

# Progress Notes.



December, 2012

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

(310) 288-3465

1. **EXECUTIVE DIRECTOR'S REPORT** – Welcome all new and returning members to LAGPA. Since our last newsletter we have held our annual psychotherapy conference. As usual, it was a great event. Interesting to say “as usual.” It is remarkable such a professional event is pulled off year after year by a small volunteer organization. It could not happen without the work and sacrifice by so many volunteers. I want to thank Antioch University LGBT Specialization for their continued support and the use of facilities. A big round of thanks goes to Alexander Yoo for chairing the conference committee. It is through the efforts of the conference committee that the excellent program was developed. Finally, I want to thank our sponsors and in particular, Foundations Recovery Network. Without their financial support, the conference cannot happen.
2. **BOARD ELECTIONS** – Send Chuck and Alexander your bio and photo and request to participate. Your information will be included on the final ballot.
3. **LAGPA CONFERENCE PHOTOS by Derek Yard**
4. **LAGPA WINTER SOCIAL PHOTOS by Alexander Yoo**
5. **CLASSIFIED ADS**

## 1. EXECUTIVE DIRECTOR'S REPORT

By Chuck Stewart, Ph.D.

Welcome all new and returning members to LAGPA. Since our last newsletter we have held our annual psychotherapy conference. As usual, it was a great event. Interesting to say “as usual.” It is remarkable such a professional event is pulled off year after year by a small volunteer organization. It could not happen without the work and sacrifice by so many volunteers. I want to thank Antioch University LGBT Specialization for their continued support and the use of facilities. A big round of thanks goes to Alexander Yoo for chairing the conference committee. It is through the efforts of the conference committee that the excellent program was developed. Finally, I want to thank our sponsors and in particular, Foundations Recovery Network. Without their financial support, the conference cannot happen.

As LAGPA has grown and its reputation improved, we now get more applications to present than we have slots. As such, the committee had better choices for presentations. Likewise the keynote address by Diane Anderson-Minshall was dynamic. If you know of someone you think would make a great keynote address, please let us know. We are in the planning stages for the conference in 2013.

Carmeggedon II was a major challenge for us. I personally know four members who decided not to attend because of the freeway blockage. Wouldn't you know, we planned our events months before they announced the closure of the 405 the same morning of our conference. To make matter worse, seven days before the conference we learned that Herbalife was hosting a triathlon in Los Angeles that required Venice Blvd. to be closed from the ocean to downtown the exact same hours as the beginning of our conference. This meant that there was effectively a wall bifurcating Los Angeles. We got the word out but we are sure it had an adverse affect on attendance.

In 2013, we plan on holding the conference at Philips Graduate Institute. They have a new facility in Northridge. We hope the Valley location makes up for the traffic problems in 2012 and encourages the Valley, Bakersfield, and Ventura members to attend. Plus, PGI wants to show off their new campus. Remember, LAGPA is your organization. If you want something specific to happen at the conference, just let us know or, better yet, join the conference committee. Just let Chuck or Alexander know.

LAGPA continues to grow. Our gross receipts were over \$25,000 this year. That means we are now required to file reports with the IRS. This limit, in many ways, represents a milestone for small nonprofit organizations. It means we are gaining financial legitimacy. One of the sources of income is advertising on our website. With more than 12,000 unique hits to the website and directory each month, members are finding that it is important to insure their listing comes at the top of the list. The new "Preferred Listing" option costs just a few dollars but helps assure members are seen first when a potential client searches for service.

Finally, it's time for elections. In this issue of the newsletter you will read for those running for board positions. It's not too late for you to join in. Just send Chuck and Alexander your bio and photo and request to participate. Your information will be included in the ballot.

Chuck Stewart

## 2. BOARD ELECTIONS

Send Chuck and Alexander your bio and photo and request to participate. Your information will be included on the final ballot.

### Alexander Yoo, M.Div., M.A. (Current Co-President, Newsletter Editor)



Rev. Alexander Dmitri Roberto Jose Sims-Zaraspe-Yoo, M.Div., M.A. works with trans and gender-gifted populations in medicine, mental health, and in creating state and national policy and standards of treatment in multiple professional realms as a veteran of interrelated fields. E contributes to ongoing, groundbreaking research in HIV, gender diversity, and sexuality. Fortune 500 companies recognize Rev. Yoo as a foremost development, conflict, and diversity consultant for organizations, businesses, and professionals in medicine and mental health. As a psychotherapist, eir interests go beyond queer and gender issues and include grief, loss, death, aging, size-acceptance, HAES (Health At Every Size), disability, ethnicity/race, BD/SM/Ds/leather, class, social justice, sex workers' rights, "alternative" sexualities, non-monogamy, partners of trans folk, and gender diverse children/youth. Alexander founded GenderQueer Revolution ([www.genderqueerrevelution.org](http://www.genderqueerrevelution.org)), a national organization celebrating genderqueer, gender-gifted, individuals and communities, worldwide. Through GQR, E helped create **Tuesday Nights for T**, a medical clinic for the gender-gifted community in Los Angeles. In addition to eir years of experience treating clients from a variety of backgrounds in the private practice model, E has decades of active service as a board member of a number of professional and community organizations. E is also a published academic author and editor, a lecturer, professor, and ordained clergyperson and hospice chaplain. Alexander moved to a new office in Culver City at 5731 W. Slauson Ave, Suite 175 and re-launched eir website at [www.alexanderyoo.com](http://www.alexanderyoo.com). Visit today!



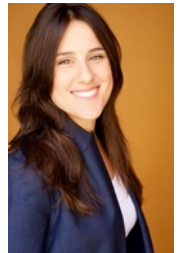
**Athena Brewer, M.A. (Current Board Member)**



Athena Brewer has a MA in Clinical Psychology, is a Marriage and Family Therapist Intern, and is currently completing a certification in Psychoanalytic Psychology at The Psychoanalytic Center of California. She has taught Human Sexuality at the graduate level, and has published articles on lesbian and gay health issues in The Advocate.com, Curves Magazine, and Girlfriends Magazine. She has also worked extensively with self-harming and suicidal clients, and is currently a shift supervisor for Didi Hirsch's Suicide Prevention Center.

**Elizabeth Hill, MFT (Current Board Member)**

Elizabeth Hill, MFT, holds a Masters degree in Clinical Psychology from Antioch University Los Angeles. Her private practice is in West Los Angeles, where she works with adult individuals, couples and groups. She has trained intensively with Pia Mellody to treat issues of codependency, love addiction, and trauma. In addition, she has completed advanced Inner Bonding training with Dr. Margaret Paul. In her clinical traineeship at Airport Marina Counseling Service, Elizabeth helped launch and co-facilitated Airport Marina's first Lesbian & Bisexual Women's Psychotherapy Group.



Elizabeth's specialties include love & relationship addiction; co-dependency; helping artists/creative folks hone their crafts; relational and couples therapy; LGBT issues; trauma and grief & loss.

Elizabeth has a foundation in Psychodynamic Psychotherapy and Family Systems Theory. However, she does not limit her theoretical orientation to only these modalities. She works within an eclectic integrative perspective, depending on the needs of each client. She may utilize Cognitive Behavioral Therapy, 12-Step tools, Transpersonal Psychology, and even canine assisted therapy.

In addition to her private practice, Elizabeth facilitates Healthy Relationships Groups at both Promises Treatment Center's Residential program in West Los Angeles and at The Canyon Santa Monica. She also facilitates the Healthy Sex and Love Group at Promises Treatment Center's Intensive Outpatient program in West Los Angeles.

**Gilbert Chalepas, Psy.D. (Current Board Member)**



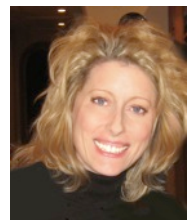
I have extensive experience dealing with chronic mental illness in the schizophrenia, psychotic and bipolar spectrums as well as LGBT and addiction issues. One of the most valuable parts of my training has been spending 17 years in my own therapy, an invaluable tool that very few others have. Winners get help!

Currently I am in private practice in Beverly Hills. I very much look forward to being part of the LAGPA board and helping in any way that I can to make our organization an even more enjoyable and valuable experience for our members.

[drgilbert@drgilbert90210.com](mailto:drgilbert@drgilbert90210.com)

**Lauren D. Costine, Ph.D. (Current Board Member)**

Lauren Costine, PhD is a clinical psychologist, educator, writer, instructor, and activist with an office in Beverly Hills. She received her MA in Psychology at Antioch University Los Angeles in 2001 and her PhD in Clinical Psychology with an Emphasis in Depth Psychology from Pacifica Graduate Institute in 2007. Her dissertation focused on the role of the repression of the sacred feminine in the heteronormative society and how it



affects female sexuality at it relates to the creation of consciousness. Her focus is on addiction and codependence issues, co-occurring disorders, depth psychology, LGBT-affirmative psychotherapy, lesbian-centered psychotherapy, psychodynamic and family systems modalities She works with both individuals and couples.

She was the Family Counselor at Exodus Recovery Center (substance abuse recovery center) for over five years where she was actively involved in helping the patients and their families find direction and solutions, educating each individual on the realities of substance abuse and how to develop new coping skills, plus treatment planning and implementation for co-occurring disorders and chronic substance abuse problems.

She has also played a pivotal role in the development and management of The LGBT Specialization in Clinical Psychology, one of the first such programs of its kind in the country, as an Associate Faculty member and instructor in the Masters in Psychology program. Besides guiding the development and implementation of the ground-breaking affirmative curriculum she has helped produce a variety of grassroots psychological cultural events aimed to promulgate LGBT-Affirmative psychological ideas for the community in an accessible way through various mediums, such as multiple events at Highways Performance Space and Gallery, the "Clothesline Project", several books readings on campus and at A Different Light Bookstore, The Trans Teach In, The LGBT-Umoja 5-part series, The Sapphic Salon, and The LGBT-Affirmative Psychotherapy Conference co-sponsored with LAGPA.

She teaches such courses as LGBT History & Myth; LGBT-Affirmative Psychotherapy; Human Sexuality; Lesbian Liberation: Finding it through Identity, Love, and Sexuality, LGBT Community Action and Independent Studies; Process I: Beginning Therapeutic Techniques; Society and the Individual; and Women's Spirituality: Lesbian and Women-Centered Reading of the Sumerian Myth--Descent of Inanna. She has also presented workshops at such Conferences as American Psychological Association (2007, 2010), Los Angeles County Psychology Association (2010), Lesbian and Gay Psychology Association (2007, 2010), the Gay and Lesbian Center's Lesbian Health Conference (2008, 2009, 2010, 2011), and Lesbian Plus 50 Organization (2011); The Writer's Guild Association (2011).

#### **Philip Pierce, Ph.D. (Current Board Member)**



My training includes helping people from very diverse backgrounds, and I specialize in same sex relationship dynamics, couples therapy and affirming one's sexual orientation. I am a Lecturer at UCLA and my extensive experience with the LGBT community gives me a broad and well-rounded perspective when working with LGBT individuals; I also have wide experience working with those affected by HIV. I specialize in using cognitive behavioral therapy to treat anxiety disorders (panic attacks, OCD, social anxiety), depression and artist's issues. I have a background in the film industry and have a special interest in those working in the field. Check out my website for more information: [www.DrPhilipPierce.com](http://www.DrPhilipPierce.com)



#### **Travis Stobbe, BFA (Current Treasurer/Secretary)**

Travis is a native of the San Fernando Valley and graduate of California Institute of the Arts (1999). His current career is real estate management. His real love is motion picture art. He has been involved with PFLAG, Toast Masters International, and various classic car clubs. Travis is a big supporter of LAGPA because of the important work the members perform for the LGBT community.

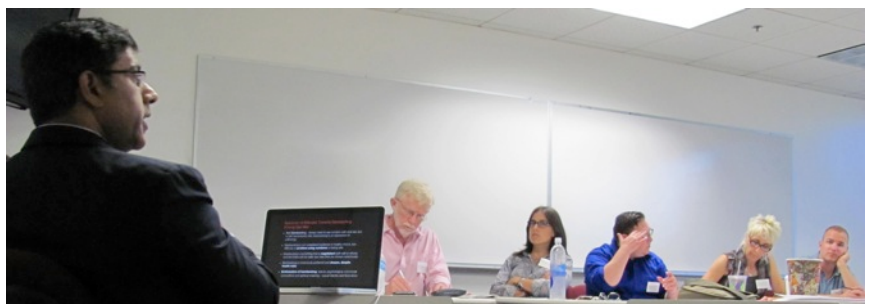
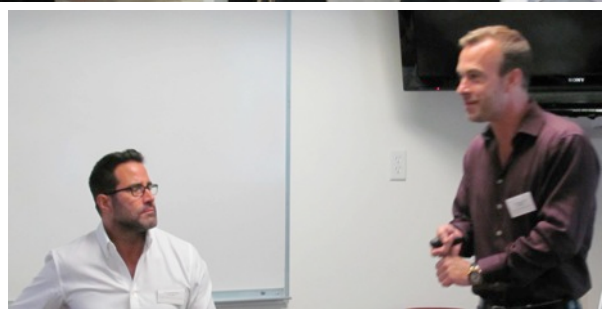
**Brian Carpenter** I am excited about the prospect of working with the LAGPA board and look forward to associating with other gay therapists. I grew up in Brownsville, Texas, and hold a BA in Government from Harvard and an MA in Speech/Communication from University of Texas. I was a professional actor for thirty-five years, in both New York and Los Angeles. I recently received my MA in Clinical Psychology from Antioch, with a specialization in LGBT studies. As an MFT intern, I work with individuals, couples, and families at the Southern California Counseling Center. I have also lined up a private practice internship to go into effect when my intern number is assigned. I am currently looking for paid work, hopefully in a related field, so that I can support myself while I continue training.





### 3. LAGPA CONFERENCE PHOTOS

By Derek Yard





## 4. LAGPA WINTER SOCIAL PHOTOS

By Alexander Yoo



## 5. CLASSIFIED ADS

The **Classified Section** of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

## SEEKING CONSULTATION or SUPERVISION

### **Wanted: Psychologist supervisor that can bill Medicare in Tarzana, CA: 420074**

Hello, I am interested in starting a small psychotherapy clinic in Tarzana, CA. I am looking for a licensed psychologist that can provide supervision and bill Medicare. Please let me know if you or someone you know is interested.

Thank you, Natalie

[nataliejoon99@yahoo.com](mailto:nataliejoon99@yahoo.com)

### **Seeking Consultation**

I am a member of LAGPA and I am very interested in joining a clinical consultation group. Does LAGPA offer this or do you have any referrals? I greatly appreciate your time and hope all is well.

Best, Raymond Lamb, L.C.S.W.

[lambrcsw@gmail.com](mailto:lambrcsw@gmail.com)

## THERAPY

### **Over-40 Gay Men's Group**

Ongoing group for gay men confronting the challenges of aging in a youth-oriented culture. All gay men over age 40 are welcome. Topics of discussion range from sex/intimacy issues to career and life goals. The group meets Fridays at 7:30 PM in West Hollywood; each session is \$40. An 8- week commitment is required. For more information, please contact Michael Liberatore, M.A., M.F.T.I. #IMF-57834 at 310-497-7682. Group is under the supervision of Tony Zimbardi, Psy.D., M.F.T. #33579

### **Gay Men's Growth Group**

(Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35 per session. Contact Sandy Kaufman, M.F.T. at 818-761-4200

### **Gay Men's Group**

(Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, Ph.D. (PSY11680), 310-858-3831.

### **Ongoing Gay Men's Therapy Group**

(West Hollywood)

Now accepting new participants!

Meets every Wednesday evening from 8:00 to 9:30 PM; \$50 per session. Group therapy is a helpful adjunct to individual therapy. Consider the benefits for your clients: learning to directly and healthfully express feelings; building self confidence and self esteem; feeling more comfortable in groups, relieving feelings of shame and isolation. Contact: Mark Reina, M.F.T., CGP at 310-366-5494.

### **Gay Men's Psychotherapy Group**

Psychodynamic group focuses on Gay empowerment, recovery from trauma and co-addiction, compassionate self-care, mindfulness, building intimate relationships. Fridays, 6 PM, \$50. For more information, please call: Matt Silverstein, M.F.T., 310-842-6124 (License #MFC38474).

### **Mixed Groups**

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

### **Social Anxiety Group**

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian, and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

### **Emotional Regulation Skills Group**

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders



including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

#### **Women Over 40**

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

#### **Ongoing Gay Men's Therapy Group**

(Pasadena)

Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Institute of Contemporary Psychoanalysis. Contact Roger Winter, M.A., M.F.T. 626-440-9898 x2 (MFC28821)

#### **SASS Group (Sexual Abuse/Assault Survivor's Support Group)**

Group for women who have been sexually abused, experienced incest, raped, sexually assaulted, exposed to adult sexuality too young, used in child pornography, or who have been or who are currently being stalked. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Group meets every other Sat 1-3. Call Cindie Henrie at 323-829-3548

#### **Extreme Abuse Survivor's Group**

Group for women who have posttraumatic stress disorder and are survivors of childhood/adult abuse and/or other traumatic events. This group is a process group for women who have survived multiple abuses that were violent in nature. Excellent for getting support and learning effective coping skills and strategies. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every Wed 8pm. Call Cindie Henrie at 323-829-3548

#### **TransWoman Support Group**

Group for transsexual women who are in the process of transitioning from male-to-female who are at different phases of their transitioning process. This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every other Sat from 10am-12pm. Call Cindie Henrie at 323-829-3548.

#### **Significant Others Support Group (SOS Group)**

Group for women whose significant other has a gender identity issue or is gender variant. Partners may be transsexuals, transgender, intersexed, cross-dressers, gender-queer, or transvestites. They can be either male-to-female or female-to-male. Group meets every 2-3 weeks depending upon availability of group members. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Call Cindie Henrie at 323-829-3548.

#### **Healing and Freedom from Critical and Controlling Parents and/or Partners**

Group for women who were raised by critical, controlling and/or narcissistic parents or who are in relationship with critical and controlling, narcissistic partners. Most women in the group have found that their self-esteem has suffered tremendously as a result of being emotionally and verbally abused, criticized or controlled in their lives. Excellent group! Closed group. Must be willing to make a minimum of a 6-month commitment. Meets every other Sat from 3pm-5pm. Call Cindie Henrie at 323-829-3548.

#### **Psychotherapist Supervision/Peer Consultation Group**

Supervision/professional peer consultation group for therapists who are interested in trauma, feminist therapy, gay and lesbian issues, gender identity issues, dissociative disorders, or who want to learn more and consult on cases. Lots of great information will be discussed, presented and explored! Come be creative, get support, and enjoy an intimate process group with other therapists. Date/Time TBD. Call Cindie Henrie at 323-829-3548.

## **EMPLOYMENT**

#### **Psychotherapy Bookkeeper Position**

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula M.F.T. at 323-876-8861 or 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

#### **Full Time MFT, Psychologist, or LCSW**

Frank's House is looking to fill a position full time position to share with The Van Ness House. Candidate will be licensed as an M.F.T., Psychologist, or L.C.S.W.; experience counseling clients on behavioral issues, including drug use, criminal behavior, high-risk sexual behaviors: demonstrated ability to communicate clearly and effectively, verbally, and in writing, with diverse participants (including gay, LGBT communities), staff, and supervisors: good charting skills: review, and assessment forms for accuracy, and internal risk behaviors: moderate to advanced computer skills; work flexible hours to accommodate project needs; complete and be

certified in HIV Counseling and Testing. English/Spanish Bilingual skills preferred. No calls; please email resume to: [rbcfranks@gmail.com](mailto:rbcfranks@gmail.com).

## **OFFICE SPACE**

### **West Hollywood**

As of Thursday, January 3, 2013 we will have several office vacancies available for psychotherapists looking to rent office space. Our suite is located on the top floor of 8235 Santa Monica Boulevard in West Hollywood, 90046. The offices are nicely furnished and most have south facing city views. We are at the corner of Santa Monica Boulevard and Harper Street, across from the restaurant "Eat Well." The suite is walking distance to several other restaurants and street parking is readily available. Office space will be available for rent on Tuesday and Thursday evenings, and Saturday space may also be available. Basic rent for "one week day," starting at 3pm and ending at 10pm is \$200 a month. It is possible to rent the entire day or several days. Monthly rates are pro-rated for renters who select to rent more time. During the months of January and February, we will be offering a 2-month rent discount for psychotherapists beginning or re-locating their private practices. We appreciate your effort to share this information with any psychotherapists looking for office space. For specific rental rates or to schedule a site visit, please call contact Brad Chabin at 323-369-8838. Thank you so much for your assistance.

### **West Hollywood (Melrose/La Cienega)**

FT psychotherapy office space in West Hollywood near intersection of Melrose and LaCienega. Near Cedars-Sinai yet in a quiet garden courtyard of therapists and designers. One central air thermostat for your office only--which only you control. Stand-alone, private office and waiting room. 24/7 access to building and AC/heat. Reserved (not tandem) parking space for therapist and ample street parking for clients. Handicapped-accessible office and restroom (also near major bus routes). Windows, high-vaulted ceiling (owner willing to install sky light, if desired). Owner willing to build-out to your specific psychotherapy office needs. While square footage sounds small, it is larger than the psychotherapy office space I occupy next to yours. For details and amount of rent, contact building owner Jack Ravan at 323-782-1270

### **West Los Angeles /Westside Pavilion adjacent**

Part-time office space available in suite designed by therapists for therapists. Full/half days in windowed and interior offices in 2-story, modern building (built in 2008). Very good soundproofing, easy parking options, call lights, separate exit, wireless. Call 310-281-8681 or email [andrew@westsidetherapist.com](mailto:andrew@westsidetherapist.com).

### **Studio City/West Hollywood**

Ideal office set-up for newly licensed therapist or therapists who would like to apply for networks: For a little over \$100 a month, you could have one office in LA. For a little over \$200 a month, you could have two offices in LA, one in Studio City and one in West Hollywood! And having two offices is a plus for applying for insurance panels, as is working with special communities. Call Mike Fatula, M.F.T. 323-876-8861.

### **Beverly Center**

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

### **Beverly Hills**

Office space available for lease in medical building in Beverly Hills. Suitable for consultations, counseling, presentations, or auditions. Monthly rent: \$1333 (one year contract). Two hours free public parking in addition to street parking. Call Eric at 323-528-8206, or send email to [chantalralland@gmail.com](mailto:chantalralland@gmail.com).

### **Encino**

Prime Encino office space now available. Newly remodeled suite in therapist-friendly building. Full and part-time space for sublet in both windowed and interior offices facing Encino Hills. Freeway-close to the 101 and the 405. Very good soundproofing, easy parking options, call light system, separate exit. Contact 310-281-8681 or [andrew@westsidetherapist.com](mailto:andrew@westsidetherapist.com).

### **Studio City / Valley Village**

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available part-time. Please call Dr. Stacy Berlin 310-442-6466.

### **West Los Angeles**

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or half time. Call Elaine Schulman 310-475-0674.

### **West Los Angeles**

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, L.C.S.W. at 310-470-3450.

### **West Hollywood**

Newly remodeled, beautiful, quite, F/T or P/T psychotherapy office space in 2-office suite in centrally located professional building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available full-time. One office is furnished. Both offices have windows overlooking lots of greenery. Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, Ph.D., M.F.T. 310-842-6124 or [msilversteinmft@aol.com](mailto:msilversteinmft@aol.com).

### **West Hollywood**

Prime therapy office for evenings and weekends. Beautiful space is available Monday through Thursday evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather couch/chair, and warmly painted walls. It also has a desk and a consulting area which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly colleagues. High-end security building on designer row. Other offices within the building consist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, Psy.D. at 310-659-0509. Required blocks of time: 6PM to 9PM or 6PM to 10PM. Monday/Tuesday/Wednesday/ Thursday or 4-hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to 5:30PM); \$25/hour (non-negotiable).

### **West Hollywood/San Fernando Valley**

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thaliens. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- Quiet, garden courtyard; one story building; 24/7 access & AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceiling/new wood window blinds
- Utilities included with reasonable rent; private, covered, well-lit parking
- Easy canyon access to San Fernando Valley
- Recently remodeled to psychotherapy specifications. Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

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### **Progress Notes**

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Fall/Winter 2012

#### **Editor:**

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#### **Co-President**

Rev. Alexander Yoo, M.Div., M.A.

#### **Secretary/Treasurer**

Travis Stobbe

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Athena Brewer, M.A.

Gilbert Chalepas, Psy.D.

Lauren Costine, Ph.D.

Elizabeth Hill, MFT

Philip Pierce, Ph.D.

Travis Stobbe, BA

Rev. Alexander Yoo, M.Div., M.A.

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