



July, 2015

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Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc. • LAGPA@sbcglobal.net

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## MARRIAGE EQUALITY!!

(see Executive Director's Report on page 2)

### CALENDAR OF EVENTS

Come help us put on events of interest to YOU! Watch for announcements.

July 12	Outfest – Community Supporter — Discount tickets for LAGPA members
July 15	Deadline for submitting “Concept” proposal for annual conference
August 9	Annual Summer Pool Party with SCLMA and LGLA
October 24	LACPA Conference where we host a booth.
November 15	20 <sup>th</sup> Annual LGBTQI Psychotherapy Conference

Details for events given in this newsletter.

### NEWSLETTER CONTENT

1. **Executive Director's Report: 2015 July** (page 2)
2. **Photos and Graphics from the Internet concerning Marriage Equality** (page 3)
3. **Past Events: CSW Parade** (page 8); **PrEP/PEP Educational Workshop** (page 9); **Movie Night Socials** (page 10-11)
4. **Welcome New Board Member—Nicole Gershenson** (page 12)
5. **Membership Renewal Options** (page 12)
6. **Educational Workshops** (page 17)
  - *Lesbian Love Addiction*, by Lauren Costine (page 17) (will be rescheduled)
7. **20<sup>th</sup> Anniversary LGBTQI Psychotherapy Conference** (page 18-23)
  - *Press Release* (page 18)
  - *Call for Papers – Concept Application* (page 19)
  - *Sponsorship Form* (page 21)
  - *Advertiser Form* (page 23)
8. **Articles** (pages 24):
  - *Truth Wins Out Celebrates Historic Legal Victory Over Conversion Therapy Group* (page 24)
9. **Social Events including Outfest** (pages 28):
  - *OutFest Community Supporter* (page 28)
  - *August 9 Annual Pool Party with SCLMA and LGLA* (page 29)
10. **Classified Ads** (page 34-35)

PLEASE SUPPORT OUR SPONSORS.

# MARRIAGE EQUALITY!!

June 26 is an important day for LGBT rights. Three of the more recent decisions leading to our rights have been announced by the U.S. Supreme Court on this date. Two years ago, the *Windsor* case struck down DOMA. Twelve years ago the court struck down sodomy laws that targeted homosexual behavior (*Lawrence*). And this year, the court ruled that state bans on same-sex marriage are discriminatory and unlawful thus legalizing marriage for all. Perhaps June 26<sup>th</sup> should be deemed Gay Freedom Day.

I have published over 2 million words on LGBT history and politics with respected academic presses. If you were to ask me what two events were the most important leading up to marriage equality, I would say the U.S. Supreme Court decision in 1958 (*One, Inc. v. Olesen*) and the APA removing homosexuality as a mental disorder from the DSM. In 1958, the U.S. Postal system routinely denied processing and delivering material with a “homosexual” content. As such, it was difficult to spread the word, help normalize homosexuality, or politically organize. This decision facilitated a flourishing gay and lesbian culture and political activism. Still, homosexuality was seen as a psychological disorder. Only through the efforts of many gay and lesbian therapists, psychiatrist, and others were the members of the APA encouraged to review psychological research of the time. Once they reviewed the objective research, the APA membership agreed that homosexuality was not a mental disorder and removed it from the DSM. With the mental disorder stigma removed, LGBT people were able to effectively counter the anti-gay culture and get the word out in many forms of public communication. Without these two events, gay rights would not have progressed since the 1950s and all of us would, by law, be criminals. So, therapists, counselors, psychologists, psychiatrists— thank you. You all helped gain our equal rights.

Of course, the struggle is not over. We can still be fired from our jobs, denied housing, denied adoptions, and other life experiences in about half the states. What good is the right to marry if we lose our jobs and housing? We need to focus on helping those organizations enact anti-discrimination laws.

The media has been full of good news. A few years ago, Senator Ted Lieu was successful at crafting a bill against Sexual Orientation Change Effort (SOCE) (aka “reparative therapy”) aimed at children. It was passed by the California Legislature and signed into law the Governor Brown. The bill was challenged in court by conservative forces. The court upheld the law, which has since seen similar bills approved in a few more states. The law did not apply to adults. However, three former clients of a gay conversion therapy group called Jews Offering New Alternatives for Healing (Jonah) located in New Jersey filed suit against Jonah because they were not changed to heterosexual orientation. On June 25, the jury found Jonah guilty of violating the state’s consumer fraud laws and ordered to pay \$72,400. This may influence other victims to file suit against similar harmful organizations and put an end to this despicable practice.

LAGPA has been very active this spring. We’ve had two movie night socials, an educational workshop on PrEP/PEP, and marched (actually drove) in the CSW Pride Parade. Soon we will be a community supporter for Outfest, hold our annual pool party, and prepare for the Annual Conference. This is our 20<sup>th</sup> conference and wanted something very special. Lauren Costine, Ph.D. will be our keynote speaker. She is a graduate of Antioch and past board member of LAGPA. Her new book will be released the same day as the conference on November 15. Chuck

## 2. PHOTOS AND GRAPHICS-- from the Internet about Marriage Equality

Here are some of the wonderful photos and graphics that flooded the Internet when marriage equality was announced.







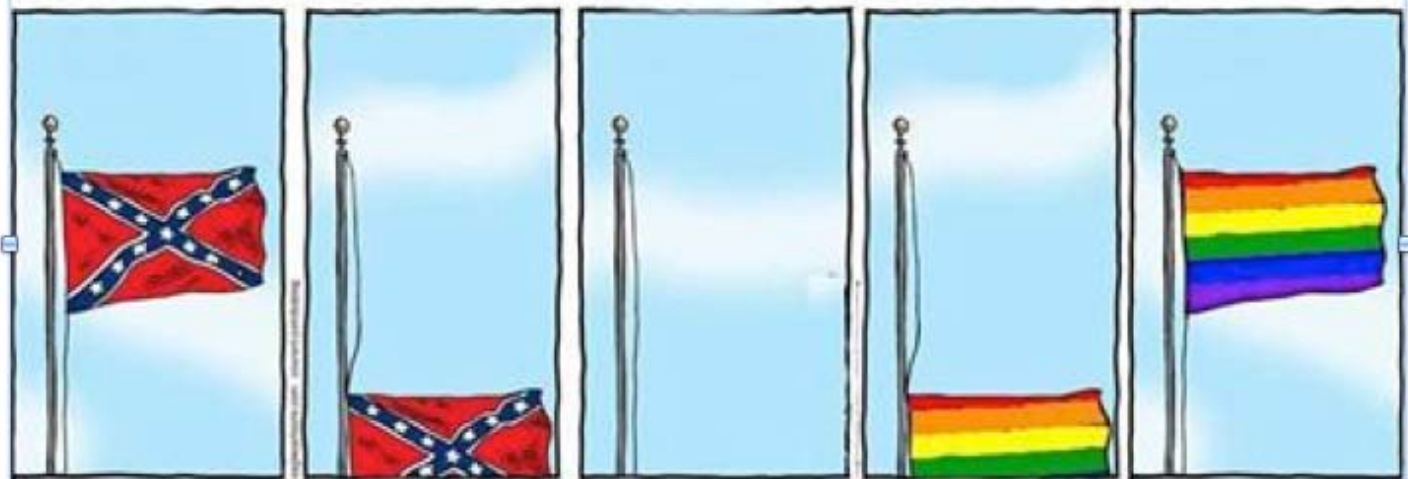
# JUNE 26<sup>th</sup>

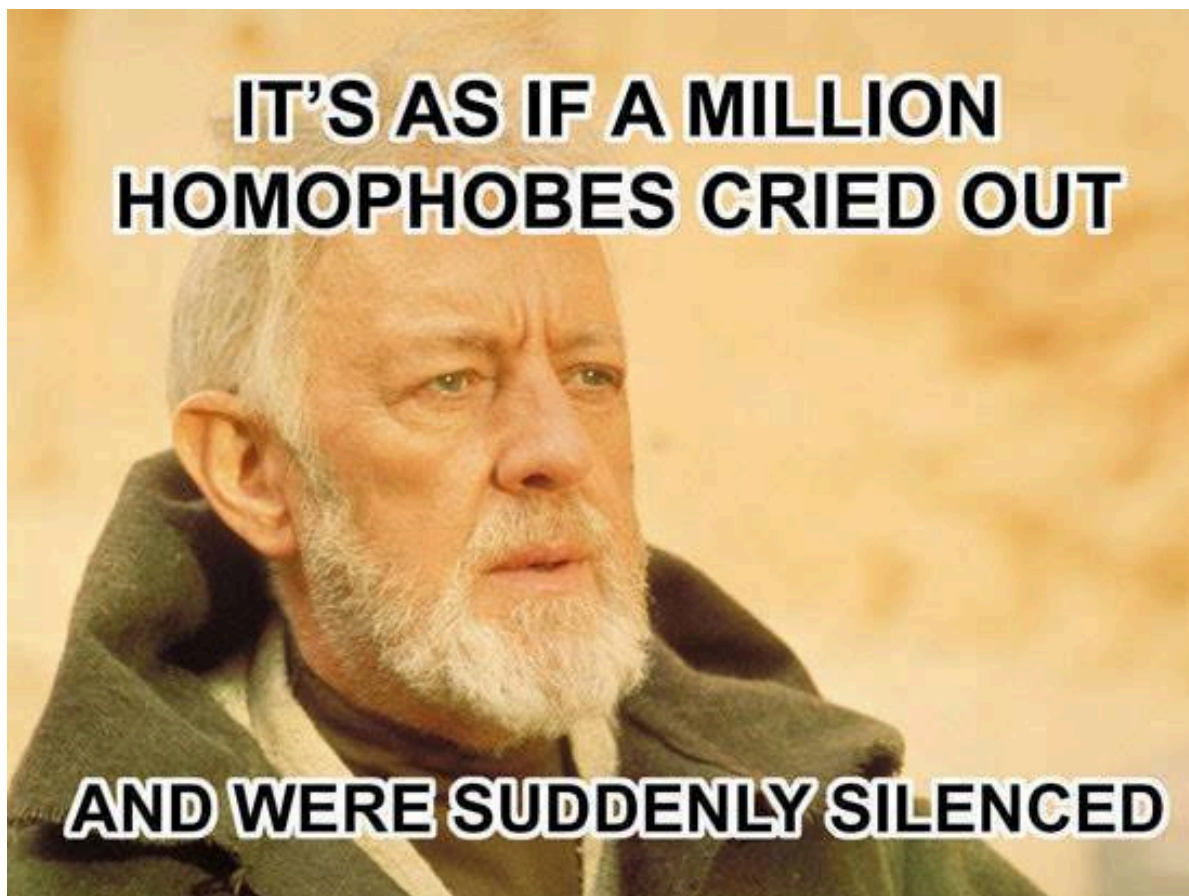
*Obergefell v. Hodges 2015*  
*United States v. Windsor 2013*  
*Lawrence v. Texas 2003*



JOIN US AT [LAMBDALEGAL.ORG](http://LAMBDALEGAL.ORG)













### 3. PAST EVENT - Parade-June 14, 2015.

**2015 CSW Pride Parade**—LAGPA drove a convertible down the parade route to cheering crowds. Please join us next year.





## PAST EVENT - PrEP/PEP Educational Workshop June 7, 2015.

Great presentation by Octavio J. Vallejo, MD, MPH (APLA); Aaron Fox (LGBT Center); Ruben Gamundi, MD (Gilead); moderated by Fred Wilkey, Ed.D., and Damien Gonsalves, MFTi. Thanks to Gilead for sponsoring the free lunch. Participants earned 3 CE credits. Very important topic for the LGBT community. We may host this again in 2016.





## PAST EVENT – Movie Night Socials

Lesbian-themed movie night: *Reaching for the Moon*.



Gay male-themed movie night: *The Way He Looks*.





General fun gay movie night — “Such Good People”



#### 4. WELCOME NEW BOARD MEMBER

Welcome Nicole Gershenson: newest member to the LAGPA board. Her energy is boundless. Thanks for being in the CSW Pride Parade this year.



#### 5. MEMBERSHIP RENEWAL OPTIONS

Membership dues are very important to the continued success of LAGPA. The board goes to great lengths to provide many activities related to the mission of LAGPA. Besides the fun social events (some are free and all are at less than cost), we provide educational workshops and, of course, the annual conference. We also provide Continuing Education (CE) credits for all events. Realize LAGPA spends over \$1000 a year maintaining the APA and BBS certificates and processing all the required documents. The Conference, alone, costs almost \$15,000 to put on, and more. We need your financial help.

We've implemented a new multi-year membership option. By renewing for two years, you will get a 15% discount. If you renew for three years, you receive a 20% discount. These options will present themselves when you receive your renewal notice.

Of course, we take donations. Last year we received a \$3,000 donation from one of our members for the sole purpose of underwriting a booth for PFLAG and Trevor Project at the Conference. Thank you. Please consider donating to LAGPA. The more we raise, the more we can do for you.



VOL 1 Historical Origins to 1970s



# PROUD HERITAGE

People, Issues, and Documents of the LGBT Experience



Chuck K. Stewart



# **Acceptance.** **NO EXCEPTION.**

**Antioch University Los Angeles offers two pioneering programs for therapists interested in providing effective, affirmative treatment to their LGBT clients:**

- **The Master of Arts in Psychology program's LGBT Specialization in Clinical Psychology**
- **The post-degree Certificate in LGBT-Affirmative Psychology**

**ANTIOCH  
UNIVERSITY**  
LOS ANGELES

The LGBT Specialization  
in Clinical Psychology

**[www.antiochla.edu/lgbt](http://www.antiochla.edu/lgbt)**

# TIRED OF CRUISING & GRINDING?

Recovery Starts Here...



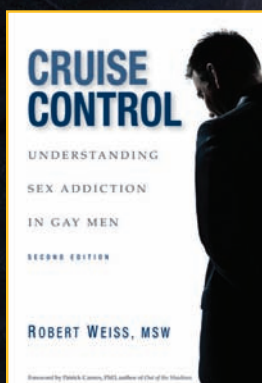
For information, call:

**310.360.0130**

or visit our website:

**sexualrecovery.com**

- Treating Sex and Love Addiction and Compulsivity since 1995
- 2-Week Intensive with Residential Component
- Evening Intensive Program
- Individual and Group Sessions
- Partner Support
- LGBT Specific Programming



The definitive  
book about  
understanding  
Sex Addiction in  
Gay Men

# **Sex + Love** can be complicated...

*maybe a professional can help.*



## **Dr. Martin McCombs**

Sex Therapist specializing in LGBT sex therapy for 25+ years  
Martin McCombs, Ph.D., 310-281-7470  
West LA Offices / Sliding Fee Scale / MartyMcPhD@aol.com



## **Susan J. Leviton, MA, LMFT**

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Individuals, Couples, Families  
LGBT+

## *Psychotherapy*

Individuals, Couples & Families

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[GayDivorceMediator.com](http://GayDivorceMediator.com)

## **Bill Ferguson**

**Gay  
Divorce  
Mediator**





# Lesbian Love Addiction

Presented by: Lauren D. Costine, PhD



## Educational Workshop and Reception

~~Sunday, April 19, 2015 — 12-2 PM~~ **To be rescheduled**

Remember the joke about lesbians and the U-haul, the one that goes something like, What does a lesbian bring on a second date, and the knowing answer, referencing the emotional intensity of lesbian relationships, is a U-Haul. Two dates and it's a move-in. Everyone laughs. Everyone recognizes the psychology.

While it can sting a bit, the U-Haul joke is also sweet. We're close. We know how to bond, we're not afraid of intimacy—this is one of the things lesbians have to offer the world, this ability to bond in a way that is mesmerizing. From a psychological perspective, and from the lived experience of this super-closeness, we know that the U-Haul metaphor has a terrible dark side. Sometimes it is something far from wonderful when it illustrates the problem of *Lesbian Love Addiction*. **The Urge to Merge: How to Understand and Heal Lesbian Love Addiction** makes visible the elements of love addiction that millions of lesbians suffer from. It shows why love addiction has made many lesbians incredibly unhappy.

**The Urge to Merge** offers ways to heal love addiction. First it demonstrates to attendees why lesbians merge: how childhood development, childhood trauma and attachment styles impact addictive tendencies in lesbian relationships, how the female brain works and why the relationship with the mother uniquely affects the lesbian's sense of self. It then uses some traditional techniques like motivational interviewing, 12-step tools, family of origin work and depth psychology. Finally, this presentation will lead attendees through lesbian-affirmative techniques that will help clinicians recognize and guide their lesbian clients toward recovery from love addiction. The goal is to help them learn healthy dating -- and eventually, the ability to sustain healthy relationships. This is precisely the thing all love-addicted lesbians crave, but often struggle for decades to achieve without help.

**PRESENTER: Lauren Costine, Ph.D., Licensed Psychologist**, is an educator, writer, activist & founding member of *The LGBT Specialization in Clinical Psychology* at Antioch University Los Angeles where she still teaches. She is currently the Chair of the Clinical Subcommittee and Clinical Director of *The LGBT-Affirmative Track* at BLVD Treatment Centers – an intensive outpatient treatment center in Hollywood. Lauren has dedicated herself to the field of LGBT-Affirmative Psychotherapy and is a pioneer in Lesbian-Affirmative Therapy. With a specialization in LGBT-Affirmative psychotherapy, Addictions and Depth Psychology, she is in private practice in Beverly Hills where she works with individuals and couples. She is currently writing two books: one on *Lesbian Love Addiction* and the other on *the Lesbian Psyche*. Her first book tentatively title **The Urge to Merge** delves into the serious problem of love addiction, and will be released in January 2016 by Rowan and Littlefield. Her website is [drlaurencostine.com](http://drlaurencostine.com)

## 7. 20<sup>TH</sup> ANNIVERSARY LGBTQI PSYCHOTHERAPY CONFERENCE

### Press Release July 2015

For Immediate Release

### 20th Annual LGBTQI Psychotherapy Conference

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) announces its Twentieth Annual LGBTQI Psychotherapy Conference. The conference is a one-day event co-hosted and co-sponsored by Antioch University Los Angeles (AULA) and the Masters in Psychology/Clinical Psychology LGBT Specialization. The conference is being held Sunday November 15, 2015 in Culver City, CA at AULA and presents academic research and expertise on LGBTQI issues and concerns to professionals working with these clients in their psychotherapy practices. The conference is designed to meet the educational needs of psychiatrists, psychologists, LCSW, LMFT, MSW, CAADAC Certified and Registered addiction professionals, interns, and students of psychology, and earns continuing education credits from APA, BBS, and CAADAC. Approximately 100 working professionals are expected to attend.

For our twentieth anniversary conference, we wanted a truly special speaker. Lauren D. Costine, Ph.D., is not only a graduate of AULA and past board member of LAGPA, but her soon-to-be released book—*Lesbian Love Addiction: Understanding the Urge to Merge and How to Heal When Things Go Wrong*—establishes her as a leading expert in the field. Besides being one of the founding members of The LGBT Specialization in Clinical Psychology at AULA in 2006, she is currently the Chief Clinician of BLVD Treatment Centers - an intensive outpatient treatment center based in Hollywood, CA - where she founded their LGBTQ-Affirmative Track – one of the first of its kind on the West Coast. Dr. Costine is a recognized expert in LGBT-Affirmative Psychotherapy and pioneer in Lesbian-Affirmative Therapy.

Sponsors this year include: Sexual Recovery Institute, Elements Behavioral Health, The Institute for Sexual Health, The Trevor Project, Vista Del Mar, PFLAG, Twin Town Treatment Centers, and the Los Angeles LGBT Center Mental Health Services.



Lauren D. Costine, Ph.D.

Keynote Speaker

LAGPA's 20<sup>th</sup> Annual LGBTQI Psychotherapy Conference

Sunday November 15, 2015

#### About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) was established in 1992 as an organization of mental health professionals interested in the psychological well being of gay, lesbian, bisexual and transgender individuals. LAGPA provides a wide variety of activities designed to strengthen professional knowledge and competence in the provision of mental health services. LAGPA exists to join mental health professionals together for academic and social events, to provide educational community outreach, and to foster and promote a positive identity for members of the LGBT community. LAGPA events include: academic forums, social events, professional women's events, and the annual LGBTQI Psychotherapy Conference. Members also receive a quarterly newsletter, a membership listing on the LAGPA website and the on-line directory. LAGPA is an accredited provider of continuing education for Clinical

Psychologists, Licensed Clinical Social Workers (LCSW), and Licensed Marriage and Family Therapists (LMFT) through the American Psychological Association (APA) and Board of Behavioral Sciences (BBS). For further information, visit our Website at: [www.lagpa.org](http://www.lagpa.org)



## **CALL FOR PAPERS / PRESENTERS**

### **20<sup>TH</sup> ANNUAL LGBTQI PSYCHOTHERAPY CONFERENCE**

**Sunday November 15, 2015**

#### **Sponsored by:**

**Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA)**

#### **Co-sponsor and Host:**

**Antioch University Los Angeles and the LGBT Specialization**

#### **Keynote Speaker:**

**Lauren D. Costine, Ph.D.**

**Author: *Lesbian Love Addiction: Understanding the Urge to Merge  
and How to Heal When Things Go Wrong***

LAGPA is accepting proposals for our Annual LGBTQI Psychotherapy Conference. The event is being co-sponsored and hosted at Antioch University Los Angeles and the LGBT Specialization on Sunday November 15, 2015. The topics must focus on LGBT clients and the knowledge needed by therapists to better serve this population.

Persons who are selected to present at the Conference will receive significant benefits including: half-off full membership rate in LAGPA (a \$60 saving), reduced admission to the Conference (a \$120 saving), and can have his or her business card printed in the Conference Program besides appearing on our website and newsletter for one year.

#### **The workshops need to be LGBTQI related or centered:**

- Relevant to psychological practice, education and science;
- Enable psychologists to keep pace with emerging issues and technologies; and
- Allow psychologists to maintain, develop, and increase competencies in order to improve services to the public and enhance contributions to the profession.

To clarify:

Criterion One: First, the proposal must be relevant to LGBT concerns, and not just have "LGBTQI" tacked on. Proposals MUST address LGBTQI concerns. If your workshop does NOT adequately address lesbian, gay, bisexual/pansexual, transgender, intersex, and/or queer or questioning psychological issues, please rethink and revise your proposal before submission.

Criterion Two: Next, the proposal needs to offer something of applicable, practical, clinical value to psychologists, psychotherapists, and other clinicians. The APA requires this for all CE providers.

#### **Submission Guidelines:**

Please follow our simplified, 2-Step Application Process.

Step 1 — Submit Workshop Concept Application. The purpose of the Workshop Concept Application is to briefly describe the scope of the intended workshop. If the Application Review Committee deems the concept to be appropriate for the Conference, then the presenter(s) will be asked to submit an application that fully conforms to APA standards. The Workshop Concept Application is intended to facilitate your creative process. You can give us the essence of your idea(s). If we like it, you can then devote much more time to develop it into a full application.

**(see next page for more information)**

**Workshop Concept Application** (not more than one page in length). **Due Date: July 15, 2015**

- Title of Workshop (Approximately 15 words or less)
- Abstract (Approximately 75 words or less)
- Presenter(s) (list names, titles, and brief bio of not more than 3 sentences each)

Please attach a Word document to an email and send to Chuck Stewart, at [lagpa@sbcglobal.net](mailto:lagpa@sbcglobal.net). On the subject line, write: *Workshop Concept Application*.

Step 2 — If your Workshop Concept Application is accepted, the complete application form and instructions will be sent to you. You will have one month to complete the full application. **Due Date is August 15, 2015.**

If you require assistance or clarification please contact Chuck Stewart, Ph.D. at:

[lagpa@sbcglobal.net](mailto:lagpa@sbcglobal.net)

If you need additional applications, visit our website at [www.lagpa.org](http://www.lagpa.org).

**Some workshops given at previous LAGPA Conferences include:**

- Intersections and Clinical Concerns: Trans\*, Gender, Sexuality, and You. Yes, You!
- From Chaos to Clarity: Taking Charge of ADHD in the LGBT community
- Archetypal personality patterns in heterosexual and gay male couples: masculine, feminine, puer, senex, and shadow traits.
- LGBTQ youth today, where do we stand? Honoring the memory of Lawrence King.
- Eroticism, Shame, and the Lesbian Search for Self
- Our Changing View of Gay men's Lives: A New Model of Psychosocial Development Across the Lifespan
- Abandoned sacred locations: Exploring the role of Lesbian and Gay myth in clinical practice
- The Experience of Lesbian Co-Mothering
- Transsexual, Transgender & Gender Variant: Issues in Contemporary Clinical Psychology
- Psychotherapy with Gays and Lesbians From Iran
- Crystal Meth, HIV Risk, and Gay Men: A Harm Reduction Approach
- LGB/T Elder Therapeutic Concerns: Myths and Stereotypes, Treatment, and Psychosocial Wellness
- Bisexual Identity Congruence: Why Bisexuality is Not Only Legitimate and Healthy, But Possibly the Majority
- Demystifying “Lesbian Bed Death”
- Intersections: Intersex, Transgender, and Gender Community Health

**Please submit your conference workshop proposals soon. Thanks.**



## LAGPA TWENTIETH ANNUAL LGBTQI PSYCHOTHERAPY CONFERENCE

Co-hosted by Antioch University Los Angeles and the LGBT Specialization

Sunday, November 15, 2015 • Antioch University, Culver City, CA

### Conference SPONSORSHIP

Name \_\_\_\_\_ Organization \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Yes, my organization is interested in providing corporate sponsorship for LAGPA's annual LGBTQI psychotherapy conference! We would like to provide sponsorship support at the following level:

#### \_\_\_\_\_ **\$ 4000, Conference Co-Sponsor:**

- Name recognition and/or logo (when appropriate) as Co-Sponsor on all Conference publications, press releases, and advertising.
- May make a 15-minute speech during the luncheon break and Keynote Speech.
- Display/vendor table at the Conference.
- Full-page size advertisement in the *Conference Brochure* and *Conference Program*.
- Listed as sponsor on website.
- Free Banner Ad on website (may rotate with other banner ads)

#### \_\_\_\_\_ **\$ 1500, Conference Brochure and Conference Program Sponsor:**

- Name and/or logo displayed on the front page of the *Conference Brochure* and *Conference Program*.
- May make a 5-minute speech just after the Keynote Speech.
- Display/vendor table at the Conference.
- Half-page size advertisement in the *Conference Brochure* and *Conference Program*.
- Free Banner Ad on website (may rotate with other banner ads)

#### \_\_\_\_\_ **\$ 800, Keynote Address Sponsor:**

- The Keynote Address Sponsor will be recognized during the introduction of the keynote speaker.
- Display/vendor table at the Conference.
- The right to place advertising at all lunch tables indicating that you are the Keynote Sponsor.
- Quarter-page size advertisement in the *Conference Brochure* and *Conference Program*.
- Reduced rate for Banner Ad on website

#### \_\_\_\_\_ **\$ 400, Corporate Table Sponsor/Vendors:**

- Display/vendor table at the Conference.
- Business card size advertisement in the *Conference Brochure* and *Conference Program*.
- Reduced rate for Banner Ad on website

**(see next page)**

NOTES:

- There may be multiple sponsors at each level.
- Please include, where available, camera-ready images of corporate logos for printing on recognition materials. The files should be emailed to Chuck Stewart—LAGPA@sbcglobal.net— in jpg, png, pdf, tiff, Word, or Photoshop format.
- Advertising mechanical specifications (may be submitted in full color at no additional charge): Mechanical Information (w x h):
  - Full Page— 7.5(w)''x10(h)''
  - ½ Page (h)—7.5(w)''x4.95(h)''
  - ½ page (v) 3.7(w)''x10(h)''
  - ¼ page 3.7(w)''x4.95(h)''
  - Business Card 3(w)''x2.5(h)''
- If you are unable to provide an on-site representative to staff a sponsorship table, please contact Chuck Stewart to discuss arrangements for display on the Community Table.
- For those obtaining a Banner Ad, please contact Chuck Stewart directly for details.

**Ad Copy is due August 1.** Full payment is required by October 30. Advertisement requests received after July 1 will be only included in the *Conference Program* distributed to all conference attendees.

**PAYMENT**

<p><b>CHECK:</b> \$ _____ made payable to: LAGPA  <b>OR</b>  <b>CHARGE:</b> VISA    Master Card    Am. Exp.    Disc.</p> <p>_____          Name of Cardholder (as it appears on card) (print clearly)</p> <p>_____ Exp. Date ____/____          Credit Card Number (print clearly)</p> <p>_____    _____          ZIP Code    Code on back of Card</p> <p>Authorizing Signature _____</p> <p>Total Amount To Be Charged \$ _____</p>	<p>Mail form, checks, and camera-ready copy to:</p> <p>Chuck Stewart          LAGPA Executive Director          3722 Bagley Ave. #19          Los Angeles, CA 90034-4113</p> <p>You may also email ad copy to LAGPA@sbcglobal.net. If you are using credit card payment method, you may fax to 310-838-6247 or send email to LAGPA@sbcglobal.net.</p> <p>For additional information, call Chuck Stewart at 310-838-6247</p>
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Thank you for your generous support of LAGPA's Annual LGBTQI Psychotherapy Conference. Although LAGPA is a not-for profit corporation, contributions are not tax deductible. Under certain circumstances sponsorships may be eligible for deduction as a business expense. Please consult with a tax specialist to determine eligibility.



## LAGPA TWENTIETH ANNUAL LGBTQI PSYCHOTHERAPY CONFERENCE

Co-hosted by Antioch University Los Angeles and the LGBT Specialization

Sunday, November 15, 2015 • Antioch University, Culver City, CA

### Conference ADVERTISEMENT Order Form

Name \_\_\_\_\_ Organization \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

I want an advertisement included in the conference print materials for LAGPA's annual LGBTQI psychotherapy conference. This includes both the *Conference Brochure* and *Conference Program*. I am requesting the following advertisement size (Check One):

_____ \$ 60 Business Card Size	_____ \$ 95 ¼ page	_____ \$165 ½ Page
_____ \$245 Full Page	_____ \$415 Back Page	_____ \$495 Full Page Insert on color stock

Mechanical Information (may be submitted in color):

Full Page— 7.5"x10"; ½ Page (h)—7.5"(w)x4.95(h)"; ½ page (v) 3.7(w)"x10(h)"; ¼ page 3.7(w)"x4.95(h)"; Business Card 3(w)"x2.5(h)"

Advertising Copy: You may either send up camera-ready copy or have us lay it out.

- Write your copy on the back of this form and mail it to Chuck Stewart.
- Email to Chuck Stewart a separate file in jpg, pdf, tiff, Word, Illustrator, or Photoshop format.
- Attach a business card and we'll scan it into the document.

*We reserve the right to make minor modifications as necessary, not affecting the ad content, to meet printing requirements. Current LAGPA or SCLMA members receive a 10% discount on all ads.*

**Ad Copy is due August 1.** Full payment is required by October 30. Advertisement requests received after August 1 will only be included in the *Conference Program* distributed to all conference attendees.

#### **PAYMENT**

**CHECK:** \$ \_\_\_\_\_ made payable to: LAGPA

**OR**

**CHARGE:** VISA    MasterCard    Am. Exp.    Disc.

\_\_\_\_\_  
Name of Cardholder (as it appears on card) (print clearly)

\_\_\_\_\_  
Credit Card Number (print clearly)

Exp. Date \_\_\_\_/\_\_\_\_

\_\_\_\_\_  
ZIP Code

\_\_\_\_\_  
Code on back of Card

\_\_\_\_\_  
Authorizing Signature

Total Amount To Be Charged \$ \_\_\_\_\_

Mail form, checks, and camera-ready copy to:

Chuck Stewart  
LAGPA Executive Director  
3722 Bagley Ave. #19  
Los Angeles, CA 90034-4113

You may also email ad copy to [LAGPA@sbcglobal.net](mailto:LAGPA@sbcglobal.net). If you are using credit card payment method, you may fax to 310-838-6247.

For additional information, call Chuck Stewart at 310-838-6247

## 8. ARTICLES

### Truth Wins Out Celebrates Historic Legal Victory Over Conversion Therapy Group Verdict Shows Consequences For Practice That is a Harmful Consumer Fraud

CHICAGO – Truth Wins Out celebrated a monumental legal victory over a notorious **conversion therapy** group in New Jersey today, with a jury finding Jews Offering New Alternatives to Healing (JONAH) guilty of consumer fraud. JONAH had misled its clients by falsely promising that they could help them change their sexual orientation from gay-to-straight. The trial also exposed the tactics used JONAH-affiliated therapists, which included abusive, bizarre and unscientific practices such as having clients undress and touch their genitals and reliving painful childhood moments in failed efforts to turn them into heterosexuals.

*“This unanimous victory is profoundly gratifying and a landmark defeat for conversion therapists,” said Truth Wins Out’s Executive Director Wayne Besen. “This verdict shows that there are consequences for a practice that is consumer fraud and harms clients. We hope the results of this case will lead to a chilling effect on this destructive industry and serve as a warning to those who might be seduced into the believing the falsehood that conversion therapy works.”*

This historic and unprecedented case was filed by the Southern Poverty Law Center. Truth Wins Out played a role in helping to find plaintiffs, as well as conducting joint seminars with SPLC to educate various communities on the harm caused by various therapies. These included talks in Baltimore, Atlanta, Washington, DC, as well as Provo and Salt Lake City Utah. Prior to the case, Truth Wins Out produced a **key video** featuring two of the eventual plaintiffs, Chaim Levin and Ben Unger, who discussed the humiliation and harm JONAH had caused them. Truth Wins Out, along with South Florida Gay News also unmasked JONAH co-founder Arthur Abba Goldberg as a convicted felon, who went to prison for fraud for his illegal work on Wall Street.

In the trial, the jury found that Arthur Abba Goldberg and Elaine Berk, the founders of Jews Offering New Alternatives for Healing in Jersey City, as well as therapist Alan Downing “engaged in unconscionable commercial practices” and lied about the effectiveness of their product.

JONAH and Downing must reimburse thousands of dollars paid by former clients Michael Ferguson, Ben Unger, Sheldon Bruck, Chaim Levin, and parents Jo Bruck and Bella Levin, according to the verdict. They must also be refunded the money they spent on “Journey into Manhood” retreats in the forest. According to a court transcript, Downing charged \$60 to \$100

<https://www.truthwinsout.org/pressrelease/2009/02/1972/> or group and individual sessions but gave a 20 percent kickback to JONAH for referrals.

In 2006, Truth Wins Out was the first group to publicly introduce the idea that the “ex-gay” industry could be successfully sued for fraud – which at the time seemed far-fetched. TWO asked Lambda Legal for help, and together the two groups produced a critically important document in 2009 called **“Ex-Gay & The Law.”** Southern Poverty Law Center embraced this vision, which led to this afternoon’s historic victory.

*“We are thrilled that SPLC brought our vision to fruition,” said Truth Wins Out’s Besen. “They did a tremendous job on this case and deserve enormous credit for this incredible victory. We also want to thank plaintiffs Chaim Levin and Ben Unger, for their strength in standing up to these mean-spirited charlatans. When they agreed to appear in a Truth Wins Out video, we never knew it would lead to this amazing day.”*

Goldberg falsely and recklessly promised his clients that his organization had a two-thirds success rate, but was unable to show where this bogus number actually came from. His failure helped per-



suade the jury that his program wasn't particularly kosher.

Truth Wins Out (TWO) is a non-profit organization that works to demolish the very foundation of anti-gay prejudice. Our philosophy is simple: We attack the underpinnings of homophobia by debunking harmful lies, discrediting hateful myths, and countering anti-gay organizations. By chipping away at the underlying ignorance that fuels anti-LGBT attitudes, we can ultimately win our fight for fairness and achieve full equality for gay, lesbian, bisexual, and transgender people worldwide.

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[TherapySites.com](http://TherapySites.com) Special:

TherapySites is kicking off their best offer of the year, and we don't want you to miss out on \$240 worth of savings! For the whole month of July, Lesbian and Gay Psychotherapy Association members can get a mobile-responsive website for only \$39/month instead of \$59/month, a 33% savings all year long! This offer expires 7/31/15 so hurry and get your website and start saving money today by going to [www.therapysites.com](http://www.therapysites.com) and entering promo: Sunshine15

# YOU CAN HELP SAVE YOUNG LIVES!

Visit **TheTrevorProject.org** for job postings and volunteer opportunities.  
You can also refer the young people in your care to the **Trevor Lifeline** at  
**1-866-488-7386, TrevorChat.com or TrevorSpace.com.**



QUESTIONS? PLEASE EMAIL: **INFO@THETREVORPROJECT.ORG**

The Trevor Project provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning young people ages 13-24.

**THE TREVOR PROJECT**



The Institute for  
Sexual Health

**ISH wishes to thank LAGPA for hosting educational conferences for the past 18 years in support of the LGBTIQ psychotherapy community.**

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## 9. SOCIAL EVENTS



The poster features a close-up of two men's faces in profile, nearly touching. The top banner is teal with the word "OUTFEST" in large white letters, "LOS ANGELES" below it, and the HBO logo on the right. The bottom text includes the movie title "IN THE GRAYSCALE" in orange, the date and time "Sunday | July 12 | 2:00pm", the location "Directors Guild of America", and the hashtag "#OutfestLA".

**OUTFEST**  
LOS ANGELES

Presented by  
**HBO**

**IN THE GRAYSCALE**

Sunday | July 12 | 2:00pm  
Directors Guild of America  
#OutfestLA

Directed by Claudio Marcone, 2015, Chile, Spanish with English subtitles, 101 min.

Date: **July 12, 2015**

Time: **2:00pm**

Location: **Directors Guild of America**

**Theater 1, 7920 Sunset Blvd, Los Angeles, CA 90046**

### SYNOPSIS

Some think sexuality is black or white, but many find themselves occupying shades of gray. Take Bruno, an ambitious, handsome architect who's just been given an assignment to create a memorable new landmark. Living apart from his wife and young son, Bruno begins collaborating with history teacher Fer. Bruno and the openly gay Fer soon fall for each other, but Fer's demand that Bruno declare his sexuality puts a wedge between them. This sexy, romantic drama takes a compelling look at life and love in the middle of the Kinsey scale and announces the exciting arrival of first time filmmaker Claudio Marcone.

BOX OFFICE: **213-480-7065**

MORE INFORMATION AT [outfest.org](http://outfest.org)

*Please note that in order to receive the \$2 discount, your members must either call the box office or purchase tickets in person (not through the website).*

**Come join the FUN and view the movie with other LAGPA members. All are welcomed!!!! Discount tickets for current members.**



# *Summer Social and Pool Party*



**Hosted by:  
Lesbian and Gay Psychotherapy Association (LAGPA)**

**and co-hosted by:  
Southern California Medical Association (SCLMA)  
Lesbian and Gay Lawyer Association (LGLA)**

**Date: Sunday August 9, 2015**

**Time: 12 Noon to 4 PM**

**Don't miss a fun get-together with wonderful Eats and Drinks!!!  
Reminders all swimmers—bring sunblock and beach towel!!  
Last year, we had almost 170 members attend. It was great fun.**

**\$25 for LAGPA Members\***

**Guest\*\* \$35**

**PAY AT THE DOOR but RSVP is needed**

**At the home of:  
Liliane Quon McCain  
608 North Hillcrest Road  
Beverly Hills, CA 90210-3515  
(1 ½ blocks North of Santa Monica Blvd.)  
Ample street parking**



\*LAGPA is absorbing some of the expense for this event to keep entry fees a minimum for members. The true cost for this event is \$50 per person. Your membership helps reduce the entry fee. Guest and others pay a modest \$35 each for terrific food, liquor, and fun. If you are not a member, now is the time to join at the website:

[www.lagpa.org](http://www.lagpa.org)

Every effort has been made to meet the dietary needs of vegetarians and vegans.

Liquor is generously provided by Pacific Wine & Spirits. Their sponsorship helps keep the costs of the event down and we pass the savings onto our members.

**PLEASE RSVP to Chuck at [LAGPA@sbcglobal.net](mailto:LAGPA@sbcglobal.net)**

Liliane's 1936 Bugatti will be in attendance if you want to see it.

**It is important that you honor your RSVP commitment and show up.  
The catering is based on the RSVP count. If you find you can't make  
the date, please contact us so we can adjust the catering accordingly.**





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- New Center for Psychoanalysis
- The Gay and Lesbian Couples Institute

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# ADOLESCENT MALES HOMOSEXUALITY

*The Search for Self*

Culture  
Society  
Adolescence  
Male Homosexuality  
Psychology  
Science  
History  
Religion

Broderick S. Chabin, Ph.D.



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*Speakers Bureau for educational institutions and community organizations*

*Publications and resources*

[www.pflagLA.org](http://www.pflagLA.org) AND  
[www.pflagEspañolSoCal.org](http://www.pflagEspañolSoCal.org)



**PFLAG** | PARENTS, FAMILY AND FRIENDS OF LESBIANS AND GAYS **LOS ANGELES**

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## 10. CLASSIFIED ADS

The **Classified Section** of the *Progress Notes* allows members and non-members to advertise available therapy services, employment, and office space. This section is **free for members** and \$15 for non-members.

### THERAPY

#### Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian, and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

#### Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

#### Couples Therapy

Stop fighting each other or yourself and fight the problem! Relationship therapy for couples and individuals in Larchmont Village. Active, engaged, and passionate. Call Tony Davis at (323) 963-3183 or go to CouplesTherapistLA.com for more info. Licensed Marriage and Family Therapist MFC81838.

#### Group

Gay Men's Mastermind Career Support Group for support professional dreams and goals. Held on Monday evenings, 6:00-7:30 p.m., fee slides from \$50 to \$65. Approximately 25-45 age range, but flexible. Intake interview by phone required. Group is in progress. Call 310-726-4357, or email Ken@GayTherapyLA.com.

#### New Group in Westwood

Dr. Lani Chin is now accepting new clients in Westwood. Dr. Chin has worked with various members of the Gay, Lesbian, Bisexual, and Transgender community specializing in affirmative therapy for the treatment of anxiety, depression, substance abuse and anger management. Dr. Chin works with both individuals and couples.

Lani Chin, Psy.D.

Licensed Clinical Psychologist PSY 24971

1328 Westwood Blvd., Unit 9

Los Angeles, CA 90024

310-344-5550

[www.drlanichin.com](http://www.drlanichin.com)

#### Westside Psychotherapy Group

Westside co-ed psychotherapy group meets Mondays 6-7:30pm near Westside Pavilion. Established interpersonal process group with current openings. Contact Andrew Susskind, LCSW, SEP, CGP for more details. 310-281-8681 or [andrew@westsidetherapist.com](mailto:andrew@westsidetherapist.com).

#### Psychiatrist/Psychotherapist

If you're looking for a psychopharmacologist who will take the time to get to know your clients and support your work with them . . .

Or if you know a client who would benefit by seeing the same professional for both psychotherapy and psychopharmacology. . .

Then please contact Dr. Adam at:

Adam Cotsen, M.D.

116 N. Robertson Blvd. #908

Los Angeles, CA 90048 310-659-8640

[DrAdam.net](mailto:DrAdam.net) [dradamcotsen@gmail.com](mailto:dradamcotsen@gmail.com)

### EMPLOYMENT and INTERNSHIP

#### Intern

Paid private practice weekend internship opportunity offered to qualified Associate Clinical Social Worker (ASW) or Marriage and Family Therapist Intern (IMF) for sessions on Saturdays, Sundays, and possibly Monday mornings/afternoons at established office near Beverly Center. Supervisor has 17 years experience as clinical supervisor and is part-time faculty of USC School of Social Work, with over 10 years in full-time private practice and over 20 years clinical experience as a specialist in gay men's and HIV mental health, and men's psychology. Adult population focus only, with mainstream, evidence-based interventions (preferably CBT, DBT, IPT, or psychodynamic). NOTE: Must have existing clients or reliable referral stream. Motivated self-starters only. Supervision and private practice career coaching. 50/50 fee split basis. Available immediately. One opening. Email letter of interest and resume/CV to Ken Howard, LCSW, at [Ken@GayTherapyLA.com](mailto:Ken@GayTherapyLA.com).

#### Tutor Needed for LCSW Clinical Vignette Exam

I need special skills for reading and interpreting the test questions and learning to distinguish between the numerous answers many of which appear to be correct. I believe that I have a more than adequate knowledge of the material for the test and I need to be able to transfer that knowledge to select the answers the BBS is looking for. Brian Garfield [Bgarfield90405@yahoo.com](mailto:Bgarfield90405@yahoo.com)

### OFFICE SPACE

#### Beverly Hills Office Space For Rent

Psychotherapy suite for rent in luxury office building at Wilshire/Doheny

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Contact Brian Gold

[goldpsych@hotmail.com](mailto:goldpsych@hotmail.com) 310-274-2843



### **West Hollywood**

As of July 1, 2015, we will have several office vacancies available for psychotherapists looking to rent office space in our very established psychotherapy office suite. Our suite is located at 8235 Santa Monica Boulevard in West Hollywood. (We are at Santa Monica and Harper Ave, across from the restaurant "Eat Well" and one block east of West Hollywood City Hall). We have several different offices available, at different times of the day and different days of the week. We are on the 4th floor and most offices have a south facing city view. Rates are based on blocks of time (i.e. 8am-4pm or 4pm-10pm) and discounts apply for full days (8am-10pm) or multiple days in the week. The basic rent for one block of time for a month (i.e. Wednesday from 8am-4pm for an entire month) is \$200 and discounts apply for any additional time rented. The rent includes the office, copy/fax, wifi, a mail box, office supplies etc. For specific availability or to schedule a visit, please call Brad Chabin, Ph.D. at 323-369-8838.

### **West Los Angeles**

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, LCSW at 310-470-3450

### **Near Beverly Center**

Space available Saturdays, Sundays, and Monday morning/afternoon in a 3-office suite on San Vicente near Beverly Center. \$15 per hour. Fully furnished. No separate exit or call-light system, but good parking situation, 7-day air conditioning, and convenient location to Westside, Beverly Hills, Mid-Wilshire, and West Hollywood. Bright and light (windowed). Email Ken at Ken@GayTherapyLA.com for more information.

### **Office space in Studio City & West Hollywood**

Ideal office set-up for licensed therapists and newly licensed therapists-- especially those who would like to apply for insurance panels or who are on panels. For under \$200 a month, you could have an office in LA. Or, for an additional rate, you could have two offices in LA: one in Studio City and one in West Hollywood! Having two offices is a plus for applying to/being on insurance panels and for always having a conveniently located office in a large city such as Los Angeles. Call Mike Fatula, MFT, at 323-876-8861 for current availability in either or both locations. New carpeting has just been installed.

#### **West Hollywood**

- "Stand-Alone" office space (i.e., not a shared waiting room) in. Quiet Garden Courtyard of therapists & designers near Cedars-Sinai
- One story building: 24/7 building access and 24/7 AIR
- Windowed, private waiting room; sound-proofing & call-light systems
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- Easy canyon access (Laurel and Coldwater) to San Fernando Valley
- \* Amenities: copier, frig, microwave, tea/coffee service
- \* Utilities included with reasonable rent

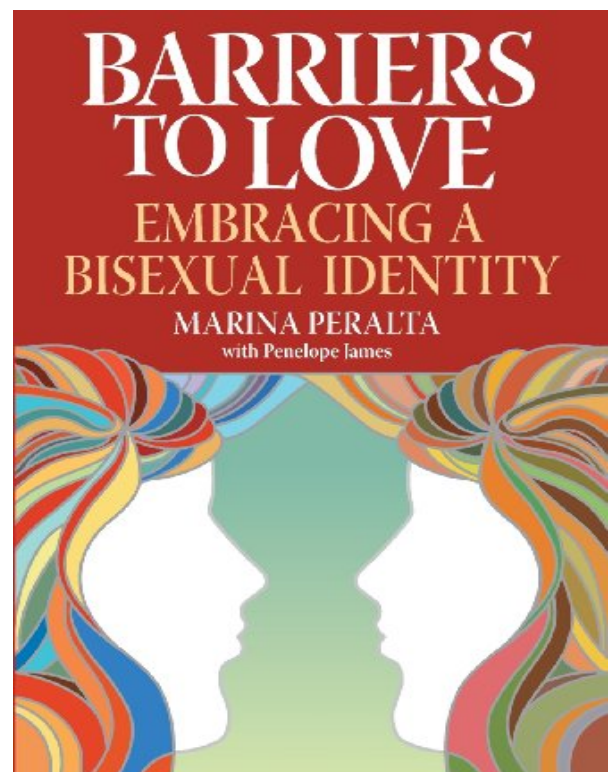
### **San Fernando Valley**

"On the Boulevard" office space -- Ventura Blvd! near Laurel Canyon in Studio City

- \* Easy canyon access (Laurel and Coldwater canyons) and freeway access (101/134/170) to West Hollywood, Hollywood, Silverlake, Glendale, Pasadena, and the rest of the San Fernando Valley
- \* 2nd. Floor of 2-story building
- \* waiting room in counseling suite shared only by 2 other therapists; call light system
- \* 24/7 building access and 24/7 AIR
- \* Reserved, well-lit parking for therapists & ample street parking for clients
- \* Utilities included with reasonable rent
- \* Amenities: copier, frig, microwave, tea/coffee service

## **BOOKS BY MEMBERS**

**Two New Kindle versions of books by Jeffrey Chernin Ph.D.,** MFT New Kindle edition of *Get Closer: A Gay Men's Guide to Intimacy and Relationships*. Also, a new book for non-gay couples, *Achieving Intimacy: How to Find a Loving Relationship that Lasts*. Both books discuss how to overcome several kinds of challenges, with a special emphasis on developing better communication, putting an end to conflicts and emotional distance, and uncovering long-standing dynamics in order to have a long-lasting, loving relationship. Available on Amazon.



## NEWSLETTER POLICY

### Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles by email, to [LAGPA@sbcglobal.net](mailto:LAGPA@sbcglobal.net). This newsletter is emailed to over 600 current and past members. PN is published 3 times a year—Jan or Feb, June or July, October or November. Advertising and articles are due three weeks before publication. Contact us for dates.

### Classified Advertisement Rates

Members FREE

Non-member \$15.00

### Display Advertisement Rates

Size	Member	Non-mem.
1/8 page or business card	\$20.00	\$30.00
1/4 page	\$40.00	\$50.00
1/2 page	\$70.00	\$90.00
Full page	\$90.00	\$125.00

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

### Mechanicals

Size	
Business Card	3.5" w x 2" h
Horizontal eighth-page	3.7" w x 2.37" h
Vertical eighth-page	1.82" w x 4.8" h
Horizontal quarter-page	7.5" w x 2.4" h
Vertical quarter-page	3.7" w x 4.8" h
Horizontal half-page	7.5" w x 4.8" h
Vertical half-page	3.7" w x 9.75" h
Full page	7.5" w x 9.75" h

## POLICY FOR MAILING LISTS AND FLYERS

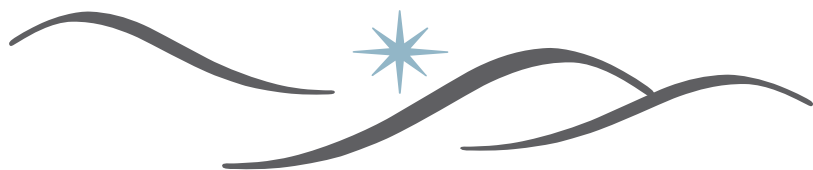
LAGPA does not sell or give out its mailing list (in any form) to any person, group, or organization. If you would like to send an electronic mailing to the membership you must send us the text, graphics, URLs, and any accompanying attachments you wish to send so our Editor, and the rest of our Board may review it. Rates for this type of service are: Members \$125.00 per mailing; Non-Members \$175.00 per mailing. We strongly suggest you place an ad in the *Progress Notes* rather than create a separate mailing. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to e-mail, include in the *Progress Notes*, or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. For more information please contact our Executive Director, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters provide a great way to market your product or service, to create credibility, and to build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees, or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

# VISIONS



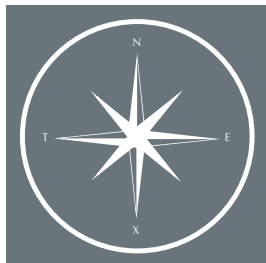
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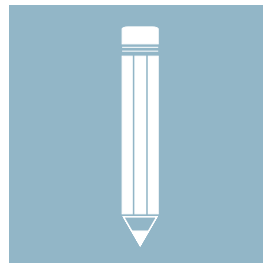
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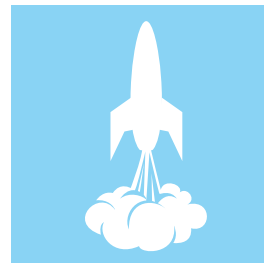
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## PREPARING THE NEXT GENERATION FOR THE “OTHER REAL WORLD”

A culturally-celebratory, competency-based  
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Presented by Theodore R. Burnes, Ph.D.

The purpose of this one-day training is to provide background knowledge and context for competency-based clinical supervision and to showcase a diversity of evidence-based approaches to conduct multiculturally competent supervision. The intent is to begin to provide the empirical data necessary to assist the supervisor in supporting trainees' development while also maintaining ethical consumer care. Specifically, the focus of this training is to address competencies in clinical supervision using the Competency Benchmarks across the professional lifespan of the mental health trainee and beyond.

### REGISTRATION

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Licensed, Professionals:

\*Must register by August 1, 2015 for Early Bird Rate

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\$75

\$65

\$90

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6 CEUs for BBS-licensed psychotherapists (LCSWs, LPCCs, LMFTs)

\*CEUs provided by the Los Angeles Gender Center

LAGC is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. LAGC maintains responsibility for this program and its content.





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**Progress Notes**

A tri-annual publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

July, 2015

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