

# Progress Notes...



December, 2011

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

(310) 288-3465

## Executive Director Report

Chuck Stewart, Ph.D.

We are fast coming to the end of the year; and what a year it has been for LAGPA. We have held many educational workshops throughout the year that were highly professional and offered Continuing Education credits by APA. Oh, yes, APA. This year we had to complete the full application as our second year renewal. Again, it was 800 pages in length. I'm glad to report that our application was approved this time for five years. Hooray. What a coup. No other LGBT professional group can make that claim. Having APA certification is something the board decided a few years ago was important to our members. Understand, we don't make a profit having this ability but it serves our members and is important.

You may have noticed that there was no annual psychotherapy conference in 2011. LAGPA has been negotiating with Antioch University Los Angeles a more permanent arrangement for the Conference. We are glad to announce that our 2012 Conference will be

held at Antioch sometime in September. We are finalizing the details now including keynote speaker. If you can think of someone you would like as keynote speaker, now would be the time to give your input. Just contact me with your idea.

We are right now planning the educational workshops for the spring and summer. Many exciting ideas are being scheduled. Keep your eyes peeled for these announcements.

On a very personal note, my right hip was replaced the first week of October. My left hip is scheduled for replacement in December.

Many of you are unaware but I was a professional classical ballet dancer for about 25 years. One of the hidden secrets of the ballet world is that we destroy hips—not feet, or ankles, or knees, but hips. Some dancer started a few years ago a website entitled dancerhips.com. They have two goals: to expose the hidden secret about how ballet

and ice skating destroys hips, and that after you try alternative medicine, there is no way around total hip replacement. The first page lists many of the stars that have had their hips replaced. I'm surprised how many of them I know. I also like how pragmatic they are about the topic. Many of the ballerinas I worked with so many years ago are having their hips replaced.

I've been in terrible pain for almost a year and have had to use a walker. I was unaware of how down I was getting from the pain. My dear friend Fred Wilkey mentioned that depression can originate from relentless pain (otherwise called "stress induced depression"). Most nights I was in tears from the pain as pain medication has very little affect on me. The surgery has eliminated the pain the in right hip. I can't wait until I have the left hip done in December.

I have thought of hosting a LAGPA event at my apartment to show the movie "Black

Swan" on my 8' home theater screen and then open up the conversation to my experiences in the ballet world. Maybe this will be of interest to some of you. Anyway, this won't happen until the spring once I've recovered. It could be a nice potluck event like in the old days. Keep your eyes peeled for announcements for the movie night at Chuck's.

Of course, our Winter Social is just around the corner. Look for the coming Evite.

Chuck Stewart, Executive Director  
LAGPA@sbcglobal.net



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### HAPPY MERRY, FROM ALL OF US AT LAGPA, WHATEVER YOU CELEBRATE!

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<input type="checkbox"/> FESTIVUS	<input type="checkbox"/> CHANGE OF SEASONS
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*LGBT Business School Association of UCLA*

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*\$20 guests who RSVP*  
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*\*(Please understand, we are underwriting partial costs of the event since the real costs are \$25 person for the wonderful catered eats and open bar)*

*PLEASE RSVP by 12/7 (Chuck Stewart, ED, [lagpa@sbcglobal.net](mailto:lagpa@sbcglobal.net)) to assure ample food and drinks for all. Every effort has been made to meet the dietary needs of vegetarians.*

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**Rachel M. Marks, Psy.D.**

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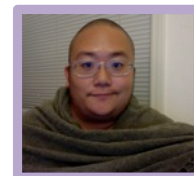
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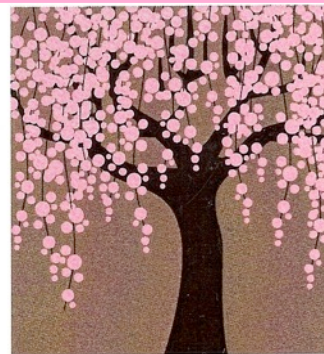
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# Male Sex Work and Society\*

*\*Preliminary announcement only*

**Edited by Victor Minichiello, PhD and John Scott, PhD**

This is the first scholarly, comprehensive volume devoted to male sex work.

Leading contributors from developed and developing countries (including North and South America, Europe, East Asia and the Subcontinent, Oceania, and Africa) will examine research on male sex workers and their clients. The book will adopt an innovative framework which melds scholarly accounts with biographical narratives.

In addition to reviewing the most current peer review journal literature, the co-editors summarize original research based on archives of quantitative and qualitative data sourced from three continents (North America, Europe and Australia). Part of this data was collected from prior studies ever undertaken of male sex work. Sections of the book will also be based on new data based on a major study on male sex work funded by the Australian government

In recent decades new ways of thinking and speaking about male sex work have emerged, challenging older perspectives which have viewed male "prostitution" as deviance and pathology. Historical and cultural variation in male sex work has been acknowledged such that the activity is now understood in complex and dynamic terms. No longer is male sex work to be conflated with "homosexuality" or the female sex industry, but has now emerged as an important area of study as well as social activity in its own right. Previously neglected aspects of male sex work, such as servicing female clientele (the gigolo) and upper income forms of private work (escorting) have gained visibility, in terms of both scholarly and popular attention.

Recent scholarly writing on the male sex industry has largely come from two areas: the social sciences (e.g., psychology and sociology) and the humanities (e.g., history).

There has also emerged a range of popular work on male sex work in the visual arts, including cinema and literature, most of which has not been accounted for in scholarly writing.

This work will integrate, for the first time, these separate disciplinary approaches in one volume. While contributions will be from scholars in their separate fields, they will be integrated through editorial material which defines narrow disciplinary terminology and allows for a thorough understanding of the field.

## FOREWORD

### INTRODUCTION

- 1) **Male Sex Work in History** (Historical focus): how male sex work has been represented in popular culture, with reference to literature, film, television, and the visual arts.
- 2) **Male Sex Work in Popular Culture** (Cultural focus): how male sex work has been represented in literature, film, television, and the visual arts.
- 3) **Male Sex Work In and Out of the City** (Geographic focus): how geography influences male sex work, especially with respect to differences between urban and rural environments. In addition, the spatial organization of male sex work in urban environments will be analyzed, including street work, bar work, and "beats."
- 4) **Researching Contemporary Male Sex Work** (Sociological focus): how current social science research defines the field. For example, why do men enter male prostitution? Do they enjoy their work? How do they identify themselves sexually? What are the social forces underlying the gigolo? In addition, this chapter will examine the client.
- 5) **Regulating the Male Sex Industry** (Criminological focus): how the social control of male sex work is dealt with from both historical and contemporary perspective. Examining public health and legal controls, as well as contemporary debates regarding the regulation of male sex work, and the sex industry in general.
- 6) **Male Sex Work and Public Health** (Health Science focus): how public health researchers and practitioners deal with male sex work, especially in regard to sexuality transmitted diseases or infections. A special focus will be on recent research indicating an increase in risk behaviors in Western context, especially sexual intercourse without condoms (bareback sex), and alcoholism and substance abuse/dependency as special populations within the male sex worker community.

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- 7) **Male Sex Work and Psychology** (Psychological and Mental Health Focus): how psychological research has dealt with male sex workers, especially within the context of how much older research has slanted towards the study of special problem populations. Efforts at psychosocial interventions, and social outreach programs.

**AFTERWORD****APPENDIX****INDEX**

## About the Editors

Professor Minichiello is Dean, Faculty of the Professions, University of New England (Australia). He is an internationally recognized sexual health and public health researcher who has published over 170 books and journal articles with a high citation rate. He has published extensively on the subject of the male sex industry (over 20 journal papers) making him one of the world's top authorities, including invitations to contribute to four recent international edited books and encyclopedia on men and masculinities. His research has focused on sexuality issues with a number of marginalized groups, including men who have sex with men, sex workers and older persons.

**Academic bio:** <http://www.une.edu.au/staff/vminichi.php>

Dr. John Scott is Acting Head, School of Arts, University of New England (Australia). He is an internationally recognized sexual health and public health researcher. Since 2001, John has published one book, one book chapter and eight peer-reviewed articles on the sex industry in Australia. He has also published two encyclopedia entries on aspects of the sex industry and presented numerous seminars and conference papers on the sex industry at national and international forums. His expertise in this area has been recognized with references to his work in scholarly publications (50+ citations to his sex industry research since 2005), government reports and national and international media.

**Academic bio:** <http://www.une.edu.au/staff/jscott6.php>

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# # #

REV. ALEXANDER YOO, M.Div., M.A.  
PSYCHOTHERAPIST\*, I/O CONSULTANT, CLERGY

6310 SAN VICENTE BLVD.  
SUITE NO. 410  
LOS ANGELES, CA 90048

(310) 773-3484

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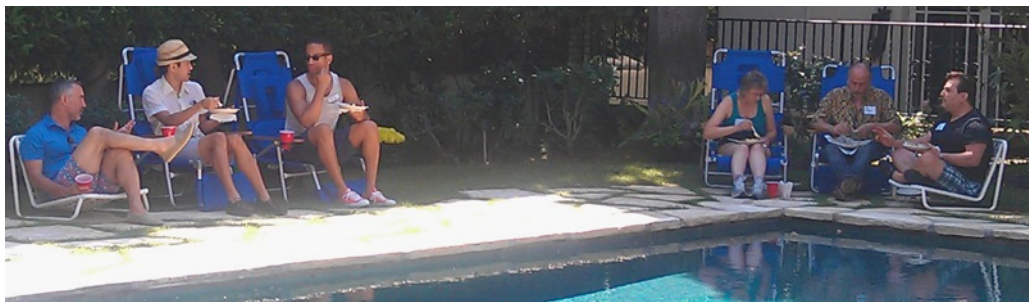
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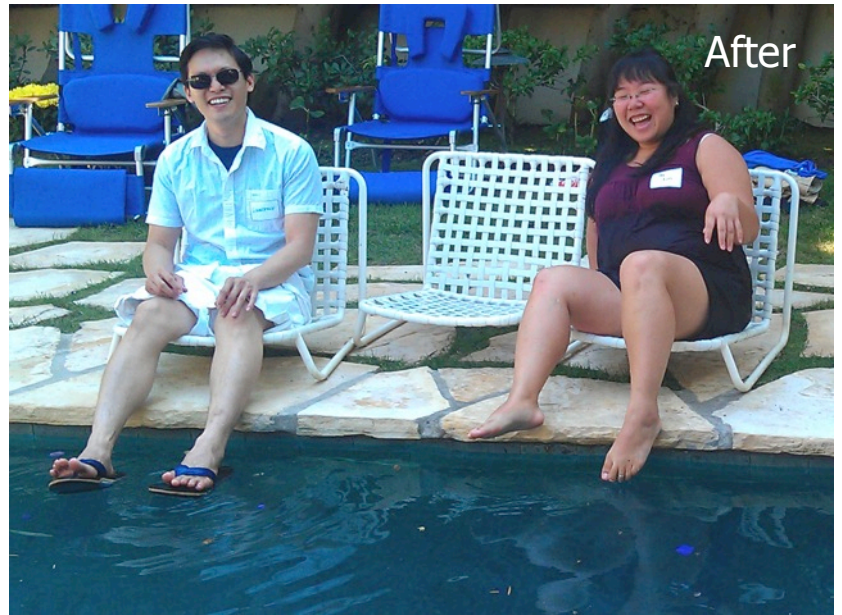
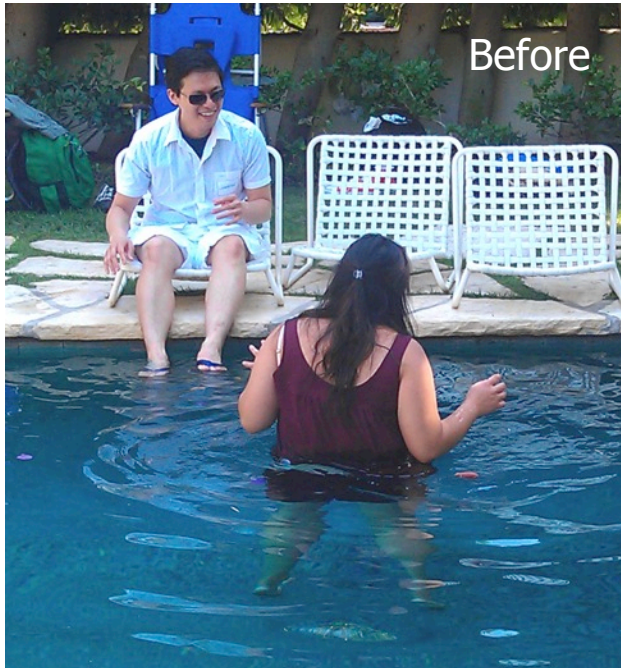
## Summer Pool Party, September 11, 2011

Photos taken by Alexander Yoo





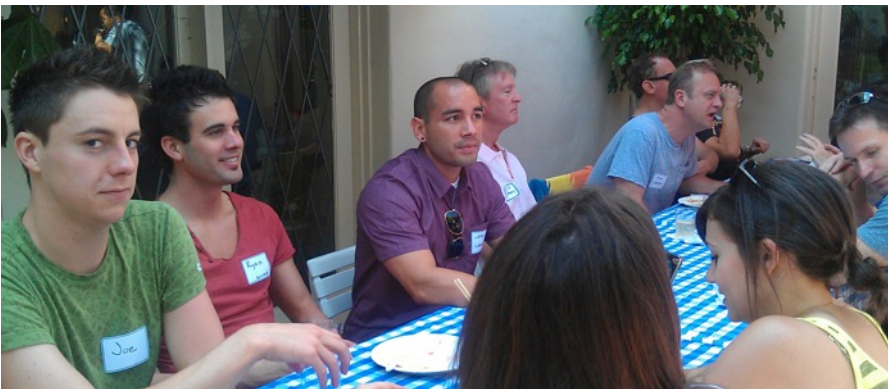
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# Annual LAGPA Elections

## Board of Directors

As required by our Bylaws, each year we must conduct an election of board members by the current membership.

Please take a moment to read these bios of our applicants. Ballots will be sent to you soon by email.

**Rev. Alexander Yoo,  
M.Div., M.A. (Current Co-  
President, Newsletter Edi-  
tor)**



Alexander is a thriving, experienced organizational community psychological consultant working with universities, private companies, non-profits, physicians, and medical clinics with organizational development, diversity, efficiency, and front/back office medical training from a client/patient/patron-centered model, focusing on person-environment interactions and the ways larger, societal, and systemic factors impact individual and community health and wellness.

Alexander also enjoys ongoing and constantly evolving professional experience as a university instructor, speaker (with thousands of hours of experience), published author, long-time community advocate and activist, musician of stage and studio, performance artist, and queer performance event producer/director. Alexander has presented 100+ papers on gender, health, LGBTIQ, HIV, sexuality, philosophy, spirituality, race, and disability at symposiums worldwide.

Alexander also attended seminary and earned ordination as a clergyperson and serves as a hospice chaplain.

Alexander has personal and professional experience with the gender component of the LGBTIQ, as well as deep professional and personal knowledge of all the letters of the aforementioned acronym – the lesbian, gay, bisexual/pansexual, intersex, Queer, and questioning components of the queer umbrella. Alexander serves quite a few gender- and

hetero-normative folk as well.

Great lack and need propelled Alexander into LGBTIQ mental and medical health advocacy, training, and consultation, especially educating health providers – therapists, clergy, and physicians – on the mental, spiritual, and medical health needs of the full spectrum of gender and sexuality.

As a psychotherapist, Alexander's interests include addiction, trauma, ethnicity and race, especially across generations, couples, youth, elders, aging, death, grief, size-acceptance, and HAES (Health At Every Size), SM, leather, and non-monogamy.

Alexander founded GenderQueer Revolution [www.genderqueerrevelation.org](http://www.genderqueerrevelation.org), an organization celebrating genderqueer, gender-gifted, gender non-conforming individuals and communities, worldwide. Alexander serves as Vice President and newsletter editor of FTM International ([www.ftmi.org](http://www.ftmi.org)) (non-FTMs have and do serve on the FTMI board) and is the current Co-President and newsletter editor of the Lesbian & Gay Psychotherapy Association ([www.lagpa.org](http://www.lagpa.org)).

**Bruce R. Watkins, Ph.D.  
(Current Co-President)**

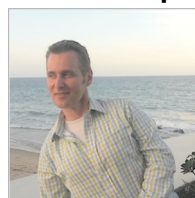


Bruce was born and raised in central Los Angeles. He was reared a Roman Catholic, with 16 years of Catholic education, eight of which were by Jesuit priests at Loyola High and Loyola University, Los Angeles. He received his B.A. degree in his major, psychology, with three full minors in theology, philosophy, and foreign languages. He was a Public Health Service Fellow at the University of Oregon, where he received his Ph.D. in clinical psy-

chology in June, 1972. He was a National Institute of Mental Health Fellow both at his predoctoral internship at the Neuropsychiatric Institute at UCLA and at his postdoctoral internship at Thelians, Cedars-Sinai Medical Center, Los Angeles. He has been: an Assistant Professor at UCLA, Department of Psychiatry and Biobehavioral Sciences; an Adjunct Professor at the California School of Professional Psychology, LA and Ryokan College, LA; and a clinical supervisor at the Center for Legal Psychiatry, Santa Monica. He established his private practice in Westwood in 1972, where he sees mostly high functioning adults with relationship problems. Psychotherapists apprentice to him and his three partners to learn his unique method of psychotherapy, which he calls, Person-Centered Psychoanalysis.

About his work, he says: I am psychoanalytic with a strong dose of Carl Rogers. I call my work person-centered psychoanalysis. I work with personality disorders intensively, with a specialization in codependency, narcissism, OCD and depression. I am also behaviorally trained, and have published in sex therapy. And, I enjoy doing couples therapy. In fact, I work primarily with high functioning adults who have problems in relationships. Finally, I have extensive experience working with religiously traumatized LGBT people.

**Gilbert Chalepas, Psy.D.**



I have extensive experience dealing with chronic mental illness in the schizophrenia, psychotic and bipolar spectrums as well as LGBT and addiction issues. One of the most valuable parts of my training has been spending 17 years in my own

therapy, an invaluable tool that very few others have. Winners get help!

Currently I am in private practice in Beverly Hills. I very much look forward to being part of the LAGPA board and helping in any way that I can to make our organization an even more enjoyable and valuable experience for our members.

[drgilbert@drgilbert90210.com](mailto:drgilbert@drgilbert90210.com)

**Jen Durham, LCSW (Current Board Member)**



I offer short term and long term therapy dealing with depression, anxiety, relationship difficulties, body image issues, LGBT and Gender Identity issues, adoption and parenting issues, PTSD, complex stress a substance abuse.

My therapeutic style is based on a combination of Cognitive Behavior Therapy and Narrative Therapy approaches. I also interweave Mindfulness and Meditation techniques and rely heavily on a strengths-based model. I find that gentle humor and a calm disposition create a safe, welcoming therapeutic space.

As a clinician I approach my work from a holistic perspective. An individual's mental health and overall happiness are based on a number of different factors that are unique to that client. Therapy is a collaborative effort that takes compassion, reflection, personal strength and creativity.

**Lauren D. Costine, Ph.D.  
(Current Board Member)**



Lauren Costine, PhD is a clinical



*From Previous Page*

psychologist, educator, writer, instructor, and activist with an office in Beverly Hills.

She received her MA in Psychology at Antioch University Los Angeles in 2001 and her PhD in Clinical Psychology with an Emphasis in Depth Psychology from Pacifica Graduate Institute in 2007. Her dissertation focused on the role of the repression of the sacred feminine in the heteronormative society and how it affects female sexuality at it relates to the creation of consciousness. Her focus is on addiction and codependence issues, co-occurring disorders, depth psychology, LGBT-affirmative psychotherapy, lesbian-centered psychotherapy, psychodynamic and family systems modalities. She works with both individuals and couples.

She was the Family Counselor at Exodus Recovery Center (substance abuse recovery center) for over five years where she was actively involved in helping the patients and their families find direction and solutions, educating each individual on the realities of substance abuse and how to develop new coping skills, plus treatment planning and implementation for co-occurring disorders and chronic substance abuse problems.

She has also played a pivotal role in the development and management of The LGBT Specialization in Clinical Psychology, one of the first such programs of its kind in the country, as an Associate Faculty member and instructor in the Masters in Psychology program. Besides guiding the development and implementation of the groundbreaking affirmative curriculum she has helped produce a variety of grassroots psychological cultural events aimed to promulgate LGBT-Affirmative psychological ideas for the community in an accessible way through various mediums, such as multiple events at Highways Performance Space and Gallery, the "Clothesline Project", several books readings on campus and at A Different Light Bookstore, The Trans Teach In, The LGBT-Umoja 5-part series, The Sapphic Salon, and The LGBT-Affirmative Psychotherapy Conference co-sponsored with LAGPA.

She teaches such courses as LGBT History & Myth; LGBT-

Affirmative Psychotherapy; Human Sexuality; Lesbian Liberation: Finding it through Identity, Love, and Sexuality, LGBT Community Action and Independent Studies; Process I: Beginning Therapeutic Techniques; Society and the Individual; and Women's Spirituality: Lesbian and Women-Centered Reading of the Sumerian Myth--Descent of Inanna. She has also presented workshops at such Conferences as American Psychological Association (2007, 2010), Los Angeles County Psychology Association (2010), Lesbian and Gay Psychology Association (2007, 2010), the Gay and Lesbian Center's Lesbian Health Conference (2008, 2009, 2010, 2011), and Lesbian Plus 50 Organization (2011); The Writer's Guild Association (2011).

#### **Liliane Quon McCain, MFT (Current Board Member)**



Licensed Marriage and Family Therapist currently in private practice. Prior to this, she provided volunteer therapy at the Pacific Center of AIDS Project Los Angeles and retired as a counselor after 28 years being employed in Beverly Hills Unified School District. Liliane is currently completing her dissertation, "A Phenomenological Study of Self-Identified Heterosexual Men who are Now Living in an Openly Gay Relationship." Liliane has been on the LAGPA board for four years.

#### **Monica Dremann, Psy.D.**



drmonicadremann@gmail.com  
Adolescent, Adult, Family & Couples Psychotherapy  
<http://lagpa.org/directory/dr-monica-dremann.html>  
<https://www.facebook.com/people/Monica-Dremann/562479257>

#### **Philip Pierce, Ph.D. (Current Board Member)**



My training includes helping people from very diverse backgrounds, and I specialize in same sex relationship dynamics, couples therapy and affirming one's sexual orientation. I am a Lecturer at UCLA and my extensive experience with the LGBT community gives me a broad and well-rounded perspective when working with LGBT individuals; I also have wide experience working with those affected by HIV. I specialize in using cognitive behavioral therapy to treat anxiety disorders (panic attacks, OCD, social anxiety), depression and artist's issues. I have a background in the film industry and have a special interest in those working in the field. Check out my website for more information: [www.DrPhilipPierce.com](http://www.DrPhilipPierce.com)

#### **Thuy Cao, MA, MFT (Current Board Member)**



Beyond Thuy's formal education and training in clinical psychology, she brings to the therapeutic setting her diverse career experiences in the field of education and business. Thuy's educational expertise started as a classroom teacher and then as a curriculum developer and trainer. In this field, she was nominated as the Teacher of the Year.

After several years, Thuy left the education profession to seek more intellectual challenges. For over 12 years, she worked for a Fortune 100 company, managing and deploying multi-million dollar projects.

Thuy continues to strive for excellence as a Marriage and Family Therapist. Her mission as a psychotherapist is to help lesbian

and bisexual women move towards a place of emotional and mental health where they gain self-awareness and learn to create the life they want. Although her specialty is working with gay women,

Thuy welcomes individuals and couples of any sexual orientation and background.

#### **Travis Stobbe, BFA (Current Board Member)**



Travis is a native of the San Fernando Valley and graduate of California Institute of the Arts (1999). His current career is real estate management. His real love is motion picture art. He has been involved with PFLAG, Toast Masters International, and various classic car clubs. Travis is a big supporter of LAGPA because of the important work the members perform for the LGBT community.



## From The Editor

As a new calendar year approaches, so do a rapid slew of opportunities. As soon as the new year dawns, prepare to hit the ground running.

In January, the official Call for Proposals for the 2012 LAGPA Conference will go out (theme to be announced).

In the following spring and summer months, in preparation and anticipation of all the innovative research and clinical presentations at the conference, get ready for exciting CE-qualifying workshops.

Of course, LAGPA provides excellent social and net-

working events to boost your practice and your circle of professional and personal connections.

Additional reminders:

### Write for the PN.

As always, we want to know what you have to say. Adding your perspective can boost your practice and tell your colleagues – potential referers – more about you. Literally thousands of people see the content in the Progress Notes, every month.

### Keep your ad current.

Those of you who paid for a year's worth of print advertising, you have the re-

sponsibility to ensure accuracy when first submitting the ad and throughout the year.

### Submitted a Classified?

We offer this service free to members and at a very affordable rate to non-members (\$15). Please make sure to contact us when you no longer need to run your original classified ad.

Ultimate responsibility for relevance and accuracy rests on YOU.

That said,

**PLEASE SUPPORT OUR ADVERTISERS. THANK YOU!**

### Volunteer

The Communication Committee is looking for one or two volunteers to call ongoing print and classified advertisers, to help keep ads current, and to solicit new advertisers. If a little gentle confrontation does not scare you (and if it does, please see our online directory for a whole list of fellow therapists whom you might find helpful at [www.lagpa.org](http://www.lagpa.org)), please contact Chuck ([lagpa@sbcglobal.net](mailto:lagpa@sbcglobal.net)) or Alexander.



### Antioch University Los Angeles

A Leader in LGBT Education and Outreach  
for nearly four decades

- Training the next generation of LGBT-affirmative psychotherapists and activists
- Enriching LGBT cultural life on campus and throughout the community

For more information on our programs and events, visit [www.AntiochLA.edu/LGBT](http://www.AntiochLA.edu/LGBT) or call 310.578.1080 x100.

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## NOT A MEMBER OF LAGPA?

NOW, complete online registration  
Visit [www.LAGPA.org](http://www.LAGPA.org)

More than 12,000 individuals visit the LAGPA website each month, many searching for a therapist. Become a member and list your services with our directory.

### **LAGPA MEMBERSHIP BENEFITS**

- Notification to all LAGPA events
- Reduced registration fees for LAGPA events
- Annual LGBT Psychotherapy Conference
- Social Events
- Membership Directory
- Educational Forums

**[www.LAGPA.org](http://www.LAGPA.org)**

## ABOUT LAGPA

LESBIAN AND GAY PSYCHOTHERAPY ASSOCIATION OF  
SOUTHERN CALIFORNIA, INC.

### **MEMBERSHIP INFORMATION**

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) was established in 1992 as an organization of mental health professionals interested in the psychological well being of lesbian, gay, bisexual, and transgender individuals. LAGPA provides a wide variety of activities designed to strengthen professional knowledge and competence in the provision of mental health services. LAGPA exists to join mental health professionals together for academic and social events, to provide educational community outreach, and to foster and promote a positive identity for members of the GLBT community. LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, and the annual Gay and Lesbian Pride Conference. In addition, members also receive LAGPA's quarterly newsletter *Progress Notes*, a LGBT resource directory, membership listing on the LAGPA website ([www.lagpa.org](http://www.lagpa.org)), and the on-line LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists. For further information, our website at [www.lagpa.org](http://www.lagpa.org)

### **MEMBERSHIP TYPES:**

<b>\$120</b>	<b>Regular:</b>	A currently licensed mental health professional
<b>\$120</b>	<b>Associate:</b>	Individuals interested in the field of psychotherapy but who are neither students nor interns nor licensed professionals
<b>\$60</b>	<b>Student:</b>	Unlicensed students and/or interns earning less than \$ 20,000 annual income
<b>\$60</b>	<b>Retiree:</b>	Individuals who were once practicing mental health professionals, now retired and no longer working
<b>\$300</b>	<b>Institutional:</b>	Organizations interested in the mission of LAGPA and wanting to support that mission through financial sponsorship

**[www.lagpa.org](http://www.lagpa.org)**

## LAGPA on Facebook

**[www.facebook.com/pages/Lesbian-and-Gay-Psychotherapy-Association/186069348971](http://www.facebook.com/pages/Lesbian-and-Gay-Psychotherapy-Association/186069348971)**

Or search for "LAGPA" on Facebook.

## LAGPA now has a Google Group!

**<http://groups.google.com/group/lagpa>**

Engage in community discussion, and post jobs, office vacancies, workshops, and other events relevant to LGBTIQ mental health professionals.



## Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Winter, 2011

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Bruce Watkins, Ph.D.  
Rev. Alexander Yoo, M.Div., M.A.

### Executive Director

Chuck Stewart, Ph.D.  
ckstewar@sbcglobal.net  
(310) 288-3465 (v)  
(310) 838-6769 (f)  
Box 34142  
Los Angeles, CA 90034  
www.LAGPA.org  
LAGPA@sbcglobal.net

## Volunteer!

## Make LAGPA YOUR Cause

The **Classified Section** of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

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- Renee R. Sperling, L.C.S.W.; 310-470-3450
- Roger Winter, M.A., M.F.T.; (626) 440-9898 x2
- Sandy Kaufman, M.F.T.; 818-761-4200
- Steve Kadel; 310-228-3676

## UPCOMING EVENTS

### Lecture: Poz + Sexual

The Institute for Sexual Health lecture series in clinical sexuality will present: Poz + Sexual: How HIV Positive Gay Men Can Incorporate a Healthy Sexuality. Presented by Dr. Alan Downs and Dr. Rick Coons. Dr. Downs will also be reading excerpts from the upcoming revised edition of his best selling book, The Velvet Rage. Sunday, December 11th from 2pm to 4pm. This is a free event. Please call 310-286-1300 to reserve your spot or email [admin@sexualtreatmentprograms.com](mailto:admin@sexualtreatmentprograms.com).

## SEEKING CONSULTATION or SUPERVISION

### Wanted: Psychologist supervisor that can bill Medicare in Tarzana, CA: 420074

Hello, I am interested in starting a small psychotherapy clinic in Tarzana, CA. I am looking for a licensed psychologist that can provide supervision and bill Medicare. Please let me know if you or someone you know is interested.

Thank you, Natalie  
[nataliejoon99@yahoo.com](mailto:nataliejoon99@yahoo.com)

### Seeking Consultation

I am a member of LAGPA and I am very interested in joining a clinical consultation group. Does LAGPA offer this or do you have any referrals? I greatly appreciate your time and hope all is well.

Best, Raymond Lamb, L.C.S.W.  
[lambclsw@gmail.com](mailto:lambclsw@gmail.com)

## THERAPY

### Over-40 Gay Men's Group

Ongoing group for gay men confronting the challenges of aging in a youth-oriented culture. All gay men over age 40 are welcome. Topics of discussion range from sex/intimacy issues to career and life goals.

The group meets Fridays at 7:30 PM in West Hollywood; each session is \$40. An 8-week commitment is required. For more information, please contact Michael Liberatore, M.A., M.F.T.I. #IMF-57834 at 310-497-7682. Group is under the supervision of Tony Zimbardi, Psy.D., M.F.T. #33579

### Gay Men's Growth Group (Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35 per session. Contact Sandy Kaufman, M.F.T. at 818-761-4200

### Gay Men's Group (Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, Ph.D. (PSY11680), 310-858-3831.

### Ongoing Gay Men's Therapy Group (West Hollywood)

Now accepting new participants! Meets every Wednesday evening from 8:00 to 9:30 PM; \$50 per session. Group therapy is a helpful adjunct to individual therapy. Consider the benefits for your clients: learning to directly and healthfully express feelings; building self confidence and self esteem; feeling more comfortable in groups, relieving feelings of shame and isolation. Contact: Mark Reina, M.F.T., CGP at 310-366-5494.

### Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and co-addiction, compassionate self-care, mindfulness, building intimate relationships. Fridays, 6 PM, \$50. For more information, please call: Matt Silverstein,

Classified Ads continued from previous page

M.F.T., 310-842-6124 (License #MFC38474).

### **Mixed Groups**

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

### **Social Anxiety Group**

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian, and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

### **Emotional Regulation Skills Group**

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

### **Women Over 40**

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

### **Ongoing Gay Men's Therapy Group**

(Pasadena)  
Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the

group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Institute of Contemporary Psychoanalysis. Contact Roger Winter, M.A., M.F.T. 626-440-9898 x2 (MFC28821)

### **SASS Group (Sexual Abuse/Assault Survivor's Support Group)**

Group for women who have been sexually abused, experienced incest, raped, sexually assaulted, exposed to adult sexuality too young, used in child pornography, or who have been or who are currently being stalked. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Group meets every other Sat 1-3. Call Cindie Henrie at 323-829-3548

### **Extreme Abuse Survivor's Group**

Group for women who have posttraumatic stress disorder and are survivors of childhood/adult abuse and/or other traumatic events. This group is a process group for women who have survived multiple abuses that were violent in nature. Excellent for getting support and learning effective coping skills and strategies. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every Wed 8pm. Call Cindie Henrie at 323-829-3548

### **TransWoman Support Group**

Group for transsexual women who are in the process of transitioning from male-to-female who are at different phases of their transitioning process. This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every other Sat from 10am-12pm. Call Cindie Henrie at 323-829-3548.

### **Significant Others Support Group (SOS Group)**

Group for women whose significant other has a gender identity issue or is gender variant. Partners may be transsexuals, transgender, intersexed, cross-dressers, gender-queer, or transvestites. They can be either male-to-female or female-to-male. Group meets every 2-3 weeks depending upon availability of group members. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Call Cindie Henrie at 323-829-3548.

### **Healing and Freedom from Critical and Controlling Parents and/or Partners**

Group for women who were raised by critical, controlling and/or narcissistic parents or who are in relationship with critical and controlling, narcissistic partners. Most women in the group have found that their self-esteem has suffered tremendously as a result of being emotionally and verbally abused, criticized or controlled in their lives. Excellent group! Closed group. Must be willing to make a minimum of a 6-month commitment. Meets every other Sat from 3pm-5pm. Call Cindie Henrie at 323-829-3548.

### **Psychotherapist Supervision/Peer Consultation Group**

Supervision/professional peer consultation group for therapists who are interested in trauma, feminist therapy, gay and lesbian issues, gender identity issues, dissociative disorders, or who want to learn more and consult on cases. Lots of great information will be discussed, presented and explored! Come be creative, get support, and enjoy an intimate process group with other therapists. Date/Time TBD. Call Cindie Henrie at 323-829-3548.

## **EMPLOYMENT**

### **Psychotherapy Bookkeeper Position**

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula M.F.T. at 323-876-8861 or 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

### **Full Time MFT, Psychologist, or LCSW**

Frank's House is looking to fill a position full time position to share with The Van Ness House. Candidate will be licensed as an M.F.T., Psychologist, or L.C.S.W.; experience counseling clients on behavioral issues, including drug use, criminal behavior, high-risk sexual behaviors: demonstrated ability to communicate clearly and effectively, verbally, and in writing, with diverse participants (including gay, LGBT communities), staff, and supervisors: good charting skills: review, and assessment forms for accuracy, and internal risk behaviors: moderate to advanced computer skills; work flexible hours to accommodate project needs; complete and be certified in HIV Counseling and Testing. English/Spanish Bilingual skills preferred. No calls; please email resume to: [rbcsfranks@gmail.com](mailto:rbcsfranks@gmail.com).

### **Part-Time Office Help**

Part time office help needed, 10-15 hours weekly, in Beverly Hills. Familiarity with ShrinkRapt billing software helpful. Contact Dan Fast, M.D. at 310-246-1040

## **OFFICE SPACE**

### **West Hollywood (Melrose/La Cienega)**

FT psychotherapy office space in West Hollywood near intersection of Melrose and LaCienega. Near Cedars-Sinai yet in a quiet garden courtyard of therapists and designers. One central air thermostat for your office only--which only you control. Stand-alone, private office and waiting room. 24/7 access to building and AC/heat. Reserved (not tandem) parking space for therapists.

Classified Ads continued from previous page

pist and ample street parking for clients. Handicapped-accessible office and restroom (also near major bus routes). Windows, high-vaulted ceiling (owner willing to install sky light, if desired). Owner willing to build-out to your specific psychotherapy office needs. While square footage sounds small, it is larger than the psychotherapy office space I occupy next to yours. For details and amount of rent, contact building owner Jack Ravan at 323-782-1270  
Thanks,  
Mike Fatula, M.F.T.

#### **Carthay Circle/Mid-Wilshire**

Beautiful offices with east facing view available in the Carthay Circle/ Mid-Wilshire area at 6310 San Vicente Blvd. Suite 401, Los Angeles, CA 90048. One full-time unfurnished office (170 square feet) is available for \$1000/month, or one hourly furnished office (150 square feet) for \$15/hour. Free wireless internet and printing, fully stocked kitchen with break area, locked file space, a nicely decorated waiting room, access to a furnished group room, a café on the first floor, and convenient street or structure parking. Keycard included with rent, parking available for monthly fee. Email Dr. Halle Aten at [halleaten@gmail.com](mailto:halleaten@gmail.com) or call 310-339-2546 to tour the space.

#### **West Los Angeles**

**/Westside Pavilion adjacent**  
Part-time office space available in suite designed by therapists for therapists. Full/half days in windowed and interior offices in 2-story, modern building (built in 2008). Very good soundproofing, easy parking options, call lights, separate exit, wireless. Call 310-281-8681 or email [an-drew@westsidetherapist.com](mailto:an-drew@westsidetherapist.com).

#### **Studio City/West Hollywood**

Ideal office set-up for newly licensed therapist or therapists who would like to apply for networks: For a little over \$100 a month, you could have one office in LA. For a little over \$200 a month, you could have two offices in LA, one in Studio

City and one in West Hollywood! And having two offices is a plus for applying for insurance panels, as is working with special communities. Call Mike Fatula, M.F.T. 323-876-8861.

#### **Beverly Center**

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

#### **Beverly Hills**

Office space available for lease in medical building in Beverly Hills. Suitable for consultations, counseling, presentations, or auditions. Monthly rent: \$1333 (one year contract). Two hours free public parking in addition to street parking. Call Eric at (323) 528-8206, or send email to [chantalralland@gmail.com](mailto:chantalralland@gmail.com)

#### **Encino**

Prime Encino office space now available. Newly remodeled suite in therapist-friendly building. Full and part-time space for sublet in both windowed and interior offices facing Encino Hills. Freeway-close to the 101 and the 405. Very good soundproofing, easy parking options, call light system, separate exit. Contact 310-281-8681 or [an-drew@westsidetherapist.com](mailto:an-drew@westsidetherapist.com).

#### **Studio City / Valley Village**

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available part-time. Please call Dr. Stacy Berlin 310-442-6466.

#### **West Los Angeles**

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or

half time. Call Elaine Schulman 310-475-0674.

#### **West Los Angeles**

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, L.C.S.W. at 310-470-3450.

#### **West Hollywood**

Newly remodeled, beautiful, quite, F/T or P/T psychotherapy office space in 2-office suite in centrally located professional building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available full-time. One office is furnished. Both offices have windows overlooking lots of greenery. Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, Ph.D., M.F.T. 310-842-6124 or [msilversteinmft@aol.com](mailto:msilversteinmft@aol.com).

#### **West Hollywood**

Prime therapy office for evenings and weekends. Beautiful space is available Monday through Thursday evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather couch/chair, and warmly painted walls. It also has a desk and a consulting area which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly colleagues. High-end security building on designer row. Other offices within the building consist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, Psy.D. at 310-659-0509. Required blocks of time: 6PM to 9PM or 6PM to 10PM.

Monday/Tuesday/Wednesday/

Thursday or 4-hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to 5:30PM); \$25/hour (non-negotiable).

#### **West Hollywood/San Fernando Valley**

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thelians. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- Quiet, garden courtyard; one story building; 24/7 access & AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceiling/new wood window blinds
- Utilities included with reasonable rent; private, covered, well-lit parking
- Easy canyon access to San Fernando Valley
- Recently remodeled to psychotherapy specifications. Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

## **Got Something to Advertise?**

Then use the Classifieds to reach tens of thousands of mental health professionals. Placing an ad is **free** to members.



## CALENDAR OF EVENTS

**DECEMBER 11, 2011****LAGPA/SCLMA/LGLA Winter  
Social**

RSVP ASAP to  
lagpa@sbcglobal.net  
See Page 3 for full details.

**SEPTEMBER 30, 2012****LAGPA Annual Conference**

Stay tuned for Call for Proposals,  
sponsorship opportunities, and  
further details.

**SPRING, 2012****LAGPA Educational Work-  
shops**

Enlivening and informative CE  
opportunities  
Details forthcoming.

**SUMMER, 2012****LAGPA Educational Work-  
shops**

Enlivening and informative CE  
opportunities  
Details forthcoming.

### POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send an electronic mailing to the membership you must send us the text, graphics, URLs, and any accompanying attachments you wish to send so our Editor, Alexander Yoo, and the rest of our Board may review it. Rates for this type of service are: Members \$125.00 per mailing; Non-Members \$175.00 per mailing. We strongly suggest you place an ad in the *Progress Notes* rather than create a separate mailing. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to e-mail, include in the *Progress Notes*, or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. For more information please contact our Executive Director, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters provide a great way to market your product or service, to create credibility, and to build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

**Join the Board.**

**Join the  
Excitement.**

## **In this Edition of Progress Notes...**

- ▶ Executive Director Report
- ▶ Happy Merry from The Editor
- ▶ Holiday Party, SUNDAY, 12/11/11
- ▶ New Medical Clinic
- ▶ Male Sex Work and Society (Preliminary Announcement)
- ▶ PHOTOS: Summer Pool Party
- ▶ Board Elections
- ▶ From the Editor
- ▶ Classified Ads and Job Announcements
- ▶ Calendar of Future Events

**HOLIDAY PARTY!!!**

**JOIN LAGPA  
Great Social  
Events!  
Education!**



P.O. Box 34142  
LOS ANGELES, CA 90034

E-mail  
LAGPA@sbcglobal.net

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[www.lagpa.org](http://www.lagpa.org)  
310-288-3465  
310-838-6769 (f)