

Progress Notes...



August, 2011

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

(310) 288-3465

Executive Director Report

Chuck Stewart, Ph.D.

There is always so much going on with LAGPA. In the past few months we have had three wonderful educational forums. On May 12, Diana Mercer, Esq., gave a workshop on "LGBTIQ Mediation and Psychotherapy." This 2-credit workshop explained mediation, specifically for the LGBT community, including a more in-depth how-to for psychotherapists, psychologists, and other mental health clinicians on the advantages of utilizing mediators. It was held in the lovely setting of Liliane's home in Beverly Hills. Thanks, Diana, for donating your time and thanks Liliane for the use of your home.

Later, on June 5, Meiram Bendat, JD, MFT, donated his time to conduct a workshop on the topic of "Therapist as Advocate in the Era of Mental Health Parity." Bendat discussed how psychotherapists are vested with legal and ethical advocacy duties and could learn to promote patients' treatment needs by turning to Wellstone and Domenico Mental Health Parity and Addiction Equity Act of 2008. Three CE credits were earned, and the workshop was held at Twin Town Treatment Center in West Hollywood. Thanks, Meiram and Twin Town. Almost twenty people attended.

And just last week, on July 10, Mary Andres, Psy.D., gave a 2-credit workshop on "Contemporary Thoughts on Bisexuality." This too was well attended at the home of Liliane. It was eye-opening to learn

of research showing that bisexuality is much more than a stage in the coming-out process. Thanks, Mary. I heard so many good comments of your work.

Upcoming in August and October, Dr. Larry Hedges will be conducting two workshops for us. On August 28, Larry will be teaching the Ethics Workshop. This meets the mandated 6 hours of training on this topic. Larry has taught this for us before, and there has always been a big turn out of nearly 40 people. Later on October 2, Larry will conduct a 6-hour training on supervision. This workshop satisfies the BOP requirement in supervision for psychologists who supervise and train interns, students, or psychological assistants. Both workshops will be held at Antioch to better accommodate the larger crowd. Watch for announcements.

LAGPA strives to give our members thought-provoking professional workshops in a LGBT supportive environment. To that end we have obtained the right to host educational workshops and conferences and grant continuing education credits through APA. That is really a coup. The APA application process is over 800 pages long and costs LAGPA thousands of dollars to administer each year. But our members think this is important and one of the core functions of LAGPA. We dearly thank workshop presenters. They donate their time and skills so that we can keep our costs and your fee low.

Many of you have asked about the annual conference. Sorry to say, but there will not be one in 2011. We want to shift the conference back to its historic time slot of early spring or June. Also, we have hit a rough road in securing co-sponsorship. Five years ago, it was decided to no longer host the conference at hotels, but rather take it to the various schools of psychology in Southern California. As such, it has been hosted by PGI, Antioch Los Angeles, and USC. The idea was to give greater exposure of LAGPA's existence to students and staffs at these schools. The hope was that this would lead to significant growth in membership and greater ties to the schools of psychology, a collaboration we hoped would see the expansion of LGBT psychology programs and the like. This year we approached PGI, UCLA, and CSU Northridge without success. We called the schools of psychology, schools of social work, schools of education, and any LGBT program they may have. None called us back. How frustrating. Which brings me to the point of this paragraph. Perhaps some LAGPA members come from these schools. Perhaps you still have strong ties with the departments and chairs. Would you be willing to act as a liaison to introduce us to the school? Perhaps strong personal ties are what are needed to make our conference happen at other schools.

We have always appreciated the overwhelming support Antioch LA and the LGBT Specialization in Clinical Psychology has provided LAGPA. Doug Sadownick has been a champion of LAGPA's efforts, and their team of experts and volunteers has helped make the conference run smoothly. It has been suggested that LAGPA and Antioch work much closer on related projects. Some board members have thought that maybe we should always hold the conference at Antioch. Just like LACPA and other local organizations that put on educational events, they often return to the same venue year after year; this provides consistency for their members. Maybe we should do the same. Maybe we should be at Antioch two or three years in a row during which we are nurturing a relationship at another school of psychology, then hold at the other school of psychology, then return to Antioch for another two or three year run. As you can see, we are not certain how to proceed. What are your ideas? Please contact Chuck with your comments.

Finally, our board is stronger than ever. I am glad to say I see LAGPA stronger and financially robust than ever in the eleven years that I've worked for you. Thank you all.

Hope to see you all at the next two educational workshops and our Summer Social.

Chuck Stewart
LAGPA@sbcglobal.net

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\$15 for LAGPA, SCLMA and LGLA Members*
\$20 for Guest**

PLEASE RSVP ([Chuck Stewart](#), Executive Director) to assure ample food and drinks for all. Every effort has been made to meet the dietary needs of vegetarians.

*Low-cost event for current LAGPA members.

**Guest and others pay a modest \$20 each for terrific food and fun. If you are not a LAGPA member, now is the time to join. Membership applications will be available at the door.

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*Registered Marriage and Family Therapy Intern (IMF52075) supervised by Gregory Travis, Ph.D. (PSY12181)

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- LGBTIQ mental and medical health advocacy, training, and consultation, especially educating health providers – therapists, clergy, and physicians – on the mental, spiritual, and medical health needs of the full spectrum of gender and sexuality
- Psychotherapy interests also include addiction, ethnicity and race, especially across generations, youth, elders, aging, death, grief, size-acceptance, and HAES (Health At Every Size), SM, leather, and non-monogamy
- Presented 100+ papers on gender, health, LGBTIQ, HIV, sexuality, philosophy, spirituality, race, and disability at symposiums worldwide
- Founder: GenderQueer Revolution (www.genderqueerrevelation.org), an organization celebrating genderqueer, gender-gifted, gender non-conforming individuals and communities, worldwide
- Vice President and newsletter editor of FTM International (www.ftmi.org) (non-FTMs have and do serve on the FTMI board)
- Current Co-President of the Lesbian & Gay Psychotherapy Association (www.lagpa.org) and its newsletter editor



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Unlabeled Doesn't Have to Mean Invisible

Moshe Ben-Yosef, MFT

At a recent LAGPA workshop led by Dr. Mary Andres on the subject of bisexuality, a discussion took place that highlighted some of the struggles that clinicians face in regard to labels of sexual identity. Part of this difficulty is that we work in a field that requires diagnosing and labeling. After all, it is part of our education, it is what managed care demands so reimbursement can be justified, and especially in community based settings where variations of cognitive-behavioral therapy are enforced in order to target and alleviate symptomatic behaviors. However, while individuals who seek treatment re-

garding concerns about their sexuality or gender identity may exhibit symptomatic behaviors, ultimately their questions are of an existential nature. Given this premise, in what ways can therapists support and validate those questions and give room for the client to find their own answers, without the constraints of labeling?

Not only is labeling and diagnosing an essential part of our field, but from a neurological perspective, humans need to make sense of the world. Assigning labels and grouping achieves the goal of making sense of the things around us. However, the templates we have set

up are based on past experiences and knowledge, so that new experiences get aligned with those which most closely resemble them. If we cannot find something with which to

If someone cannot be labeled, how can they be visible? How do we assist them in creating their own visibility?

Without proper training a clinician might not be aware of the blind spots which might prevent them from collaborating with a client on a new truth, as they would try to make sense of behaviors based on past constructs.

compare these new experiences, then we are faced with the task of making new connections and integrating new information. While it is evident that diagnosing and labeling are primary functions, how does that ultimately affect that client who does not feel that they fit within any particular label?

How do they go about finding their own truth, and what becomes our role? If someone cannot be labeled, how can they be visible? How do we assist them in creating their own visibility?

As we grow up, are educated and practice in a heteronormative society. It is easy to overlook blind spots that we may have.

First, it would be worthwhile to address the issue that sexuality and gender are still seen linearly. There is a growing acceptance of fluidity, but even then, the understanding is that it is movement that occurs from one pole to another. My family systems oriented lens leads me to view issues regarding gender and sexuality as more than just linear. For example, instead of viewing a person as "4" on the Kinsey Scale, they can be viewed in a particular dimension of their sexuality sphere. Certainly not seeing past a linear concept can contribute to blind spots, because looking at concepts linearly limits movement to only back and forth.

There is also the issue of competency. It would be misleading to assume that any member of the GLBTQ community can treat another member who identifies as GLBTQ or wishes to remain unlabeled. If an individual is only familiar with the labels of GLBTQ and has perceived notions of what each letter within this community acronym is supposed to mean and the behavior that is expected, what are the ramifications in dealing with individuals who do not fit into those preexisting terms and expectations? Without proper training a clinician might not be aware of the blind spots which might prevent them from collaborating with a cli-

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ent on a new truth, as they would try to make sense of behaviors based on past constructs.

There are labels beyond GLBTQ which individuals use to describe the fluidity of their sexuality. In the 1990's Michael Stipe identified himself as queer, and Sophie B. Hawkins as omnisexual. Of course, today there are many more terms which describe fluidity in both gender and sexuality. There is a reason that these new labels are being created. Individuals are recognizing that current constructs are not only limiting, but by forcing individuals to fit into preexisting boxes in which they do not feel they fit, core parts of their self are being made invisible. What awareness do we have about those terms? How do we balance providing psychoeducation without passing judgment on what is expected?

Clients seek therapy because they are in crisis, and regardless of the situation at the core is usually a question of identity: "Who am I? How will I handle this? What am I supposed to do? And ultimately, will the answers I seek be congruent with the person I am, and the type of action I would like to take?" This is the client's anxiety about their identity. How do we acknowledge its existence while supporting the client's journey to uncover and acknowledge parts of themselves that have been deemed invisible by society? How can we provide a safe, nonjudgmental environment for clients to explore parts that are real to them despite the fact that we may not have a definite label or category to attribute to it? Essentially, what would it take on the part of the clinician to provide the safety and sup-

port necessary to allow a client to self identify, be comfortable with that self identification, and feel visible and validated?

Moshe Ben-Yosef is a licensed Marriage & Family Therapist in private practice with offices in Los Angeles and the San Gabriel Valley. He specializes in working with individuals and couples regarding issues of positive com-

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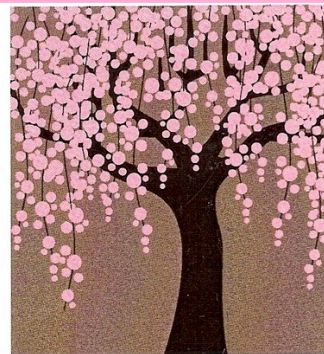
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Contemporary Thoughts on Bisexuality, July 10, 2011

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From Previous Page





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- ★ Co-President of the Lesbian & Gay Psychotherapy Association (www.lagpa.org) and its newsletter editor

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Lawrence E. Hedges, Ph.D., Psy.D. ABPP, Instructor

Is a psychologist-psychoanalyst in private practice in Orange, California, specializing in the training of psychotherapists and psychoanalysts. He is director of the Listening Perspectives Study Center and the founding director of the Newport Psychoanalytic Institute. He holds faculty appointments at the California Graduate Institute and the University of California, Irvine, Department of Psychiatry. Dr. Hedges holds Diplomates from The American Board of Professional Psychology and The American Board of Forensic Examiners. He is author of numerous papers and books on the practice of psychoanalytic psychotherapy.

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LAGPA is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus and the Registration Form. **BBS CE Credits** — Course approved for continuing education credit for LCSWs and MFTs as required by the California Board of Behavioral Sciences (BBS) provider # PCE 3992. **APA CE Credits** — LAGPA is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content.

Presented by: Lesbian and Gay Psychotherapy Association of Southern California, Inc. and
The LGBT Specialization at Antioch University Los Angeles



The LGBT Specialization
in Clinical Psychology

***Facing the Challenge of Liability in Psychotherapy: Practicing Defensively*©**

Law and Ethics 2012 Update

Lawrence E. Hedges, Ph.D., Psy.D., ABPP, Instructor

Course Description:

Facing the Challenge of Liability in Psychotherapy: Practicing Defensively (authored by the instructor) received the 2001 Grady best book of the year award by the National Association for the Advancement of Psychoanalysis. This course is based on the dynamic and risk management aspects of the 2007 updated edition of the book.

Psychoanalysis as well as dynamic and intensive psychotherapy necessarily involve establishing a working relationship with the client over an extended period of time. But the history of such therapeutic relationships demonstrates the perils and pitfalls of this type of intimacy. How can issues of multiple roles, interpersonal boundaries, and real personal involvements around such things as gift-giving, disclosures, bartering, field trips, and telephone or E-mail contacts be considered in the most professional manner possible? What are the sources of most false accusations against therapists and how can they be averted and/or dealt with safely, productively, and professionally? The Ewing cases and the new duty to protect guidelines will be provided along with specific guidelines for achieving HIPPA compliance—especially the electronic security rules and the new HITECH federal legislation.

Learning Objectives:

- To learn how to identify areas of high risk in advance and to take appropriate preventative measures
- To learn how to distinguish four distinctly different levels of transference-countertransference involvement and how various clinical issues must be considered differently according to different developmental levels and therapeutic needs
- To learn how to update forms for patient information, informed consent, releases, referrals, consultations, and terminations
- To learn how to limit liability with supervisees, students, and colleagues as well as clients; and, most importantly
- To learn how to cultivate an attitude of mindfulness regarding accountability and risk management in psychoanalysis and psychodynamic psychotherapy.
- To learn the legal principles involved in the duty to protect
- To learn how to comply with the federal Health Portability and Privacy Act (HIPAA)

Lawrence E. Hedges, Ph.D., Psy. D., ABPP is a psychologist-psychoanalyst in private practice in Orange, California, specializing in the training of psychotherapists and psychoanalysts. He is director of the Listening Perspectives Study Center and the founding director of the Newport Psychoanalytic Institute. He holds faculty appointments at the California Graduate Institute and the University of California, Irvine medical school, Department of Psychiatry. Dr. Hedges holds Diplomates from The American Board of Professional Psychology and The American Board of Forensic Examiners. He is author of numerous papers and books on the practice of psychoanalytic psychotherapy including *Therapists at Risk: Perils of the Intimacy of the Therapeutic Relationship*; *Facing the Challenge of Liability in Psychotherapy: Practicing Defensively*; *Listening Perspectives in Psychotherapy* and *Sex in Psychotherapy*.



REGISTRATION FORM

**Facing the Challenge of Liability in Psychotherapy:
Practicing Defensively
Sunday, August 28, 2011
Antioch University Los Angeles**

REGISTRATION DEADLINE: This form and payment must be received by August 24, 2011

NAME (print) _____ DEGREE _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
DAY PHONE _____ HOME PHONE _____
EMAIL _____
License # or
Intern Registration

WORKSHOP FEES

The cost of Breakfast/Lunch, CE Credits, and Course Materials are included in the registration fee.

Current Member Discounted Rate: Check Your Category

- ☐ Psychologist / MFT / LCSW / Nurse \$ 150
☐ Student / Intern \$ 95
☐ Other \$ -----

Non-Member Full Rate: Check Your Category

- ☐ Psychologist / MFT / LCSW / Nurse \$ 195
☐ Student / Intern \$ 120

ALL PROCEEDS GO TO LAGPA.

METHOD OF PAYMENT

_____ A check in the amount of \$ _____ made payable to:
LAGPA

Charge my: ☐ VISA ☐ Master Card ☐ American Express

Name of Cardholder as it appears on card (Please print)

Credit Card Number (print clearly)

Exp. Date ____/____

Authorizing Signature

Total Amount To Be Charged \$ _____

Check In Time: 8:30 AM Workshop begins: 9 AM
Lunch (catered): 12 – 1 PM Finish: 4 PM

BREAKFAST SNACK AND LUNCH: Every effort has been made to accommodate the needs of vegetarians.

COURSE MATERIALS: Each student will receive a 50-page book and a CD containing 129 pages of forms.

CONTINUING EDUCATION CREDIT: 6 Hours

LAGPA is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus and the Registration Form. BBS CE Credits — Course approved for continuing education credit for LCSWs and MFTs as required by the California Board of Behavioral Sciences (BBS) provider # PCE 3992. APA CE Credits — LAGPA is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content.

WORKSHOP LOCATION & PARKING

Workshop is at Antioch University Los Angeles, University, 400 Corporate Pointe, Culver City, CA 90230. Parking is included in your registration fee.

TAPE RECORDING

Personal tape recording is prohibited.

REGISTRATION REFUND POLICY

All requests for refund must be made in writing and sent to: LAGPA, PO Box 34142, Los Angeles, CA 90034. Requests postmarked by August 24, 2011 will receive a full refund, minus a \$25.00 administrative fee. No refunds will be made after August 24, 2011.

MAIL COMPLETED REGISTRATION FORMS WITH PAYMENT TO:

**LAGPA Ethics Workshop Registration
PO Box 34142
Los Angeles, CA 90034**

OR, FAX to: 310-838-6769 (if using credit card)

*** Note: All Students must be unlicensed and must include documentation of full time student status. Please enclose a copy of your current student ID with your registration form.**

Upcoming Events

Only a few short days until our exciting educational workshop scheduled for August 28, 2011 – "Facing the Challenge of Liability in Psychotherapy: Practicing Defensively" given by Lawrence E. Hedges, Ph.D. This is a dynamic course that meets the *Law and Ethics Requirement for Clinicians* and gives 6 hours of Continuing Education Credits. This 6-hour course is **cost competitive** and includes light breakfast, lunch, a 50-page book, and a CD of forms. On top of that, Dr. Hedges is donating his time, and all proceeds will go to LAGPA.

AUGUST 28 - Educational Workshop

So here is your chance to get 6 hours of continuing education credits for a mandatory course that is cost competitive while at the same time helping LAGPA. What could be better???

All information and Registration Forms are given at our website <http://www.lagpa.org/courses/hedges2011.pdf>. You will need to visit this web-link to download and print the Registration Form (or use the form included on Page 18 of this newsletter).

This event is open to all people. You do not have to be a LAGPA member to attend or received CE credits.

We also want to thank our co-sponsors for this event: *The LGBT Specialization in Clinical Psychology at Antioch University Los Angeles*.

Hope to see you there. Space is limited. Register soon.

SEPTEMBER 11 - Annual Summer Social (and Pool Party)

Mark your calendars. Our annual summer social is quickly coming up. This is a joint event between LAGPA and the LGBT physician group (SCLMA) and the LGBT attorney group (LGLA). Last year almost 170 people attended. Great food and fun. Catered by Eddie Morgado. Click on the link to read more. See you there. Please RSVP soon to Chuck Stewart at LAGPA@sbcglobal.net. Be sure to indicate that you are associated with LAGPA.

http://lagpa.org/cgi-bin/calendar.pl?month=9&calendar=default&view=Event&event_id=17

OCTOBER 2 - Educational Workshop

We've heard many requests from members to host an educational workshop on supervision issues. Dr. Lawrence Hedges will be conducting a 6-hour workshop – "Attachment and Relational Processes in Psychotherapy and Supervision." Successful psychotherapy is based upon *a working relationship* between therapist and client that cannot be simply taught but can be learned through an effective relational supervisory process. This course surveys the research and clinical findings regarding how to co-create and maintain a supervisory relationship that is both effective and mutually enhancing. This course presupposes that participants are already familiar with the rules and regulations of their own supervisory settings.

Details of this event are being finalized. A formal announcement will go out the beginning of September. So, please, mark your calendar for this important event.

I look forward to seeing all of you at our next educational and social events. We are here to help.

Chuck Stewart, Ph.D.
LAGPA Executive Director

From The Editor

Just a few suggestions, ideas, and reminders:

Write for the PN.

AS ALWAYS, we are interested in what you have to say. Adding your perspective can boost your practice and tell your colleagues, potential referrers, more about you. Literally thousands of people see the content in the Progress Notes, every month.

Keep your ad current.

Those of you who paid for a year's worth of print advertising, you have the responsibility to ensure accuracy when first submitting the ad and throughout the year.

Submitted a Classified? We offer this service free to members and at a very affordable rate to non-members (\$15). Please make sure to contact us when you no longer need to run your original classified

ad.

While the Communication Committee is looking for one or two volunteers to call current and ongoing print and classified advertisers, ultimate responsibility for relevance and accuracy rests on YOU.

That said,

**PLEASE SUPPORT
OUR ADVERTISERS.
THANK YOU!**

The Communication

Committee needs YOU.

We're looking for one or two volunteers to help keep ads current, and also to solicit new advertisers. If a little gentle confrontation does not scare you (and if it does, please see our online directory for a whole list of fellow therapists whom you might find helpful at www.lagpa.org), please contact Chuck (lagpa@sbcglobal.net) or Alexander.



ANTIOCH
UNIVERSITY
LOS ANGELES

Antioch University Los Angeles

Our current M.A. students

Alicea Bailey
Alonso Bautista
Alton Carswell
Monica Leon

Invite you to their innovative LAGPA 2009 conference presentation on multicultural LGBT issues:

**When Worlds Collide and Converge:
An LGBT-Affirmative Approach to
Working with LGBT People of Color in
Therapy and in the Community**

ANTIOCH
UNIVERSITY
LOS ANGELES
AntiochLA.edu/LGBT

Training the next generation of LGBT affirmative psychotherapists and activists while enriching LGBT cultural life on campus and throughout the community.

NOT A MEMBER OF LAGPA?

NOW, complete online registration.
Visit **www.LAGPA.org** .

More than 12,000 individuals visit the LAGPA website each month, many searching for a therapist. Become a member and list your services with our directory.

LAGPA MEMBERSHIP BENEFITS

- Notification to all LAGPA events
- Reduced registration fees for LAGPA events
- Annual LGBT Psychotherapy Conference
- Social Events
- Membership Directory
- Educational Forums

www.LAGPA.org

ABOUT LAGPA

LESBIAN AND GAY PSYCHOTHERAPY ASSOCIATION OF
SOUTHERN CALIFORNIA, INC.

MEMBERSHIP INFORMATION

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) was established in 1992 as an organization of mental health professionals interested in the psychological well being of lesbian, gay, bisexual, and transgender individuals. LAGPA provides a wide variety of activities designed to strengthen professional knowledge and competence in the provision of mental health services. LAGPA exists to join mental health professionals together for academic and social events, to provide educational community outreach, and to foster and promote a positive identity for members of the GLBT community. LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, and the annual Gay and Lesbian Pride Conference. In addition, members also receive LAGPA's quarterly newsletter *Progress Notes*, a LGBT resource directory, membership listing on the LAGPA website (www.lagpa.org), and the on-line LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists. For further information, our website at www.lagpa.org

MEMBERSHIP TYPES:

\$120	Regular:	A currently licensed mental health professional
\$120	Associate:	Individuals interested in the field of psychotherapy but who are neither students nor interns nor licensed professionals
\$60	Student:	Unlicensed students and/or interns earning less than \$ 20,000 annual income
\$60	Retiree:	Individuals who were once practicing mental health professionals, now retired and no longer working
\$300	Institutional:	Organizations interested in the mission of LAGPA and wanting to support that mission through financial sponsorship

www.lagpa.org

LAGPA on Facebook

www.facebook.com/pages/Lesbian-and-Gay-Psychotherapy-Association/186069348971

Or search for "LAGPA" on Facebook.

LAGPA now has a Google Group!

<http://groups.google.com/group/lagpa>

Engage in community discussion, and post jobs, office vacancies, workshops, and other events relevant to LGBTIQ mental health professionals.

Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Summer, 2011

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Make LAGPA YOUR Cause

The **Classified Section** of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

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- Roger Winter, M.A., M.F.T.; (626) 440-9898 x2
- Sandy Kaufman, M.F.T.; 818-761-4200
- Steve Kadel; 310-228-3676

SEEKING CONSULTATION or SUPERVISION

Wanted: Psychologist supervisor that can bill Medicare in Tarzana, CA: 420074

Hello, I am interested in starting a small psychotherapy clinic in Tarzana, CA. I am looking for a licensed psychologist that can provide supervision and bill Medicare. Please let me know if you or someone you know is interested.

Thank you, Natalie
nataliejoon99@yahoo.com

Seeking Consultation

I am a member of LAGPA and I am very interested in joining a clinical consultation group. Does LAGPA offer this or do you have any referrals? I greatly appreciate your time and hope all is well.

Best, Raymond Lamb, L.C.S.W.
lambclsw@gmail.com

THERAPY

Over-40 Gay Men's Group

Ongoing group for gay men confronting the challenges of aging in a youth-oriented culture. All gay men over age 40 are welcome. Topics of discussion range from sex/intimacy issues to career and life goals. The group meets Fridays at 7:30 PM in West Hollywood; each session is \$40. An 8-week commitment is required. For more information, please contact Michael Liberatore, M.A., M.F.T.I. #IMF-57834 at 310-497-7682. Group is under the supervision of Tony Zimbardi, Psy.D., M.F.T. #33579

Gay Men's Growth Group

(Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35 per session. Contact Sandy Kauf-

man, M.F.T. at 818-761-4200

Gay Men's Group

(Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, Ph.D. (PSY11680), 310-858-3831.

Ongoing Gay Men's Therapy Group

(West Hollywood)

Now accepting new participants! Meets every Wednesday evening from 8:00 to 9:30 PM; \$50 per session. Group therapy is a helpful adjunct to individual therapy. Consider the benefits for your clients: learning to directly and healthfully express feelings; building self confidence and self esteem; feeling more comfortable in groups, relieving feelings of shame and isolation. Contact: Mark Reina, M.F.T., CGP at 310-366-5494.

Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and co-addiction, compassionate self-care, mindfulness, building intimate relationships. Fridays, 6 PM, \$50. For more information, please call: Matt Silverstein, M.F.T., 310-842-6124 (License #MFC38474).

Mixed Groups

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian, and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

Classified Ads continued from previous page

Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

Women Over 40

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

Ongoing Gay Men's Therapy Group

(Pasadena)
Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Institute of Contemporary Psychoanalysis. Contact Roger Winter, M.A., M.F.T. 626-440-9898 x2 (MFC28821)

SASS Group (Sexual Abuse/Assault Survivor's Support Group)

Group for women who have been sexually abused, experienced incest, raped, sexually assaulted, exposed to adult sexuality too young, used in child pornography, or who have been or who are currently being stalked. Closed group of 6 or less. Must be willing to make a minimum of a 6-month com-

mitment to the group and attend on a regular basis. Group meets every other Sat 1-3. Call Cindie Henrie at 323-829-3548

Extreme Abuse Survivor's Group

Group for women who have posttraumatic stress disorder and are survivors of childhood/adult abuse and/or other traumatic events. This group is a process group for women who have survived multiple abuses that were violent in nature. Excellent for getting support and learning effective coping skills and strategies. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every Wed 8pm. Call Cindie Henrie at 323-829-3548

TransWoman Support Group

Group for transsexual women who are in the process of transitioning from male-to-female who are at different phases of their transitioning process. This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Meets every other Sat from 10am-12pm. Call Cindie Henrie at 323-829-3548.

Significant Others Support Group (SOS Group)

Group for women whose significant other has a gender identity issue or is gender variant. Partners may be transsexuals, transgender, intersexed, cross-dressers, gender-queer, or transvestites. They can be either male-to-female or female-to-male. Group meets every 2-3 weeks depending upon availability of group members. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Call Cindie Henrie at 323-829-3548.

Healing and Freedom from Critical and Controlling Parents and/or Partners

Group for women who were

raised by critical, controlling and/or narcissistic parents or who are in relationship with critical and controlling, narcissistic partners. Most women in the group have found that their self-esteem has suffered tremendously as a result of being emotionally and verbally abused, criticized or controlled in their lives. Excellent group! Closed group. Must be willing to make a minimum of a 6-month commitment. Meets every other Sat from 3pm-5pm. Call Cindie Henrie at 323-829-3548.

Psychotherapist Supervision/Peer Consultation Group

Supervision/professional peer consultation group for therapists who are interested in trauma, feminist therapy, gay and lesbian issues, gender identity issues, dissociative disorders, or who want to learn more and consult on cases. Lots of great information will be discussed, presented and explored! Come be creative, get support, and enjoy an intimate process group with other therapists. Date/Time TBD. Call Cindie Henrie at 323-829-3548.

EMPLOYMENT

Psychotherapy Bookkeeper Position

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula M.F.T. at 323-876-8861 or 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

Full Time MFT, Psychologist, or LCSW

Frank's House is looking to fill a position full time position to share with The Van Ness House. Candidate will be licensed as an M.F.T., Psychologist, or L.C.S.W.; experience counseling clients on behavioral issues, including drug use, criminal behavior, high-risk sexual behaviors: demonstrated ability to communicate clearly and effectively, verbally, and in writing, with diverse partici-

pants (including gay, LGBT communities), staff, and supervisors: good charting skills: review, and assessment forms for accuracy, and internal risk behaviors: moderate to advanced computer skills; work flexible hours to accommodate project needs; complete and be certified in HIV Counseling and Testing. English/Spanish Bilingual skills preferred. No calls; please email resume to: rbcfranks@gmail.com.

Part-Time Office Help

Part time office help needed, 10-15 hours weekly, in Beverly Hills. Familiarity with ShrinkRapt billing software helpful. Contact Dan Fast, M.D. at 310-246-1040

OFFICE SPACE

Carthay Circle/Mid-Wilshire

Beautiful offices with east facing view available in the Carthay Circle/ Mid-Wilshire area at 6310 San Vicente Blvd. Suite 401, Los Angeles, CA 90048. One full-time unfurnished office (170 square feet) is available for \$1000/month, or one hourly furnished office (150 square feet) for \$15/hour. Free wireless internet and printing, fully stocked kitchen with break area, locked file space, a nicely decorated waiting room, access to a furnished group room, a café on the first floor, and convenient street or structure parking. Keycard included with rent, parking available for monthly fee. Email Dr. Halle Aten at hallean@gmail.com or call 310-339-2546 to tour the space.

West Los Angeles

/Westside Pavilion adjacent

Part-time office space available in suite designed by therapists for therapists. Full/half days in windowed and interior offices in 2-story, modern building (built in 2008). Very good soundproofing, easy parking options, call lights, separate exit, wireless. Call 310-281-8681 or email

an-drew@westsidetherapist.com.

Studio City/West Holly-

Classified Ads continued from previous page

wood

Ideal office set-up for newly licensed therapist or therapists who would like to apply for networks: For a little over \$100 a month, you could have one office in LA. For a little over \$200 a month, you could have two offices in LA, one in Studio City and one in West Hollywood! And having two offices is a plus for applying for insurance panels, as is working with special communities. Call Mike Fatula, M.F.T. 323-876-8861.

Beverly Center

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

Beverly Hills

Office space available for lease in medical building in Beverly Hills. Suitable for consultations, counseling, presentations, or auditions. Monthly rent: \$1333 (one year contract). Two hours free public parking in addition to street parking. Call Eric at (323) 528-8206, or send email to

chantalralland@gmail.com

Encino

Prime Encino office space now available. Newly remodeled suite in therapist-friendly building. Full and part-time space for sublet in both windowed and interior offices facing Encino Hills. Freeway-close to the 101 and the 405. Very good soundproofing, easy parking options, call light system, separate exit. Contact 310-281-8681 or

an-drew@westsidetherapist.com.

Studio City / Valley Village

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available part-time. Please call Dr. Stacy Berlin 310-

442-6466.

West Los Angeles

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or half time. Call Elaine Schulman 310-475-0674.

West Los Angeles

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, L.C.S.W. at 310-470-3450.

West Hollywood

Newly remodeled, beautiful, quite, F/T or P/T psychotherapy office space in 2-office suite in centrally located professional building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available full-time. One office is furnished. Both offices have windows overlooking lots of greenery. Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, Ph.D., M.F.T. 310-842-6124 or msilversteinmft@aol.com.

West Hollywood

Prime therapy office for evenings and weekends. Beautiful space is available Monday through Thursday evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather couch/chair, and warmly painted walls. It also has a desk and a consulting area which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly colleagues. High-end security building on designer row. Other offices within the building con-

sist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, Psy.D. at 310-659-0509. Required blocks of time: 6PM to 9PM or 6PM to 10PM.

Monday/Tuesday/Wednesday/Thursday or 4-hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to 5:30PM); \$25/hour (non-negotiable).

West Hollywood/San Fernando Valley

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thailians. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- Quiet, garden courtyard; one story building; 24/7 access & AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceiling/new wood window blinds
- Utilities included with reasonable rent; private, covered, well-lit parking
- Easy canyon access to San Fernando Valley
- Recently remodeled to psychotherapy specifications. Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

Got Something to Advertise?

Then use the Classifieds to reach tens of thousands of mental health professionals.

Placing an ad is **free** to members.

CALENDAR OF EVENTS

AUGUST 28, 2011

Law and Ethics by Larry Hedges

Antioch University, Los Angeles, A1000
6 CE credits
9 AM to 4 PM; includes lunch

SEPTEMBER 11, 2011

LAGPA/SCLMA/LGLA Summer Pool Party

608 N. Hillcrest Road
Beverly Hills, CA 90210
12-4; RSVP to
lagpa@sbcglobal.net

OCTOBER 2, 2011

Supervision Training by Larry Hedges

Antioch University, Los Ange-

les, A1000 6 hours

OCTOBER 22, 2011

LAGPA at LACPA

LAGPA booth and workshop at
Los Angeles County Psychological
Association's Annual Conference

WINTER, 2011

LAGPA/SCLMA Winter Social

LAGPA and gay doctors' winter
party
Details forthcoming.

POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send an electronic mailing to the membership you must send us the text, graphics, URLs, and any accompanying attachments you wish to send so our Editor, Alexander Yoo, and the rest of our Board may review it. Rates for this type of service are: Members \$125.00 per mailing; Non-Members \$175.00 per mailing. We strongly suggest you place an ad in the *Progress Notes* rather than create a separate mailing. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to e-mail, include in the *Progress Notes*, or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. For more information please contact our Executive Director, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters provide a great way to market your product or service, to create credibility, and to build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

Join the Board.

**Join the
Excitement.**

In this Edition of Progress Notes...

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*Come Get Lei'd
Summer Pool Party*

**JOIN LAGPA
Great Social
Events!
Education!**



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We're on the Web!
See us at:
www.lagpa.org
310-288-3465
310-838-6769 (f)