

August, 2010

(310) 288-3465

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

Executive Director Report

Chuck Stewart, Ph.D.

I'm always impressed by the professional work and activities conducted by LAGPA. I feel blessed to be able to work for such a worthwhile organization. This spring, we held two educational forums. On May 2, Dr. Lawrence Hedges conducted a workshop on "Managing High-Risk Professional Relationships." Approximately twenty LAGPA members attended and received Continuing Education credits The workshop was from APA. well received, and, as always, Dr. Hedges impressed us all with his depth of knowledge and engaging teaching techniques. Dr. Hedges donated his time so the event was a fund-raiser for LAGPA. Thanks Dr. Hedges.

Then, on June 27, Tara Borelli, Esq., came to the home of Liliane Quon McCain and gave a wonderful speech and update on the marriage equality debate and liti-She was extremely gation. knowledgeable and could have easily devoted more hours to the topic. We were able to offer Continuing Education credits from APA for this event. How timely was the topic considering the recent changes in federal court. Tara donated her time and helped us raise funds. Thanks, Tara.

LAGPA has been very involved in engaging the various psychology organizations over the issue of marriage equality and training on LGBT issues. See Bruce Watkins' article for details. I just want to add that we have hosted booths at LACPA, LA Pride, CPA, CAMFT and elsewhere. Staffing a booth is always fun. Please consider volunteering.

Just last Sunday was the annual pool party at the home of Liliane in Beverly Hills. In previous years, we co-hosted this event with the Southern California Lambda Medical Association (SCLMA) to great success. This year we decided to open up the event to the Lesbian and Gay Lawyer Association (LGLA). It seemed reasonable to the board to have all three groups interact since often physicians, therapists and attorneys have to work together with clients. All together, 170 people attended. Wow! Eddie Morgado catered and the food was spectacular. Thanks, Eddie and thanks Liliane. As an added bonus, Liliane's awardwinning 1936 Bugatti arrived for all to view.

The 16th Annual LGBT Psychotherapy Conference is set for October 17 being held at Antioch University Los Angeles (located in Culver City) and co-hosted by the LGBT Specialization at Antioch. We have secured Alan Downs, Ph.D. as keynote speaker. His book, the Velvet Rage, is well regarded in helping those coming out. Antioch so graciously offered to underwrite his usual speaking fee. A "save-the-date" card has been mailed to almost 3,000 people. The conference brochure is receiving the final touches before it goes out. For the first time, you can register and pay for the conference at our website.

Speaking of our website, you may remember we bit the bullet last year to fully update our website. It costs almost \$6,000 to make it fully functional with member sign-in and more. Now, LAGPA members have complete control and security concerning their online directory. We've also been much more aggressive about promoting the website. More than 12,000 unique visits are made each month to the Our members who website. have a directory listing report an increase in client referrals. Even our advertisers report increased foot traffic. I personally have an ad on the website and can attest that I've received hundreds of click-through to my website.

Contact Chuck if you have any questions concerning the web-site.

Which brings up the topic of We no longer memberships. hold an annual membership drive as we used to in June/July. Instead, now you can register anytime through the website. For most of you, you will be receiving over the next few months an email reminder to renew. Please do so. We are very dependent upon memberships to continue funding our activities. Also membership gives you reduced rates for the conference and free admission to many of our socials. See you at our next event.

Have you ever thought about being on the board? Right after the conference will be board elections and we are always looking for interested people. LAGPA is extremely stable and drama free. Please don't let past impressions influence your decision. The board helps guide the organization with many of the details left to paid professionals. Thus, the time commitment is minimal. So, show your support and join the board.

Chuck Stewart, Executive Director

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LAGPA's ongoing world-changing collaboration with CPA continues with the APA conference in San Diego. Co-President Bruce Watson, Ph.D., tells us more about this on Page 3. Pictures of historic CPA LGBT CE conference and LGBT meeting on Pages 6-7.



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Including the LGBT Tribe

Bruce R. Watkins, Ph.D. , LAGPA Co-President

Last year, LAGPA petitioned the Board of Psychology to mandate LGBT issues as a required continuing education class. The BOP promptly informed us that they don't mandate anything. Instead, they regulate what the California State Legislature mandates.

And so, we turned our eyes on the legislature. We realized that the California Psychological Association (or CPA) lobbies the state legislature for the profession of psychology. I have been in contact with the executive director of CPA, Dr. Jo Linder-Crow.

She informs me that CPA does not believe in mandated CE because: (1) CPA's membership does not like mandated CE (2) Mandated CE is not the best way to inform psychologists because (3) There is no way to regulate the quality of the courses that would soon be offered.

Furthermore, she did not believe that such a bill, as we want the legislature to consider, would pass.

Consequently, I have abandoned the project of mandated continuing education. I believe it has turned into a dead-end.

Instead, I would like to pursue a new project. Jo Linder-Crow has invited LAGPA to join with her and CPA in mainstreaming and promoting LGBT issues in the profession of psychology.

She points out that CPA has already done much for LGBT people, and would like to do more.

First, when same sex marriage was being reviewed by the California State Supreme court, CPA joined with APA in an amicus

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brief. The court cited this amicus brief (more than the 50 others that it considered) as promoting their decision to order same sex marriage in California. They liked it because it provided information based on credible research.

Second, once Proposition 8 started, CPA took a strong official stand against it, even though they normally do not get involved in a ballot issue.

Jo (like Dr. Sharon O'Connor at the BOP) asked us to submit an article to be published in CPA's magazine. I have written and submitted this article, entitled, "Including the LGBT tribe in CPA." It was accepted for publication in the May/June edition of The California Psychologist. In fact, the chief editor of that magazine is Dr. Kirwan Rockefeller. He is a former president of LAGPA (1996), and was delighted with my article. He has also suggested that we approach Jo to establish a Division of CPA devoted entirely to LGBT issues.

This would definitely mainstream LGBT therapists into the profession of psychology. Furthermore, we wouldn't need to mandate continuing education. Instead, our division could publish an article in each edition of The California Psychologist.

Think of it! Every time that magazine is published, we could dedicate a column to informing all of California psychology about LGBT issues.

LAGPA will be hosting a booth and presenting a morning workshop at the annual convention of the Los Angeles County Psychological Association in October, 2010 in Culver City.

Dr. Lauren Costine and Dr. Bruce Watkins will present: "LGBT: from Cultural Competency to Advanced Perspectives." Attendees will learn fundamental ways to practice LGBT cultural competency, including how to affirmatively treat LGBT people.

Dr. Watkins will present his expertise, "Object relations, codependency and a gay man." Dr. Costine will present her expertise, "Lesbian liberation: Releasing yourself from the chains of heterosexism and internalized lesbianphobia."

Our appearance at the LACPA convention is part of LAGPA's

overriding purpose to mainstream LGBT therapists into the profession of psychology in California.

Several months ago, we approached the California Psychological Association with this purpose in mind. Our interaction with their executive director, Dr. Jo Linder-Crow, led to several advancements.

First, she arranged an entire day of LGBT continuing education at their annual convention on April 16. Next, she arranged a meeting at that convention to discuss "What CPA can do next for LGBT people."

That meeting was attended by over 40 people, including the president of CPA and high ranking officials of APA. We made plans to start an LGBT section in Division VII of CPA. This section would give LGBT therapists a platform from which to educate California Psychologists.

Jo also set up a listserve group for us, "CPA LGBT.com," to interact across the state, and share LGBT information.

Finally, CPA designed a pro-LGBT button to distribute at APA's convention in San Diego, this year:



And so, our presence at LACPA this year is our next step in mainstreaming LGBT therapists into the profession of Psychology in California. We would love to see you there. If you attend, you will be receiving an entire day of continuing education.

The convention will be held Saturday, October 23, 2010, at the Radisson Hotel, Culver City, after the 16^{th} Annual LAGPA Conference. For more information contact LACPA at (818) 905-0410.

Photos from LAGPA and SCLMA Winter Social, 2009

Our annual joint winter party with SCLMA, Southern California Lambda Medical Association Photos by Ricardo Tan, M.D.





LAGPA at the California Psychological Association Conference, 4-16-10

History is in the making. LAGPA is making it. And you are a part of it.



Continued on next page





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The Credibility Project

Chuck Stewart, Ph.D.

Hello, my name is Chuck Stewart. Besides working as the Executive Director of a couple of non-profit LGBT organizations in Los Angeles, I'm a published author with approximately fifteen academic books and 100 articles - mostly on LGBT topics. In June of this year, I completed writing and editing a collection of essays on same-sex marriage for ABC-CLIO. In late 2009, I completed a 3-volume encyclopedia on issues worldwide LGBT for Greenwood Publishing. The encyclopedia is the first of its kind and engaged over 140 academic writers around the world. I also teach writing at the university level.

When I conduct research, I often review materials from antigay organizations and publications. It is very disheartening. Organizations such as Focus on the Family, Family Research Council, NARTH, Americans for Truth about Homosexuality, and many others produce "academic" looking papers. The papers conform to APA writing standards with authoritative looking footnotes. Yet, we know their antigay "facts" are based on pseudoscience, lies, and political agenda. And these "facts" are used against us as we have seen recently in the Prop 8 campaign and in court arguments. Luckily, a number of courts recognize their "facts" as propaganda not worthy the court's consideration.

The problems with the antigay papers include: (a) Many citations simply don't exist. There is no such research or paper or author. (b) The author is not an authority. (c) Opinions are being presented as "facts." (d) The university or organization the author is associated with does not exist or is a front for a biased source. (e) The research methodology is not discussed or does not meet academic criteria. (f) The reference is not peer-reviewed. (g) The author has been removed from the academic setting or ejected from professional organizations for misconduct. (h) The cited author is a recognized authority but has been misquoted.

I'm tired of the attacks. want to see them stopped. I want to help the courts strongly reject antigay propaganda such that it can never be used against us again. I would like to see these organizations be forced to stop publishing antigay lies. I want to see every "reparative" therapy program shut down and the leaders subject to criminal sanctions. The Idea

In discussing this problem with the many academics and attorneys that I know, the idea of the "Credibility Project" came up. The idea is to conduct an academic review of the research on human sexuality (psychology, anthropology, biology, and more) and develop a matrix indicating the level of credibility for each research. Such a matrix would be invaluable for litigation protecting LGBT rights. Attorneys could use the findings of the Credibility Project to defend against antigay stereotypes often used in child adoption cases, antidiscrimination statutes, same-sex marriage arguments, and more.

It was further suggested that the findings of the Credibility Project could be used proac-





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REVOLUTION

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tively to sue those who and disseminate create antigay materials, those who mount antigay "educational" programs, and those who fund and engage in sexual orientation programs and "change" ministries for purposefully defrauding the public and with the intent of causing harm toward a class of The goal is to people. force these organizations to stop producing and distributing lies about LGBT people and to close all reparative change programs.

We are not advocating infringing on Free Speech We support the Rights. right of people to express opinion. But the problem is when fraudulent "facts" are used to encourage hate and violence toward a class of people. The difference is when someone says, "I believe homosexuality is a mental disorder," versus "Homosexuality is a mental disorder." The first statement is a statement of We support the opinion. right of someone to hold and express opinions different than ours. But the second statement is a statement of fact. We contend that facts need to be true otherwise the speaker should be responsible for the damage the lies create. Further, those telling lies need to be denied access to disseminating the lies.

<u>Organizing</u>

This letter is the first step to see if there is sufficient interest by respected universities, LGBT organizations, academics, and attorneys in this concept. A consortium will be founded to clarify the goals and scope, budget, develop the assessment criteria, and begin to identify researchers. Efforts will be made to secure funding. Conceivably, this project could engage hundreds of universities, organizations, and academic researchers.

<u>Time Schedule</u>

The landmark ruling by U.S. District Chief Judge Vaughn R. Walker overturning Proposition 8 will most assuredly be appealed to the 9th Circuit Court and probably to the U.S. Supreme Court. It would be beneficial if the Credibility Project completed in time for use in these proceedings. As such, it is hoped that organizing and funding for the project can be completed in 2010 with research commencing in 2011 and publication of findings by late 2011.

Thank you for your time. Please contact me via Email if you have any questions, comments, or want to participate.

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Sixteenth Annual LGBT-Affirmative Psychotherapy Conference

Sunday, October 17, 2010

Keynote Speaker Alan Downs, PhD

Sponsored by LAGPA and The LGBT Specialization in Clinical Psychology at Antioch University Los Angeles. Hosted on the AULA campus in Culver City.





Keynote Speaker

Alan Downs, PhD is a California licensed clinical psychologist and the author of *The Velvet Rage: Overcoming the Pain of Growing Up Gay in a Straight Man's World* and the former CEO of Michael's House, a drug and alcohol treatment center in Palm Springs, California. He specializes in LGBT issues, Dialectical Behavior Therapy (DBT, and psychological assessment). He is currently in private practice in Los Angeles where he sees individuals and conducts workshops. His twenty years of working in mental health and substance abuse are reflected in his eight books in both leadership and self-help. Dr. Downs is the author of the 1996 bestselling book, Beyond the Looking Glass. His current book, The Velvet Rage, has been a bestselling book among gay and lesbian readers for the past four years. His work has been published in over 12 languages. In 1996, Dr. Downs was invited by the



Clinton administration to address the Senate Democratic Caucus on the detrimental psychological effects of large-scale layoffs. He is a nationally known expert in the field of mental health and addictions and has been quoted in such publications as The New Yorker, The New York Times Magazine, Fortune, Newsweek, Time, The Advocate, and The Los Angeles Times. In addition, Dr. Downs has appeared on numerous television and radio programs, including: The Oprah Winfrey Show, Good Morning America, CBS Sunday Morning, The Today Show, NBC Nightly News, National Public Radio's Morning Edition, to name just a few. Dr. Downs holds a PhD in psychology from the University of Nebraska.

Sixteenth Annual Psychotherapy Conference

The Sixteenth Annual LAGPA LGBT Psychotherapy Conference is a one-day conference that presents academic research and expertise on LGBT issues and concerns to professionals working with these clients in their psychotherapy practices. The Conference is designed to meet the educational needs of psychiatrists, psychologists, LCSW, MFT, MSW, Interns and students of psychology. We expect approximately 100 professionals to attend. LAGPA is a continuing education provider meeting the requirements established through the American Psychological Association (APA) and Board of Behavioral Sciences (BBS). LAGPA is approved by the American Psychological Association to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content.

Conference at a Glance

8:30-9:00 AM	Conference Registration
9:00-10:30 AM	Concurrent Workshops 1
10:45 AM-12:15 PM	Concurrent Workshops 2
12:15-1:15 PM	Lunch

1:15-1:45 PM	Keynote
2:00-3:30 PM	Concurrent Workshops 3
3:30-4:00 PM	Pick Up CE Certificates

9-10:30 AM

Concurrent Workshops 1A, 1B, 1C, 1D 1A. GAY AND LESBIAN PARENTING: EXPLORING THE PSYCHOLOGICAL AS-PECTS OF GAY MEN AND LESBIANS CHOOSING PARENTHOOD

The past twenty-five years have brought considerable changes in the social, psychological and political atmosphere for lesbians and gay men. In this new atmosphere of increasing openness, gay men and lesbians are pursuing full self-expression in every area of their lives, including their desire to be parents. This course, for mental health and allied professionals working with LGBT clients, will increase participants' understanding of the social and emotional issues faced by LGBT individuals as they embark on creating a family. This course will provide an overview of the research on gay and lesbian parents, and their children, and the unique issues faced by gay men and lesbians as they become parents.

Presenter

Kim Bergman, PhD, a licensed psychologist of 20 years, has specialized in the area of third party assisted reproduction for the last decade and a half. With an extensive background in fertility and parenting, Dr. Bergman is an expert on the historically groundbreaking topic of parenting by choice, particularly within the gay and lesbian community. She has provided services to hundreds of Intended Parents from around the world to assist them in the complex, yet ultimately extraordinary, assisted reproductive process.

1B. WHAT IS A PSYCHOTHERAPIST TO DO? A TRANS/GENDER NON-CONFORMING ADULT SEEKING TO PHYSICALLY TRANSITION JUST CONTACTED YOU

Trans and gender non-conforming adults seeking physical transition expect a psychotherapist to have current knowledge. Often times, therapists can be at a loss to know how to assist such clients. This workshop will teach the psychotherapist how to assess informed consent for a medical procedure and the difference between assessment and therapy. Participants will also become more aware of their own gender bias and expectations (e.g., gender inappropriate language; gender dysphoria becomes gender euphoria). As a result, trans and gender non-conforming adults will more likely trust the clinician, and should they decide to seek psychotherapy in the future, would more likely pursue it, comfortable with having found a trans-positive therapist.

Presenters

Maximilian E. Fuentes Fuhrmann, PhD, is a licensed clinical psychologist with over 20 years of practical and personal experience in the assessment and psychotherapeutic treatment of transgender individuals. He conceptualized and cofacilitated the three Malibu FTM men's retreats and the transgender couple's retreat.

Rev. Alexander Yoo, MDiv, MA, hospice chaplain and psychotherapist, has presented over 100 papers on gender, health, LGBTIQQ, HIV, sexuality, philosophy, spirituality, race, and disability at symposiums and universities worldwide and provides analysis and training consultations in cultural competency, diversity, and efficiency for commercial and educational institutions. Ze founded GenderQueer Revolution, a national organization celebrating gender-giftedness in everyone.

1C. LESBIAN INVISIBILITY: A LESBIAN-AFFIRMATIVE APPROACH TO OVER-COMING THE NEGATIVE AFFECTS OF COLLECTIVE HETEROSEXISM ON THE LES-BIAN AND BISEXUAL WOMEN'S PSYCHE

Four graduate students and one faculty member from Antioch University, Los Angeles' LGBT Specialization will explore how lesbian invisibility in our heterosexist society damages the lesbian and bisexual women's psyche. Lesbians have been notoriously absent from history, media, culture and family systems. This creates painful disconnect from the developing lesbians psyche; impacting her sense of self and feelings of worthiness in untold ways. Each panelist will examine this theme as it pertains to four distinctly different yet interconnected topics: Jewish Orthodox lesbians, the change in lesbianfeminism, intimacy after menopause, and internalized homophobia's relationship to obesity in lesbians. Utilizing the tools employed in Lesbian-Affirmative psychotherapy, this workshop will highlight ways to identify, combat, and treat the issues caused by growing up invisible in a homophobic and heterosexist society.

Presenters

Lauren Costine, PhD, is a Clinical Psychologist, educator, and activist in private practice with offices in Santa Monica and West Hollywood. Her focus is on LGBT-affirmative and lesbian-centered psychotherapy, addiction and codependence issues, co-occurring disorders, depth psychology, and psychodynamic and family systems modalities with individuals and couples.

Cadyn Cathers is a transgender graduate student in Antioch University Los Angeles' LGBT Specialization with a concentration in health psychology. He is currently doing his traineeship at the Los Angeles Gay and Lesbian Center. He will be presenting the findings from his Master's Thesis on psychological factors of obesity in lesbian, bisexual and queer women.

Yisraela Hayman is a graduate student at Antioch University Los Angeles' LGBT Specialization. She is currently doing her traineeship at Southern California Counseling Center. Previously, she worked at the Suicide Prevention Center, Haven Hills Domestic Violence crisis line, Gender Center, and AIDS Council of NSW and Sydney, Australia.

Monica Leon, MA, MFTI, is a recent graduate from Antioch University Los Angeles' LGBT Specialization (June 2010). She is currently participating in her internship at the Relational Center and copresented tLAGPA's annual conference in 2009 on LGBT Multicultural issues.

Jennifer Lowe is a student at Antioch University Los Angeles' LGBT Specialization. Three years ago Jennifer underwent treatments for leukemia, including chemotherapy and radiation, which abruptly caused menopause at the age of 31. This experience led her to do further research on how menopause affects lesbians and their relationships.

1D. DISCLOSURE – WALKING HIV+ CLIENTS THROUGH THE MINEFIELD OF SHARING WHO THEY ARE

How do I tell someone I am HIV +? Won't they reject me? Whose responsibility is it to disclose? For many of our clients these questions and more arise each day as they face the challenge of sharing who they are in a less than friendly world. These issues of HIV status disclosure and more will be explored in this highly interactive workshop that provides exploration, discussion, and tools to address this challenging issue.

Presenter

John Sovec, MA, LMFT, has been an educator and presenter in the HIV/AIDS community for close to 20 years. He is currently in private practice in Pasadena, CA and is the clinical consultant to The Life

Group LA. To learn more about his practice visit www.JohnSovec.com.

10:45-12:15 PM

Concurrent Workshops 2A, 2B, 2C, 2D 2A. NARRATIVE COUPLES THERAPY: EXPANDING POSSIBILITIES WITH LGBT PARTNERS

Narrative Therapy is a non-pathologizing, strength-based model of therapy that views problems as external to people, and uses a story metaphor to nurture preferred meanings within couples' relationships. Narrative Therapy uses practices of externalization, evaluating a problem's effects, identifying exceptions, and the collaborative re-authoring of alternative stories and experiences. By challenging dominant cultural discourses, such as heterosexism and homophobia, space is created to engage the inherent resourcefulness of LGBT couples seeking our consultation.

Presenters

Charley Lang, MFT, is Director of the Postmodern Therapy Training Program at the California Family Counseling Center and Director of the BA Psychology Concentration at Antioch University (www.narrativecouplescenter.com).

Lucy Cotter, MFT, is co-founder of the Narrative Couples Center in Los Angeles, and an adjunct faculty member in Antioch University's BA program, where she teaches numerous classes, including, The Psychology of Couples in Fiction and Film.

2B. STRIPPING THE TEASE: A SUBCULTURE WITHIN. QUEER SEX WORKERS AND THE MANAGEMENT OF MULTIPLE MARGINALIZED IDENTITIES

Based on original, qualitative data, this presentation outlines the psychological complexity of living at the intersection of multiple marginalized identities. Specifically, this presentation will discuss the role of sex workers in the coming out process of queer, lesbian, and bisexual female exotic dancers in which exotic dancing becomes a platform for the exploration of queerness.

Presenter

Dr. Erin Kuntze, PsyD, is a psychotherapist in private practice in West Los Angeles. She graduated from the California Institute of Integral Studies in 2009 and completed her pre- and post-doctoral internships at the Saturday Center for Psychotherapy in Santa Monica. Dr. Kuntze's presentation is based on her dissertation research entitled "Exotic Dancers and the Psychotherapeutic Encounter."

2C. THE LGBT-AFFIRMATIVE PATH TO WHOLENESS: THERAPEUTICALLY RE-CLAIMING LGBT SOULFULNESS IN THE LIVES OF LGBT LATINOS AND AFRICAN-AMERICANS

This workshop will feature didactic presentations discussing the healing clinical application of LGBT affirmative theory and practice for LGBT Latino/a and African-American clients. To increase empowerment and visibility for these very diverse groups, clinicians need to understand multiple oppressions by addressing the complex intersections of racial/ethnic identity, language acculturation, immigration status, family, gender attitudes, religion, and heterosexism. By affirmatively examining the above and appreciating knowledge of historical same-sex and gender myths and spiritual traditions, clinicians can learn to assist LGBT Latino/a and African-American clients tin uncovering the potential of their same-sex desires and gender identities as the path to emotional health and well-being. Presenters *Alonso Bautista,* BS, is a graduate of Antioch University Los Angeles' LGBT Specialization in Clinical Psychology. He was a core steering committee member and presenter at Antioch's 2009 LGBT POC Psychology Teach-In and has been a longtime HIV prevention specialist.

Kelvin Blunt, BFA, is a current MA student in Antioch University Los Angeles' LGBT Specialization in Clinical Psychology. He is a Volunteer Coordinator and Office Manager at AIDS Research Alliance, and has volunteered within APLA's Peer Buddy Program, Project Angel Food, and Agape International's teen ministries.

Megan Benton, BS, is a current MA student in Antioch University Los Angeles' LGBT Specialization in Clinical Psychology. She is an African American lesbian poet and is one of the founders of Theta XI Theta Fraternity, Inc., a lesbian organization promoting positive representation for the lesbian community.

Monica Leon, MA, MFTI, is a graduate of Antioch University Los Angeles' LGBT Specialization in Clinical Psychology, and is currently an MFT intern at The Relational Center. She has a history of many years as case manager, rehabilitation specialist and counselor with at-risk youth in clinics, hospitals and schools.

Thomas Mondragon, MA, LMFT, is an Associate Faculty in Antioch University Los Angeles' LGBT Specialization Program. He has been a coordinator for University sponsored LGBT events, has extensive dual diagnosis experience, and an active private practice in the West Hollywood area.

2D. WRESTLING WITH COUNTERTRANSFERENCE IN A GAY-CENTERED WAY: THERAPISTS' ABILITY TO PARTNER THEIR OWN HOMOSEXUAL FEELINGS AS ESSENTIAL ALCHEMICAL INGREDIENT FOR CLIENTS' HEALING

A psychology grounded in an archetypal appreciation of being gay challenges assumptions about ourselves as clinicians that can go to the core of who we think we are and how our minds work, affecting our basic values, behaviors and goals in life. In this affirmative psychoanalytic approach, the clinician must continually face, in an ever-deepening way, the "soul-killing" nature of internalized homophobia and unresolved heterosexist trauma in both self and client. Through this struggle, the client's transference is engaged in increasingly effective ways for the optimal emancipational realization of untapped queer potentials, leading to healthy empowerment and inspired creativity not previously conceivable. Presenters

Douglas Sadownick, PhD, MFT, director of the LGBT Specialization in the Master's of Clinical Psychology program at Antioch University, co-facilitates monthly continuing education classes for The Institute for Contemporary Uranian Psychoanalysis, and is a gay-affirmative psychotherapist in private practice. He is also a published author of books and articles on gay psychology.

Chris Kilbourne, MA, MFT, gay-centered psychotherapist in private practice for 16 years, and cofacilitates monthly continuing education classes for The Institute for Contemporary Uranian Psychoanalysis at Plummer Park in West Hollywood.

Roger Kaufman, MFT, adjunct faculty member at Antioch University and co-facilitates monthly continuing education classes for The Institute for Contemporary Uranian Psychoanalysis. He is also a gaycentered psychotherapist in private practice. His articles on gay archetypal psychology have appeared in books and journals. *Dustin Kerrone,* MFT, supervisor for The Spot, an HIV/STD testing clinic in West Hollywood. He is also working with clients gay-affirmatively in a private practice internship and is cofacilitating continuing education classes for The Institute for Contemporary Uranian Psychoanalysis.

August, 2010

12:15 pm -1:15 pm Lunch (catered by Eddie Morgado) 1:15-1:45 PM Keynote Address by Alan Downs

2:00-3:30 PM

Concurrent Workshops 3A, 3B, 3C, 3D 3A. LESBIAN LIBERATION: RELEASING YOURSELF FROM THE CHAINS OF HET-EROSEXISM AND INTERNALIZED LESBIANPHOBIA!

Enter into a journey that aims to honor the Lesbian as a whole and complete person with her own psyche, soul, developmental organization, historical, and unfolding liberational potential. As part of this journey, participants will be provided with a rich and textured Lesbian-centered theory of Lesbian identity and psychological development, charting a potential path on how all women can learn how to embody a healthy and eroticized Lesbian sense of self.

Presenter

Lauren Costine, PhD, is a Clinical Psychologist, educator, and activist in private practice with offices in Santa Monica and West Hollywood. Her focus is on LGBT-affirmative and lesbian-centered psychotherapy, addiction and codependence issues, co-occurring disorders, depth psychology, and psychodynamic and family systems modalities with individuals and couples.

3B. COMING OUT/BEING OUT: BEYOND SEXUAL ORIENTATION

Participants will learn how to recognize coming out and being out as part of a larger spectrum of intrapsychic growth and development, with a particular focus on issues concerning separation, individuation, and identity differentiation. Related traumatic experiences and phantasy fears will be considered. We will incorporate aspects of psychoanalytic theory and practice in obtaining these understandings and insights. Application for clinical practice will be addressed, with attention to issues of transference and countertransference.

Presenter

Carl H. Shubs, PhD, is a psychologist in private practice in Beverly Hills, working with adults, adolescents, and children. For over 25 years, he has specialized in working with LGB patients, both individually and with their partners. He has had three articles on the treatment of trauma published in the journal Psychoanalytic Psychology, and he has since presented on that topic at local, state, and international conferences.

3C. SKILLS TRAINING IN LGBT AFFIRMATIVE SUBSTANCE ABUSE TREATMENT Participants will explore the intersection of substance use, sexual behavior, and transmission of HIV/STI's. We will focus on assessment and intervention techniques that affirm multicultural, sexual minority, and gender-variant identities. This workshop will provoke discussion and debate of controversial ideas, and include clinical vignette exercises that facilitate skill development. Presenter

Peter S. Theodore, PhD, is licensed as a psychologist in the state of CA and a member of APA and SBM (Society for Behavioral Medicine). He is an assistant professor in the PhD program at CSPP of Alliant International University, Los Angeles, a fellow for the Rockway Institute for LGBT Psychology, and has a private practice in West Hollywood.

3D. "BUT THEY COULDN'T POSSIBLY KNOW AT THAT AGE!" TRANS AND GEN-

LAGPA	Progress Notes	— 18—	August, 2010

DER NON-CONFORMING CHILDREN AND ADOLESCENTS

Within the first year of life, children begin to exhibit noticeable awareness of their gender. By the age of four, a person's gender, with all its unique shades and complexities, has stabilized and fully formed. The voyage of discovery and exploration, however, takes a lifetime. Trans and gender non-conforming children face additional challenges when their genders go unnoticed, misread, persecuted, or otherwise treated in harmful, destructive ways that can cause irreparable harm for the rest of their lives, and for many, death. Participants will practice tools to develop proficiency as members of the medical/mental health support team working with trans and gender-non-conforming children and their families, schools, and communities. They will learn how to use concepts like gender non-conformity, gender versus sexuality, trusting the parent-child relationship, social versus medical transition, and tools to further develop and apply clinical competency when treating, assessing, and advocating for gender non-conforming children and adolescents.

Presenter

Rev. Alexander Yoo, MDiv, MA, hospice chaplain and psychotherapist, has presented over 100 papers on gender, health, LGBTIQQ, HIV, sexuality, philosophy, spirituality, race, and disability at symposiums and universities worldwide and provides analysis and training consultations in cultural competency, diversity, and efficiency for commercial and educational institutions. Ze founded GenderQueer Revolution, a national organization celebrating gender-giftedness in everyone.

Registration Information

CONTINUING EDUCATION – CE CREDIT: 5 HOURS

CA Board Of Behavioral Sciences – Provider #PCE 3992. Course approved for up to 5 hours of continuing education credit for LCSW's and MFT's as required by the California Board of Behavioral Sciences (BBS). LAGPA is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content. Full time conference attendees who complete all required evaluations and attendance documentation are eligible to receive the maximum number of contact hours. This program is open to professional and advanced students in health related fields, and is not suitable for the general public. If your credit agency is not listed, please contact them to determine eligibility.

CONFERENCE LOCATION & PARKING

Conference will be held at Antioch University, 400 Corporate Pointe, Culver City, CA 90230. Parking is free in parking structure. Parking vouchers will be given at the end of the event. Please park on levels 6 and 7. Registration and lunch in Room A1000.

TAPE RECORDING

Personal tape recording is prohibited.

EXHIBIT SPACE

Those individuals, organizations, and businesses who would like an opportunity to exhibit or advertise at the conference should contact the LAGPA office at contact@lagpa.org.

REGISTRATION REFUND POLICY

All requests for refund must be made in writing and sent to: LAGPA, PO Box 34142, Los Angeles, CA 90034. Requests postmarked by October 10, will receive a full refund, minus a \$25.00 administrative fee. No refunds will be made after October 10, 2010.

CONFERENCE DI SCOUNTS FOR LAGPA MEMBERS & NON-MEMBERS

Current LAGPA members can save up to 25% on the cost of the conference by renewing their annual

membership and registering for the conference at the same time. Non-Members can save on the cost of conference registration by joining LAGPA and registering at the member rates for the conference simultaneously.

About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc., (LAGPA), was established in 1992 as an organization of mental health professionals interested in the psychological well-being of gay, lesbian, bisexual and transgender individuals. LAGPA provides a wide variety of activities designed to strengthen professional knowledge and competence in the provision of mental health services. LAGPA exists to join mental health professionals together for academic and social events, to provide educational community outreach, and to foster and promote a positive identity for members of the LGBT community. LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, and the annual Gay and Lesbian Pride Conference. In addition, members also receive LAGPA's quarterly newsletter "Progress Notes," an LGBT resource directory, membership listing on the LAGPA website (www. lagpa.org), and the on-line LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists.

Registration Form

16th Annual LAGPA Conference

Sunday, October 17, 2010

REGISTRATION DEADLINE: This form and payment must be returned by October 10, 2010.

NAME <u>(print)</u>
DEGREE
ADDRESS
City, State, ZIP
PHONE
EMAIL**
License or Intern Registration number

**Registration will be confirmed via email. We must have your clearly printed email.

Conference Fees

The cost of CE, breakfast, lunch, and parking for each attended workshop is included in the registration fee.

CONFERENCE PRE-REGISTRATION: Check Your Cate-

gory:

Member (already a member?)

□ Current LAGPA Regular/Associate Member: \$155

Current LAGPA Student/Intern/Retiree Member: \$100

If you are not a current member, simply visit our website at www.LAGPA.org and register as a member. Being a member gives you significant discount.

Non-Member

□ Non-Member/Non-Associate Member: \$185

□ Non-Member Student/Intern/Retiree: \$130

REGISTERING THE DAY OF THE CONFERENCE Yes, you

may register at the door. However, you save considerable money by pre-registering.

Member (already a member?)

□ Current LAGPA Regular/Associate Member: \$185

Current LAGPA Student/Intern/Retiree Member:

\$130

Non-Member

□ Non-Member/Non-Associate Member \$ 215

□ Non-Member Student/Intern/Retiree \$ 155

Workshop Selection

For each concurrent session, please identify your first and second choice for each session by writing the workshop number in the spaces below. This information is for conference planning only—you may attend whichever workshops you would like on the day of the conference.

1 st Session	2 nd Session	3 rd Session
1A, 1B, 1C, 1D	2A, 2B, 2C, 2D	3A, 3B, 3C, 3D
1 st choice	1 st choice	1 st choice
2 nd choice	2 nd choice	2 nd choice

Method of Payment

A check in the amount of \$ _____ made payable to

LAGPA OR Charge my: □ VISA □ Master Card □ Ameri-

can Express

(Check appropriate box)

Name of Cardholder as it appears on card (please print):

Credit Card Number (print clearly):

_____ Exp. Date ____/____

Authorizing Signature ____

Total Amount To Be Charged \$_____

MAIL COMPLETED REGISTRATION FORMS WITH PAY-MENT TO: LAGPA Conference Registration PO Box 34142 Los Angeles, CA 90034 OR, FAX To: 310-838-6769

You may also register online at www.LAGPA.org

Note: All Students must be unlicensed and must include documentation of full time student status. Please enclose a copy of your current student ID with your registration form.

Lawrence Hedges, Ph.D., Psy.D., 5-2-10

Managing High Risk Professional Relationships





holistic relationship therapy "alternative" sexualities & genders trans/gender children & adolescents trans partners addiction addiction out

A leading Gender Diversity clinician, Alexander educates medical and mental health providers on gender issues and administrative practice. A nationally recognized author and educator who has appeared in print and on radio, film, and television, he provides sensitivity, cultural competency, and EEO Compliance training as an organizational development consultant to businesses, institutions, health providers, and educational systems.

Crime Hurts Everybody We Can Help.

California Victim Compensation Program



The Victim Compensation Program can help victims and their families recover from the emotional, physical and financial trauma of violent crime. A victim may be eligible for assistance with expenses such as medical, dental or mental health treatment, relocation or funeral costs. Compensation is available for those who are injured, threatened with physical injury, or who have a family member injured or killed. The program has paid more than \$1.7 billion to victims since 1965.

1-800-777-9229 | www.victimcompensation.ca.gov





Marriage Equality... No Marriage Equality... What does it all mean to you?

The LGBT Community faces many financial challenges, now more than ever. Steven W. Schmitt, CFP®, MBA & Kyle D. Young, CFP® focus *exclusively* on Investment Planning and Asset Management Services for the LGBT Community. Their primary focus lies in finding financial solutions to the many inequalities faced by the community. Give them a call today to see how you and your family may benefit from a personalized complimentary consultation.



Steven W. Schmitt, CFP®, MBA Associate Vice President-Investment Officer 973-564-6997 steven.schmitt@wellsfarqoadvisors.com

Kyle D. Young, CFP® Financial Advisor 973-564-6983 kyle.young@wellsfargoadvisors.com

Investment and Insurance Products: NOT FDIC Insured NO Bank Guarantee MAY Lose Value

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Tara Borelli, Esq., 6-27-10

Marriage Equality in California and Beyond: A National Update On Relationship Recognition for Same-Sex Couples





Sure and nearly choices.

Adolescents, Families, Trauma and Abuse, Individual, LGBT, Grief and Loss, Teen Groups Rosanna M Santos, MA, MFT Psychotherapist License # MFC42968

818.515.2441 RosannaSantosMFT@gmail.com

23822 Valencia Blvd, Suite 204 Santa Clarita, CA 91355 T. Adam Cotsen, M.D. Psychiatrist Providing Therapy, Medications 116 N. Robertson Blvd., Suite 908 Los Angeles, CA 90048

By Appointment 310-659-8640 Fax 310-659-8642

Summer Social with LAGPA, SCLMA, & LGLA, 8-8-10

Joint event with Southern California Lambda Medical Association and Lesbian and Gay Lawyer Association

Photos from Ricardo Tan, M.D.













Antioch University Los Angeles

Our current M.A. students Alicea Bailey Alonso Bautista Alton Carswell Monica Leon

Invite you to their innovative LAGPA 2009 conference presentation on multicultural LGBT issues:

When Worlds Collide and Converge: An LGBT-Affirmative Approach to Working with LGBT People of Color in Therapy and in the Community



Training the next generation of LGBT affirmative psychotherapists and activists while enriching LGBT cultural life on campus and throughout the community.

www.BankruptYourStudentLoans.com

Learn how it is possible to have your student loans discharged through bankruptcy or other means.

Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of gay, lesbian, and bisexual psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Summer, 2010

Editor: Rev. Alexander Yoo, M.Div., MA

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Volunteer!

Make LAGPA YOUR Cause

CLASSIFIED ADVERTISEMENTS

The Classified Section of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

Organized? Good with follow-up, better and even with people? Want to make a difference but don't know how? LAGPA is extending a volunteer opportunity to one or two people with a few hours a month to help with soliciting advertising. Make a difference in the LGBTIQ communities with the power of sound administration. Contact us at lagpa@sbcglobal. net for more information.

SEEKING CONSUL-TATION or SUPERVISION

Wanted: Psychologist supervisor that can bill Medicare in Tarzana, CA: 420074 Hello,

I am interested in starting a small psychotherapy clinic in Tarzana, CA. I am looking for a licensed psychologist that can provide supervision and bill Medicare. Please let me know if you or someone you know is interested. Thank you, Natalie nataliejoon99@yahoo.com

Seeking Consultation

I am a member of LAGPA and I am very interested in joining a clinical consultation group. Does LAGPA offer this or do you have any referrals? I greatly appreciate your time and hope all is well. Best.

Raymond Lamb, LCSW lamblcsw@gmail.com

THERAPY

Men's Therapy Group for Men in Recovery Mondays 5:30 - 7 pm. West Los Angeles. Sixty-five dollars per session. Andrew Susskind, LCSW. 310.281.8681 or andrew@westsidetherapist.com

<u>Over-40 Gay Men's Group</u>

Ongoing group for gay men confronting the challenges of aging in a youth-oriented culture. All gay men over age 40 are welcome. Topics of discussion range from sex/intimacy issues to career and life goals. The group meets Fridays at 7:30 PM in West Hollywood, each session is \$40. An 8week commitment is required. For more information, please contact Michael Liberatore, MA, MFTI #IMF-57834 at (310) 497-7682. Group is under the supervision of Tony Zimbardi, PsyD, MFT # 33579

Gay Men's Growth Group (Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35per session. Contact Sandy Kaufman, MFT at 818-761-4200

Gay Men's Group

(Beverly Hills) The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, PhD (PSY11680), 310-858-3831.

<u>Ongoing Gay Men's Therapy</u> <u>Group</u>

(West Hollywood)

Now accepting new participants! Meets every Wednesday evening from 8:00 to 9:30 PM; \$50 per session. Group therapy is a helpful adjunct to individual therapy. Consider the benefits for your clients: learning to directly and healthfully express feelings; building self confidence and self esteem; feeling more comfortable in groups, relieving feelings of shame and isolation. Contact: Mark Reina, MFT, CGP at 310.366.5494.

Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and coaddiction, compassionate selfcare, mindfulness, building intimate relationships. Fridays 6 PM, \$50. For more information, please call: Matt Silverstein, MFT, 310-842-6124 (License #MFC38474).

Mixed Groups

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have probClassified Ads continued from previous page

lems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

Women Over 40

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

Ongoing Gay Men's Therapy Group

(Pasadena)

Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Institute of Contemporary Psychoanalysis. Contact Roger Winter, MA, MFT (626) 440-9898 x2. (MFC28821)

SASS Group (Sexual Abuse/Assault Survivor's Support Group)

Group for women who have been sexually abused, experienced incest, raped, sexually assaulted, exposed to adult sexuality too young, used in child pornography, or who have been or who are currently being stalked. Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Group meets every other Sat 1-3. Call Cindie Henrie at (323) 829-3548

Extreme Abuse Survivor's Group

Group for women who have posttraumatic stress disorder and are survivors of childhood/adult abuse and/or other traumatic events. This group is a process group for women who have survived multiple abuses that were violent in nature. Excellent for getting support and learning effective coping skills and strategies. Closed aroup of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Meets every Wed 8pm. Call Cindie Henrie at (323) 829-3548

TransWoman Support Group

Group for transsexual women who are in the process of transitioning from male-to-female who are at different phases of their transitioning process. This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Meets every other Sat from 10am-12pm. Call Cindie Henrie at (323) 829-3548.

MFT TransWoman Support Group

New Group Forming! Group for transsexual women who are in the process of transitioning from male-to-female who are at different phases of their transitioning process. This is a process highly supportive group! Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Date and time TBD. Call Cathy Stansell (562) 453-7961.

FTM/Gender Queer Group

Group for people who identify as Female-to-Male Transmen or who identify as Gender Queer. Group will be a supportive group. Issues can be about identity issues, life issues... whatever is on your mind! This is a highly supportive process group! Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Meets every other Sat from 6pm-7:30pm. Call Cindie Henrie at (323) 829-3548.

Significant Others Support Group (SOS Group) Group for women whose significant other has a gender identity issue or is gender variant. Partners may be transsexuals, transgender, intersexed, cross-dressers, gender-queer, transvestites.... They can be either male-to-female or female-tomale. Group meets every 2-3 weeks depending upon availability of group members. Closed group of 6 or less. Must be willing to make a minimum of a 6 month commitment to the group and attend on a regular basis. Call Cindie Henrie at (323) 829-3548.

Healing and Freedom from Critical and Controlling Parents and/or Partners

Group for women who were raised by critical, controlling and/or narcissistic parents or who are in relationship with critical and controlling, narcissistic partners. Most women in the group have found that their self-esteem has suffered tremendously as a result of being emotionally and verbally abused, criticized or controlled in their lives. Excellent group! Closed group. Must be willing to make a minimum of a 6 month commitment. Meets every other Sat from 3pm-5pm. Call Cindie Henrie at (323) 829-3548.

Women who love Other Women (WOW Group!)

Supportive group for women who are interested in being with another woman, involved with, dating or in a committed relationship with another woman. May identify as gay, lesbian, bisexual, bi-curious or heterosexual ("straight"). Self-identity is irrelevant! Great support group for women who love other women! Fun and playful group! Group meets every other Sat. in LA. Time TBD. Please call Cathy Stansell (562) 453-7961.

Psychotherapist Supervision/Peer Consultation Group

Supervision/professional

peer consultation group for therapists who are interested in trauma, feminist therapy, gay and lesbian issues, gender identity issues, dissociative disorders, or who want to learn more and consult on cases. Lots of great information will be discussed, presented and explored! Come be creative, get support, and enjoy an intimate process group with other therapists. Date/Time TBD. Call Cindie Henrie at (323) 829-3548.

EMPLOYMENT

Psychotherapy Bookkeeper Position

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula MFT at 323-876-8861 OR 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

Full Time MFT, Psychologist, or LCSW

Frank's House is looking to fill a position full time position to share with The Van Ness House. Candidate will be licensed as a MFT, Psychologist, or LCSW; experience counseling clients on behavioral issues, including drug use, criminal behavior, highrisk sexual behaviors: demonstrated ability to communicate clearly and effectively, verbally, and in writing, with diverse participants (including gay, LGBT communities), staff, and supervisors: good charting skills: review, and assessment forms for accuracy, and internal risk behaviors: moderate to advanced computer skills; work flexible hours to accommodate project needs; complete and be certified in HIV Counseling and Testing. English/Spanish Bilingual skills preferred. No calls please Email resume to: rbcsfranks@gmail.com.

EDUCATION

Total Wellness! Workshops Transgender/Gender Awareness and Health GenderQueer Revolution pre*Classified Ads* continued from previous page

sents Total Wellness!, a collaborative gender health series and speakers bureau for providers and community members alike, offers educational opportunities for those seeking to increase competency w/ transgender/gender awareness/LGBTIQ sues/populations/clients/clinical issues. National, global experts in mental health, medicine, spirituality, community health w/ over a century of speaking/tenured experience. Gender diversity experts pioneers. See and www.gendergueerrevolution.org for past and upcoming lectures and organizational consultation and to inquire about scheduling for your organization.

Trans/Gender Consultation

Have a desire to work with transgender, gendergueer, gender-diverse, or other individuals and communities? Need to increase your cultural and clinical competency? A leading Gender Diversity Clinician and Applied Community Psychology Specialist, Alexander educates mental health and medical providers, businesses, institutions, community organizations, government bodies, and educational systems on gender issues and administrative practice. A nationally recognized author and educator in print and on radio, film, and television, he provides sensitivity, cultural competency, and EEO Compliance training as a private organizational development consultant and offers diverse peer consultation and psychotherapeutic services. As a Community Psychology Specialist, he focuses on personenvironment interactions and the ways larger, societal, and systemic factors impact upon individual and community health and wellness. (310) 773-3484 www.alexanderyoo.com

Humboldt County Hello Friends.

This is Stuart Altschuler, up north in Humboldt County. I am putting out a call for proposals for someone from my old home in LA to come up here to do a 6 hour professional training (CEU's) on counseling GLBT. We are working on getting Helen Hill up here for the "T" (Transgender). I know a number of you are very skilled in this arena. Your travel expenses would be covered, lodging (possibly with me) and meals. We also need to know what your fee would be for the training itself. I ask you to remember that this is a rural community and funds for something like this are not plentiful. So, be kind. Besides the work part, you will have a chance to a great getaway to a beautiful location! Take that into account. www.co.humboldt.ca.us www.ci.ferndale.ca.us

I am working on this with Gail Narum, MFT who is on the board of the North Coast Association of Mental Health Professionals,www.ncamhp.org Gail has been in touch with a therapist in San Francisco but her fees are more than we can handle.

This would take place in the late summer or fall.

Please send your course description and CV to me at stuart@mfcc.com. I look forward to hearing from some of you.

Part-Time Office Help

Part time office help needed, 10-15 hours weekly, in Beverly Hills. Familiarity with ShrinkRapt billing software helpful. Contact Dan Fast, MD at 310-246-1040

OFFICE SPACE

Beverly Center

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

<u>Beverly Hills</u>

Office space available for lease in medical building in Beverly Hills. Suitable for consultations, counseling, presentations, or auditions. Monthly rent: \$1333 (one year contract)

Two hours free public parking in

addition to street parking. Call Eric at (323) 528-8206, or send email to chantalrialland@gmail.com

<u>Encino</u>

Prime Encino office space now available. Newly-remodeled suite in therapist-friendly building. Full and part-time space for sublet in both windowed and interior offices facing Encino Hills. Freeway-close to the 101 and the 405. Very good soundproofing, easy parking options, call light system, separate exit. Contact 310.281.8681 or andrew@westsidetherapist.com.

Studio City / Valley Village

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available parttime. Please call Dr. Stacy Berlin (310) 442-6466.

West Los Angeles

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or half time. Call Elaine Schulman 310-475-0674.

West Los Angeles

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, LCSW at 310-470-3450.

West Hollywood

Newly remodeled, beautiful, quite, F/T or P/T psychotherapy office space in 2 office suite in centrally located professional building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available full-time. One office is furnished. Both offices have windows overlooking lots

Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, PhD, MFT. 310-842-6124 or msiilversteinmft@aol.com

West Hollywood

Prime therapy office for evenings and weekends. Beautiful space is available on Mondays through Thursdays evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather couch/chair, and warmly painted walls. It also has a desk and a consulting area which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly High-end security colleagues. building on designer row. Other offices within the building consist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, Psy.D. at 310-659-0509. Required blocks of time: 6Pm to 9PM or 6PM to 10PM. Monday/ Tuesday/ Wednesday/ Thursday or 4 hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to 5:30PM); \$25/hour (non-negotiable).

West Hollywood/San Fernando Valley

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thalians. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

Quiet, garden courtyard; one story building; 24/7 access & AIR
Windowed, private waiting room; sound-proofing & call-light systems

• Windowed & skylighted private therapy office

• Separate entrance-exit;

separate restrooms for clients & therapists

 High vaulted wooden ceiling/new wood window blinds

• Utilities included with reasonable rent; private, covered, well-lit parking

 Easy canyon access to San Fernando Valley

• Recently remodeled to psychotherapy specifications. Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

Journal of Homosexuality -New Editorship / Call for Papers

Routledge Journals, a member of the Taylor & Francis group, is pleased to announce John P. Elia, PhD, as the new Editor-in-Chief of the Journal of Homosexuality, now publishing in its 56th year.

Dr. Elia is the Professor & Associate Chair of the Department of Health Education at San Francisco State University. Prior to becoming Editor, Dr. Elia served as the Associate Editor and Book Review Editor for the Journal. He is also a prominent figure in the LGBT & Queer Studies field and is renowned as a leading author and researcher.

Dr. Elia succeeds Dr. John P. De Cecco, who continues as Editorin-Chief Emeritus after 34 years of service. Dr. Elia may be contacted at jpelia@sfsu.edu (see also "Call for Papers" instructions below).

Dr. Elia notes in part in his first editorial: "The Journal of Homosexuality has undergone some significant changes over the past few years. There is no question that Dr. De Cecco has been a pioneer and truly instrumental in the development of LGBT studies. I am confident that I am joined by a plethora of individuals across the globe in thanking him for his stalwart service."

One of Dr. Elia's new focuses as Editor will be to update the Manuscript Submission process to a more streamlined electronic approach, resulting in a decreased publication lag time. The frequency of the Journal will also be increased from 8 to 10 issues beginning in 2010.

The Journal of Homosexuality is devoted to scholarly research on homosexuality, including sexual practices and gender roles and their cultural, historical, interpersonal, and modern social contexts. Researchers and practitioners interested in current knowledge about human sexuality

will find every issue of this journal brimming with a balanced selection of scholarly and practical articles. The Journal was founded by The Haworth Press, Inc., which merged into the Taylor & FrancisGroup, LLC, in 2007.

*Indexing/Abstracting

The Journal of Homosexuality is indexed/abstracted in Social Sciences Citation Index, Social Scisearch, Journal Citation Report/Social Sciences Edition, Current Contents/Social and Behavioral Sciences, MEDLINE, PsychInfo/Psychological Abstracts, EBSCOhost Products, Abstracts in Anthropology, Criminal Justice Abstracts, IN-IST, Lesbian Information Services, IGLSS Abstracts, Education Research Abstracts. Studies on Women & Gender Abstracts, Sociological Abstracts, and AgeLine.

*An ISI Ranked Journal

The Institute for Scientific Information Journal Citation

Report for 2008 ranks the Journal of Homosexuality 34th out of 61 journals in Interdisciplinary Social Sciences, and 60th of 101 journals

in Multidisciplinary Psychology, with an Impact Factor of 0.590. More information about the Impact Factor, which is a measure designed to determine the frequency with which the average article has been cited in a particular year, can be found at http://tiny.cc/ImpactFactor.

*Free Online Sample

To receive a free online/electronic sample copy visit:

www.tandf.co.uk/journals/WJH M

*Free Print Sample

To receive a free print sample copy of the Journal of Homosexuality

send your name and mailing address to Jaclyn Scarborough at Jaclyn.scarborough@taylorandfran

cis.com or Taylor & Francis, Attn: Marketing Associate, 325

Chestnut St, Suite 800, Philadelphia, PA *Call for Papers

The Journal of Homosexuality welcomes the submission of papers on a variety of topics and from a range of disciplines and perspectives for review and publication. For complete instructions for authors, visit www.tandf.co.uk/journals/WJH M

Something Got to Advertise? Then use the Classifieds to reach tens of thousands of mental health professionals. Placing an ad is free to members.

NOT A MEMBER OF LAGPA?

Use this application form to join or go to our website at www.LAGPA.org and complete the online application form.

LAGPA MEMBERSHIP APPLICATION (Please print clearly)

NAME	DATE OF APPLICATION	
MAILING ADDRESS		
CITY	STATEZIP	
BUS. PHONE	HOME PHONE	
E-MAIL (most important)		

MEMBERSHIP CATEGORY (Check One)

□ \$105	Regular:	A currently licensed mental health professional	
\$105	Associate:	Individuals interested in the field of psychotherapy but who are neither students nor	
		interns nor licensed professionals	
□ \$50	Student:	Unlicensed students and/or interns earning less than \$ 20,000 annual income	
□ \$50	Retiree:	Individuals who were once practicing mental health professionals, now retired and no	
		longer working	
□ \$200	Institutional:	Organizations interested in the mission of LAGPA and wanting to support that mission	
		through financial sponsorship	

METHOD OF PAYMENT

Please Check One:
Check (payable to LAGPA) OR:
VISA
Mastercard
American Express

Card Number_____

_____ Exp. Date_____

Name As It Appears On Card_____

Authorized Signature_____

MAIL COMPLETED APPLICATION	OR, if paying by credit card, you may:
TO: LAGPA	FAX: 310-838-6769
PO Box 34142	Email: LAGPA@sbcglobal.net
Los Angeles, CA 90034	

LAGPA MEMBERSHIP BENEFITS

•	Mailings to all LAGPA events	Academic Forums
•	Reduced registration fees for LAGPA events	Professional Women's Events
•	Annual LGBT Psychotherapy Conference	CEUs for MFTs, LCSWs, and Psychologists
•	Social Events	 Networking with other professionals
•	Membership Directory	Resource Directory
•	Web Site www.lagpa.org	Quarterly Newsletter "Progress Notes"

CALENDAR OF EVENTS

SUNDAY, OCTOBER 17, 2010

Annual Conference (Also Nat'l Coming Out Day) 400 Corporate Pointe, Culver City, CA, 90230. See insert for full conference details.

SATURDAY, OCTOBER 23, 2010

LAGPA Presents at LACPA Radisson Hotel, Culver City www.lapsych.org Outreach to and on behalf of LGBTIQQ individuals and concerns

NOVEMBER, 2010

LAGPA Elections for Board of Directors Check e-mail, website, and Progress Notes for opportunities to submit applications and to vote on

candidates!

DECEMBER, 2010

LAGPA/SCLMA Joint Holiday Party Details available soon.

About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA), was established in 1992 as an organization of mental health professionals interested in gay, lesbian, bisexual and transgender clients. Members of LAGPA are actively involved in expanding the role of psychologists, psychiatrists, social workers, and marriage and family therapists who serve the greater gay community of Southern California. While LAGPA is oriented towards mental health professionals, individuals who desire to join LAGPA are not required to be a licensed psychotherapist. ▼

POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send a mailing to the membership you must provide enough copies of the item to be sent folded, stamped and ready to mail. LAGPA will run address labels and place them on the item to be mailed at a board meeting. Therefore, your materials must be received by LAGPA no later than one week prior to the next board meeting as indicated on the web site or in the newsletter, for them to be mailed in a timely fashion. If you want to do a separate mailing you must give us 10 open envelopes with the material you are mailings ow may review it. Rates for this type of service are: members \$125.00 per mailing; non-members \$175.00 per mailing. We strongly suggest you place an ad in the P.N. rather than creating a separate mailing.

As the LAGPA Board is all volunteer, and responsible for creating, collating, folding, labeling, stamping and mailing all newsletters and other correspondence throughout the year, we cannot accommodate the insertion of stand alone flyers into the newsletter or conference materials. Unless, or until, there is a full complement of board members and volunteers to assist on various committees, all flyers must appear as ads in the newsletter and/or conference brochure. Member and non-member rates are listed in the P.N. and on the web site at www.LAGPA.org. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to mail, include in the newsletter or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. To engage in any of the above or for more information please contact our administrative assistant, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters can be a great way to market your product or service, and also to create credibility and build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists. You might consider purchasing a mailing list from a company.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼ NEWSLETTER POLICY <u>Article Submission</u> Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles, typed and double-

spaced, to

LAGPA Progress Notes PO Box 34142 Los Angeles, CA 90034

You may also email your articles to ckstewar@sbcglobal.net. This newsletter is mailed to each member and may be made available to nonmembers by requesting copies either through mail (to the address above), or by calling 310-838-6247.

Publishing Schedule
Advertising and articles are due no
lator than the following dates:

	Due	Pub. Date
Spring	4/30	May
Summer	7/31	August
Fall	10/31	November
Winter	1/31	February

Classified Advertisement Rates		
Members	FREE	
Non-member	\$15.00	

Display Advertisement Rates			
Size	Member	Non-	
		member	
1/8 p or	\$20.00	\$30.00	
bus card			
1/4 page	\$40.00	\$50.00	
1/2 page	\$70.00	\$90.00	
Full page	\$90.00	\$125.00	

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

Mechanicals			
Business Card	3.5″w x 2″h		
1/8 page			
Horizontal	3.7″w x 2.37″h		
Vertical	1.82"w x 4.8"h		
1/4 page			
Horizontal	7.5″w x 2.4″h		
Vertical	3.7″w x 4.8″h		
1/2 page			
Horizontal	7.5″w x 4.8″h		
Vertical	3.7" w x 9.75"h		
Full page	7.5″ w x 9.75″h		

Join the Board. Join the Excitement.

In this issue of *Progress Notes...*

- Executive Director Report
- Including the LGBT Tribe
- Credibility Report
- ▶ 16th Annual Conference Insert Sunday, 10/17
- PHOTOS: Winter Social with SCLMA
- PHOTOS: LAGPA at CPA
- PHOTOS: Lawrence Hedges Educational Event
- PHOTOS: Tara Borelli Social & Educational Event
- PHOTOS: LAGPA/SCLMA/LGLA Summer Social
- Classified Ads and Job Announcements
- Calendar of Future Events

JOIN LAGPA **Great Social** Events! **Education!**

Coming to the Conference?



PO Box 34142 LOS ANGELES, CA 90034

> CUSTOMER NAME STREET ADDRESS Address 2 CITY, ST ZIP COde

E-mail LAGPA@sbcglobal.net

We're on the Web! See us at: www.lagpa.org 310-288-3465 310-838-6769 (f)