



November, 2010

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

(310) 288-3465

Executive Director Report

Chuck Stewart, Ph.D.

LAGPA keeps growing by leaps and bounds. Our membership is up, the Annual Psychotherapy Conference was the largest ever, and even our social events are growing. Guess we are doing something right.

LAGPA's 16th Annual LGBT Psychotherapy Conference was held October 17 at Antioch University Los Angeles (located in Culver City) and co-hosted by the LGBT Specialization at Antioch. One hundred people attended. This is larger than any conference we have ever held. Way to go! The keynote speaker, Alan Downs, Ph.D., was excellent and inspiring. I found his views on homophobia new and refreshing. His speaking fee was underwritten by Antioch University. Antioch went out of their way to also make staff available to redesign the brochure and save-the-date card. Altogether, Antioch's support saved LAGPA over \$5,000. Thank you, Antioch, and thanks for hosting the event. This was also the first year we made it possible for people to register and pay online. More than 85% of you took advantage of the online process. Obviously, the commitment to overhaul the website last year is paying off.

Speaking of our website, there

was a small glitch this summer when renewal notices were sent erroneously to the entire database. We've cleaned up the problem, and the software company has updated the program. Everything is fine now.

Remember, LAGPA members have complete control and security concerning their online directory. You can update your information at any time. More than 12,000 unique visits are made each month to the website. Our members who have a directory listing report an increase in client referrals. Even our advertisers report increased foot traffic. Contact me, Chuck, if you have any questions concerning the web site.

Membership has increased to about 130 paid members. This is the most we've had in many years. We are very dependent upon memberships to continue funding our activities. Almost half of our entire budget comes from memberships. So, please, when the renewal notice comes around, please renew. Thanks.

This year we invited Gaylesta to attend the Conference. They are an organization very similar to LAGPA in the San Francisco Bay area. A couple of their board members came down. We held a

BBQ at Chuck's place for the two boards to meet informally. It was very productive. There are two things I got most from the meeting. First, their organization is much more social and political than LAGPA. With almost 240 members, they hold informal weekly breakfasts and/or lunches at different locations in the area. Not that they get a large turnout, but rather they have small groups meeting frequently. They are fostering professional relationships that show up in their active listserve. Maybe some of you would be interested in hosting small gatherings at local restaurants? Why not let us know so we can broadcast your gathering. The second thing we learned was about their membership/website structure. Currently, they charge \$80 for a yearly membership and an additional \$200 to create a webpage for the member. Approximately 85% of their members select for the webpage option. As such, they have much great cash flow through the organization. With LAGPA, we give the webpage free with membership. Also, our website is much more powerful since the public can search for a therapist whereas Gaylesta cannot. Which brings up the point

that maybe LAGPA is giving too much away. We have considerable costs that we struggle with due to the low cash flow through the organization. Maybe that needs to change. What are your ideas?

Speaking of the Gaylesta listserve, we recently eliminated the *Forums* feature that was part of the LAGPA website. Although it was a place for people to chat, share information, post job listings or office vacancies, no one was using it. Instead, we shifted over to Facebook, and voilà, more than 200 people have linked to it. I know not everyone is on Facebook, but the traffic shows there is interest. So please, if you want to announce jobs, office vacancies, workshops, and so forth, visit our Facebook page at www.facebook.com/pages/Lesbian-and-Gay-Psychotherapy-Association/186069348971.

Finally, our December social is being held in conjunction with SCLMA in the Valley on the 18th. Food is being catered by Eddie Morgado. Evites will be going out soon. See you there.

Chuck Stewart, Executive Director



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HAPPY MERRY, FROM ALL OF US AT LAGPA, WHATEVER YOU CELEBRATE!

- ☐ EID-AL-ADHA
- ☐ FESTIVUS
- ☐ BODHI DAY
- ☐ CHANUKAH
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- ☐ WINTER
- ☐ CHOSEN FAMILY

- ☐ TRANSITIONS
- ☐ CHANGE OF SEASONS
- ☐ CHRISTMAS
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ALEXANDER YOO
EDITOR, PROGRESS NOTES

Lisa Maurel, MFT

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After living and working for 30+ years in Southern California, I am returning to the Bay Area to live and continue in private practice.

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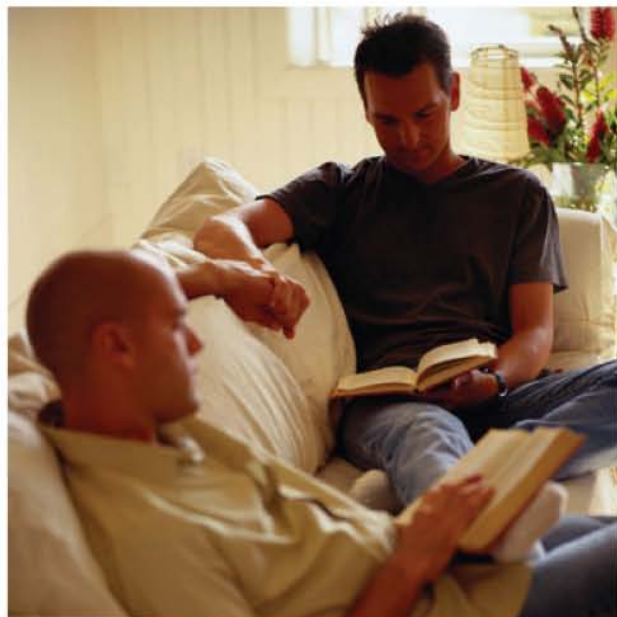
Photos from 16th Annual LAGPA Conference, 10-17-10





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Steven W. Schmitt, CFP®, MBA, Vice President-Investment Officer, Accredited Domestic Partnership AdvisorSM & Kyle D. Young, CFP®, Associate Vice President-Investment Officer, Accredited Domestic Partnership AdvisorSM focus on Investment Planning and Asset Management Services for the LGBT Community. They have built a fully integrated practice centered around providing unbiased advice specific to those within the community. Kyle and Steven have made it a priority to work closely with other professionals such as estate planning attorneys, CPA's and insurance consultants who are knowledgeable regarding the unique needs of the community. Their client base currently consists of more than 95% LGBT couples and individuals from all corners of the country, in addition to several international clients. Steven & Kyle have presented across the United States for countless LGBT organizations ranging from Employee Resource Groups and corporate trainings to nonprofit community and religious groups. Their team currently practices in Short Hills, NJ

Together we'll go far



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Advocate or Therapist? Can We Do Both?

Jen Durham, MSW

My work with the Lesbian, Gay, Bisexual, and Transgender population began ten years ago when I interned for the leading gay rights organization in Missouri. From then on my experiences ranged from working on LGBT policy initiatives at the ACLU to training educators and service providers on working more effectively with LGBT youth. Eventually I joined the L.A. Gay & Lesbian Center to work with the growing LGBT family population and now currently work as psychotherapist. Most recently I expanded my therapeutic services to a private practice setting, allowing for increased specialization with the transgender community.

When a colleague came to me the other day seeking to improve

her clinical training program so as to be more trans-friendly, I recalled a case during one of my own internships that illustrates common clinical errors and assumptions when working with transgender clients.

It was like any other day at my internship, always a bit nervous and excited to enter into a new therapeutic relationship, I eagerly picked up my new client assignment forms. The intake paperwork implied that Greg T. was a 53 year-old white "man" who was seeking therapy to deal with "his" anxiety, "gender confusion," and work related stressors. At the bottom of the page, it read, "Client asked to be called Margaret."

I disregarded the form and walked into the full waiting room and asked for a "Margaret

T." A tall, thin, femininely dressed individual with frizzy long hair raised a hand and walked over. "I'm Margaret," she said calmly. I introduced myself and we walked back to an available room.

I was Margaret's fifth therapist. Over the past three months she had tirelessly sought out a transgender-friendly therapist and despite her disposable income, her search led her to an LGBT-friendly community clinic. Her first therapist told her immediately that she didn't deal with pedophilias and sexual dysfunctions and promptly suggested "he" find another therapist. Her second therapist inquired about her genitalia and was confused at why a "sex change" wasn't her top priority. As for her third therapist, the word transgender wasn't even part of her vocabulary, and Margaret provided her with an informal Trans 101 training for the first two sessions.

After discussing her third therapist, I looked across at Margaret. All I could say after she shared these disheartening attempts was, "I can't believe you are here, in another therapist's office willing to try again. What persistence, strength and resilience you have. I applaud you."

"Thank you," she said, as her muscles slowly relaxed, and her affect became calmer by the minute.

I continued, "So you have told me about these difficult and uncomfortable situations and how these other therapists have reacted, but you haven't specifically told me anything about you."

She looked at me with surprise, "Well, I really like playing the cello; I've been playing since I was a child. I'm really quite good."

Over the course of the year, Margaret joined a support group for MTF transgender women, established a good relationship with a supportive doctor, started hormone replacement therapy, came out to friends and family members, and transitioned at her place of employment. After much thought Margaret decided against Sexual Reassignment Surgery for the time being, and continued to play the cello in a

local musical ensemble.

When responding to my colleague's question, I reflect on Margaret's experience with her second therapist. It's all too easy for a therapist to focus solely on transition as a linear process, with a particular end point, when in reality transition varies for each client, is ongoing, and permeates every aspect of the client's daily life and identity.

With that being said, having a firm understanding of a client's coping techniques and strengths as well as core aspects of their identity, such as Margaret's musical talent, can be incredibly useful. Highlighting positive, unwavering attributes is vital when clients experience doubt due to their changing physical appearances.

I will conclude by reinforcing that while each client's transition is unique, and each will face specific obstacles while trying to live a healthy, satisfying life, the concepts of gender and socialization will be struggled with over and over again during the course of therapy. Having an awareness of gender identity models and stages as well as anticipating the potential struggles, emotional and practical, the client will likely encounter, such as legal ramifications, and systematic discrimination, will be immensely helpful in your therapeutic work, since therapy, advocacy, and the transition process don't end when the hour is up.

Jen Durham, MSW has a private practice in Los Feliz, working under the supervision of Stacy-Colleen Nameth, LCSW. Jen also works full time as a therapist in the Children, Youth, and Family Services Department at the L.A. Gay & Lesbian Center. She is able to provide presentations, lectures, and clinical consultations about effectively working with Lesbian, Gay, Bisexual, and Transgender clients. To schedule an appointment or consultation call 323-769-5678 or visit www.jendurham.com



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August 4, 2010

Charley Lang

I'm 54 years old. Half a century is more than enough time to get used to the idea that something is not an option. Which is precisely what makes today so remarkable.

Today I called home to see if Jaymes had remembered to pick up the water filter from Home Depot. He answered the phone with the most exuberant, "I love you" that I've heard from him in our six years of partnership (and "I love you" is something I hear from him every day). He told me that Proposition 8 had just been declared unconstitutional by the California Federal Court. Then he asked me to marry him.

What a surprisingly strange, other-worldly experience. Especially when you've spent the better part of 54 years integrating a non-possibility into your experience of "normal."

Later this afternoon, I closed

the psychology class I was teaching with the news that I was headed out to celebrate the repeal of Prop 8. When one of my students asked, "Are you getting married?" and I replied, "I was actually proposed to this afternoon," the class burst into a spontaneous wave of applause.

That surprised me a little. And with each student's subsequent expression of "Congratulations" in the hallway after class and in the parking garage after that, stopping their cars and lowering their windows to say, "Congratulations..." "Congratulations..." "Congratulations..." I got it.

It wasn't marriage per se that was being congratulated. It was the fracturing of a 54 year-long normalizing story of being "less than," of being "other." It was an affirmation that my relationship in fact deserves "equal protection *under the law*." Wow.

Who says you can't teach an old dog new tricks?

Turns out, Jaymes didn't remember the water filter from Home Depot. And I can't imagine having cared less.

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10th Annual Philadelphia Trans-Health Conference: 10th Anniversary Extravaganza!

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Call For Workshop Proposals

The **10th Annual Philadelphia Trans-Health Conference (PTHC)** will be held **June 2-4, 2011** at the **Pennsylvania Convention Center (Philadelphia, PA)**. In celebrating the tenth year of the conference, we will be looking back to reflect on how far we've come as a community, and also looking forward to new horizons and possibilities. We will especially focus on **celebrating the thousands of community members** who have helped to make PTHC the largest transgender-specific conference in the world!

The Philadelphia Trans-Health Conference hosts over 130 workshops at each year. The success of the event is dependent upon the experience and expertise that comes from the community, so the planning committee is now soliciting workshop proposals from the community in a wide range of focused topics. Areas of interest include physical health and mental health, as well as other areas that contribute to our overall health and well-being, such as family, workplace, spiritual, and legal issues. We favor constructive workshops that work towards education, empowerment, and improving conditions.

Our ideal conference schedule will include diverse workshops in support of people of color, children, teens, parents, and family members; workshops that support those with masculine, feminine, and non-binary (e.g. genderqueer) gender identities and expressions; and workshops that nurture cultural competency among our allies and providers (including medical and mental health providers as well as clergy, lawyers, educators, and other professions that interact with transgender constituencies).

How To Submit Your Proposal

At <http://workshops.trans-health.org/propose>, you can propose your own workshops as well as review a list of topics and past workshop descriptions. We are eager to hear your creative ideas!

The workshop proposal deadline is January 15, 2011. However, earlier submission is strongly encouraged! This year we have volunteer working groups looking pro-actively at particular areas of interest. Your advance submission will help those working groups to plan more efficiently.

There is **no registration fee** to participate in the Philadelphia Trans-Health Conference, but if travel expenses would prevent you from offering your workshop idea, please be in touch with the planning committee about your needs. A limited amount of funds may be available to provide travel and lodging assistance for presenters with pressing need. Go ahead and submit your workshop proposal in the online system and also contact info@trans-health.org with information on what kind of support you would need to be able to attend.

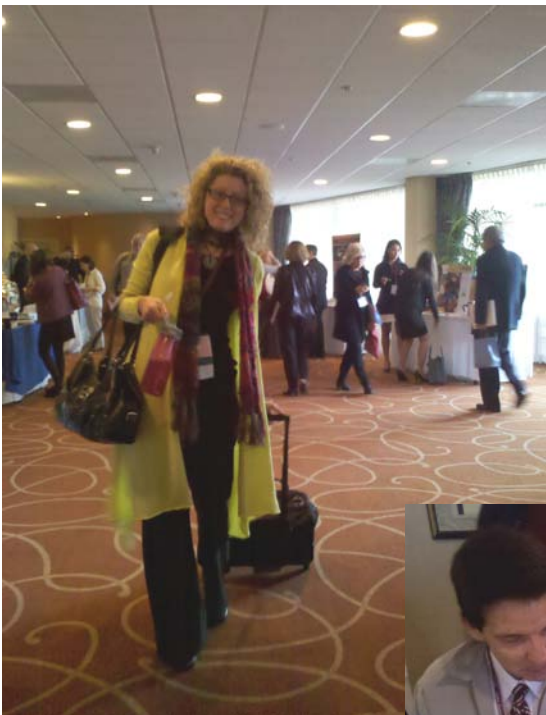
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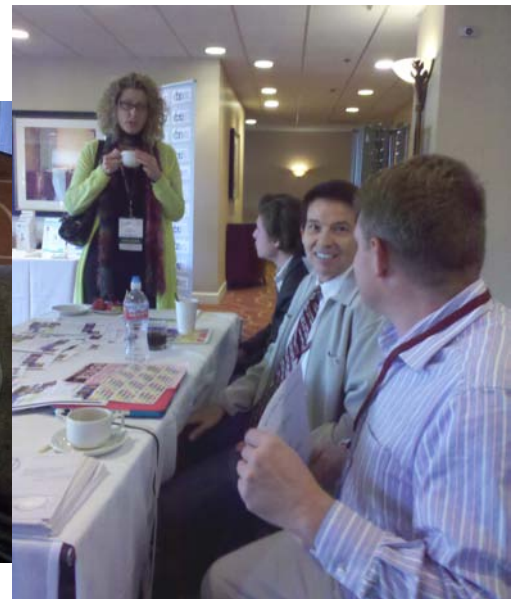
Please watch <http://www.trans-health.org> for more conference developments as plans are finalized, including details about sponsorship, advertising, and vending opportunities, as well as housing options, pre-registration, and more program details.


Chris is our 2011 Conference Chair and can be reached at chris@trans-health.org or 267-507-5507 with general questions, feedback, and ideas about the conference. Emily is our 2011 Workshop Coordinator and can be reached at emily@trans-health.org with questions and feedback about the online workshop proposal system and program planning process.

LAGPA at the LACPA Conference, 10-23-10

Lauren Costine, Ph.D., and Bruce Watkins, Ph.D., presented a paper co-authored by themselves and Lisa Maurel, MFT, and Rev. Alexander Yoo, M.Div., MA, while LAGPA did outreach to and on behalf of LGBTIQQ individuals and concerns.







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Board Elections

As required by our Bylaws, each year we must conduct an election of board members by the current membership. Please take a moment to read these bios of our applicants. Ballots will be sent to you soon by email.

2010-2011 LAGPA BOARD CANDIDATE BIOGRAPHIES (alphabetical order)

Rev. Alexander Yoo, MA, M.Div., MFTI (current Newsletter Editor)



Rev. Alexander Yoo, M.Div., MA, hospice chaplain, psychotherapist, industrial consultant, artist, and musician, has presented over 100 papers on gender, health, LGBTIQ, HIV, sexuality, philosophy, spirituality, race, and disability at symposiums and universities worldwide and provides analysis and training consultations in cultural competency, diversity, and efficiency for commercial and educational institutions from a community psychological perspective, focusing on person-environment interactions and the ways larger, societal, and systemic factors impact upon individual and community health and wellness.

Alexander founded GenderQueer Revolution (www.genderqueerrevolution.org), a global organization with communities on the web, Southern California, Northern California, Las Vegas, the Pacific Northwest, the East Coast, The South, and more, dedicated to empowering people of all genders, helping people to embrace the gift of gender in their own lives & in the lives of others, supporting & cultivating genderqueer, gender-gifted individuals and communities, uniquely gender-gifted art, spirituality, research, and academics, and educating and building bridges across trans, gendered, queer, and non-queer communities and beyond, a powerful collection of many parts that come together to achieve and create a brilliant, powerful, unstoppable Whole, going beyond the tangible and into level(s) of greatest potential.

Alexander also serves as the Vice President and newsletter editor-in-chief of FTM International (www.ftmi.org), the largest and longest running (24 years) FTM trans organization in the world, active in all 50 states, all Canadian provinces, and 18 countries. Alexander also serves on the board of the Lesbian and Gay Psychotherapy Association, or LAGPA (www.lagpa.org) and as its newsletter editor, as well as on the Community Advisory Board of The Center of Excellence for Transgender HIV

Prevention (<http://transhealth.ucsf.edu>).

An ordained minister and member of OUTClergy, (www.outclergy.org), the home of the Interfaith Gay and Lesbian Clergy Association of Greater Los Angeles, Ze considers the work with the various communities in which Ze lives, LGBTIQ, people of color, people of faith, eclectically spiritual, those working through the difficult questions of grief, loss, faith, spiritual community, spiritual identity, philosophy, sexuality, and gender, children, youth, and the elderly, all part of his spiritual calling and ministry. Ze also works in hospice as a chaplain and specializes in grief, loss, aging, our changing bodies, and death.

A nationally recognized author and educator in print and on radio, film, and television and recipient of numerous awards and honors, Alexander offers private organizational development consultation, peer consultation, and psychotherapeutic services.

Bruce R. Watkins, Ph.D. (current Co-President)



Bruce was born and raised in central Los Angeles. He was reared a Roman Catholic, with 16 years of Catholic education, eight of which were by Jesuit priests at Loyola High and Loyola University, Los Angeles. He received his B.A. degree in his major, psychology, with three full minors in theology, philosophy, and foreign languages. He was a Public Health Service Fellow at the University of Oregon, where he received his Ph.D. in clinical psychology in June, 1972. He was a National Institute of Mental Health Fellow both at his predoctoral internship at the Neuropsychiatric Institute at UCLA and at his postdoctoral internship at Thelians, Cedars-Sinai Medical Center, Los Angeles. He has been: an Assistant Professor at UCLA, Department of Psychiatry and Biobehavioral Sciences; an Adjunct Professor at the California School of Professional Psychology, LA and Ryokan College, LA; and a clinical supervisor at the Center for Legal Psychiatry, Santa Monica. He established his private practice in Westwood in 1972, where he sees mostly high functioning adults with relationship problems. Psychotherapists apprentice

Maximilian E. Fuentes Fuhrmann, Ph.D.

* * *

Licensed psychologist [PSY11422]
USC trained gerontologist
GLBT concerns

420 South Beverly Drive Suite 100
Beverly Hills 90212
(310) 772-0710

3625 East Thousand Oaks Blvd. Suite 119
Thousand Oaks, CA 91362
(805) 496-4442 (phone and fax)

420 South Beverly Drive Suite 100-14
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RICHARD GOLLANCE, LCSW, MSG

Psychotherapy
License LCS 22423

12402 Ventura Blvd., 2nd floor 8170 Beverly Blvd., Ste. 200
Studio City, CA 91604 Los Angeles, CA 90048

(818) 503-7300
rgollance@mindspring.com

to him and his three partners to learn his unique method of psychotherapy, which he calls, Person-Centered Psychoanalysis.

About his work, he says: I am psychoanalytic with a strong dose of Carl Rogers. I call my work person-centered psychoanalysis. I work with personality disorders intensively, with a specialization in codependency, narcissism, OCD and depression. I am also behaviorally trained, and have published in sex therapy. And, I enjoy doing couples therapy. In fact, I work primarily with high functioning adults who have problems in relationships. Finally, I have extensive experience working with religiously traumatized LGBT people.

Dino Koutsolioutsos, MFT



I am a gay refugee from Athens, Greece and have made Los Angeles my home since 1973. I hold a Diploma in Civil Engineering from Zurich, Switzerland and an MA in Counseling Psychology from Loyola Marymount University in Los Angeles. I am a licensed MFT since 1987.

1979 – 1985: I volunteered at the Gay and Lesbian Center as MFT Intern, Rap Group Facilitator and facilitator of sensitivity training workshops on LGBT issues.

1981 – 1986: I worked full time in acute psychiatric crisis stabilization.

1997 – 1996: I worked as a full time therapist at AIDS Project Los Angeles, where I also developed, supervised, and coordinated the first HIV/AIDS clinical training program for MFT, MSW, and Psy.D. trainees and interns.

1996-2008: Core Faculty and Coordinator of Clinical Training in the MFT Department of Pacific Oaks College in Pasadena

2008 - 2009: Core Faculty and Academic Director of the MFT Department of Pacific Oaks College in Pasadena.

2010 – Present: LGBTQ Coordinator at Ryokan College, Los Angeles, CA. I am developing an MA degree in Counseling Psychology with full LGBTQ focus. The two-year, 96 quarter unit graduate program will be offered both on campus, and online. It will have a

cohort format of 8-15 graduate students with all course instruction to be provided by LGBTQ licensed mental health specialists. I am also in the process of developing a post-degree certificate on LGBTQ mental health for practicing clinicians.

Fred Wilkey, Ed.D. (current Secretary/Treasurer)



A licensed clinical psychologist, Fred has a solo private practice doing cognitive behavioral psychotherapy in West Hollywood. Fred has been counseling as a licensed practitioner for over thirty years, has been on the LAGPA board for three, and is currently the Secretary/Treasurer.

Lauren D. Costine, Ph.D.



Lauren Costine, PhD is a licensed Clinical Psychologist, writer, educator, and activist with private practice offices in both West Hollywood and Santa Monica. She has played a pivotal role in the development and management of The LGBT Specialization in Clinical Psychology, one of the first such programs of its kind in the country, as an Associate Faculty member and instructor in the Masters in Psychology program.

Besides guiding the development and implementation of the ground-breaking affirmative curriculum she has helped produce a variety of grassroots psychological cultural events aimed to promulgate LGBT-Affirmative psychological ideas for the community in an accessible way through various mediums, such as multiple events at Highways Performance Space and Gallery, the "Clothesline Project", several books readings on campus and at A Different Light Bookstore, The Trans Teach In, The LGBT-Umoja 5-part series, The Sapphic Salon, and The LGBT-Affirmative Psychotherapy Conference co-sponsored with

LAGPA. She teaches such courses as LGBT History & Myth; LGBT-Affirmative Psychotherapy; Human Sexuality; Lesbian Liberation: Finding it through Identity, Love, and Sexuality, LGBT Community Action and Independent Studies; Process I: Beginning Therapeutic Techniques; Society and the Individual; and Women's Spirituality: Lesbian and Women-Centered Reading of the Sumerian Myth--Descent of Inanna. She has also presented workshops at such Conferences as American Psychological Association (2007, 2010), Los Angeles County Psychology Association (2010), Lesbian and Gay Psychology Association (2007, 2010), and the Gay and Lesbian Center's Lesbian Health Conference (2008, 2009, 2010).

Liliane Quon McCain, MFT, (current Co-President)



Licensed Marriage and Family Therapist currently in private practice. Prior to this, she provided volunteer therapy at the Pacific Center of AIDS Project Los Angeles and retired as a counselor after 28 years being employed in Beverly Hills Unified School District. Liliane is currently completing her dissertation, "A Phenomenological Study of Self-Identified Heterosexual Men who are Now Living in an Openly Gay Relationship." Liliane has been on the LAGPA board for three years and is currently Co-President.

Lisa Maurel, MFT



Lisa is a licensed marriage and family therapist since 1995. Lisa is an alumnus of UCI School of Social Ecology and Fuller Seminary: School of Marriage and Family Therapy. She is in private practice in Newport Beach. Lisa works primarily with lesbian women and gender questioning clients of all ages, as well as their families. Lisa provides individual and family therapy as well as a group for les-

Lisa's passion is providing a kind of bridge between the GLBT community and the medical and psychological professionals with particular expertise and knowledge of GLBT-positive approaches, as well as increasing visibility of the needs of GLBT clients among non-GLBT caregivers through education, training, and consultation that she provides. To this end, Lisa has developed two professional websites and professional newsletters designed to address the concerns of lesbian community and the gender variant community.

Lisa has developed a training curriculum for volunteers with the Community Service Project: Victims of Sexual Assault Unit. She provides cultural competency training to volunteers (mostly psychology students) specific to the needs of GLBT survivors. Lisa is also a guest lecturer in the Orange Coast College Psychology and Abnormal Psychology and Human Sexuality Classes addressing the topics of Therapy with GLBT clients. As part of her commitment to education, she enjoys teaching these classes as they provide an opportunity to share important information and knowledge with the larger community in order to reduce bias and build bridges. Lisa is a member of CAMFT (California Association of Marriage and Family Therapists) as well as WPATH (World Professional Association for Transgender Health).

Lisa's interest in serving LAGPA is in the development of more professional training for cultural competency for therapists in the area of GLBT mental health; as well as increasing awareness of LAGPA's existence among professional therapists and psychologists through a more comprehensive marketing strategy that can benefit the organization and its members. Lisa is also very interested in the discussion of working with Antioch on furthering the development of specialization in LGBT issues for other schools of Psychology.

Thuy Cao, MA, MFTI



Beyond Thuy's formal education

and training in clinical psychology, she brings to the therapeutic setting her diverse career experiences in the field of education and business. Thuy's educational expertise started as a classroom teacher and then as a curriculum developer and trainer. In this field, she was nominated as the Teacher of the Year.

After several years, Thuy left the education profession to seek more intellectual challenges. For over 12 years, she worked for a Fortune 100 company, managing and deploying multi-million dollar projects.

Thuy continues to strive for excellence in the pursuit of becoming a Marriage and Family Therapist. Her mission as a psychotherapist is to help lesbian and bisexual women move towards a place of emotional and mental health where they gain self-awareness and learn to create the life they want. Although her specialty is working with gay women, Thuy welcomes individuals and couples of any sexual orientation and background.

Travis Stobbe, BFA



Travis a native of the San Fernando Valley and graduate of California Institute of the Arts (1999). His current career is real estate management. His real love is motion picture art. He has been involved with PFLAG, Toast Masters International, and various classic car clubs. Travis is a big supporter of LAGPA because of the important work the members perform for the LGBT community.



LGBT MENTAL HEALTH

MA in Counseling Psychology

Satisfies all academic requirements for the MFT license in California

Ryokan College

Culver City, CA

<http://www.ryokan.edu>

A graduate program in mental health with a full immersion focus on LGBT people and families

Our program is taught by LGBT mental health specialists in a cohort format of 8-15 students for 24 months

Curriculum: Domain of Psychology and LGBT History, Social Basis of Behavior and LGBT People in Society, Recovery Model and Community Mental Health, Ethnicity and Family Counseling, Human Development, Sexuality and Gender, LGBT Psychologies and Family Systems, Theories of Marriage and Family Therapy, Applied Psychotherapeutic Techniques, Psychopathology, Psychopharmacology, Chemical Dependency, Addictive Behaviors, Co-Occurring Disorders and Therapeutic Interventions, Survey of Psychological Testing, Counseling Process of MFT, Professional Ethics and Law, Trauma, Domestic Violence and Child Abuse, Treatment of Children, AIDS, Grief, Aging and Long Term Care, Group Therapy, Evidence Based Treatment, Spirituality and Psychology, Clinical Techniques, Applied Field Practicum.

PROGRAM AVAILABLE ONLINE OR ON CAMPUS

Applications now accepted for September 2010

<http://ryokan.edu/index.php/admissions/application-process>

For more information, please contact: Dino Koutsolioutsos, MFT, LGBT Coordinator
email: dino@ryokan.edu, phone: 323-469-0479

ANTIOCH UNIVERSITY LOS ANGELES

Antioch University Los Angeles

Our current M.A. students

Alicea Bailey
Alonso Bautista
Alton Carswell
Monica Leon

Invite you to their innovative LAGPA 2009 conference presentation on multicultural LGBT issues:

**When Worlds Collide and Converge:
An LGBT-Affirmative Approach to
Working with LGBT People of Color in
Therapy and in the Community**

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Training the next generation of LGBT affirmative psychotherapists and activists while enriching LGBT cultural life on campus and throughout the community.

NOT A MEMBER OF LAGPA?

NOW, complete online registration.
Visit **www.LAGPA.org** .

More than 12,000 individuals visit the LAGPA website each month, many searching for a therapist. Become a member and list your services with our directory.

LAGPA MEMBERSHIP BENEFITS

- Notification to all LAGPA events
- Reduced registration fees for LAGPA events
- Annual LGBT Psychotherapy Conference
- Social Events
- Membership Directory
- Educational Forums

www.LAGPA.org

ABOUT LAGPA

LESBIAN AND GAY PSYCHOTHERAPY ASSOCIATION OF
SOUTHERN CALIFORNIA, INC.

MEMBERSHIP INFORMATION

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA) was established in 1992 as an organization of mental health professionals interested in the psychological well being of lesbian, gay, bisexual, and transgender individuals. LAGPA provides a wide variety of activities designed to strengthen professional knowledge and competence in the provision of mental health services. LAGPA exists to join mental health professionals together for academic and social events, to provide educational community outreach, and to foster and promote a positive identity for members of the GLBT community. LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, and the annual Gay and Lesbian Pride Conference. In addition, members also receive LAGPA's quarterly newsletter *Progress Notes*, a LGBT resource directory, membership listing on the LAGPA website (www.lagpa.org), and the on-line LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists. For further information, our website at www.lagpa.org

MEMBERSHIP TYPES:

\$110	Regular:	A currently licensed mental health professional
\$110	Associate:	Individuals interested in the field of psychotherapy but who are neither students nor interns nor licensed professionals
\$50	Student:	Unlicensed students and/or interns earning less than \$ 20,000 annual income
\$50	Retiree:	Individuals who were once practicing mental health professionals, now retired and no longer working
\$300	Institutional:	Organizations interested in the mission of LAGPA and wanting to support that mission through financial sponsorship

www.lagpa.org

LAGPA is now on Facebook!

www.facebook.com/pages/Lesbian-and-Gay-Psychotherapy-Association/186069348971

Engage in community discussion, and post jobs, office vacancies, workshops, and other events on our Facebook page.

Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of lesbian, gay, bisexual, and transgender psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Fall, 2010

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Bruce Watkins, Ph.D.

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Fred Wilkey, Ed.D.

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CLASSIFIED ADVERTISEMENTS

The **Classified Section** of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

SEEKING CONSULTATION or SUPERVISION

Wanted: Psychologist supervisor that can bill Medicare in Tarzana, CA: 420074

Hello,
I am interested in starting a small psychotherapy clinic in Tarzana, CA. I am looking for a licensed psychologist that can provide supervision and bill Medicare. Please let me know if you or someone you know is interested.
Thank you,
Natalie
nataliejoon99@yahoo.com

Seeking Consultation

I am a member of LAGPA and I am very interested in joining a clinical consultation group. Does LAGPA offer this or do you have any referrals? I greatly appreciate your time and hope all is well.
Best,
Raymond Lamb, LCSW
lambclsw@gmail.com

THERAPY

Men's Therapy Group for Men in Recovery

Mondays 5:30 - 7 pm. West Los Angeles. Sixty-five dollars per session. Andrew Susskind, LCSW. 310.281.8681 or andrew@westsidetherapist.com

Over-40 Gay Men's Group

Ongoing group for gay men confronting the challenges of aging in a youth-oriented culture. All gay men over age 40 are welcome. Topics of discussion range from sex/intimacy issues to career and life goals. The group meets Fridays at 7:30 PM in West Hollywood;

each session is \$40. An 8-week commitment is required. For more information, please contact Michael Liberatore, MA, MFTI #IMF-57834 at (310) 497-7682. Group is under the supervision of Tony Zimbardi, PsyD, MFT # 33579

Gay Men's Growth Group

(Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35 per session. Contact Sandy Kaufman, MFT at 818-761-4200

Gay Men's Group

(Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, PhD (PSY11680), 310-858-3831.

Ongoing Gay Men's Therapy Group

(West Hollywood)

Now accepting new participants! Meets every Wednesday evening from 8:00 to 9:30 PM; \$50 per session. Group therapy is a helpful adjunct to individual therapy. Consider the benefits for your clients: learning to directly and healthfully express feelings; building self confidence and self esteem; feeling more comfortable in groups, relieving feelings of shame and isolation. Contact: Mark Reina, MFT, CGP at 310.366.5494.

Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and co-addiction, compassionate self-care, mindfulness, building intimate relationships. Fridays 6 PM, \$50. For more information, please call: Matt Silverstein, MFT, 310-842-6124 (License #MFC38474).

Mixed Groups

Mixed psychotherapy groups for well functioning men and

women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

Women Over 40

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

Ongoing Gay Men's Therapy Group

(Pasadena)

Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Insti-

Volunteer!

Make LAGPA YOUR Cause

Classified Ads continued from previous page

tute of Contemporary Psychoanalysis. Contact Roger Winter, MA, MFT (626) 440-9898 x2. (MFC28821)

SASS Group (Sexual Abuse/Assault Survivor's Support Group)

Group for women who have been sexually abused, experienced incest, raped, sexually assaulted, exposed to adult sexuality too young, used in child pornography, or who have been or who are currently being stalked. Closed group of 6 or less. Must be willing to make a minimum of a 6-month commitment to the group and attend on a regular basis. Group meets every other Sat 1-3. Call Cindie Henrie at (323) 829-3548

Extreme Abuse Survivor's Group

Group for women who have posttraumatic stress disorder and are survivors of childhood/adult abuse and/or other traumatic events. This group is a process group for women who have survived multiple abuses that were violent in nature. Excellent for getting support and learning effective coping skills and strategies. Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Meets every Wed 8pm. Call Cindie Henrie at (323) 829-3548

TransWoman Support Group

Group for transsexual women who are in the process of transitioning from male-to-female who are at different phases of their transitioning process. This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Meets every other Sat from 10am-12pm. Call Cindie Henrie at (323) 829-3548.

MFT TransWoman Support Group

New Group Forming! Group for transsexual women who are in the process of transitioning

from male-to-female who are at different phases of their transitioning process. This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Date and time TBD. Call Cathy Stansell (562) 453-7961.

FTM/Gender Queer Group

Group for people who identify as Female-to-Male Transmen or who identify as Gender Queer. Group will be a supportive group. Issues can be about identity issues, life issues... whatever is on your mind! This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Meets every other Sat from 6pm-7:30pm. Call Cindie Henrie at (323) 829-3548.

Significant Others Support Group (SOS Group)

Group for women whose significant other has a gender identity issue or is gender variant. Partners may be transsexuals, transgender, intersexed, cross-dressers, genderqueer, transvestites.... They can be either male-to-female or female-to-male. Group meets every 2-3 weeks depending upon availability of group members. Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Call Cindie Henrie at (323) 829-3548.

Healing and Freedom from Critical and Controlling Parents and/or Partners

Group for women who were raised by critical, controlling and/or narcissistic parents or who are in relationship with critical and controlling, narcissistic partners. Most women in the group have found that their self-esteem has suffered tremendously as a result of being emotionally and verbally abused, criticized or controlled in their lives. Excellent group! Closed group. Must be willing to make a minimum of a 6 month commitment. Meets every other Sat from 3pm-5pm.

Call Cindie Henrie at (323) 829-3548.

Women who love Other Women (WOW Group!)

Supportive group for women who are interested in being with another woman, involved with, dating or in a committed relationship with another woman. May identify as gay, lesbian, bisexual, bi-curious or heterosexual ("straight"). Self-identity is irrelevant! Great support group for women who love other women! Fun and playful group! Group meets every other Sat. in LA. Time TBD. Please call Cathy Stansell (562) 453-7961.

Psychotherapist Supervision/Peer Consultation Group

Supervision/professional peer consultation group for therapists who are interested in trauma, feminist therapy, gay and lesbian issues, gender identity issues, dissociative disorders, or who want to learn more and consult on cases. Lots of great information will be discussed, presented and explored! Come be creative, get support, and enjoy an intimate process group with other therapists. Date/Time TBD. Call Cindie Henrie at (323) 829-3548.

EMPLOYMENT

Psychotherapy Book-keeper Position

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula MFT at 323-876-8861 OR 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

Full Time MFT, Psychologist, or LCSW

Frank's House is looking to fill a position full time position to share with The Van Ness House. Candidate will be licensed as a MFT, Psychologist, or LCSW; experience counseling clients on behavioral issues, including drug use, criminal behavior,

high-risk sexual behaviors: demonstrated ability to communicate clearly and effectively, verbally, and in writing, with diverse participants (including gay, LGBT communities), staff, and supervisors: good charting skills: review, and assessment forms for accuracy, and internal risk behaviors: moderate to advanced computer skills; work flexible hours to accommodate project needs; complete and be certified in HIV Counseling and Testing. English/Spanish Bilingual skills preferred. No calls please Email resume to: rbcfranks@gmail.com.

EDUCATION

Trans/Gender Consultation

Have a desire to work with transgender, genderqueer, gender-diverse, or other individuals and communities? Need to increase your cultural and clinical competency? Alexander educates mental health and medical providers, businesses, institutions, community organizations, government bodies, and educational systems on gender issues and administrative practice. A nationally recognized author and educator in print and on radio, film, and television, he provides sensitivity, cultural competency, and EEO Compliance training as a private organizational development consultant and offers diverse peer consultation and psychotherapeutic services. As a Community Psychology Specialist, he focuses on person-environment interactions and the ways larger, societal, and systemic factors impact upon individual and community health and wellness. (310) 773-3484 www.alexanderyoo.com

Humboldt County

Hello Friends,

This is Stuart Altschuler, up north in Humboldt County. I am putting out a call for proposals for someone from my old home in LA to come up here to do a 6 hour professional training (CEU's) on counseling GLBT. We are working on getting Helen Hill up here for the "I" (Transgender).

I know a number of you are

Classified Ads continued from previous page

very skilled in this arena. Your travel expenses would be covered, lodging (possibly with me) and meals. We also need to know what your fee would be for the training itself. I ask you to remember that this is a rural community and funds for something like this are not plentiful. So, be kind. Besides the work part, you will have a chance to a great getaway to a beautiful location! Take that into account. www.co.humboldt.ca.us
www.ci.ferndale.ca.us

I am working on this with Gail Narum, MFT who is on the board of the North Coast Association of Mental Health Professionals, www.ncamhp.org Gail has been in touch with a therapist in San Francisco but her fees are more than we can handle.

This would take place in the late summer or fall.

Please send your course description and CV to me at stuart@mfcc.com. I look forward to hearing from some of you.

Part-Time Office Help

Part time office help needed, 10-15 hours weekly, in Beverly Hills. Familiarity with ShrinkRapt billing software helpful. Contact Dan Fast, MD at 310-246-1040

OFFICE SPACE

Studio City/West Hollywood

Ideal office set-up for newly licensed therapist or therapists who would like to apply for networks: For a little over \$100 a month, you could have one office in LA...For a little over \$200 a month, You could have two offices in LA...One in Studio City and one in West Hollywood! And having two offices is a plus for applying for insurance panels, as is working with special communities. Call Mike Fatula, MFT 323-876-8861.

Beverly Center

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups,

shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

Beverly Hills

Office space available for lease in medical building in Beverly Hills. Suitable for consultations, counseling, presentations, or auditions. Monthly rent: \$1333 (one year contract)

Two hours free public parking in addition to street parking. Call Eric at (323) 528-8206, or send email to chantalralland@gmail.com

Encino

Prime Encino office space now available. Newly remodeled suite in therapist-friendly building. Full and part-time space for sublet in both windowed and interior offices facing Encino Hills. Freeway-close to the 101 and the 405. Very good soundproofing, easy parking options, call light system, separate exit. Contact 310.281.8681 or andrew@westsidetherapist.com.

Studio City / Valley Village

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available part-time. Please call Dr. Stacy Berlin (310) 442-6466.

West Los Angeles

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or half time. Call Elaine Schulman 310-475-0674.

West Los Angeles

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, LCSW at 310-470-3450.

West Hollywood

Newly remodeled, beautiful,

quite, F/T or P/T psychotherapy office space in 2 office suite in centrally located professional building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available full-time. One office is furnished. Both offices have windows overlooking lots of greenery. Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, PhD, MFT. 310-842-6124 or msilversteinmft@aol.com

West Hollywood

Prime therapy office for evenings and weekends. Beautiful space is available Monday through Thursday evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather couch/chair, and warmly painted walls. It also has a desk and a consulting area which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly colleagues. High-end security building on designer row. Other offices within the building consist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, Psy.D. at 310-659-0509. Required blocks of time: 6PM to 9PM or 6PM to 10PM. Monday/Tuesday/Wednesday/Thursday or 4 hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to 5:30PM); \$25/hour (non-negotiable).

West Hollywood/San Fernando Valley

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thaliens. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- Quiet, garden courtyard; one story building; 24/7 access & AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceiling/new wood window blinds
- Utilities included with reasonable rent; private, covered, well-lit parking
- Easy canyon access to San Fernando Valley
- Recently remodeled to psychotherapy specifications. Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

Journal of Homosexuality - New Editorship / Call for Papers

Routledge Journals, a member of the Taylor & Francis group, is pleased to announce John P. Elia, PhD, as the new Editor-in-Chief of the Journal of Homosexuality, now publishing in its 56th year.

Dr. Elia is the Professor & Associate Chair of the Department of Health Education at San Francisco State University. Prior to becoming Editor, Dr. Elia served as the Associate Editor and Book Review Editor for the Journal. He is also a prominent figure in the LGBT & Queer Studies field and is renowned as a leading author and researcher.

Dr. Elia succeeds Dr. John P. De Cecco, who continues as Editor-in-Chief Emeritus after 34 years of service. Dr. Elia may be contacted at [jpelia@sfsu.edu](mailto:jpelias@sfsu.edu).

Dr. Elia notes in part in his first editorial: "The Journal of Homosexuality has undergone some significant changes over the past few years. There is no question that Dr. De Cecco has been a pioneer and truly instrumental in the development of LGBT studies. I am confident that I am joined by a plethora of individuals across the globe in thanking him for his stalwart service."

One of Dr. Elia's new focuses as Editor will be to update the Manuscript Submission process to a more streamlined electronic approach, resulting in a decreased publication lag time. The frequency of the Journal will also be increased from 8 to 10 issues beginning in 2010.

The Journal of Homosexuality is devoted to scholarly research on homosexuality, including sexual practices and gender roles and their cul-

tural, historical, interpersonal, and modern social contexts. Researchers and practitioners interested in current knowledge about human sexuality will find every issue of this journal brimming with a balanced selection of scholarly and practical articles. The Journal was founded by The Haworth Press, Inc., which merged into the Taylor & FrancisGroup, LLC, in 2007.

***Indexing/Abstracting**

The Journal of Homosexuality is indexed/abstracted in Social Sciences Citation Index, Social Scisearch, Journal Citation Report/Social Sciences Edition, Current Contents/Social and Behavioral Sciences, MEDLINE, PsychInfo/Psychological Abstracts, EBSCOhost Products, Abstracts in Anthropology, Criminal Justice Abstracts, INIST, Lesbian Information Services, IGLSS Abstracts, Education Research Abstracts, Studies on Women & Gender Abstracts, Sociological Abstracts, and AgeLine.

***An ISI Ranked Journal**

The Institute for Scientific Information Journal Citation Report for 2008 ranks the Journal of Homosexuality 34th out of 61 journals in Interdisciplinary Social Sciences, and 60th of 101 journals in Multidisciplinary Psychology, with an Impact Factor of 0.590.

More information about the Impact Factor, which is a measure designed to determine the frequency with which the average article has been cited in a particular year, can be found at <http://tiny.cc/ImpactFactor>.

***Free Online Sample**

To receive a free online/electronic sample copy visit:

www.tandf.co.uk/journals/WJHM

***Free Print Sample**

To receive a free print sample copy of the Journal of Homosexuality send your name and mailing address to Jaclyn Scarborough at

[Jaclyn.scarborough@](mailto:Jaclyn.scarborough@taylorandfrancis.com)

taylorandfrancis.com or Taylor & Francis,

Attn: Marketing Associate, 325 Chestnut St, Suite 800, Philadelphia, PA

***Call for Papers**

The Journal of Homosexuality welcomes the submission of pa-

pers on a variety of topics and from a range of disciplines and perspectives for review and publication. For complete instructions for authors, visit www.tandf.co.uk/journals/WJHM

Got Something to Advertise?

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CALENDAR OF EVENTS

DECEMBER 18, 2010

LAGPA/SCLMA Joint Holiday Party

Details available soon

SPRING, 2011

Upcoming Educational Event

Mediators, Mediation, and Psycho-
therapy

Details available soon

SPRING, 2011

Upcoming Educational Event

Bisexuality

Details available soon

SUMMER, 2011

17th Annual LAGPA Conference

Presentation, sponsorship, and
other deadlines forthcoming

NEWSLETTER POLICY

Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send an electronic copy of your articles, typed and double-spaced, to

LAGPA
Progress Notes
PO Box 34142
Los Angeles, CA 90034

You may also email your articles to lagpa@sbcglobal.net. This newsletter is mailed to each member and may be made available to non-members by requesting copies either through mail (to the address above), or by calling 310-838-6247.

Publishing Schedule

Advertising and articles are due no later than the following dates:

	Due	Pub. Date
Spring	4/30	May
Summer	7/31	August
Fall	10/31	November
Winter	1/31	February

Classified Advertisement Rates

Members	FREE
Non-member	\$15.00

Display Advertisement Rates

Size	Member	Non-member
1/8 p or bus card	\$20.00	\$30.00
1/4 page	\$40.00	\$50.00
1/2 page	\$70.00	\$90.00
Full page	\$90.00	\$125.00

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

Mechanicals

Business Card	3.5"w x 2"h
1/8 page	
Horizontal	3.7"w x 2.37"h
Vertical	1.82"w x 4.8"h
1/4 page	
Horizontal	7.5"w x 2.4"h
Vertical	3.7"w x 4.8"h
1/2 page	
Horizontal	7.5"w x 4.8"h
Vertical	3.7" w x 9.75"h
Full page	7.5" w x 9.75"h

POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send an electronic mailing to the membership you must send us the text, graphics, URLs, and any accompanying attachments you wish to send so our Editor, Alexander Yoo, and the rest of our Board may review it. Rates for this type of service are: Members \$125.00 per mailing; Non-Members \$175.00 per mailing. We strongly suggest you place an ad in the *Progress Notes* rather than create a separate mailing. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to e-mail, include in the *Progress Notes*, or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. For more information please contact our Executive Director, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters provide a great way to market your product or service, to create credibility, and to build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

Join the Board.

**Join the
Excitement.**

In this issue of *Progress Notes*...

- ▶ Executive Director Report
- ▶ Happy Merry from The Editor
- ▶ PHOTOS: 16th Annual Conference
- ▶ Advocate or Therapist? Can We Do Both?
- ▶ August 4, 2010
- ▶ PTHC Call for Proposals
- ▶ PHOTOS: LAGPA at LACPA
- ▶ Board Elections
- ▶ Classified Ads and Job Announcements
- ▶ Calendar of Future Events

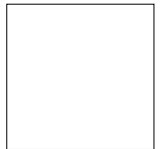
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