

# Progress Notes...



January, 2010

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

(310) 288-3465

## Executive Director Report

Chuck Stewart, Ph.D.

I want to welcome LAGPA members to the new year. LAGPA keeps growing and providing greater services to you.

As you all know, we implemented a major overhaul of our website this summer. Now, members go directly to the website to register and more. It has streamlined our membership drive and will ultimately reduce our general overhead. At the same time we overhauled the website, we authorized our web host (Moon-slice) to begin submitting our website to the major browsers each month. As such, the number of unique individuals visiting our website has quadrupled and the number of pages viewed has doubled. Now, over 12,000

unique individuals visit our website each month. I'm hearing from many of our members that contacts from potential clients have shot up.

We continue enhancing the website. Right now we are building in a discussion forum/bulletin board function. There will be a public and membership only function to the forums. This way members will be able to post events, workshops, and other notices for the general public, and also correspond between members. This will vastly improve communication between members and with the public. We'll keep you advised when this is up and running.

Another future development with the website will

be to handle conference and other events to accept registrations and payments. Hopefully that will be accomplished by the next Annual Conference.

Speaking of the Annual Conference, the 15th LAGPA Psychotherapy Conference co-sponsored by USC was a big success. Approximately 80 people attended the October 11 event. Jeanne Cordova gave an insightful speech about psychotherapy and gay activism in the early years of our civil rights movement. I'm honored to have personally known Jeanne for twenty years. This was our first event since LAGPA gained certification from APA as a Continuing Education provider. Now we need to complete the annual re-

view so as to keep our good standing with APA. Finally, we need to thank all our presenters, supporters and sponsors for the event. Without their support, the event would cost twice as much and not meet the needs of the LGBT community. Our next Conference will be held at Antioch University Los Angeles. Details will be announced soon. Chuck Stewart, Executive Director



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Chuck says, "Welcome to the first Progress Notes of the decade!  
Want to see more photos from our 15<sup>th</sup> Annual Conference? Turn to pages 11-13!"



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# Greetings From LAGPA's New Co-President

Bruce R. Watkins, Ph.D.

Recently, Robbert Schalekamp resigned as LAGPA's male co-president. This was a big loss. Robbert was an excellent co-president, providing a social as well as executive presence at all LAGPA functions. He was bright, witty, outgoing, committed, and tireless. He could hold the attention of a crowd, and he could sit silently, folding hundreds of newsletters for mailing.

I have been on the Board for only a year and half. Surprisingly, Robbert's mantle has fallen to me. How did this happen? And, what's it like being co-president of LAGPA?

First, you must understand that the LAGPA Board is full of strong personalities, indefatigable power thinkers. If one member offers an idea for a project to pursue, within five minutes, there are three more ideas on the table elaborating this project and extending it into another ongoing project.

Furthermore, each Board member has a unique piece of LGBT self-esteem. As we work together, these pieces interact and affect each other. For example, before joining the Board, I had very little knowledge of gender nonconformity and trans people. Thanks to Alexan-

der Yoo and Lisa Maurel, I now consider myself a "little bit of an expert" on the matter. And, I have confronted and begun to integrate my own gender nonconformity.

I call this the Board's rhythm. And, it derives directly from our working as a team of equals. Last year, I raised the possibility of starting the process of having LGBT issues mandated as a required continuing education class. Quickly, a committee formed comprised of Lauren Costine, Ph.D., Lisa Maurel, MFT, Rev. Alexander Yoo and myself. Our first project was to approach the Board of Psychology about this mandate.

Lisa immediately introduced us to APA's Division 44's "Guidelines for Psychotherapy with LGB Clients." These sixteen guidelines were published in 2000, and nothing has been done with them. We decided to make these the center of our presentation.

Because Lauren and I were the two psychologists on the committee, we were designated to be the presenters. Hence, I began writing the presentation as a spoken duet, wherein Lauren and I would alternate, each presenting several guidelines at a time.

As I wrote, I received daily constructive revisions from Lisa and Lauren. Eventually, Lauren wrote an entire section on LGBT people of color. And, Lisa and Alexander crafted an impassioned plea for the inclusion of trans people in the mandate.

Meanwhile Lauren created a power point presentation for our spoken duet. And, Chuck Stewart and Liliane Quon concocted a "wine-and-cheese educational social." All LAGPA members were in-

vited to Liliane's lovely house to roleplay the Board of Psychology to our presentation. This allowed us to practice with our power point, and also receive fresh feedback from those attending.

The night before the BOP meeting, Alexander drove through rush hour traffic to get Chuck's computer and projector for our power point. Lauren and I presented to the applause of the BOP, while Lisa and Travis Stobbe backed us up in the audience.

I hope you can see the TEAM that we were. Over the course of the project, the team developed a sense of expectancy . . . for working together, laughing together, supporting each other in our efforts towards dignity and optimism in building a better world for LGBT therapists.

So, what is it like to be co-president of LAGPA? Simple. I am co-president of co-presidents.

Why was I chosen? Lisa put it simply, when she exhorted me. "You should do it, Bruce. You'd be really good at it. You have really white teeth."

▼



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# Welcome to USC!



The University of Southern California's Lesbian Gay Bisexual and Transgender (LGBT) and Ally Community along with the Rossier School of Education and School of Social Work are proud to host the Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA).

## USC LGBT Accomplishments:

- THE GLBTA STUDENT ASSEMBLY received the USC Campus Activities *Tommy Award for Student Organization of the Year*.
- THE LOS ANGELES CITY Pride Heritage Month Celebration honored the USC LGBT Community with an achievement award by the City of Los Angeles for their strong commitment to LGBT programs and services.
- USC was recognized with a top *five-star* rating by the Campus Climate Index for its support of LGBT students.
- THE ADVOCATE College Guide for LGBT Students named USC among the Top 20 Best of the Best LGBT-Friendly Colleges and Universities.
- THE GENDER EQUALITY NATIONAL INDEX for Universities and Schools (GENIUS) highlighted USC as a *diversity leader* for its inclusive non-discrimination policy.

## USC LGBT Community Partners:

- School of Social Work
- Rossier School of Education
- Division of Student Affairs
- Lambda LGBT Alumni Association
- LGBT Resource Center
- GLBT Student Assembly

Info: [www.usc.edu/lgbt](http://www.usc.edu/lgbt)

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## LAGPA Presents to the Board of Psychology

History is in the making. LAGPA is making it. And you are a part of it.  
From [http://www.psychboard.ca.gov/about-us/meetings/may09\\_highlights.shtml](http://www.psychboard.ca.gov/about-us/meetings/may09_highlights.shtml)




### Board Meeting Highlights May 8-9, 2009

State of California  
Department of Consumer Affairs  
Board of Psychology  
Board Meeting Highlights  
May 8 – 9, 2009

The Board of Psychology conducts four quarterly board meetings each year. Board meeting minutes are available to the public once they have been approved and adopted by the Board at a subsequent meeting. To inform the public of the major actions or discussions of each Board meeting without waiting for the approved minutes, Board staff produces this document entitled "Board Meeting Highlights" and makes it available to the public as soon as possible following the Board meeting. This summary is for informational purposes only and is not intended to be viewed as the official minutes of the Board meeting.

The Board of Psychology met on May 8 – 9, 2009, at the Hotel Belamar, 3501 Sepulveda Blvd., Manhattan Beach, CA 90266. The following summarizes the major highlights of the board meeting:

- The Board's Executive Officer, Robert Kahane, administered the Oath of Office to a new public Board member, Lucille Acquaye-Baddoo.
- The Board approved the 2009-2011 Strategic Plan.
- After hearing a presentation by the Lesbian and Gay Psychotherapy Association of Southern California (LGPA) regarding their request for a mandated continuing education course on the subject of LGBT issues, the Board encouraged LAGPA to write an article on this issue for inclusion in the BOP Update. The Board also indicated that it would look into strengthening the language of the mandated pre-licensure human sexuality course requirement to include LGBT issues as well as amending the regulations to encourage licensees to take continuing education in this area.
- The Board approved draft regulation language limiting the psychological assistant registration period to 72 aggregate months and voted to notice the language for a regulatory hearing at the August Board meeting.
- The Board approved draft regulation language on the issue of California approved schools and voted to notice the language for a regulatory hearing at the August Board meeting. The Board also voted to establish a task force to handle issues dealing with approved schools.
- The Board conducted its annual election of officers. The Board voted to elect Sharon O'Connor, Ph.D. as President, and Alex Calero as Vice-President.
- Regulation updates:
  - Psychological Assistant Plans for SPE – Amendments to Title 16, California Code of Regulations sections 1387(b)(10), 1387(b)(11) and 1387.6 – Hearing was held on August 9, 2008, at which the Board voted to adopt the proposed regulations as noticed. The file was submitted to the DCA Legal Office on April 28, 2009.
  - Psychological Assistant Renewals – Amendments to Title 16, California Code of Regulations sections 1391.4, 1391.10 and 1391.12 – Hearing was held on August 9, 2008, at which the Board voted to retain the current language of section 1391.4 regarding the American Psychological Association's Guidelines and Principles for Accreditation of Programs in Professional Psychology and adopt the remaining proposed changes as noticed. The final rulemaking file was approved by the DCA Legal Office on March 24, 2009 and approved by the DCA Division of Legislative and Policy Review on April 8, 2009. The file is currently being reviewed by the State and Consumer Services Agency.



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Chris Kilbourne, LMFT MFC 24500	(323) 512-7029
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## LAGPA Board Elections

As required by our Bylaws, each year we must conduct an election of board members by the current membership. Please take a moment to read these bios of our applicants. Ballots will be sent to you very soon by email.

### 2009-2010 LAGPA BOARD CANDIDATE BIOGRAPHY (in alphabetical order)

#### Lauren D. Costine, Ph.D., Psych Asst.



Lauren has dedicated herself to the field of LGBT-Affirmative theory and practice as a psychotherapist, educator, and activist in the LGBT Community. She received her MA in Psychology at Antioch University Los Angeles in 2001 and her PhD in Clinical Psychology with an Emphasis in Depth Psychology from Pacifica Graduate Institute in 2007; her dissertation focused on the role of the sacred feminine and female sexuality at it relates to the creation of consciousness. She has played an important role in the development and management of the LGBT Specialization in Clinical Psychology, the first such program of its kind in the country, as an Associate Faculty member and instructor in the Masters in Psychology program. Besides guiding the development and implementation of the groundbreaking affirmative curriculum as an association and as a member of the "LGBT Specialization Founders," she has helped to produce a variety of grassroots psychological cultural events aimed to promulgate LGBT affirmative psychological ideas in an accessible way through performances at Highways, the creation of the "Clothesline Project" and the creation of events at Antioch itself, such as the DeadLee Gay Latino Hip Hop event, the TransTeachIn and Lesbian psychological lectures and book readings. She has taught such courses as Lesbian Liberation: Finding it through Identity, Love, and Sexuality; LGBT Community Action

and Independent Studies; Intimate Partner Abuse, Domestic Violence, and LGBTQ Oppression and Empowerment; Bisexuality: A Sexual Orientation; Process I: Beginning Therapeutic Techniques, and Society and the Individual. Before her work at Antioch, she was the Family Counselor at Exodus Recovery Center for many years focusing on addiction solutions within the family and how to treat dual diagnosis and substance abuse patients. She has also presented at the APA Convention in the LGBT division (44) and LAGPA (Lesbian and Gay Psychotherapy Association) in 2007 and The Los Angeles Gay and Lesbian Center's Women's Health Conference, "Mind, Body and Soul," in 2008.

#### Dino Koutsolioutsos, MFT



I am a gay refugee from Athens, Greece and have made Los Angeles my home since 1973. I hold a Diploma in Civil Engineering from Zurich, Switzerland and a MA in Counseling Psychology from Loyola Marymount University in Los Angeles. I am a licensed MFT since 1987. 1979 – 1985: I volunteered at the Gay and Lesbian Center as MFT Intern, Rap Group Facilitator, and facilitator of sensitivity training workshops on LGBT issues. 1981 – 1986: I worked full time in acute psychiatric crisis stabilization. 1997 – 1996: I worked as a full time therapist at AIDS Project Los Angeles, where I also developed, supervised and coordinated the first HIV/AIDS clinical training program for MFT, MSW and PsyD trainees and interns. Since 1997, I am Core Faculty and Coordinator of Clinical Training in the MFT Department of

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Pacific Oaks College in Pasadena. I would be honored to serve on the Board of LAGPA.

**Lisa Maurel, MFT**

Lisa is a licensed marriage and family therapist since 1995. Lisa is an alumni of U.C. I. School of Social Ecology and Fuller Seminary: School of Marriage and Family Therapy. She is in private practice in Newport Beach. Lisa works primarily with lesbian women and gender questioning clients of all ages, as well as their families. Lisa provides individual and family therapy as well as a group for lesbian women. Lisa's passion is providing a kind of bridge between the GLBT community and the medical and psychological professionals with particular expertise and knowledge of GLBT -positive approaches, as well as increasing visibility of the needs of GLBT clients among non-GLBT caregivers through education, training and consultation that she provides. To this end, Lisa has developed two professional

websites and professional newsletters designed to address the concerns of lesbian community and the gender variant community. Lisa has developed a training curriculum for volunteers with the Community Service Project: Victims of Sexual Assault Unit. She provides cultural competency training to volunteers (mostly psychology students) specific to the needs of GLBT survivors. Lisa is also a guest lecture in the Orange Coast College Psychology and Abnormal Psychology and Human Sexuality Classes addressing the topics of Therapy with GLBT clients. As part of her commitment to education, she enjoys teaching these classes as they provide an opportunity to share important information and knowledge with the larger community in order to reduce bias and build bridges. Lisa is a member of CAMFT (California Association of Marriage and Family Therapists) as well as W-PATH (World Professional Association for Transgender Health). Lisa's interest in serving LAGPA is in the development of more professional training for cultural competency for therapists in the area of GLBT mental health; as well as increasing awareness of LAGPA's existence among professional therapists and psychologists through a

more comprehensive marketing strategy that can benefit the organization and its members. Lisa is also very interested in the discussion of working with Antioch on furthering the development of specialization in LGBT issues for other schools of Psychology. On a personal note, Lisa and her partner live with their two daughters and two dogs in Orange County-but she very much enjoys getting out of OC!

**Liliane Quon McCain, MFT, (current Co-President)**

Licensed Marriage and Family Therapist currently in private practice. Prior to this, she provided volunteer therapy at the Pacific Center of AIDS Project Los Angeles and retired as a counselor after 28 years being employed in Beverly Hills Unified School District. Liliane is currently completing her dissertation, "A Phenomenological Study of Self-Identified Heterosexual Men who are Now Living in an Openly Gay Relationship." Liliane has been on the LAGPA board for

two years and is currently Co-President.

**Travis Stobbe, BFA**

Is a native of the San Fernando Valley and graduate of California Institute of the Arts (1999). His current career is real estate management. His real love is motion picture art. He has been involved with PFLAG, Toast Masters International, and various classic car clubs. Travis is a big supporter of LAGPA because of the important work the members perform for the LGBT community.

**Bruce R. Watkins, Ph.D. (current Co-President)**

Was born and raised in central Los Angeles. He was reared a Roman Catholic, with 16 years of Catholic education - eight of which were by Jesuit priests at Loyola High and Loyola University, Los Angeles. He



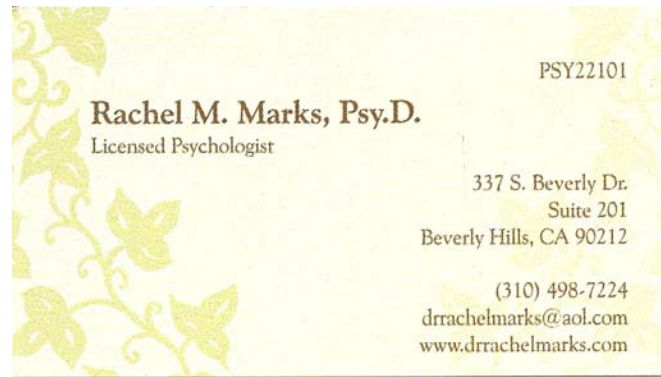
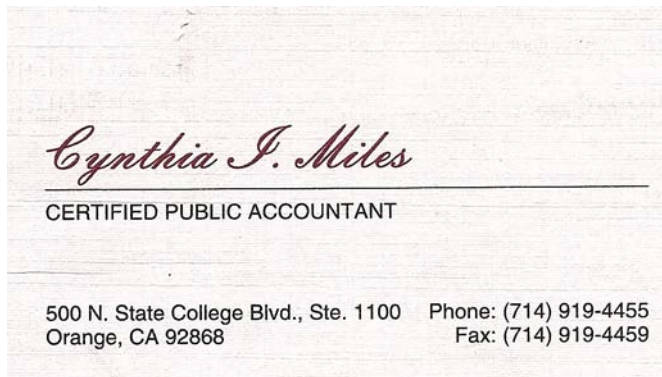
## Photos from LAGPA and SCLMA Summer Social, 200

Our annual joint summer party with SCLMA, Southern California Lambda Medical Association

Photos by Ricardo Tan, M.D.









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## 15<sup>th</sup> Annual LAGPA Conference October 11, 2009 // National Coming Out Day

Our annual conference, this year held at USC, featuring keynote speaker Jeanne Cordova



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received his B.A. degree in his major, psychology, with three full minors in theology, philosophy, and foreign languages. He was a Public Health Service Fellow at the University of Oregon, where he received his Ph.D. in clinical psychology in June, 1972. He was a National Institute of Mental Health Fellow both at his predoctoral internship at the Neuropsychiatric Institute at UCLA and at his postdoctoral internship at Thelians, Cedars-Sinai Medical Center, Los Angeles. He has been: an Assistant Professor at UCLA, Department of Psychiatry and Biobehavioral Sciences; a clinical instructor at the California School of Professional Psychology, LA and Ryokan College, LA; and a clinical supervisor at the Center for Legal Psychiatry, Santa Monica. He established his private practice in Westwood in 1972, where he sees mostly high functioning adults with relationship problems. Psychotherapists apprentice to him and his three partners to learn his unique method of psychotherapy, which he calls, Person-Centered Psychoanalysis.

**Fred Wilkey, Ed.D, (current Secretary/Treasure**

#### **and APA Education Administrator)**



A licensed clinical psychologist. He has a solo private practice doing cognitive behavioral psychotherapy in West Hollywood. Fred has been counseling as a licensed practitioner for over thirty years and has been on the LAGPA board for two years and is currently the Secretary/Treasurer.

#### **Rev. Alexander Yoo, MA, M.Div., MFTI (current Newsletter Editor)**



A leading Gender Diversity Clinician and Applied Community Psychology Specialist, Alexander educates mental health and medical providers, businesses, insti-

tutions, community organizations, government bodies, and educational systems on gender issues and administrative practice. As a Community Psychology Specialist, he focuses on person-environment interactions and the ways larger, societal, and systemic factors impact upon individual and community health and wellness. A nationally recognized author and educator in print and on radio, film, and television and recipient of numerous awards and honors, he provides sensitivity, cultural competency, and EEO Compliance training as a private organizational development consultant and offers diverse peer consultation and psychotherapeutic services. He also serves as the Vice President of FTM International ([www.ftmi.org](http://www.ftmi.org)), the largest and longest running (22 years) FTM trans organization in the world, active in all 50 states, all Canadian provinces, and 18 countries. He also serves as its newsletter editor-in-chief. Alexander also founded GenderQueer Revolution ([www.genderqueerrevelation.org](http://www.genderqueerrevelation.org)), a unique organization serving the needs of and celebrating genderqueer, gender-gifted, gender non-conforming individuals and communities worldwide. He also serves on LAGPA board and recently

took on newsletter editing duties. He also serves on the Community Advisory Board of The Center of Excellence for Transgender HIV Prevention (<http://transhealth.ucsf.edu>). An ordained minister, he considers the work with the various communities in which he lives, LGBTIQ, people of color, people of faith, eclectically spiritual, those working through the difficult questions of grief, loss, faith, spiritual community, spiritual identity, philosophy, sexuality, and gender, all part of his spiritual calling and ministry. He sees psychotherapy clients as an intern out of private practice, and he also works in hospice as a chaplain and specializes in grief, loss, aging, our changing bodies, and death.





## LAGPA at LACPA October 17, 2009

Outreach at the Los Angeles County Psychological Association conference



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Commitment required (no drop-in)

\$50 per session; sliding scale

**NEXT CYCLE STARTS FEBRUARY, 2010**

**Call now to schedule free intake!**

Whatever "transition" "FT?", "FT+", "FTM" mean for you, or any other words you may use to describe your gender journey, if you were assigned female at birth but feel that doesn't quite fit, and you consider yourself somewhere along the early or middle portions of your transition, this group could offer you invaluable support, insight, and camaraderie.

*Topic-driven, supportive environment.*

Please call Alexander Yoo, MFTI, IMF 52075 at (310) 773-3484 (6310 San Vicente Blvd., Suite 410, Los Angeles, 90048) to schedule free intake and for more information. Supervisor: Jan Reynolds, MFT, MFC21785.

Co-sponsored by GenderQueer Revolution ([www.genderqueerrevolution.org](http://www.genderqueerrevolution.org)) and FTM International ([www.ftmi.org](http://www.ftmi.org))  
[www.alexanderyoo.com](http://www.alexanderyoo.com); [therapy@alexanderyoo.com](mailto:therapy@alexanderyoo.com)

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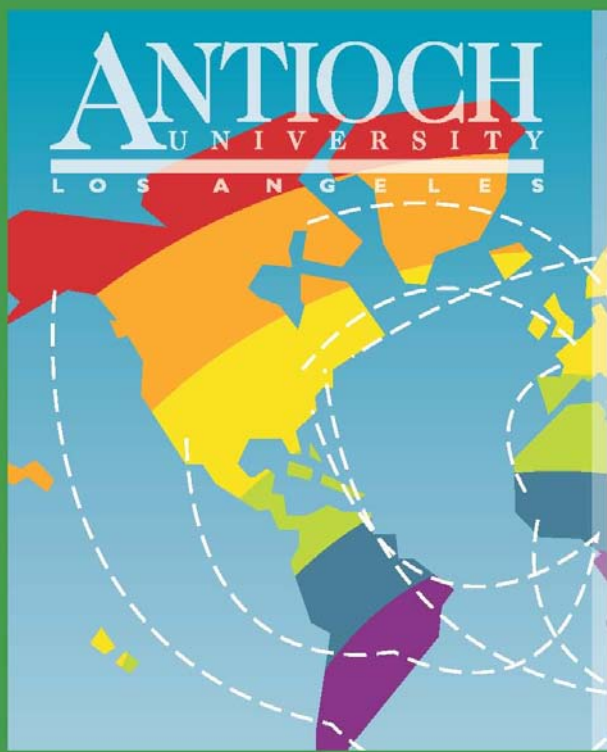
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**Antioch University Los Angeles**

Our current M.A. students

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Alonso Bautista  
Alton Carswell  
Monica Leon

Invite you to their innovative LAGPA 2009 conference  
presentation on multicultural LGBT issues:

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An LGBT-Affirmative Approach to  
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life on campus and throughout the community.

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## Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of gay, lesbian, and bisexual psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Winter, 2010

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## CLASSIFIED ADVERTISEMENTS

The **Classified Section** of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

## THERAPY

### Support and Social Event for Partners of Trans and Gender-Diverse Individuals

Partners of Transgender/Gender-Diverse Individuals Social/Support Event February 27. For location and more information please contact Alexander Yoo (310) 773-3484. Sponsored by Gender-Queer Revolution ([www.genderqueerrevolution.com](http://www.genderqueerrevolution.com)) and FTM International ([www.ftmi.org](http://www.ftmi.org)).

### FTM/FT?/FT+ Early-to-Mid Transition Support Group

Tuesdays, 7:15-8:45 PM  
Sliding Scale • 10-week cycles (no drop-in, commitment required) • Next cycle starts in February. \$50 per session; some sliding scale. Please call Alexander, MFTI, IMF 52075 at (310) 773-3484 (6310 San Vicente Blvd., Suite 410, Los Angeles, 90048) to schedule free intake and for more information. Hurry! Slots filling up. Supervisor: Jan Reynolds, MFT, MFC21785.

### Men's Therapy Group for Men in Recovery

Mondays 5:30 - 7 pm. West Los Angeles. Sixty-five dollars per session. Andrew Susskind, LCSW. 310.281.8681 or [andrew@westsidetherapist.com](mailto:andrew@westsidetherapist.com).

### Over-40 Gay Men's Group

Ongoing group for gay men confronting the challenges of aging in a youth-oriented culture. All gay men over age 40 are welcome. Topics of discussion range from sex/intimacy issues to career and life goals. The group meets Fridays at 7:30 PM in West Hollywood, each session is \$40. An 8-week commitment is required. For more information, please contact Michael Liberatore, MA, MFTI #IMF-57834 at (310) 497-7682. Group is under the supervision of Tony Zimbardi, PsyD, MFT # 33579

### Gay Men's Growth Group

(Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35 per session. Contact Sandy Kaufman, MFT at 818-761-4200

### Gay Men's Group

(Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, PhD (PSY11680), 310-858-3831.

### Ongoing Gay Men's Therapy Group

(West Hollywood)

Now accepting new participants! Meets every Wednesday evening from 8:00 to 9:30 PM; \$50 per session. Group therapy is a helpful adjunct to individual therapy. Consider the benefits for your clients: learning to directly and healthfully express feelings; building self confidence and self esteem; feeling more comfortable in groups, relieving feelings of shame and isolation. Contact: Mark Reina, MFT, CGP at 310.366.5494.

### Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and co-addiction, compassionate self-care, mindfulness, building intimate relationships. Fridays 6 PM, \$50. For more information, please call: Matt Silverstein, MFT, 310-842-6124 (License #MFC38474).

### Mixed Groups

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

### Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

### Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

### Women Over 40

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

### Ongoing Gay Men's Therapy Group

(Pasadena)

Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Institute of Contemporary Psychoanalysis. Contact Roger Winter, MA, MFT (626) 440-9898 x2. (MFC28821)

## EMPLOYMENT

### Psychotherapy Bookkeeper

## Volunteer!

## Make LAGPA YOUR Cause

Classified Ads continued from previous page

### **Position**

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula MFT at 323-876-8861 OR 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

### **Full Time MFT, Psychologist, or LCSW**

Frank's House is looking to fill a position full time position to share with The Van Ness House. Candidate will be licensed as a MFT, Psychologist, or LCSW; experience counseling clients on behavioral issues, including drug use, criminal behavior, high-risk sexual behaviors: demonstrated ability to communicate clearly and effectively, verbally, and in writing, with diverse participants (including gay, LGBT communities), staff, and supervisors: good charting skills: review, and assessment forms for accuracy, and internal risk behaviors: moderate to advanced computer skills; work flexible hours to accommodate project needs; complete and be certified in HIV Counseling and Testing. English/Spanish Bilingual skills preferred. No calls please Email resume to: rbcfranks@gmail.com.

## **EDUCATION**

### **Total Wellness! Workshops Transgender/Gender Awareness and Health**

GenderQueer Revolution presents Total Wellness!, a collaborative gender health series and speakers bureau for providers and community members alike, offers educational opportunities for those seeking to increase competency w/ transgender/gender awareness/LGBTIQ issues/populations/clients/clinical issues. National, global experts in mental health, medicine, spirituality, community health w/ over a century of speaking/tenured experience. Gender diversity experts and pioneers. See [www.genderqueerrevolution.org](http://www.genderqueerrevolution.org) for past and upcoming lectures and organizational consultation

and to inquire about scheduling for your organization.

### **Trans/Gender Consultation**

Have a desire to work with transgender, genderqueer, gender-diverse, or other individuals and communities? Need to increase your cultural and clinical competency? A leading Gender Diversity Clinician and Applied Community Psychology Specialist, Alexander educates mental health and medical providers, businesses, institutions, community organizations, government bodies, and educational systems on gender issues and administrative practice. A nationally recognized author and educator in print and on radio, film, and television, he provides sensitivity, cultural competency, and EEO Compliance training as a private organizational development consultant and offers diverse peer consultation and psychotherapeutic services. As a Community Psychology Specialist, he focuses on person-environment interactions and the ways larger, societal, and systemic factors impact upon individual and community health and wellness. (310) 773-3484 [www.alexanderyoo.com](http://www.alexanderyoo.com)

### **Humboldt County**

Hello Friends,  
This is Stuart Altschuler, up north in Humboldt County. I am putting out a call for proposals for someone from my old home in LA to come up here to do a 6 hour professional training (CEU's) on counseling GLBT. We are working on getting Helen Hill up here for the "T" (Transgender). I know a number of you are very skilled in this arena. Your travel expenses would be covered, lodging (possibly with me) and meals. We also need to know what your fee would be for the training itself. I ask you to remember that this is a rural community and funds for something like this are not plentiful. So, be kind. Besides the work part, you will have a chance to a great getaway to a beautiful location! Take that into account.  
[www.co.humboldt.ca.us](http://www.co.humboldt.ca.us)  
[www.ci.ferndale.ca.us](http://www.ci.ferndale.ca.us)  
I am working on this with Gail Narum, MFT who is on the board of the North Coast Association of Mental Health Professionals, [www.ncamhp.org](http://www.ncamhp.org)

Gail has been in touch with a therapist in San Francisco but her fees are more than we can handle.

This would take place in the late summer or fall.

Please send your course description and CV to me at [stuart@mfcc.com](mailto:stuart@mfcc.com). I look forward to hearing from some of you.

## **OFFICE SPACE**

### **Beverly Center**

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

### **Beverly Hills**

OFFICE SPACE AVAILABLE FOR LEASE IN MEDICAL BUILDING IN BEVERLY HILLS

SUITABLE FOR CONSULTATIONS, COUNSELING, PRESENTATIONS, OR AUDITIONS.  
MONTHLY RENT : \$1133 (ONE YEAR CONTRACT)

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CALL ERIC AT (323) 528-8206, OR SEND EMAIL TO [chantalralland@gmail.com](mailto:chantalralland@gmail.com)

### **Encino**

Prime Encino office space now available. Newly-remodeled suite in therapist-friendly building. Full and part-time space for sublet in both windowed and interior offices facing Encino Hills. Freeway-close to the 101 and the 405. Very good soundproofing, easy parking options, call light system, separate exit. Contact 310.281.8681 or [andrew@westsidetherapist.com](mailto:andrew@westsidetherapist.com).

### **Studio City / Valley Village**

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available part-time. Please call Dr. Stacy Berlin (310) 442-6466.

### **West Los Angeles**

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or half time. Call Elaine Schulman 310-475-0674.

### **West Los Angeles**

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, LCSW at 310-470-3450.

### **West Hollywood**

Newly remodeled, beautiful, quite, F/T or P/T psychotherapy office space in 2 office suite in centrally located professional building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available full-time. One office is furnished. Both offices have windows overlooking lots of greenery. Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, PhD, MFT. 310-842-6124 or [msilversteinmft@aol.com](mailto:msilversteinmft@aol.com)

### **West Hollywood**

Prime therapy office for evenings and weekends. Beautiful space is available on Mondays through Thursdays evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather



*Classified Ads continued from previous page*

couch/chair, and warmly painted walls. It also has a desk and a consulting area which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly colleagues. High-end security building on designer row. Other offices within the building consist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, Psy.D. at 310-659-0509. Required blocks of time: 6PM to 9PM or 6PM to 10PM. Monday/ Tuesday/ Wednesday/ Thursday or 4 hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to 5:30PM); \$25/hour (non-negotiable).

#### **West Hollywood/San Fernando Valley**

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thelians. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- Quiet, garden courtyard; one story building; 24/7 access & AIR
- Windowed, private waiting room; sound-proofing & call-light systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceiling/new wood window blinds
- Utilities included with reasonable rent; private, covered, well-lit parking
- Easy canyon access to San Fernando Valley
- Recently remodeled to psychotherapy specifications Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

#### **Journal of Homosexuality - New Editorship / Call for Papers**

Routledge Journals, a member of the Taylor & Francis group, is pleased to announce John P. Elia, PhD, as the new Editor-in-Chief of the Journal of Homosexuality, now publishing in its 56th year. Dr. Elia is the Professor & Associate Chair of the Department of Health Education at San Francisco State University. Prior

to becoming Editor, Dr. Elia served as the Associate Editor and Book Review Editor for the Journal. He is also a prominent figure in the LGBT & Queer Studies field and is renowned as a leading author and researcher.

Dr. Elia succeeds Dr. John P. De Cecco, who continues as Editor-in-Chief Emeritus after 34 years of service. Dr. Elia may be contacted at [jpelia@sfsu.edu](mailto:jpelia@sfsu.edu) (see also "Call for Papers" instructions below).

Dr. Elia notes in part in his first editorial: "The Journal of Homosexuality has undergone some significant changes over the past few years. There is no question that Dr. De Cecco has been a pioneer and truly instrumental in the development of LGBT studies. I am confident that I am joined by a plethora of individuals across the globe in thanking him for his stalwart service."

One of Dr. Elia's new focuses as Editor will be to update the Manuscript Submission process to a more streamlined electronic approach, resulting in a decreased publication lag time. The frequency of the Journal will also be increased from 8 to 10 issues beginning in 2010.

The Journal of Homosexuality is devoted to scholarly research on homosexuality, including sexual practices and gender roles and their cultural, historical, interpersonal, and modern social contexts. Researchers and practitioners interested in current knowledge about human sexuality will find every issue of this journal brimming with a balanced selection of scholarly and practical articles. The Journal was founded by The Haworth Press, Inc., which merged into the Taylor & Francis Group, LLC, in 2007.

#### **\*Indexing/Abstracting**

The Journal of Homosexuality is indexed/abstracted in Social Sciences Citation Index, Social Scisearch, Journal Citation Report/Social Sciences Edition, Current Contents/Social and Behavioral Sciences, MEDLINE, PsychInfo/Psychological Abstracts, EBSCOhost Products, Abstracts in Anthropology, Criminal Justice Abstracts, INIST, Lesbian Information Services, IGLSS Abstracts, Education Research Abstracts, Studies on Women & Gender Abstracts, Sociological Abstracts, and AgeLine.

#### **\*An ISI Ranked Journal**

The Institute for Scientific Information Journal Citation Report for 2008 ranks the Journal of Homosexuality 34th out of 61 journals in Interdisciplinary Social Sciences, and 60th of 101 journals

in Multidisciplinary Psychology, with an Impact Factor of 0.590. More information about the Impact Factor, which is a measure designed to determine the frequency with which the average article has been cited in a particular year, can be found at <http://tiny.cc/ImpactFactor>.

#### **\*Free Online Sample**

To receive a free online/electronic sample copy visit:

[www.tandf.co.uk/journals/WJHM](http://www.tandf.co.uk/journals/WJHM)

#### **\*Free Print Sample**

To receive a free print sample copy of the Journal of Homosexuality send your name and mailing address to Jadlyn Scarborough at [Jadlyn.scarborough@taylorandfrancis.com](mailto:Jadlyn.scarborough@taylorandfrancis.com) or Taylor & Francis, Attn: Marketing Associate, 325 Chestnut St, Suite 800, Philadelphia, PA

#### **\*Call for Papers**

The Journal of Homosexuality welcomes the submission of papers on a variety of topics and from a range of disciplines and perspectives for review and publication. For complete instructions for authors, visit [www.tandf.co.uk/journals/WJHM](http://www.tandf.co.uk/journals/WJHM)

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Then use the Classifieds to reach hundreds of mental health professionals. Placing an ad is **free** to members.

# NOT A MEMBER OF LAGPA?

Use this application form to join or go to our website at [www.LAGPA.org](http://www.LAGPA.org) and complete the online application form.

## LAGPA MEMBERSHIP APPLICATION

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CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

BUS. PHONE \_\_\_\_\_ HOME PHONE \_\_\_\_\_

E-MAIL (most important) \_\_\_\_\_

DATE OF APPLICATION \_\_\_\_\_

## MEMBERSHIP CATEGORY (Check One)

- ☐ **\$ 105 Regular:** A currently licensed mental health professional.  
☐ **\$ 105 Associate:** Individuals interested in the field of psychotherapy but who are neither students nor interns nor licensed professionals.  
☐ **\$ 50 Student:** Unlicensed students and/or interns earning less than \$ 20,000 annual income.  
☐ **\$ 50 Retiree:** Individuals who were once practicing mental health professionals, now retired and no longer working.  
☐ **\$200 Institutional:** Organizations interested in the mission of LAGPA and wanting to support that mission through financial sponsorship.

## METHOD OF PAYMENT

**Please Check One:** ☐ Check (payable to: LAGPA) **OR:** ☐ VISA ☐ Mastercard ☐ American Express

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name As It Appears On Card \_\_\_\_\_

Authorized Signature \_\_\_\_\_

## MAIL COMPLETED APPLICATION

**TO: LAGPA**  
**PO Box 34142**  
**Los Angeles, CA 90034**

## OR, if paying by credit card, you may:

**FAX: 310-838-6769      Email: [LAGPA@sbcglobal.net](mailto:LAGPA@sbcglobal.net)**

## LAGPA MEMBERSHIP BENEFITS

- Mailings to all LAGPA events
- Reduced registration fees for LAGPA events
- Annual LGBT Psychotherapy Conference
- Social Events
- Membership Directory
- Web Site [www.lagpa.org](http://www.lagpa.org)
- Academic Forums
- Professional Women's Events
- CEUs for MFTs, LCSWs, and Psychologists
- Networking opportunities with other professionals
- Resource Directory
- Quarterly Newsletter "Progress Notes"



## CALENDAR OF EVENTS

### SUMMER, 2010

#### Annual Conference (Same as Nat'l Coming Out Day)

To be held at Antioch University  
Further details to be determined

### About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA), was established in 1992 as an organization of mental health professionals interested in gay, lesbian, bisexual and transgender clients.

Members of LAGPA are actively involved in expanding the role of psychologists, psychiatrists, social workers, and marriage and family therapists who serve the greater gay community of Southern California. While LAGPA is

oriented towards mental health professionals, individuals who desire to join LAGPA are not required to be a licensed psychotherapist. ▼

#### POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send a mailing to the membership you must provide enough copies of the item to be sent folded, stamped and ready to mail. LAGPA will run address labels and place them on the item to be mailed at a board meeting. Therefore, your materials must be received by LAGPA no later than one week prior to the next board meeting as indicated on the web site or in the newsletter, for them to be mailed in a timely fashion. If you want to do a separate mailing you must give us 10 open envelopes with the material you are mailing so we may review it. Rates for this type of service are: members \$125.00 per mailing; non-members \$175.00 per mailing. We strongly suggest you place an ad in the P.N. rather than creating a separate mailing.

As the LAGPA Board is all volunteer, and responsible for creating, collating, folding, labeling, stamping and mailing all newsletters and other correspondence throughout the year, we cannot accommodate the insertion of stand alone flyers into the newsletter or conference materials. Unless, or until, there is a full complement of board members and volunteers to assist on various committees, all flyers must appear as ads in the newsletter and/or conference brochure. Member and non-member rates are listed in the P.N. and on the web site at [www.LAGPA.org](http://www.LAGPA.org). Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to mail, include in the newsletter or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. To engage in any of the above or for more information please contact our administrative assistant, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters can be a great way to market your product or service, and also to create credibility and build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists. You might consider purchasing a mailing list from a company.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

#### NEWSLETTER POLICY

##### Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles, typed and double-spaced, to

**LAGPA**  
**Progress Notes**  
**PO Box 34142**  
**Los Angeles, CA 90034**

You may also email your articles to [ckstewar@sbcglobal.net](mailto:ckstewar@sbcglobal.net). This newsletter is mailed to each member and may be made available to non-members by requesting copies either through mail (to the address above), or by calling 310-838-6247.

##### Publishing Schedule

Advertising and articles are due no later than the following dates:

Due Date	Pub. Date
Summer	
Fall	8/15 9/1
Winter	11/15 12/1

##### Classified Advertisement Rates

Members	FREE
Non-member	\$15.00

##### Display Advertisement Rates

Size	Member	Non-mem.
1/8 page or business card	\$20.00	\$30.00
1/4 page	\$40.00	\$50.00
1/2 page	\$70.00	\$90.00
Full page	\$90.00	\$125.00

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

##### Mechanicals

Size	
Business Card	3.5" w x 2" h
1/8 page	
Horizontal	3.7" w x 2.37" h
Vertical	1.82" w x 4.8" h
1/4 page	
Horizontal	7.5" w x 2.4" h
Vertical	3.7" w x 4.8" h
1/2 page	
Horizontal	7.5" w x 4.8" h
Vertical	3.7" w x 9.75" h
Full page	7.5" w x 9.75" h

**Become a  
Board Member**

**Join The  
Excitement**

# In this issue of *Progress Notes*...

- ▶ Executive Director Report
- ▶ Greetings from New Co-President Bruce Watkins
- ▶ LAGPA Presents to Board of Psychology
- ▶ Board Elections
- ▶ PHOTOS: Summer Social
- ▶ PHOTOS: 15th Annual Conference
- ▶ PHOTOS: LAGPA outreach at LACPA conference
- ▶ Classified Ads and Job Announcements
- ▶ Calendar of Future Events

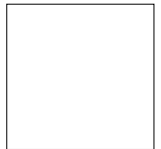
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Events! Edu-  
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See us at:  
[www.lagpa.org](http://www.lagpa.org)  
310-288-3465  
310-838-6769 (f)