. Rates for this type of service are: Members \$125.00 per mailing; Non-Members \$175.00 per mailing. We strongly suggest you place an ad in the *Progress Notes* rather than create a separate mailing. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to e-mail, include in the *Progress Notes*, or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. For more information please contact our Executive Director, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters provide a great way to market your product or service, to create credibility, and to build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees, or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles by email, to LAGPA@sbcglobal.net. This newsletter is emailed to over 600 current and past members. PN is published 3 times a year—Jan or Feb, June or July, October or November. Advertising and articles are due three weeks before publication. Contact us for dates.

Classified Advertisement Rates

Members FREE

Non-member \$15.00

Display Advertisement Rates

Size	Member	Non-mem.
1/8 page or business card	\$20.00	\$30.00
1/4 page	\$40.00	\$50.00
1/2 page	\$70.00	\$90.00
Full page	\$90.00	\$125.00

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

Mechanicals

Size	
Business Card	3.5" w x 2" h
Horizontal eighth-page	3.7" w x 2.37" h
Vertical eighth-page	1.82" w x 4.8" h
Horizontal quarter-page	7.5" w x 2.4" h
Vertical quarter-page	3.7" w x 4.8" h
Horizontal half-page	7.5" w x 4.8" h
Vertical half-page	3.7" w x 9.75" h
Full page	7.5" w x 9.75" h

THERAPY

Group

Gay Men's Mastermind Career Support Group for support professional dreams and goals. Held on Monday evenings, 6:00-7:30 p.m., fee slides from \$50 to \$65. Approximately 25-45 age range, but flexible. Intake interview by phone required. Group is in progress. Call 310-726-4357, or email Ken@GayTherapyLA.com.

Affirmative Therapy in West Los Angeles

Dr. Lani Chin is now accepting new clients in Westwood. Dr. Chin has worked with various members of the Gay, Lesbian, Bisexual, and Transgender community specializing in affirmative therapy for the treatment of anxiety, depression, substance abuse and anger management. Dr. Chin works with both individuals and couples.

Lani Chin, Psy.D.

Licensed Clinical Psychologist PSY 24971

1328 Westwood Blvd., Unit 9

Los Angeles, CA 90024

310-344-5550

www.drlanichin.com

Westside Psychotherapy Group

Westside co-ed psychotherapy group meets Mondays 6-7:30pm near Westside Pavilion. Established interpersonal process group with current openings. Contact Andrew Susskind, LCSW, SEP, CGP for more details. 310-281-8681 or andrew@westsidetherapist.com.

Workshop introducing Sun-Moon Therapy

Sun-Moon Therapy is a radical, gender-bias-free path to human wholeness for women, men and couples. LGBTQI especially welcome. Sunday, June 12 from 2pm-4pm @ Corazon, Topanga. Contact Mary Guillermin for details at 310 422 6497 or thefemininityproject@gmail.com

Psychiatrist/Psychotherapist

If you're looking for a psychopharmacologist who will take the time to get to know your clients and support your work with them . . .

Or if you know a client who would benefit by seeing the same professional for both psychotherapy and psychopharmacology. . .

Then please contact Dr. Adam at:

Adam Cotsen, M.D.

116 N. Robertson Blvd. #908

Los Angeles, CA 90048 310-659-8640

DrAdam.net dradamcotsen@gmail.com

EMPLOYMENT and INTERNSHIP

Intern

Paid private practice weekend internship opportunity offered to qualified Associate Clinical Social Worker (ASW) or Marriage and Family Therapist Intern (IMF) for sessions on Saturdays, Sundays, and possibly Monday mornings/afternoons at established office near Beverly Center. Supervisor has 17 years experience as clinical supervisor and is part-time faculty of USC School of Social Work, with over 10 years in full-time private practice and over 20 years clinical experience as a specialist in gay men's and HIV mental health, and men's psychology. Adult population focus only, with mainstream, evidence-based interventions (preferably CBT, DBT, IPT, or psychodynamic). NOTE: Must have existing clients or reliable referral stream. Motivated self-starters only. Supervision and private practice career coaching. 50/50 fee split basis. Available immediately. One opening. Email letter of interest and resume/CV to Ken Howard, LCSW, at Ken@GayTherapyLA.com.

Joining Part-Time Practice

Experienced DMH therapist working with children, adolescents and families interested in joining an existing part time practice somewhere in greater L.A. Brian Garfield, LCSW 310 383 1601.

BOOKS BY MEMBERS

Three books by Jeffrey Chernin Ph.D., MFT. The second edition of Kindle book *Get Closer: A Gay Men's Guide to Intimacy and Relationships*. Also, a Kindle book for non-gay couples, *Achieving Intimacy: How to Find a Loving Relationship that Lasts*. Both books offer ways to have a lasting, loving relationship. The books also offer help to overcome several kinds of challenges, with an emphasis on developing better communication, putting an end to conflicts and emotional distance, and changing long-standing patterns. His first book, *Affirmative Psychotherapy and Counseling for Lesbians and Gay Men* is available in hardcover and paperback and is being used by AAMFT-CA for their LGBT certification program. All are available on Amazon.

www.BankruptYourStudentLoans.com

Learn how it is possible to have your student loans discharged through bankruptcy or other means.

OFFICE SPACE

Office space in Studio City & West Hollywood

Ideal office set-up for licensed therapists and newly licensed therapists-- especially those who would like to apply for insurance panels or who are on panels. For under \$200 a month, you could have an office in LA. Or, for an additional rate, you could have two offices in LA: one in Studio City and one in West Hollywood! Having two offices is a plus for applying to/being on insurance panels and for always having a conveniently located office in a large city such as Los Angeles. Call Mike Fatula, MFT, at 323-876-8861 for current availability in either or both locations.

West Hollywood

- "Stand-Alone" office space (i.e., not a shared waiting room) in quiet garden courtyard of therapists & designers near Cedars-Sinai
- One story building; 24/7 building access and 24/7 AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceilings
- Utilities included with reasonable rent; private, covered, well-lit parking for therapists and clients
- Easy canyon access (Laurel and Coldwater) to San Fernando Valley
- * Amenities: copier, frig, microwave, tea/coffee service

San Fernando Valley

- "On the Boulevard" office space -- Ventura Blvd near Laurel Canyon in Studio City
- * Easy canyon access (Laurel and Coldwater canyons) and freeway access (101/134/170) to West Hollywood, Hollywood, Silverlake, Glendale, Pasadena, and the rest of the San Fernando Valley
 - * 2nd. Floor of 2-story building
 - * Waiting room in counseling suite shared only by 2 other therapists; call light system
 - * 24/7 building access and 24/7 AIR
 - * Reserved, well-lit parking for therapists & ample street parking for clients
 - * Utilities included with reasonable rent
 - * Amenities: copier, frig, microwave, tea/coffee service

West Los Angeles

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day and all day Saturday. Contact Renee R. Sperling, LCSW at 310-470-3450

Near Beverly Center

Space available Saturdays, Sundays, and Monday morning/afternoon in a 3-office suite on San Vicente near Beverly Center. \$20 per hour. Fully furnished. No separate exit or call-light system, but good parking situation, 7-day air conditioning, and convenient location to Westside, Beverly Hills, Mid-Wilshire, and West Hollywood. Bright and light (windowed). Email Ken at Ken@GayTherapyLA.com for more information.

West Hollywood

As of July 1, 2016, we will have several office vacancies available for psychotherapists looking to rent office space in our very established psychotherapy office suite. Our suite is located at 8235 Santa Monica Boulevard in West Hollywood. (We are at Santa Monica and Harper Ave, across from the restaurant "Eat Well" and one block east of West Hollywood City Hall). We have several different offices available, at different times of the day and different days of the week. We are on the 4th floor and most offices have a south facing city view. Rates are based on blocks of time (i.e. 8am-4pm or 4pm-10pm) and discounts apply for full days (8am-10pm) or multiple days in the week. The basic rent for one block of time for a month (i.e. Wednesday from 8am-4pm for an entire month) is \$200 and discounts apply for any additional time rented. The rent includes the office, copy/fax, wifi, a mail box, office supplies etc. For specific availability or to schedule a visit, please call Brad Chabin, Ph.D. at 323-369-8838.

The Sun-Moon Healing & Retreat Center in Topanga

is set amid two acres of oaks and evergreens. The Center is available to hire at reasonable rates for groups of up to 12 for workshops, seminars and day retreats. Facilities include group room, outside patios, full kitchen and supplies, and shaded sitting/meditation areas in the grounds.

Practitioners who offer free or low-cost workshops to underserved LGBTQI populations can apply to use the facilities at no cost. Contact Mary Guillermin at 310 422 6497 or thefemininityproject@gmail.com

Progress Notes

A tri-annual publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

June, 2016

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