

Progress Notes.



September, 2012

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

(310) 288-3465

1. **EXECUTIVE DIRECTOR'S REPORT** – I've worked for LAGPA for twelve years and I can say, without a doubt, the organization has grown and provided more educational forums, social events and more to a greater degree than ever before. I think this reflects the strength of the board. We have 10 very active board members who bring ideas to the table and see them through to fruition. This is great. Too often boards meet and nothing gets done. Not with this board. Each comes with his or her expertise and vigor, and takes responsibility for seeing ideas and projects through.
2. **TERRY OLESON RECEIVES AWARD** – I am pleased to announce that Terry Oleson, Ph.D. has been selected for the 2012 Los Angeles Awards in the Psychologists category by the Los Angeles Award Program committee. Our selection of your company is a reflection of the hard work of not only yourself, but of many people that have supported your business and contributed to the subsequent success of your organization. Congratulations on joining such an elite group of small businesses.
3. **REVISED CONFERENCE SCHEDULE** – Please note that **Married Heterosexual Women Coming Out: Rupture and Repair in Families with Children** by Lillian Freeman, LCSW will no longer be available and **Dialectical Behavior Therapy in the Treatment of Crystal Meth Addiction in Gay Men** by Steven David, Ph.D. and Alan Downs, Ph.D. has been moved to Session 4.
4. **ADDITIONAL CONFERENCE INFORMATION** – LAGPA has achieved yet another coup with this, the 17th Annual LGBTIQ Psychotherapy Conference. Through our collaboration with the Los Angeles County HIV Drug and Alcohol Task Force (<http://hivdatf.org>), we are offering CAADAC CEU's (California Association of Alcoholism and Drug Abuse Counselors) in addition to those we already offer from the American Psychological Association (APA) and the Board of Behavioral Sciences (BBS). Also: Please note, the weekend of the conference, both sides of the 405 will be closed from the 10 to the 101, and Sepulveda Blvd. will be closed to all but local traffic. Make plans in advance, and check conditions frequently.
5. **LAGPA/SCLMA/LGLA SUMMER SOCIAL PHOTOS by Alexander Yoo**
6. **CLASSIFIED ADS**

1. EXECUTIVE DIRECTOR'S REPORT

By Chuck Stewart, Ph.D.

I've worked for LAGPA for twelve years and I can say, without a doubt, the organization has grown and provided more educational forums, social events and more to a greater degree than ever before. I think this reflects the strength of the board. We have 10 very active board members who bring ideas to the table and see them through to fruition. This is great. Too often boards meet and nothing gets done. Not with this board. Each comes with his or her expertise and vigor, and takes responsibility for seeing ideas and projects through.

Let me give you some examples. Bruce Watkins, co-president, is mostly interested in educational events, legislation affecting the community, the structure of LAGPA and mentoring. As such, he heads the Educational Committee and has been instrumental in arranging the four or so educational forums each year. I can remember back six or more years when educational forums would be held at the Village on a Wednesday night and often no one would show up. Now we typically have 17 or more people in

attendance. The quality of the forums has also improved. Being able to offer APA CE credits has surely helped.

Let me make a comment about the APA CE credits. What LAGPA has achieved with APA is unparalleled. APA is very strict about conforming to its standards and the quality of the educational program. Although I handle the paperwork (and it is immense), Bruce and the education committee arrange the programs and assure the quality of the program. Together, we have achieved something that no other LGBT focused organization has. We work hard to maintain APA certification. It was decided that having APA certification was paramount to the goals of the organization. The \$10 per unit that we charge members to attend the educational forum is but a small fraction of the actual costs. So, please, when you are considering where to get your CE credits, consider LAGPA first. The topics are always LGBT centered and the classes are in a relaxed LGBT friendly environment. Hope to see you at our next event.

Alexander Yoo, co-president, not only is the newsletter editor, but heads up the Conference Committee. It is through his hard work and the other committee members that the quality of the program is maintained. I hope you have had the opportunity to review the Conference Brochure. It is now available online at our website. This year's program is spectacular and we are offering 7 CE credits; more than ever before. Even though costs have gone up for catering and other services, we have not raised the prices since our last Conference out of respect for our members financially struggling in this awful economy. Thank you all for your hard work.

At our last board meeting, a therapist from New York visited. He is considering moving to Los Angeles to open a practice. He was duly impressed by how much our board gets done (our board agendas are typically 2-3 pages long). All board meetings are open to the public. Come make your voice heard.

See you all at the Conference.

2. TERRY OLESON RECEIVES AWARD

From Terry Oleson

I am pleased to announce that Terry Oleson, Ph.D. has been selected for the 2012 Los Angeles Awards in the Psychologists category by the Los Angeles Award Program committee.

Our selection of your company is a reflection of the hard work of not only yourself, but of many people that have supported your business and contributed to the subsequent success of your organization. Congratulations on joining such an elite group of small businesses.

In recognition of your achievement, we offer a variety of ways for you to help promote your business. You automatically receive the complimentary digital award image from this email and a copy of the press release publicizing the selection of Terry Oleson, Ph.D. which is posted on our website. The Los Angeles Award Program hereby grants Terry Oleson, Ph.D. a nonexclusive, royalty-free license to use, reproduce, distribute, and display this press release and the digital award image in any media formats and through any media channels.

Additionally, as a winner of the 2012 Los Angeles Awards, you may select a customized award which has been designed for display at your place of business by following the simple steps on the 2012 Los Angeles Award order form.

The Los Angeles Award Program recognizes outstanding local businesses throughout the Los Angeles area. Each year, we identify companies that we believe have achieved exceptional marketing success in their local community and business category. These are local companies that enhance the positive image of small business through service to their customers and community.

Sincerely,

Kelly McCartney

Award Committee

Los Angeles Award Program

3. REVISED CONFERENCE SCHEDULE

Please note that **Married Heterosexual Women Coming Out: Rupture and Repair in Families with Children** by Lillian Freeman, LCSW will no longer be available and **Dialectical Behavior Therapy in the Treatment of Crystal Meth Addiction in Gay Men** by Steven David, Ph.D. and Alan Downs, Ph.D. has been moved to Session 4.

9:00-10:30 | Concurrent Workshops 1A, 1B, 1C, and 1D

1A. LGBT Elder Therapeutic Concerns: Myths and Stereotypes, Treatment, and Psychosocial Wellness

Later life can be a time of loss, marginalization by younger adults and increased need for dependence upon others. For those who have faced discrimination earlier in life as a gay, lesbian, bisexual or transgender person, this can be particularly terrifying and retraumatizing. This workshop will address how the aging process can greatly impact GLBT people physically, emotionally, and financially and how a psychotherapist can assist with these issues. Local psychosocial resources will also be provided which address the urban planning, housing, and social needs of these elders.

Presenter

Maximilian Fuentes Fuhrmann, Ph.D.: USC trained Gerontologist and Clinical Psychologist in private practice for over 20 years. Recently became a certified trainer for the National Resource Center (NRC) on LGBT Aging and serves on the Washington D.C.-based Transgender Aging Advocacy Initiative Committee.

Kathleen Sullivan, Ph.D. is the Director of Seniors Services at the LA Gay and Lesbian Center, which offers programming to the lesbian, gay, bisexual and transgender senior population in the greater Los Angeles region. Sullivan also offers a customized training for aging professionals, Creating Safe Spaces for LGBT Seniors through the L.A. Gay & Lesbian Center.

1B. How Uranian Psychoanalysis Can Liberate Psychotherapists from the Heterosexism of "Professionalism"

The year-long operation of the first advanced training program in gay-centered self-actualization, sponsored by the Institute for Contemporary Uranian Psychoanalysis, has spurred the refinement of a psychological methodology which reveals a persistent anti-homosexual bias in most clinical work resulting from the cultural strictures of being "professional," limiting the necessary depth of a truly growthful therapeutic encounter. The solution in this workshop is to help clinicians more heroically confront our own oppression-caused childhood trauma through techniques grounded in emotion-focused therapies, attachment theory and neuroscience, leading to fuller self-realization for gay and lesbian clients, as well as any person seeking psycho-spiritual liberation.

Presenters

Roger Kaufman, M.A., L.M.F.T., is a founding member of the Institute for Contemporary Uranian Psychoanalysis, and a facilitator for the Institute's Advanced Training Program. He is also a gay-centered psychotherapist in private practice, and his articles on gay archetypal psychology have appeared in numerous books and journals.

Chris Kilbourne, M.A., L.M.F.T., is a founding member of the Institute for Contemporary Uranian Psychoanalysis, and supervising facilitator for the Institute's Advanced Training Program and Pre-Training Program. He has been a psychotherapist for over 24 years and has facilitated hundreds of gay-centered workshops and groups.

Douglas Sadowick, Ph.D., L.M.F.T., is the director of the LGBT Specialization in the Master's of Clinical Psychology program at Antioch University, and a founding member of the Institute for Contemporary Uranian Psychoanalysis, as well as a facilitator for the Institute's Advanced Training Program. He is also a published author of books and articles on gay psychology.

Dustin Kerrone, M.S., L.M.F.T., is director of the Sexual Health Program at the Los Angeles Gay and Lesbian Center. He is assistant facilitator for the Advanced Training Program of the Institute for Contemporary Uranian Psychoanalysis, and a gay-affirmative psychotherapist in private practice.

1C. Practicing Gay Affirmative Mindfulness Meditation with an HIV Positive Gay Men's Group

This presentation is a case study of an HIV positive gay men's group conducted in a private practice setting by Dr. Matthew Silverstein. Dr. Silverstein will discuss the usually untold gay historical contributions to the development of classical mindfulness, a brief review of the literature on HIV and mindfulness, the method of mindfulness practice used in this group, the value of integrating a proactively gay affirmative attitude in mindfulness-based interventions, some challenges encountered and promising findings, as well as areas for future research.

Presenter

Matthew Silverstein, PhD: Dr. Matthew Silverstein offers LGBT affirmative integrative psychotherapy in his private practice in West Hollywood. He is a core faculty member at Antioch University, Los Angeles, where he directs the Spiritual and Depth Psychology Specialization within the Master's of Psychology Program.

1D. Barebacking, Kink and Sex Work: Clinical Practice with Marginalized Gay Male Sexuality

This presentation aims to focus on marginalized gay male sexuality concerns that are challenging to address clinically for both clients and professionals alike. While difficult to discuss and often avoided, these marginalized sexuality concerns are highly relevant and common to gay men and the gay sexual experience. The presentation will discuss barebacking, kink and sex work and will focus on professional counter-transference and clinical implications in practice with gay men.

Presenters

Omar Minwalla, Psy.D.: Dr. Omar Minwalla is a Clinical Sexologist and the Clinical Director of The Institute for Sexual Health in Beverly Hills, California. His specializations include psychosexual evaluation, sexual addiction-compulsivity, sexual offending, professional sexual misconduct, sexual dysfunctions, adolescent sexuality, transgender dynamics and gender-variance, sexual orientation, BDSM, fetishes and paraphilias.

Michael Liberatore, MFT, earned his Masters Degree in Clinical Psychology from Antioch University Los Angeles, with a specialization in LGBT-affirmative psychotherapy.

10:45-12:15 | Concurrent Workshops 2A, 2B, 2C, and 2D

2A. Bisexual Identity Congruence: Why Bisexuality is Not Only Legitimate and Healthy, But Possibly the Majority

APA guidelines now promote bisexual inclusion and consideration, and empirical studies validate the stability of the bisexual identity. And yet how do we as therapists explain the dozens of articles showing inconsistencies between attractions, behavior, and self-labeling, or a large constituent of “unlabeled” individuals, or the gay- or straight-identified client sitting across from us that “acts bisexual?” It’s time to move beyond just accepting the legitimacy of bisexuality to clinically examining bisexual identity formation via the lens of identity congruence, or an “integrated profile” of romantic and sexual desire, relationships, and private and public self-labeling. Re-examining and centering these themes may just redefine your sexuality schema altogether.

Presenter

Mimi Hoang, Ph.D., is a licensed psychologist, educator, author, and advocate who has founded 3 bisexual organizations in Los Angeles. She currently works as a Staff Psychologist at Loyola Marymount University and adjunct professor at Antioch University, and serves on the Los Angeles Bi Task Force steering committee.

2B. Nocturnal Transmissions: Empowering Gay Men Through Their Dreams

Empirical research supports working with dreams as part of sound contemporary practice. However, many of the established methods for dream interpretation come with a heterosexist bias, which limits the meaning and innate power of the gay dream image. How should the clinician understand the symbolic significance of same-sex/opposite sex dream figures or gender variant and androgynous dream visitors for the gay dreamer? A phenomenological approach to dream work makes available new transformative potential for the gay client. The presentation will include theoretical considerations, practical interventions, and a demonstration applying a phenomenological approach to dream work.

Presenter

Douglas Thomas is a licensed clinician, educator, workshop presenter, and administrator based in Pasadena, California. Dr. Thomas specializes in work with gay men and dream work, and he has presented workshops on LGBTQ issues throughout southern California.

2C. Healing Attachment Trauma in Gay Men: Accelerated Experiential Dynamic Psychotherapy

Secure attachment between child and caregiver is essential to the development of self and optimal functioning. The young gay male, saddled with the 1. Shame subsequent to being different, 2 Pressure of gender role conditioning, and 3, Lack of validating primary caregiver relationships, is particularly vulnerable to attachment trauma. This workshop will illustrate how gay men’s emotional development can go awry, but how, through experiential and relational work in treatment, therapists can help gay men overcome fear, open up to a richer emotional experience, and realize a broader range of personal and relational possibilities.

Presenter

Ronald J. Frederick, PhD, licensed psychologist, is the author of the award-winning book *Living Like You Mean It: Use the Wisdom and Power of Your Emotions to Get the Life You Really Want* (Jossey-Bass, 2009), a senior faculty member of the Accelerated Experiential Dynamic Psychotherapy (AEDP) Institute, and Co-founder of the Center for Courageous Living, Beverly Hills, CA.

2D. Demystifying “Lesbian Bed Death”

The term “lesbian bed death” can strike fear into the hearts of lesbian couples who may be worried that the sex and passion last over the long haul. Where did this controversial term come from, and how much truth is there to it? In this workshop we will highlight research findings that shed light on our understanding of lesbian sexuality. We cannot just understand lesbian sexuality as simply being about “sex” but need to consider sexuality in a much broader context. Assessment and treatment approaches will be explored from a multidimensional approach.

Presenters

Yisraela Hayman is a LGBT Affirmative Psychotherapist Intern who specializes in working within the LGBT population. She has completed a 2 years sex therapy training course with AACAST and specializes in lesbian and bisexual woman’s sexuality.

Tamara Kline is licensed marriage & family therapist and AACAST certified couples & sex therapist specializing in LGBT issues. She has been in private practice in Beverly Hills since 2007.

2:00-3:30 | Concurrent Workshops 3A, 3B, and 3C

3A. Trans and Gender Diversity: Multidimensional Models of Sexuality, Sexual Revolution, and Resilience

This *advanced* workshop will examine gender diversity, gender-giftedness, genderqueer, and transgender identity and expression, and how the lived experience contributes to models of sexuality that go beyond textbook. Current models neglect to take into account the multidimensionality of gender, attraction, physical states of being, personal and perceived definitions of transition, race, and more. Gender diverse individuals and communities, especially POC, set sexual and gender baselines. While sexual and gender divergence from norms and averages do not belong exclusively to gender-gifted, genderqueer, and trans individuals and communities, gender diverse folk expand ideas of sexuality, relationship status and identity, and other “alternative” ways of being as a matter of identity/ego survival, community, and adaptation. We will use clinical vignettes to demonstrate multidimensional models of sexuality and gender and to demonstrate therapeutic interventions. Highly recommended prerequisites: This presenter’s lectures on WPATH SOC, trans/genderqueer therapy 101/201, trans sexuality and relationships, ethnicity and race, BD/SM/Ds, non-monogamy, or equivalent content.

Presenter

Rev. Alexander Dmitri Roberto Jose Sims-Zaraspe-Yoo, M.Div., M.A. works with trans and gender-gifted populations in medicine, mental health, and in creating state and national policy and standards of treatment in multiple professional realms as a veteran of interrelated fields. E contributes to ongoing, groundbreaking research in HIV, gender diversity, and sexuality. Fortune 500 companies recognize Rev. Yoo as a foremost diversity consultant with gender, conflict, and transitions. As a psychotherapist, eir interests go beyond queer and gender issues and include grief, loss, death, aging, size-acceptance, HAES (Health At Every Size), disability, ethnicity/race, BD/SM/Ds/leather, class, social justice, sex workers’ rights, “alternative” sexualities, non-monogamy, partners of trans folk, and gender diverse children/youth. Alexander founded GenderQueer Revolution (www.genderqueerrevelution.org), a national organization celebrating genderqueer, gender-gifted, individuals and communities, worldwide. Through GQR, E helped create **Tuesday Nights for T**, a medical clinic for the gender-gifted community in Los Angeles.

3B. Lesbian Identity, The Embodied Self, and Equine Assisted Psychotherapy: Finding Authentic Voice in a Heterosexist World

Growing up lesbian in a heterosexist and homophobic world often creates traumatic experiences that result in disowned and dissociated aspects of self. This workshop will address the role of somatic

experience and embodied mindfulness in helping Lesbian clients reconnect with their Authentic Self and the development of a coherent, healthy narrative of Self. Case examples will be presented and the role of Equine Assisted Psychotherapy in facilitating authentic Lesbian voice will be explicated. In addition, participants will learn somatic techniques that can be integrated into traditional practice.

Presenter

Vallerie E. Coleman, Psy.D., Ph.D., is a clinical psychologist and psychoanalyst, and the founder of Stand InBalance Equine Assisted Healing {standinbalance.com} located in Westlake Village, CA.

3C. Feeling Held: Working with Gay and Lesbian Couples in Emotionally Focused Therapy (EFT)

Lesbian and gay couples face some unique challenges in forming and maintaining secure and lasting love relationships in part due to the damaging effects of trauma, family rejection, and social isolation. Emotionally Focused Therapy (EFT) is a research-validated, attachment-based approach to working with couples that is well suited to address the impact these issues can have on lesbian and gay relationships as it offers a map for understanding our deepest relationship needs and struggles. This workshop will combine didactic presentation, case vignettes, and videotaped excerpts of EFT in action with distressed lesbian and gay couples. The presenters will introduce EFT, and discuss the current research and practice considerations with LGBT couples.

Presenters

Lisa C. Blum, Psy.D.: Dr. Blum is a licensed psychologist specializing in Emotionally Focused Therapy with couples and families. She is in private practice in Pasadena and West Hollywood.

Silvina Irwin, Ph.D.: Dr. Irwin is a licensed clinical psychologist specializing in working with survivors of childhood and adult trauma, and in particular the impact that trauma has on intimate relationships in her work with couples. She is in private practice in Pasadena, CA.

3:45-5:15 | Concurrent Workshops 4A, 4B, and 4C

4A. Intersections: Intersex, Transgender, and Gender Community Health

New innovations in our understanding of gender as multifactorial and diverse are providing best practices that support and affirm gender community health. We will discuss a number of case vignettes as we explore commonalities and differences of the intersex and transgender communities and emerging standards of care in gender affirmation and gender community health. Topics include: w Healthcare Access w Hormone Replacement w Therapy w Mental Health w Primary Care w Surgery w Stories from the Intersex and Transgender Communities

Presenter

Rabbi Dr. Levi Alter, Ph.D., is the CEO of Leading Edge Advanced Healthcare, LLC, a healthcare consulting firm. His previous professional experiences include being on the clinical faculty of UCLA Medical Center and a university department chairman. A nationally renowned expert on intersex concerns, he has been called upon on a regular basis to advise physicians concerning the treatment of intersex newborns. As President of FTM International, he is uniquely qualified to speak to the differences and similarities of the intersex and trans communities. He is involved with policy making at the national and international level with WPATH (World Professional Association for Transgender Health; www.wpath.org) and international intersex organizations. His current work for trans inclusion in religion, health care and other fields includes being a keynote speaker and organizer for major conferences and events, interviews on LOGO, MTV, MSNBC, Newsweek, BBC Radio and many other documentaries and media appearances. In June of 2005 he was honored with the Icon Award at Trans Unity Pride in Los Angeles for lifetime service to the gender community.

4B. Reclaiming the Lesbian Herstory: Dismantling Internalized Lesbianphobia and Enhancing Lesbian Self-Esteem

The workshop will explore the Lesbian psyche from an historical perspective in an effort to reclaim the “invisibility” and “erasure” of Lesbian culture by Heterosexism, through the millennium. We will take a brief look into well-known Lesbians from antiquity to modern times. By exploring such important figures as Lilith to Sappho to Hildegard of Bingen to Radclyffe Hall and Audre Lorde, participants will learn how evoking Lesbian herstory is clinically relevant to combating Heterosexism, Lesbianphobia, and Internalized Lesbianphobia.

Presenter

Dr. Lauren Costine is a Clinical Psychologist, writer, educator, and LGBT activist with a private practice in Beverly Hills. She has played a pivotal role in the development and implementation of The LGBT Specialization in Clinical Psychology at Antioch University Los Angeles, one of the first programs of its kind in the country. She has also helped create and teach such courses as LGBT History & Myth; LGBT-Affirmative Psychotherapy; Human Sexuality; Lesbian Liberation, and LGBT Community Action. She is currently writing a book on the Lesbian psyche.

4C. Dialectical Behavior Therapy in the Treatment of Crystal Meth Addiction in Gay Men

An overview of the use of dialectical behavior therapy (DBT) for treating gay men who struggle with addiction to crystal meth. The workshop includes an introduction to the standard protocol of DBT, evidence supporting the use of DBT in treating addiction, and modifications to the standard protocol of DBT for the unique requirements of crystal meth addiction and gay men. The workshop also includes a component that allows participants to experience a DBT skills exercise.

Presenters

Alan Downs, Ph.D., is a clinical psychologist in private practice, the founder of the DBT Recovery Center in Beverly Hills, and author of *The Velvet Rage: Overcoming the Pain of Growing Up Gay in a Straight Man's World*, Da Capo Press, 2005

Steven David, Ph.D. is a clinical psychologist and neuropsychologist in private practice in Beverly Hills and is Assistant Clinical Professor in the UCLA Dept. of Psychiatry and Biobehavioral Sciences.

4. ADDITIONAL CONFERENCE INFORMATION

LAGPA has achieved yet another coup with this, the 17th Annual LGBTIQ Psychotherapy Conference. Through our collaboration with the Los Angeles County HIV Drug and Alcohol Task Force (<http://hivdatf.org>), we are offering CAADAC CEU's (California Association of Alcoholism and Drug Abuse Counselors) in addition to those we already offer from the American Psychological Association (APA) and the Board of Behavioral Sciences (BBS). Now, CAADAC Certified or Registered Addiction Professionals can earn seven (7) continuing education credits on Sunday, September 30, 2012, at our Conference. For this and more information, including all behind-the-scenes Conference Exclusives, go to our Facebook Page at <http://bit.ly/lagpa>.

Please note, the weekend of the conference, both sides of the 405 will be closed from the 10 to the 101, and Sepulveda Blvd. will be closed to all but local traffic. Make plans in advance, and check conditions frequently. The morning before you depart for the conference, double-check your route. Planning ahead will help you arrive in plenty of time, energized for the day. For a rich web resource of information about the closure, including maps, detours, and other detailed information, please visit <http://www.metro.net/projects/l-405/mulholland-dr-bridge-demolition-reconstruction>.

5. LAGPA/SCLMA/LGLA SUMMER SOCIAL PHOTOS

By Alexander Yoo



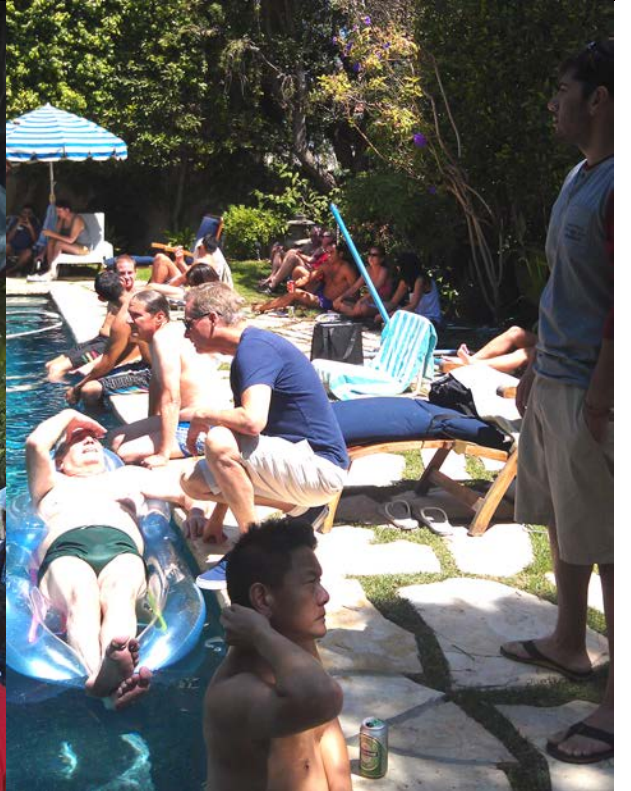




www.lagpa.org
Make us your cause.
Volunteer. Connect.







6. CLASSIFIED ADS

The **Classified Section** of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

SEEKING CONSULTATION or SUPERVISION

Wanted: Psychologist supervisor that can bill Medicare in Tarzana, CA: 420074

Hello, I am interested in starting a small psychotherapy clinic in Tarzana, CA. I am looking for a licensed psychologist that can provide supervision and bill Medicare. Please let me know if you or someone you know is interested.

Thank you, Natalie

nataliejoon99@yahoo.com

Seeking Consultation

I am a member of LAGPA and I am very interested in joining a clinical consultation group. Does LAGPA offer this or do you have any referrals? I greatly appreciate your time and hope all is well.

Best, Raymond Lamb, L.C.S.W.

lambrcsw@gmail.com

THERAPY

Over-40 Gay Men's Group

Ongoing group for gay men confronting the challenges of aging in a youth-oriented culture. All gay men over age 40 are welcome. Topics of discussion range from sex/intimacy issues to career and life goals. The group meets Fridays at 7:30 PM in West Hollywood; each session is \$40. An 8- week commitment is required. For more information, please contact Michael Liberatore, M.A., M.F.T.I. #IMF-57834 at 310-497-7682. Group is under the supervision of Tony Zimbardi, Psy.D., M.F.T. #33579

Gay Men's Growth Group

(Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35 per session. Contact Sandy Kaufman, M.F.T. at 818-761-4200

Gay Men's Group

(Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, Ph.D. (PSY11680), 310-858-3831.

Ongoing Gay Men's Therapy Group

(West Hollywood)

Now accepting new participants!

Meets every Wednesday evening from 8:00 to 9:30 PM; \$50 per session. Group therapy is a helpful adjunct to individual therapy. Consider the benefits for your clients: learning to directly and healthfully express feelings; building self confidence and self esteem; feeling more comfortable in groups, relieving feelings of shame and isolation. Contact: Mark Reina, M.F.T., CGP at 310-366-5494.

Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and co-addiction, compassionate self-care, mindfulness, building intimate relationships. Fridays, 6 PM, \$50. For more information, please call: Matt Silverstein, M.F.T., 310-842-6124 (License #MFC38474).

Mixed Groups

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian, and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders

including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

Women Over 40

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

Ongoing Gay Men's Therapy Group

(Pasadena)

Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Institute of Contemporary Psychoanalysis. Contact Roger Winter, M.A., M.F.T. 626-440-9898 x2 (MFC28821)

SASS Group (Sexual Abuse/Assault Survivor's Support Group)

Group for women who have been sexually abused, experienced incest, raped, sexually assaulted, exposed to adult sexuality too young, used in child pornography, or who have been or who are currently being stalked. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Group meets every other Sat 1-3. Call Cindie Henrie at 323-829-3548

Extreme Abuse Survivor's Group

Group for women who have posttraumatic stress disorder and are survivors of childhood/adult abuse and/or other traumatic events. This group is a process group for women who have survived multiple abuses that were violent in nature. Excellent for getting support and learning effective coping skills and strategies. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every Wed 8pm. Call Cindie Henrie at 323-829-3548

TransWoman Support Group

Group for transsexual women who are in the process of transitioning from male-to-female who are at different phases of their transitioning process. This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every other Sat from 10am-12pm. Call Cindie Henrie at 323-829-3548.

Significant Others Support Group (SOS Group)

Group for women whose significant other has a gender identity issue or is gender variant. Partners may be transsexuals, transgender, intersexed, cross-dressers, gender-queer, or transvestites. They can be either male-to-female or female-to-male. Group meets every 2-3 weeks depending upon availability of group members. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Call Cindie Henrie at 323-829-3548.

Healing and Freedom from Critical and Controlling Parents and/or Partners

Group for women who were raised by critical, controlling and/or narcissistic parents or who are in relationship with critical and controlling, narcissistic partners. Most women in the group have found that their self-esteem has suffered tremendously as a result of being emotionally and verbally abused, criticized or controlled in their lives. Excellent group! Closed group. Must be willing to make a minimum of a 6-month commitment. Meets every other Sat from 3pm-5pm. Call Cindie Henrie at 323-829-3548.

Psychotherapist Supervision/Peer Consultation Group

Supervision/professional peer consultation group for therapists who are interested in trauma, feminist therapy, gay and lesbian issues, gender identity issues, dissociative disorders, or who want to learn more and consult on cases. Lots of great information will be discussed, presented and explored! Come be creative, get support, and enjoy an intimate process group with other therapists. Date/Time TBD. Call Cindie Henrie at 323-829-3548.

EMPLOYMENT

Psychotherapy Bookkeeper Position

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula M.F.T. at 323-876-8861 or 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

Full Time MFT, Psychologist, or LCSW

Frank's House is looking to fill a position full time position to share with The Van Ness House. Candidate will be licensed as an M.F.T., Psychologist, or L.C.S.W.; experience counseling clients on behavioral issues, including drug use, criminal behavior, high-risk sexual behaviors: demonstrated ability to communicate clearly and effectively, verbally, and in writing, with diverse participants (including gay, LGBT communities), staff, and supervisors: good charting skills: review, and assessment forms for accuracy, and

internal risk behaviors: moderate to advanced computer skills; work flexible hours to accommodate project needs; complete and be certified in HIV Counseling and Testing. English/Spanish Bilingual skills preferred. No calls; please email resume to: rbcfranks@gmail.com.

Part-Time Office Help

Part time office help needed, 10-15 hours weekly, in Beverly Hills. Familiarity with ShrinkRapt billing software helpful. Contact Dan Fast, M.D. at 310-246-1040

OFFICE SPACE

West Hollywood (Melrose/La Cienega)

FT psychotherapy office space in West Hollywood near intersection of Melrose and LaCienega. Near Cedars-Sinai yet in a quiet garden courtyard of therapists and designers. One central air thermostat for your office only--which only you control. Stand-alone, private office and waiting room. 24/7 access to building and AC/heat. Reserved (not tandem) parking space for therapist and ample street parking for clients. Handicapped-accessible office and restroom (also near major bus routes). Windows, high-vaulted ceiling (owner willing to install sky light, if desired). Owner willing to build-out to your specific psychotherapy office needs. While square footage sounds small, it is larger than the psychotherapy office space I occupy next to yours. For details and amount of rent, contact building owner Jack Ravan at 323-782-1270

Thanks,
Mike Fatula, M.F.T.

Carthay Circle/Mid-Wilshire

Beautiful offices with east facing view available in the Carthay Circle/ Mid-Wilshire area at 6310 San Vicente Blvd. Suite 401, Los Angeles, CA 90048. One full-time unfurnished office (170 square feet) is available for \$1000/month, or one hourly furnished office (150 square feet) for \$15/hour. Free wireless internet and printing, fully stocked kitchen with break area, locked file space, a nicely decorated waiting room, access to a furnished group room, a café on the first floor, and convenient street or structure parking. Keycard included with rent, parking available for monthly fee. Email Dr. Halle Aten at halleaten@gmail.com or call 310-339-2546 to tour the space.

West Los Angeles /Westside Pavilion adjacent

Part-time office space available in suite designed by therapists for therapists. Full/half days in windowed and interior offices in 2-story, modern building (built in 2008). Very good soundproofing, easy parking options, call lights, separate exit, wireless. Call 310-281-8681 or email andrew@westsidetherapist.com.

Studio City/West Hollywood

Ideal office set-up for newly licensed therapist or therapists who would like to apply for networks: For a little over \$100 a month, you could have one office in LA. For a little over \$200 a month, you could have two offices in LA, one in Studio City and one in West Hollywood! And having two offices is a plus for applying for insurance panels, as is working with special communities. Call Mike Fatula, M.F.T. 323-876-8861.

Beverly Center

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

Beverly Hills

Office space available for lease in medical building in Beverly Hills. Suitable for consultations, counseling, presentations, or auditions. Monthly rent: \$1333 (one year contract). Two hours free public parking in addition to street parking. Call Eric at (323) 528-8206, or send email to chantalralland@gmail.com

Encino

Prime Encino office space now available. Newly remodeled suite in therapist-friendly building. Full and part-time space for sublet in both windowed and interior offices facing Encino Hills. Freeway-close to the 101 and the 405. Very good soundproofing, easy parking options, call light system, separate exit. Contact 310-281-8681 or andrew@westsidetherapist.com.

Studio City / Valley Village

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available part-time. Please call Dr. Stacy Berlin 310-442-6466.

West Los Angeles

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or half time. Call Elaine Schulman 310-475-0674.

West Los Angeles

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, L.C.S.W. at 310-470-3450.

West Hollywood

Newly remodeled, beautiful, quite, F/T or P/T psychotherapy office space in 2-office suite in centrally located professional building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available full-time. One office is furnished. Both offices have windows overlooking lots of greenery. Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, Ph.D., M.F.T. 310-842-6124 or msilversteinmft@aol.com.

West Hollywood

Prime therapy office for evenings and weekends. Beautiful space is available Monday through Thursday evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather couch/chair, and warmly painted walls. It also has a desk and a consulting area which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly colleagues. High-end security building on designer row. Other offices within the building consist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, Psy.D. at 310-659-0509. Required blocks of time: 6PM to 9PM or 6PM to 10PM.

Monday/Tuesday/Wednesday/ Thursday or 4-hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to 5:30PM); \$25/hour (non-negotiable).

West Hollywood/San Fernando Valley

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thelians. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- Quiet, garden courtyard; one story building; 24/7 access & AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceiling/new wood window blinds
- Utilities included with reasonable rent; private, covered, well-lit parking
- Easy canyon access to San Fernando Valley
- Recently remodeled to psychotherapy specifications. Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

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