Progress Notes.

August, 2008

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

(310) 288-3465

A Word From One of Our Co-Presidents

LAGPA has been providing a platform where GLBT therapists can meet and exchange new information through conferences and social events. The educational events are also intended for those in the non-LGBT community who want to learn more about GLBT issues. We have had many exciting events.

The annual conference on June 1 was a major success: close to 100 persons were in attendance for a total of 15 workshops. Some of these were organized around this year's theme of "Traditions vs. Freedoms" ("Gay soul vs. assimilation"). Most of the other workshops dealt with a variety of general interest not necessarily linked to the theme. For example: transgender issues, psychotherapy with HIV+ clients in light of the increase of infections, how one mainstream church welcomes GLBT members, therapy with gay couples, and teenagers coming out at

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earlier age. Antioch hosted this year's event and did a fabulous job. They even provided a last-minute kevnote speaker when the reqular speaker failed to show. The breakfast and luncheon provided by our regular caterer were excellent. The annual conference is our major educational event each year. Usually two smaller conferences consisting of one or two workshops in the evening are also held.

We are currently planning a workshop on women's issues for the fall of 2008. This may take the form of a number of workshops over a couple of months, or as a miniconference held on one day. Further details should be available early September.

We were very fortunate to

have Larry Hedges present a one-day workshop about legal and ethical issues. This workshop was a fund-raiser for LAGPA hosted by Phillips Graduate Institute. The workshop was very interesting and informative and also brought in close to \$2,000 dollars. Larry has agreed to do another one early 2009. If you need CEU's for legal/ethical issues, please wait until Larry gives his workshop.

On Sunday, September 7 we will be having our Summer Social, together with our medical doctor friends at the house and garden/swimming pool of Liliane McCain. This event usually takes place during the day and tends to be very relaxed. In December

we will have our Winter Social, which is usually in the evening. The exact date will be set later. Attendance at out two annual social events usually is between 80 and 90 persons.

LAGPA will be present with a booth at the annual Los Angeles County Psychological Association (LACPA) convention in October (www.lapsych.org). Please stop by our booth and say hello.

If you have not renewed your membership, please do so immediately. You won't want to miss out on any of our exciting up-coming events.

-Robbert Schalekamp, Psy.D ▼

NEW and RETURNING MEMBERS

We want to welcome the new and returning members to LAGPA who have signed up since the last issue of the *Progress Notes*. Thank you for your support.

Hasmik Arakelyan, MA Scott Beardslev, MA Ned Beddie, MA John Buckley, PhD Brian Chenoweth Jeffrey Chernin, PhD Darryl Christian, MFT Robert Colegrove, PhD Rick Coons Steve David, PsyD Rick Deaton, PsyD Mark Fairfield, LCSW Waverly Farrell, MFT Mike Fatula, MFT Linda Gary, MA Barry Glasgow, MA Monika Goebel, MA Christopher Grant, MA

Stanley Harris, MD Yisracla Hayman Lawrence Hedges, PhD Robbie Horwitz, MA Marston James, MFT Dino Koutsolioutsos, PhD Linda Landon, ACC Sandy Lee Monica Leon, MFT Lawrence Levi, MA Michael Liberatore, MA David Lisonbee Christine Logan, MFT Rachel Marks, PsyD Lisa Maurel, MFT Brian McDonald, LCSW Louis Monaco, PsyD Emily Moore, MFT

Diana Pash, PhD Thomas Pier, MSW Philip Pierce, MA Mark Reina, MFT Julia Reisman, LCSW Rosanna Santos, MFT Robbert Schalekamp, **PsyD** Erik Schott, LCSW Ronald Scott, PhD Matthew Silverstein, PhD Daniel Szuhay, MA Sheila Traviss. MA Gary White, MA Fred Wilkey, EdD Denis Wohlgemuth, MFT Ray Zamudio, MA Joseph Zipkin

Executive Director Report

LAGPA continues to grow. The Ethics Workshop conducted by Dr. Lawrence Hedges in March attracted 30 paid attendees. I heard so many great things about Larry and his ability to create an interesting and informative workshop. On top of that, Larry donated his time so LAGPA was able to net almost \$2,000 for the event. Thanks Larry. LAGPA could use more members like you. This course is mandatory for all psychologists every two years. Larry has offered to conduct the same workshop in January 2009 and we are working out the details now.

The Annual Conference was held June 1 at Antioch Los Angeles and hosted by the LGBT Specialization in Clinical Psychology. There were 74 paid attendees of which 41 of them renewed or enrolled as new membership in LAGPA. We are deeply grateful to Antioch and to the 25 presenters who gave such wonderful talks. As usual, the event broke even thanks to our sponsors and volunteers.

An issue that LAGPA is reviewing is the cost for offering CEU to psychologists. For example for the Conference,

the application to MCEP is over 120-pages long and requires three copies. During the event we have all those irritating sign-in sheets. After the event we have to submit statistical information concerning each workshops. It costs in fees and staff almost \$1300 just for the MCEP certificate. Only eleven psychologists used the service. Thus, we are reevaluating if this is effective use of our limited funds. We are kicking around LAGPA getting APA certification or somehow piggybacking on the APA certification of the colleges that we align. Perhaps you have some idea how to simplify and reduce costs related to CEU for psychologists?

August is our annual membership drive. We currently have 160 paid members of which almost half need to renew. I hope you do as LAGPA provides so many services, educational outlets, and social opportunities. Speaking of social events, September

7. will be the Summer Social at Liliane's beautiful house in Beverly Hills. This is a cosponsored event with SCLMA and is expected to attract about 100 people. It is always great fun, and the food will be provided by our favorite caterer Eddie. In October. LAGPA will have a booth at the LACPA Convention. This is the first time we have done this and need volunteers. See Chuck to sign up. This fall, we are planning a Women's Series of educational forums. This will probathree or be workshops spaced over a couple of months, or as a mini-conference presented in one day. If you are interested in helping with this, see Chuck. And finally, there will be our annual Winter Social December, Lawrence Hedges Ethics Workshop in January, and our Annual Conference in June hosted by either USC School of Social Work of Pacific Oaks.

-Chuck Stewart, Ph.D. ▼

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A glimpse into Fredda Wasserman's workshops. Like what you see? More pictures from the 14th Annual LAGPA conference found on Pages 10-12.

Note to LAGPA Members

By Douglas Sadownick, Ph.D., MFT

Director of the LGBT Specialization, Clinical Psychology at Antioch University, Los Angeles

This past June, the Los Angeles Gay and Lesbian Psychotherapy Association held its annual conference at Antioch University Los Angeles, which co-sponsored the event through Antioch's LGBT Specialization in Clinical Psychology. As the director of the specialization, I was particularly proud and excited to be able to help sponsor what I thought was, overall, a successful educational event. It's a rare and precious occasion for people to come together to celebrate and learn about ways in which professional therapists are applying affirmative psychotherapeutic theory and practice to our LGBT clients, patients and community, as well, as how we are learning, as professionals, to apply those ideas to our own personal lives.

I thought it would be useful to write a summary of the specialization, its history and purpose, in the hopes of generating interest and support for the program, and inviting all who participated in collaborative the recent LAGPA conference to stay in touch with us so as to keep abreast on the many cultural events we offer to the larger mental health and LGBT activist communities, such as our recent event last July 20, the "TransTeachIn: On the Fundamentals of a TransAf-Psychotherapy," firmative which brought together many leading figures in the Trans Community (such as LAGPA's own Rev. Alexander Yoo, also Dr. Madeline Deutsch, Daniel Gould, Jessie Jacobson, Valerie Spencer, Alexis Rivera, Marie Keller, Elise Turin, and Antioch students Tatiana Lim and Tyler Daly). We are also going to be offering classes as CEUs, and we are planning

on starting a post-master's certificate either in October or in January for licensed or pre-licensed folks who want to improve their competency in working with the LGBT populations utilizing state-ofthe-art interventions. Our next events include a "Marriage Colloquium" on October 15, 6:00-8:00 p.m. which will bring together the community to "process" complex feelings on marriage. Following that, on October 22, Dr. Neal King, our University President, who is an openly gay man, will give a talk on gay men and trauma, 6:00-8:00 p.m. along with LGBT Specialization Associate Dr. Matt Silverstein. In the winter we will have a follow-up event to our Roundtable Discussion on Trans-Affirmative Psychology to follow-up from the TransTeachIn. All LAGPA associates are invited to all these events.

LAGPA members may find it informative to learn some background on the LGBT specialization, which we be-

lieve to be the first master's in LGBT affirmative psychotherapy in the country. Several key studies have documented the crisis of competency in psychology training programs around the country in terms of sensitizing graduate students to the unique needs and potentials of LGBT clients. What is called the "disease model" of homosexuality still reigns in either covert or overt ways in the mental health profession. To address this crisis, the "Division 44," the LGBT contingent of the American Psychological Association published in 2000 "Ethical Guidelines on the Treatment of LGB clients." These guidelines are remarkably progressive in how they guide therapists to monitor their own biases and thereby seek to treat LGB clients as uniquely unfolding individualities, with their own ways of creating kinship ties, sexuality and managing the impact of their families of choice and of origin. In concert with the APA's interven-

tion on professional homophobia, on the transgender front, important statements have come out promoting a trans-affirmative stance that frees itself from the "gatekeeping" tasks of therapists who had previously been locked into the role of "writing letters" for surgery reassignment and hormone delivery and diagnosing trans people with Gender Identity Disorder; a new era of competent psychotherapists are invited to break from the "illness model" by affirming the fundamental naturalness of transgender orientations.

Credit goes to Dr. Joy Turek, Chair of the Master of Arts Program at Antioch, for having had the inspiration a decade ago of creating a specialization aimed uniquely to address this crisis in care in the LGBT community. Others who helped include then-lesbian professor and activist Sandra Golvin, who died of cancer two years ago, as well as the dedicated work of Matt Silverstein, Charley Lang, and



LGBT Specialization graduating class, Spring 2008

Continued from Page 3

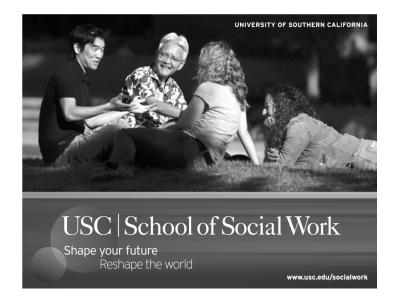
Alexander Yoo, as well as myself. Three years ago, I was hired on an interim basis to assess for feasibility, and to launch a pilot program, and a year later, I was hired as the director, when formal operation began: our current curriculum was implemented, we developed a "Founders Board" that would contribute to specialized training of instructors, and an "Advisory Board" of community partners (e.g., such as the L.A. LGBT Center; Friends of Project Ten; AIDS Healthcare Foundation; Bienestar and political leaders such as John Duran and Phill Wilson, Industry people such as Howard Roseman and artists such as Tim Miller), that contributes to educational community-building and seeks input for continued program improvement. Our goal was to synthesize the APA standards with those created by Arlene Lev (author of *Transgender* Emergence), together with Antioch's 150-year mission of social justice, and my own interest in gay liberation history and gay soul, to create a specialization that could serve as a standard for other universities to follow. Our main courses are Human Sexuality, LGBT History and LGBT Multicultural Myth, Counseling, LGBT Clinical and Psychological Issues through Lifespan, Affirmative Therapy and Community Action. As mentioned above, the program also offers a host of workshops and other community enhancing events. We are also very honored to have received the help from two major founding entities, the Johnson Family Foundation (under the auspices of the alumnae Paul Hokemeyer) and the Ladd Family Foundation (under the auspices of alumnae Jessie Jacobson, who is also one of our Founders). We are also deeply grateful to all those alumni who have donated, including Lily Dulan and Gilda Franz. With this help we have

been able to develop the Golvin Sandra Memorial Scholarship Fund (recipients include Dr. Diana Pash, Monique Boone, Patrick Bozarth, Rene Dumez, Phillip McCullely, Robert Ishinger, Tatiana Lim, Tad King and Roberto Gonzalez Focil). We are also proud to have given our first Transgender Scholarship to Tatiana Lim. During the LAGPA conference, the LGBT students provided a workshop, organized by LGBT Specialization student Michael Liberatore, based on their LGBT Myth and History class that was taught by Dr. Steve David (a member of APA's Division 44), and which included the fine involvement of Sheila Travis, Dr. Diana Pash, Roberto Gonzalez Focil, and Robert Ischinger.

I cannot say enough about how good it was to work with the LAGPA organizers to put on the recent conference. and I look forward to future collaborative projects. I want to encourage all LAGPA members to drop us a note through email, or call us, and say hi, give us feedback, or just to be able to receive information about upcoming events, CEU opportunities, and our post-master's certificate. Also please visit our Facebook page at AntiochLGBTSpecialization.

Please email us at LGBTspecialization@antiochla.edu, or drop me a line at Douglas_sadownick@antiochla.edu
-Douglas Sadownick, Ph.D.,
MFT▼

Editor's Note: Links to photos from the TransTeachIn can be found at www.alexanderyoo.com.



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The Lesbian and Gay Psychotherapy Association (LAGPA) Announces...

The Annual Summer Social Pool Party!

Co-Hosted by SCLMA, Southern California Lambda Medical Association

When: Sunday, September 7, 12-4 PM

Where: At the home of Liliane Quon McCain, LAGPA Co-President, 608 North Hillcrest Road, Beverly Hills, CA 90210, 1.5 blocks north of Santa Monica Blvd. (See map on next page).

Cost: LAGPA and SCLMA Members, FREE! Guests, \$10 – Great opportunity to renew membership!

RSVP: Chuck Stewart, Executive Director, LAGPA@sbcglobal.net

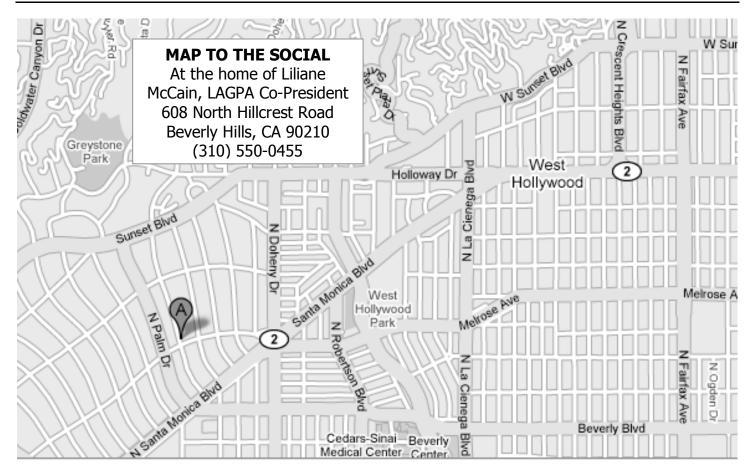
A fun event to catch up with colleagues, friends, and enjoy delightful food and conversation! Reminder to swimmers: Bring sunblock and a towel.

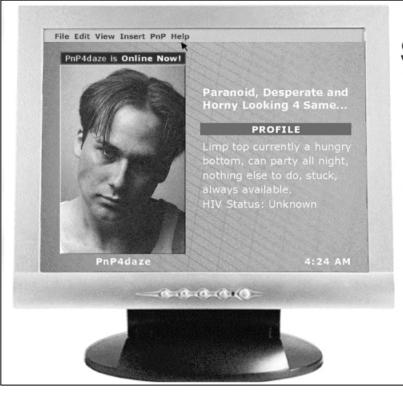
Last year, we had almost 90 members attend, so please make sure to RSVP to assure ample food and drinks for all.

A FREE event to current LAGPA members; guests and others pay a modest \$10 each for terrific food and fun. Not a LAGPA member? Now is the time to join!

Membership applications will be available at the door.

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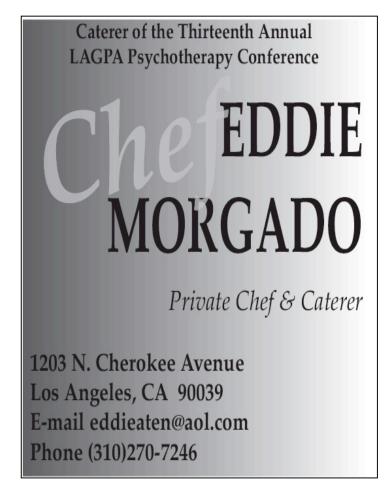
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Photos from the 14th Annual LAGPA Conference, June 1, 2008 Hosted by the LGBT Specialization in Clinical Psychology, Antioch University, Los Angeles

Hosted by the LGBT Specialization in Clinical Psychology, Antioch University, Los Angeles Links to complete photo sets available at www.alexanderyoo.com and http://www.fuzzyink.com/Sals_World/Pictures/Pages/LAGPA.html.









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Benefits:

JOB SUMMARY:

Conducts individual, couple and group counseling services, documenting progress, utilizing short term model in treatment planning to the greatest extent possible; serve on-duty as Triage Point Person, seeing walk-ins.

ESSENTIAL FUNCTIONS:

- Conduct individual, couple and group counseling services for clients presenting to the MHS and documents progress in the client's record immediately following the session;
- 2) Utilize short term model in treatment planning to the greatest extent possible;
- 3) Serve on-duty for designated hours each week to handle walk-ins, whether crisis oriented or not, as well as general information. May complete Intake at the time of seeing a walk-in client if deemed appropriate;
- 4) Conduct Intakes, prepares the required documentation and routes the client's record to the supervisor for disposition/placement;
- 5) Participate in the multi-disciplinary Clinical Case Conference, presenting assigned cases as they come due for review;
- 6) Make appropriate referrals to services outside the Center, w/in and to other services within the Department, e.g., psychiatric evaluation; and, follows up on those referrals with the client to assure appropriateness of the referral & continuity of care;
- 7) Participates in the Quality Improvement process practiced in the Clinic;
- 8) Adhere to the Utilization Management protocol used in the clinic to insure timely and appropriate client service;
- 9) Assume responsibility for completing all documentation in a timely, legible and thorough manner, submitting client records at the end of each business day, and proper notification of changes in appointment schedule to supervisor and Administrative Support staff;
- 10) Participates, as assigned, in clinical supervision groups;
- 11) Participation with supervisor and/or members of the MHS Management Team in program planning, program evaluation, dissemination activities and training, especially in regards to development of protocols related to the provision of letters in support of Hormone Replacement Therapy and/or Gender Reassignment Surgery;
- 12) Participate in staff meetings, planning meetings and other meetings as needed;

ADDITIONAL RESPONSIBILITIES:

1) Other duties as assigned;

JOB QUALIFICATIONS AND EXPERIENCE:

- 1) Extensive clinical experience working with transgender population, including thorough knowledge of psychosocial issues related to gender variance and transition.
- 2) At least two years paid post graduate counseling experience, i.e., residential care, social services, child welfare services, general counseling, chemical dependency treatment, juvenile justice, youth services, etc.;
- 3) Ability to work as a team member dedicated to generating resources/services to gay, lesbian, bisexual, & transgender communities;
- 4) Proven ability to work under direct supervision;
- 5) Ability to relate in a non-judgmental and respectful manner to gay, lesbian, bisexual and transgender individuals, or people experiencing a wide variety of emotional and behavioral problems.
- 6) Excellent verbal and written communication skills, including strong organizational, detail and interpersonal skills;
- 7) Computer skills and knowledge including word processing, database operations, spreadsheets, and other software systems;
- 8) Demonstrated ability to work effectively with men and women of diverse races, ethnicities, ages, sexual orientations and gender identities in a multicultural environment;
- 9) Flexibility to work some evenings and/or Saturday morning hours.

TRAINING, EDUCATION, AND LICENSURE:

- 1) Ph.D./Psy.D. or Masters in behavioral science discipline (MSW is strongly preferred);
- 2) Licensed in applicable field of practice.



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Program: Mental Health Services
Reports to: Clinical Director

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Probation: 90 days - Non-Exempt Hourly/Union

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JOB SUMMARY:

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ESSENTIAL FUNCTIONS:

- 13) Conduct individual, couple and group counseling services for clients presenting to the MHS and documents progress in the client's record immediately following the session;
- 14) Utilize short term model in treatment planning to the greatest extent possible; must receive concurrence of supervisor to extend number of sessions beyond the short term model protocol;
- 15) Serve on-duty for designated hours each week to handle walk-ins, whether crisis oriented or not, as well as general information and crisis telephone calls. May complete Intake at the time of seeing a walk-in client if deemed appropriate;
- 16) Conduct Intakes, prepares the required documentation and routes the client's record to the supervisor for disposition/placement;
- 17) Participate in the multi-disciplinary Clinical Case Conference, presenting assigned cases as they come due for review;
- 18) Make appropriate referrals to services outside the Center, w/in and to other services within the Department, e.g., psychiatric evaluation; and, follows up on those referrals with the client to assure appropriateness of the referral & continuity of care;
- 19) Participates and/or takes a leadership role in the Quality Improvement process practiced in the Clinic;
- 20) Adhere to the Utilization Management protocol used in the clinic to insure timely and appropriate client service;
- 21) Assume responsibility for completing all documentation in a timely, legible and thorough manner, submitting client records at the end of each business day, and proper notification of changes in appointment schedule to supervisor and Administrative Support staff:
- 22) Participates, as assigned, in clinical supervision groups and/or individual supervision on a weekly basis;
- 23) Mandatory attendance at monthly in-service training sessions;
- 24) Assists in the coordination of the work of paraprofessional volunteers and Mental Health Clinicians I, II and III;
- 25) Participation with supervisor and/or members of the MHS Management Team in program planning, program evaluation, dissemination activities and training;
- 26) Participate in staff meetings, planning meetings and other meetings as needed;

ADDITIONAL RESPONSIBILITIES:

2) Other duties as assigned;

JOB QUALIFICATIONS AND EXPERIENCE:

- 10) Three years paid post graduate counseling experience, i.e., residential care, social services, child welfare services, general counseling, chemical dependency treatment, juvenile justice, youth services, etc.;
- 11) Bilingual, Spanish-speaking required;
- 12) Ability to work as a team member dedicated to generating resources/services to gay, lesbian, bisexual, & transgender communities;
- 13) Proven ability to work under direct supervision;
- 14) Ability to relate in a non-judgmental and respectful manner to gay, lesbian, bisexual and transgender individuals, or people experiencing a wide variety of emotional and behavioral problems.
- 15) Excellent verbal and written communication skills, including strong organizational, detail and interpersonal skills;
- 16) Computer skills and knowledge including word processing, database operations, spreadsheets, and other software systems;
- 17) Demonstrated ability to work effectively with men and women of diverse races, ethnicities, ages, and sexual orientations in a multicultural environment;

TRAINING, EDUCATION, AND LICENSURE:

- 3) Ph.D/Psy.D.. or Masters in behavioral science discipline—MSW strongly preferred;
- 4) Licensed in applicable field of practice for a minimum of two years—licensed Ph.D./Psy.D. or LCSW strongly preferred;

The L.A. Gay & Lesbian Center is an Equal Opportunity Employer and is committed to fostering diversity within its staff. Applications are encouraged from all persons regardless of their race, color, national origin, ancestry, sex, gender identity, marital status, religious creed, medical/physical/mental condition, sexual orientation, or age.

Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of gay, lesbian, and bisexual psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transcender community.

Summer, 2008

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Volunteer!

Make LAGPA YOUR Cause

CLASSIFIED ADVERTISEMENTS, cont'd.

The **Classified Section** of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

THERAPY

Partners of Trans Folk Support Group

(Mid-Wilshire)

For partners (any gender) of MTFs, CDs, and FTMs.

- Is your spouse or partner going through a gender transition?
- Are you a gay, lesbian, or queer identified person partnered with someone whose transition is changing the dynamics of the relationship?
- Or perhaps a straight person totally new to or unfamiliar with anything trans who just happened to fall in love with someone of trans experience?

Whether your partner transitioned long before you ever met or is now questioning their gender, you have many questions and concerns, and you need other people to talk to.

The unseen but equally real side of gender transition, the partners of trans people go through their own parallel journey. Faced with your own identity challenges, you may feel isolated. You might find that you can't talk about this with your friends, especially if your partner is not out as trans. You certainly can't talk about your unique issues with your partner while you're trying to be lovingly supportive. Rest assured, you are not alone in your own "transition," and this group is here to help.

http://www.alexanderyoo.com Intake required. Call for next start date. Time/Day TBD. Please call (310) 773-3484 for more info. \$40/session; limited sliding scale. 6310 San Vicente Blvd., Suite 410, Los Angeles, CA 90048. Facilitator: Alexander Yoo, MA, MFTI, IMF 52075 (Supervised by Jan Reynolds, MFC 21785)

Gay Men's Growth Group

(Studio City)

This is an ongoing men's group, which focuses on per-

sonal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35per session. Contact Sandy Kaufman, MFT at 818-761-4200

Gay Men's Group

(Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, PhD (PSY11680), 310-858-3831.

Ongoing Gay Men's Therapy Group

(Near Beverly Center) Now accepting new participants! Meets every Wednesday evening from 8:00 to 9:30 PM; \$40 per session. Benefits of participation in an ongoing therapy group include: learning to directly and healthfully express feelings, building confidence and self-esteem, getting support for personal struggles and challenges, improving relationship skills, and gaining a sense of comfort in groups. Contact Mark Reina, MS, MFT Intern (IMF #49643), Supervised by Keith Rand, MFT (CA LIC# MFC32393; 310-366-5494; 8170 Beverly Blvd., Suite 204 (near the Beverly Center).

Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and coaddiction, compassionate selfcare, mindfulness, building intimate relationships. Fridays 6 PM, \$50. For more information, please call: Matt Silverstein, MFT, 310-842-6124 (License #MFC38474).

Mixed Groups

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

Women Over 40

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

Ongoing Gay Men's Therapy Group

(Pasadena)

Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Institute of Contemporary Psychoanalysis. Contact Roger Winter, MA, MFT (626) 440-9898 x2. (MFC28821)

EMPLOYMENT

<u>Psychotherapy Bookkeeper</u> <u>Position</u>

Classified Ads continued from previous page

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula MFT at 323-876-8861 OR 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

EDUCATION

Total Wellness! Workshops Transgender/Gender Awareness and Health

GenderQueer Revolution presents Total Wellness!, a collaborative gender health series and speakers bureau for providers and community members alike, offers educational opportunities for those seeking to increase competency w/ transgender/gender awareness/LGBTIQ issues/populations/clients/clinical issues. National, global experts in mental health, medicine, spirituality, community health w/ over a century of speaking/tenured experience. Gender diversity experts and pioneers. See www.genderqueerrevolution.org for past and upcoming lectures and organizational consultation and to inquire about scheduling for your organization.

Transgender Consultation

Have a desire to work with transgender, genderqueer, gender-diverse, or other individuals and communities? Need to increase your cultural and clinical competency? A leading Gender Diversity Clinician and Applied Community Psychology Specialist, Alexander educates mental health and medical providers, businesses, institutions, community organizations, government bodies, and educational systems on gender issues and administrative practice. A nationally recognized author and educator in print and on radio, film, and television, he provides sensitivity, cultural competency, and EEO Compliance training as a private organizational development consultant and offers diverse peer consultation and psychotherapeutic services. As a Community Psychology Specialist, he focuses on person-environment interactions and the ways

larger, societal, and systemic factors impact upon individual and community health and wellness. (310) 773-3484 www.alexanderyoo.com

OFFICE SPACE

West Los Angeles

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or half time. Call Elaine Schulman 310-475-0674.

West Los Angeles

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, LCSW at 310-470-3450.

West Hollywood

Newly remodeled, beautiful, quite, F/T or P/T psychotherapy office space in 2 office suite in centrally located professional building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available fulltime. One office is furnished. Both offices have windows overlooking lots of greenery. Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, PhD, MFT. 310-842-6124 or msiilversteinmft@aol.com

West Hollywood

Prime therapy office for evenings and weekends. Beautiful space is available on Mondays through Thursdays evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather couch/chair, and warmly painted walls. It also has a desk and a consulting area

which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly colleagues. Highend security building on designer row. Other offices within the building consist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, PsyD at 310-659-0509. Required blocks of time: 6Pm to 9PM or 6PM to 10PM. Monday/ Tuesday/ Wednesday/ Thursday or 4 hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to 5:30PM); \$25/hour (non-negotiable).

West Hollywood/San Fernando Valley

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thalians. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- Quiet, garden courtyard; one story building; 24/7 access & AIR
- Windowed, private waiting room; sound-proofing & calllight systems
- Windowed & skylighted private therapy office
- Separate entrance-exit; separate restrooms for clients & therapists
- High vaulted wooden ceiling/new wood window blinds
- Utilities included with reasonable rent; private, covered, well-lit parking
- Easy canyon access to San Fernando Valley
- Recently remodeled to psychotherapy specifications Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

Beverly Center

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro,

copier, printer, file drawers. Call Steve Kadel 310-228-3676.

West Hollywood

Professional furnished office for rent. To share with psychotherapist.

- NOW \$650/month, immediately available.
- Beautifully furnished with antiques and southwest flair. Ok to change decor.
- Fabulous 15' x 20' large inner office w/ private corridor exit.
- Share reception area [11' x 12']
- Wall to wall carpet.
- 8' x 10' west window faces sunsets and tops of trees.
- Security building with telephone access from the street.
- Any hours available 24/7 except when daytime on Mondays and Thursdays.

Good credit needed. Great for an established quiet professional business. Please call 310-455-3232 during business hours. 8235 Santa Monica Blvd at Harper, NE Corner.

Studio City / Valley Village

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available parttime. Please call Dr. Stacy Berlin (310) 442-6466.

Got Something to

Advertise —Then use the Classifieds to reach hundreds of mental health professionals. Placing an ad is free to members.

NOT A MEMBER OF LAGPA?

Use this application form to join or go to our website at www.LAGPA.org and complete the online application form.

LAGPA MEMBERSHI	<u>P APPLICATION</u>				
NAME					
MAILING ADDRESS_					
CITY	STATE	ZIP			
BUS. PHONE	HOME I	PHONE			
E-MAIL (most importa	nt)				
DATE OF APPLICATI	ON				
MEMBERSHIP CATE	GORY (Check One)				
\$ 105 Regular: \$ 105 Associate: \$ 50 Student: \$ 50 Retiree: \$ 200 Institutional:	A currently licensed mental health pr Individuals interested in the field of p professionals. Unlicensed students and/or interns ea Individuals who were once practicing Organizations interested in the mission sponsorship.	psychotherapy but arning less than \$ 2 g mental health pro	20,000 annual incofessionals, now	come. retired and no longer working.	
METHOD OF PAYME	<u>NT</u>				
Please Check One: 🖵	Check (payable to: LAGPA) OR:	□ VISA	☐ Mastercard	☐ American Express	
Card Number	Exp. Date				
Name As It Appears On O	Card				
Authorized Signature					
MAIL COMPLETED APPLICATION TO: LAGPA PO Box 34142 Los Angeles, CA 90034			OR, if paying by credit card, you may: FAX: 310-838-6769 Email: LAGPA@sbcglobal.net		

LAGPA MEMBERSHIP BENEFITS

- Mailings to all LAGPA events
- Reduced registration fees for LAGPA events
- Annual LGBT Psychotherapy Conference
- Social Events
- Membership Directory
- Web Site www.lagpa.org

- Academic Forums
- Professional Women's Events
- CEUs for MFTs, LCSWs, and Psychologists
- Networking opportunities with other professionals
- Resource Directory
- Quarterly Newsletter "Progress Notes"

CALENDAR OF EVENTS

AUGUST

AUGUST

Membership Drive

Annual Membership Drive.

SEPTEMBER

• SEPTEMBER 7, 12 Noon to 4 PM

Summer Social

Come join the fun with LAGPA and SCLMA. Pool party with lots of good food and drinks. Free to members.

OCTOBER

• OCTOBER 18, ALL DAY

LACPA Convention:

Come help staff our booth at the LACPA Convention.

_NOVEMBER

Date - TBD

Women's Series Educational Forum:

Details being coordinated now.

_DECEMBER

Date - TBD

Winter Social:

Details being coordinated now.

JANUARY

• Date - TBD

Ethics Workshop conducted by Dr. Lawerence Hedges:

Details being coordinated now.

_MAY/JUNE

• Date - TBD

Annual Conference:

Details being coordinated now.



About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA), was established in 1992 as an organization of mental health professionals interested in gay, lesbian, bisexual and transgender clients.

Members of LAGPA are actively involved in expanding the role of psychologists, psychiatrists, social workers, and marriage and family therapists who serve the greater gay community of Southern California. While LAGPA is

oriented towards mental health professionals, individuals who desire to join LAGPA are not required to be a licensed psychotherapist. ▼

POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send a mailing to the membership you must provide enough copies of the item to be sent folded, stamped and ready to mail. LAGPA will run address labels and place them on the item to be mailed at a board meeting. Therefore, your materials must be received by LAGPA no later than one week prior to the next board meeting as indicated on the web site or in the newsletter, for them to be mailed in a timely fashion. If you want to do a separate mailing you must give us 10 open envelopes with the material you are mailing so we may review it. Rates for this type of service are: members \$125.00 per mailing; non-members \$175.00 per mailing. We strongly suggest you place an ad in the P.N. rather than creating a separate mailing.

As the LAGPA Board is all volunteer, and responsible for creating, collating, folding, labeling, stamping and mailing all newsletters and other correspondence throughout the year, we cannot accommodate the insertion of stand alone flyers into the newsletter or conference materials. Unless, or until, there is a full complement of board members and volunteers to assist on various committees, all flyers must appear as ads in the newsletter and/or conference brochure. Member and non-member rates are listed in the P.N. and on the web site at www.LAGPA.org. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to mail, include in the newsletter or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. To engage in any of the above or for more information please contact our administrative assistant, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters can be a great way to market your product or service, and also to create credibility and build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists. You might consider purchasing a mailing list from a company.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

NEWSLETTER POLICY

Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles, typed and doublespaced, to

LAGPA Progress Notes PO Box 34142 Los Angeles, CA 90034

You may also email your articles to ckstewar@sbcglobal.net. This newsletter is mailed to each member and may be made available to nonmembers by requesting copies either through mail (to the address above), or by calling 310-838-6247.

Publishing Schedule
Advertising and articles are due no
later than the following dates:
Due Date Pub. Date

Summer

Fall 8/15 9/1
Winter 11/15 12/1
Classified Advertisement Rates
Members FREE
Non-member \$15.00

Display Advertisement Bat

Display Advertisement Rates Member Size Non-mem. 1/8 page or business card \$20.00 \$30.00 1/4 page \$40.00 \$50.00 \$70.00 \$90.00 1/2 page \$90.00 \$125.00 Full page This includes business cards, adver-

this includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

Mechanicals

Size Busin

Business Card 3.5"w x 2"h

1/8 page

Horizontal 3.7"w x 2.37"h Vertical 1.82"w x 4.8"h

1/4 page

Horizontal 7.5"w x 2.4"h Vertical 3.7"w x 4.8"h

1/2 page

Horizontal 7.5"w x 4.8"h Vertical 3.7" w x 9.75"h

Full page 7.5" w x 9.75"h

Become a Board Member

Join The Excitement

In this issue of *Progress Notes...*

- ► Co-President Report
- ► Welcome, New and Returning Members!
- ► Executive Director Report
- ► Article by Doug Sadownick
- ► Summer Social Announcement
- ▶ Photos from LAGPA's 14th Annual Conference

JOIN LAGPA Don't Miss Out on Great Social Events

Summer Social Pool Party!
Sunday, September 7th, 12-4PM!

Visit us on the web.



PO Box 34142 LOS ANGELES, CA 90034



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E-mail LAGPA@sbcglobal.net

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