

November, 2008

(310) 288-3465

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

# **Executive Director Report**

Membership numbers are up and reflect the increase in participation by students from PGI and Antioch. Thank you all for renewing your memberships. If you have not renewed your membership, please do so soon. The only way you can continue listing your services on our on-line directory is to be a current member.

Since our smashingly successful Annual Conference at Antioch University Los Angeles, we have held our Summer Social and the Del Martin Memorial Women's Educational Series. The Summer Social was held at the beautiful home of Liliane Quon McCain in Beverly Hills. About 90 people attended. This was a joint event with SCLMA and catered by Eddie Morgado. For those who have not tried Eddie's cooking, you are missing a big treat. He's the best caterer I've ever used and he constantly comes up with new and exciting dishes. Please see his ad in this newsletter

and schedule him for your next event.

The Del Martin Memorial Women's Educational Series was well received. The presenters- Fredda Wasserman, Linda Landon, Patti Britton, and Jean M. Campbell- were topical and gave interesting and informative workshops. During lunch, we had the dynamic trio of comedians- Mary Kennedy, Stephanie Blum, and Laurie McDermott- give excerpts from their hilarious stand up comic routine "Mom's Night Out." Thank you all for your donation of your time and talents. I want to thank Bruce Watkins and Rosana Santos for running with this idea and making it happen. Also, thanks to all the board members who volunteered.

LAGPA is functioning very well right now. Since I was

appointed Executive Director two years ago, events and money are flowing smoothly. However, we have learned that LAGPA is not large enough to hire out every aspect of its functions. Therefore, we need volunteers. For example, the Women's Educational Series was an idea I pitched with the board for a while. Eventually, Bruce and Rosanna stepped forward to volunteer. I then assisted them with the connections and follow-through to make this happen. Alexander Yoo has stepped forward to be the editor and layout artist for the newsletter. He is saving the organization about \$3,000 a year. Thank you, Alexander.

The Annual Conference is usually held in June. We have begun the preliminary steps for making this happen at Pacific Oaks. It is imperative that this event make money. We are looking for someone(s) to aggressively seek sponsors and advertisers for the event. I have leads to many potential sponsors/advertisers, but is there someone who is willing to take this by the horn? I assume this year will be a bit harder to raise money due to the crumbling economy. Please contact Chuck if you are interested in taking on this responsibility. Also, we need someone to take over the MECP application process. I will train. It is not difficult, just tedious. Again, see Chuck.

Thank you all. See you at our next event.

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# NEW and RETURNING MEMBERS

We want to welcome the new and returning members to LAGPA who have signed up since the last issue of the *Progress Notes*. Thank you for your support!

NOVEMBER, 2008
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Lesbian and Gay Psychotherapp of Southern California,	

Daniel Alonzo, PsyD Stuart Altschuler, MFT Nicole Ashton, MFT James Babl, PhD Ann Bartelstein, MFT David Bockoff, MD Gregory Cason, PhD Matt Casper, MFT Vallerie Coleman, PhD Lauren Costine, PhD Thomas Cotsen, MD Joy Davis, PhD Harry Drasin, MD Daniel Fast, MD William Feuerborn, LCSW Terence Ford Mike Foster, LCSW Gil Gold, MFT Brian Gold, PhD Glenn Goveia, MFT James Green, PhD Richard Gribin, MFT

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# **Annual Financial Report**

The fiscal year for LAGPA is from October 1 to September 30. The financial records of LAGPA are public records reported in board minutes. We decided it was important to give you a summary of our 2007/2008 fiscal year. As you can see, the Annual Conference and Memberships are our two largest sources of income. The Annual Conference, however, is expensive to put on and experiences a net loss. The Educational Forum conducted by Larry Hedges raised almost \$2,000 net profit for LAGPA. Thank you Larry. This helped offset the losses experienced with Del Martin Memorial the

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Women's Educational Series conducted this month. We felt it was important to host an event with a women's emphasis regardless if it sustained a loss. Both the newsletter and social events loose money but are benefits related to being paid members. LAGPA needs to increase the number of paid sponsors to the Annual Conference, increase the number of paid ads to the newsletter, and reduce the expenses related to the newsletter. We are always looking for volunteers to help make LAGPA successful. 🔻

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# Available for peer consultation on transgender and sexually diverse psychotherapeutic and clinical concerns.

A leading Gender Diversity Clinician and Applied Community Psychology Specialist, Alexander educates mental health and medical providers on gender issues and administrative practice. A nationally recognized author and educator in print and on radio, film, and television, he provides sensitivity, cultural competency, and EEO Compliance training as an organizational development consultant to businesses, institutions, health providers, government bodies, and educational systems.

Income		
	Annual Conference	5,893.32
	Donations	170.00
	Membership Dues	10,649.68
	Newsletter Ads	15.00
	Educational Forums	4,260.00
	Socials	482.42
	Total Income	\$21,470.42
Expenses		
	Advertising	860.00
	Annual Conference	6,123.48
	Bank and Credit Card Service	666.28
	Charges	
	CEU Direct Expenses	377.00
	Contract Labor	2,050.00
	Educational Forums	3,219.31
	Membership Drive	1,468.75
	Professional Fees	460.00
	Website Maintenance	1,527.33
	Progress Notes	3,006.23
	Socials	2,218.80
	Office (telephone, supplies,	3,216.92
	printing, postage, labor, dues,	
	Taxes)	
	Total Expenses	25,194.10
200	7-2008 Net Income	\$ -3,723.68
200	7-2006 Net Income	φ- <i>3,123</i> .00



Members from LAGPA and SCLMA enjoying excellent food at the home of Liliane Quon-Mc-Cain. More pictures from the annual LAGPA/SCLMA summer networking pool party social on Pages 10-12.

## **Board Applications**

Please take a moment to read these bios of our applicants. Ballots via fax/email coming SOON.



I am a gay refugee from Athens, Greece and have made Los Angeles my home since 1973. I hold a Diploma in Civil Engineering from Zurich, Switzerland and a MA in Counseling Psychology from Loyola Marymount University in Los Angeles. I am a licensed MFT since 1987. 1979 -1985: I volunteered at the Gay and Lesbian Center as MFT Intern, Rap Group Facilitator, and facilitator of sensitivity training workshops on LGBT issues. 1981 - 1986: I worked full time in acute psychiatric crisis stabilization. 1997 - 1996: I worked as a full time therapist at AIDS Project Los Angeles, where I also developed, supervised and coordinated the first HIV/AIDS clinical training program for MFT, MSW and PsyD trainees and interns. Since 1997, I am Core Faculty and Coordinator of Clinical Training in the MFT Department of Pacific Oaks College in Pasadena. I would be honored to serve on the Board of LAGPA.



Liliane Quon-McCain, MFT, is a licensed Marriage and Family Therapist currently in private practice. Prior to this, she provided volunteer therapy at the Pacific Center of AIDS Project Los Angeles and retired as a counselor after 28 years being employed in Beverly Hills Unified School District. Liliane is currently completing her dissertation, "A Phenomenological Study of Self-Identified Heterosexual Men who are Now Living in an Openly Gay Relationship." Liliane has been on the LAGPA board for three years and is currently Co-President.



Robbert Schalekamp, MFT, PsyD, is working as a psychotherapist in the Clinical Counseling Center in Sherman Oaks with a variety of clients. He is also the assistant clinical director of the counseling department of the Hollywood Sunset Free Clinic in Silverlake, where he did his internship prior to being licensed as an MFT in 2001. He received his PsyD in 2005 from the California Graduate Institute. He is from Holland and has lived in the USA since 1994. He lives in Santa Monica with his partner Jay. Robbert has served on the LAGPA board for one year and is currently Co-President.



Chuck Stewart, Ph.D., received his Ph.D. from the University of Southern California. Since that time, he has written and published fourteen academic books and manuals including: Homosexuality and the Law (ABC-CLIO Publications), Gay and Lesbian Issues (ABC-CLIO Publications), Sexually Stigmatized Communities (a harassment reduction teaching program published by SAGE Publications), three queer crossword puzzle books, two environmental textbooks on the hazards of lead and mold in residential real estate, and a number of screenplays. He been responsible for has researching and writing a number of teaching curricula and textbooks, mostly for the Los

les Police Department. He currently works as an on-line instructor for Phoenix University besides writing for ABC-CLIO and holding the position of Executive Director to LAGPA and Administrative Assistant to SCLMA. He is currently the editor for Greenwood Publishing on a 3volume encyclopedia on LGBT culture and politics around the world. He volunteers as the cochair for the Los Angeles Gay and Lesbian Scientists and is the director of the world's only gay ballroom dance troupe Out Dancing Ballroom. At one time he worked as a research physicist, automobile designer and manufacturer, and a classical ballet dancer (yes, he knows, it is very confusing but it makes sense to him). Chuck has faithfully served as LAGPA Executive Director for countless years.



Travis Stobbe, BFA, is a native of the San Fernando Valley and graduate of California Institute of the Arts (1999). His current career is real estate management. His real love is motion picture art. He has been involved with PFLAG, Toast Masters International, and various classic car clubs. Travis is a big supporter of LAGPA because of the important work the members perform for the LGBT community. He is currently serving as one of LAGPA's board members, always eager to serve.



**Bruce R. Watkins, Ph.D.** was born and raised in central Los Angeles. He was reared a Roman Catholic, with 16 years of Catholic education - eight of which were by Jesuit priests at Loyola High and Loyola University, Los Angeles. He received his B.A. degree in his major, psy-

chology, with three full minors in theology, philosophy, and foreign languages.

He was a Public Health Service Fellow at the University of Oregon, where he received his Ph.D. in clinical psychology in June, 1972. He was a National Institute of Mental Health Fellow both at his predoctoral internship at the Neuropsychiatric Institute at UCLA and at his postdoctoral internship at Thalians, Cedars-Sinai Medical Center, Los Angeles.

He has been: an Assistant Professor at UCLA, Department of Psychiatry and Biobehavioral Sciences; a clinical instructor at the California School of Professional Psychology, LA and Ryokan College, LA; and a clinical supervisor at the Center for Legal Psychiatry, Santa Monica.

He established his private practice in Westwood in 1972, where he sees mostly high functioning adults with relationship problems. Psychotherapists apprentice to him and his three partners to learn his unique method of psychotherapy, which he calls, Person-Centered Psychoanalysis.

Bruce has always been gay. In his young adulthood, he abandoned his natural relations with men and married a woman. After eight years, the marriage ended in divorce. He met his present mate, Dan Garay (a now retired elementary school teacher) 30 years ago. They are in a monogamous Christian Covenant relationship. They live in Burbank, CA and attend St. Matthew's Lutheran Church.

More recently, Bruce spends his free time writing fiction. He is working on a series of novels, entitled *Coming Out in the 60's.* His characters are Catholic high school and college boys, who are struggling with being gay and Christian.



**Fred Wilkey, Ed.D,** is a licensed clinical psychologist. He has a solo private practice doing cognitive behavioral psychotherapy in

#### Continued from Page 3

West Hollywood. Fred has been counseling as a licensed practitioner for over thirty years and has been on the LAGPA board for three years and is currently Secretary/Treasurer.

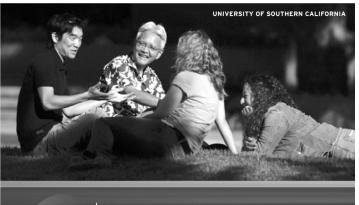


Jason Wittman, MPS, has had a private practice as a Life Coach since the middle 1980s. He has both a B.S. Degree in Business Management and a Master of Professional S tudies in Counseling Psychology from Cornell University in Ithaca , New York. He is also a Certified Hypnotherapist and a Certified Practitioner of Neuro Linguistic Programming. In 1971, he founded Alpha House, a residential therapeutic community for drug addicts and alcoholics in Ithaca, N.Y. and was its Executive Director for four years. Over the years, he has designed and run programs that have effectively worked with youth and young adults of many backgrounds, such as middle and upper class white kids in Ithaca, N.Y., male street hustlers and gay and Lesbian youth in Phoenix, AZ., and Mexican-American kids, in Phoenix, AZ. Since 1995, he has been the Executive Director of The Youth Rescue Fund and its parent organization, Los Angeles Youth Supportive Services, Inc. which works with street prostitutes in Hollywood, CA, and with high-risk kids from all over LA County, CA, who congregate in Hollywood and West Hollywood. Currently, he is in private practice as a Mentor Coach specializing in coaching parents of teenagers and young adults.



cian and Applied Community Psychology Specialist, Alexander educates mental health and medical providers, businesses, institutions, community organizations, government bodies, and educational systems on gender issues and administrative practice. As a Community Psychology Specialist, he focuses on personenvironment interactions and the ways larger, societal, and systemic factors impact upon individual and community health and wellness. A nationally recognized author and educator in print and on radio, film, and television and recipient of numerous awards and honors, he provides sensitivity, cultural competency, and EEO Compliance training as a private organizational development consultant and offers diverse peer consultation and psychotherapeutic services. He also serves as the Vice President of FTM International (www.ftmi.org), the largest and longest running (22 years) FTM trans organization in the world, active in all 50 states, all Canadian provinces, and 18 countries. He also serves as its newsletter editor-in-chief. Alexander also founded GenderQueer Revolution (www.genderqueerrevolution.org ), a unique organization serving the needs of and celebrating genderqueer, gender-gifted, gender non-conforming individuals and communities worldwide. He also serves on LAGPA board and recently took on newsletter editing duties. He also serves on the Community Advisory Board of The Center of Excellence for Transgender HIV Prevention (http://transhealth.ucsf.edu). An ordained minister, he considers the work with the various communities in which he lives, LGBTIQ, people of color, people of faith, eclectically spiritual, those working through the difficult questions of grief, loss, faith, spiritual community, spiritual identity, philosophy, sexuality, and gender, all part of his spiritual calling and ministry. He sees psychotherapy clients as an intern out of private practice, and he also works in hospice as a chaplain and specializes in grief, loss, aging, our changing bodies, and death.

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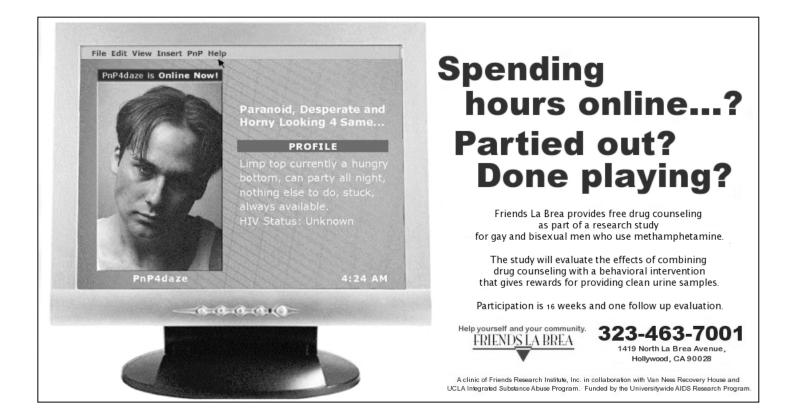
**Rev. Alexander Yoo, MA, MFTI** A leading Gender Diversity Clini-

LAGPA	Progress	Notes
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**Photos from the LAGPA's presence at the LACPA conference** LAGPA did outreach at the annual LACPA (Los Angeles County Psychological Association) conference, October 18, 2008. Links to complete photo set available at www.alexanderyoo.com







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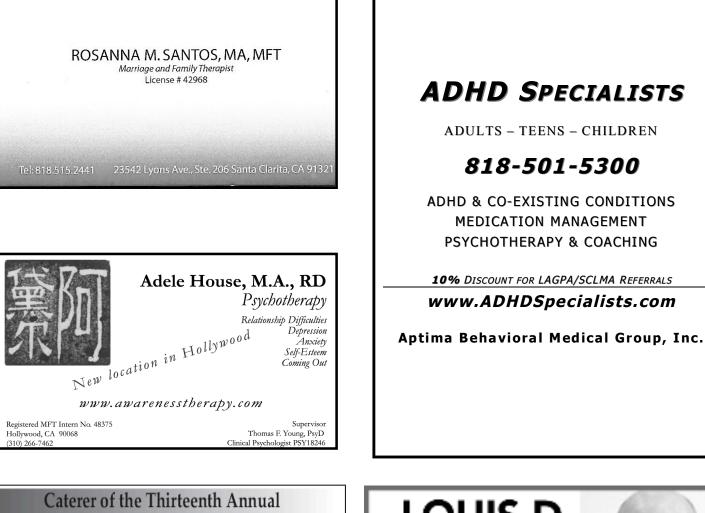
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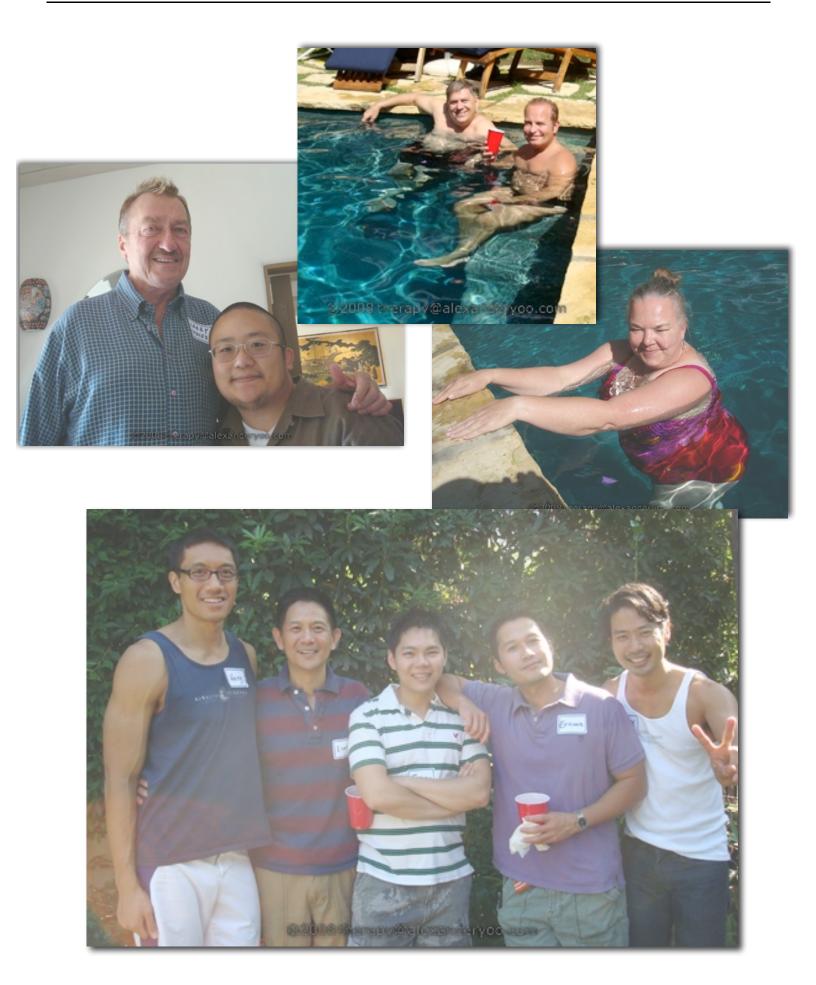
## Photos from the Annual LAGPA/SCLMA Summer Social, September 7, 2008 Always a delight, the pool party/networking social co-hosted with SCLMA

Always a delight, the pool party/networking social co-hosted with SCLMA (So. Cal. Lambda Medical Association) nourishes body and mind. Links to complete photo set available at www.alexanderyoo.com





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#### JOB SUMMARY:

To provide psychiatric outpatient treatment services to patients. This job requires special interest in psychiatric problems encountered in an HIV positive population with a high prevalence of substance use, especially crystal methamphetamine.

#### **ESSENTIAL FUNCTIONS:**

- 1) Comprehensive psychiatric evaluations, which include at a minimum: complete medical and psychiatric history, review of current medications, review of available medical records, examination of patient, diagnosis and treatment plan, thorough documentation of findings in the medical record.
- 2) Administer or order diagnostic tests when necessary and interpret test results;
- 3) Obtain signed patient consent for prescription of psychoactive medication
- 4) Prescribe medications as needed for psychiatric diagnoses established; check for drug-drug interactions with concurrently taken medications
- 5) Monitor patient progress, medication side effects and toxicities through scheduled return visits and appropriate laboratory monitoring; communicate by phone with patients in between scheduled appointments on an as needed basis for medication side effects and dose modifications.
- 6) Coordinate care with patient's clinic primary medical care provider as appropriate
- 7) Participate in monthly Multi-Disciplinary Case Conference and in other meetings as needed;

#### JOB QUALIFICATIONS AND EXPERIENCE:

- 1) A minimum of two years experience as board certified or board eligible psychiatrist;
- 2) General knowledge of state and federal laws pertaining to psychiatric practice;
- 3) Excellent verbal and written communication skills, including strong organizational, detail and interpersonal skills;
- 4) Some computer skills and knowledge, including word processing, medical database operations and spreadsheets;
- 5) Demonstrated ability to work effectively with men and women of diverse races, ethnicities, ages and sexual orientations in a multicultural environment.

#### TRAINING, EDUCATION AND LICENSURE:

- 1) Current license to practice medicine in California;
- 2) Board-certified or board-eligible in psychiatry;

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Position Title:Psychiatric Nurse PractitionerReports To:Medical DirectorDivision:Health and Mental Health DepartmentProbation:180 daysBenefits:Medical, Dental, Vision, Life Insurance, Long Term Disability, Employee Assistant Program, and a403B retirement if Full Time

**JOB SUMMARY:** Under the clinical and medical supervision of the Medical Director, the Psychiatric Nurse Practitioner is responsible for performing clinical and administrative duties for the patients of LAGLC Health and Mental Health Services (HMHS). This job requires special interest in psychiatric problems encountered in population with a high prevalence of HIV and substance use, especially crystal methamphetamine.

#### **ESSENTIAL FUNCTIONS:**

#### Duties include but are not limited to:

- In accordance with LAGLC's defined psychiatric nurse practitioner protocols the psychiatric nurse practitioner will: obtain review of psychotropic medications and mental health history; provide a 5-axis differential diagnosis; formulate and execute a treatment plan including medications and follow-up schedule; recognize need for physician consultation when appropriate, including need for referral to specific specialists.
- 2) Obtain signed patient consent for prescription of psychoactive medication
- 3) Follow-up with patients as needed to ensure compliance with protocol/treatment guidelines.
- 4) Participate in formal and informal case consultation with referring providers.
- 5) Deliver appropriate patient health education and disease prevention.
- 6) Participate in clinical research projects, as appropriate.
- 7) Accept responsibility for his/her own professional development and engage in continuing education (i.e.: Inter-City HIV Grand Rounds) to maintain and enhance medical skills, knowledge and procedures.
- 8) Participate in educational or administrative meetings as necessary or requested.
- 9) Participate in monthly Multi-Disciplinary Case Conference and in other meetings as needed;
- 10) Participate in the education/training of HMHS staff and interns regarding psychotropic medication.

#### ADDITIONAL RESPONSIBILITIES:

1) Other duties as assigned;

#### JOB QUALIFICATIONS AND EXPERIENCE:

- 1. CA RN license/MSN with current CA Furnishing Number.
- 2. ANCC/ California Nurse Practitioner Certification
- 3. DEA registration.
- 4. Current Cardiopulmonary Resuscitation (CPR) card
- 5. Five years experience with outpatient mental health care or HIV specialty mental health care with dual-diagnosis.

#### SPECIAL SKILLS:

- 1. Bilingual (Spanish/English) language skills preferred
- 2. Creation and maintenance of patient records.
- 3. Basic computer skills and knowledge including word processing, database operations, and spreadsheets
- 4. Strong writing skills
- 5. Ability to effectively educate patients and their families
- 6. Superior interpersonal communication skills
- 7. Demonstrated ability to work effectively with men and women of diverse races, ethnicities, ages, and sexual orientations in a multicultural environment
- 8. Ability to work independently with minimal supervision

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#### Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc., an organization dedicated to the promotion of gay, lesbian, and bisexual psychology, by supporting and serving the mental health professionals who work within the lesbian, gay, bisexual, and transgender community.

Fall, 2008

Editor: Rev. Alexander Yoo, MA, MFTI

#### **Co-Presidents** Liliane Quon McCain, MFT Robbert Schalekamp, Psy.D.

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## Volunteer!

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#### CLASSIFIED

The **Classified Section** of the Progress Notes allows members and non-members to advertise available therapy services, employment and office space. This section is free for members and \$15 for non-members.

#### THERAPY

#### Gay Men's Growth Group (Studio City)

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35per session. Contact Sandy Kaufman, MFT at 818-761-4200

#### Gay Men's Group

(Beverly Hills)

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30-9PM. If interested, please call Joel Becker, PhD (PSY11680), 310-858-3831.

#### Ongoing Gay Men's Therapy Group

#### (West Hollywood)

Now accepting new participants! Meets every Wednesday evening from 8:00 to 9:30 PM; \$50 per session. Group therapy is a helpful adjunct to individual therapy. Consider the benefits for your clients: learning to directly and healthfully express feelings; building self confidence and self esteem; feeling more comfortable in groups, relieving feelings of shame and isolation. Contact: Mark Reina, MFT, CGP at 310.366.5494.

#### Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and coaddiction, compassionate selfcare, mindfulness, building intimate relationships. Fridays 6 PM, \$50. For more information, please call: Matt Silverstein, MFT, 310-842-6124 (License #MFC38474).

#### Mixed Groups Mixed psychotherapy groups

for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, Ph.D. For more information, please call 310-841-6870.

ADVERTISEMENTS, cont'd.

#### Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

#### Emotional Regulation Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

#### Women Over 40

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

#### Ongoing Gay Men's Therapy Group

#### (Pasadena)

Great group for therapists. Wednesday night group (7:30 pm to 9:00 pm) currently has openings. The fee is \$45. The group works to understand how they are relating within the group and how that is reflected (or not) in relating outside the group. Career blocks, fears, anger, the addictive process, and self-esteem issues are also part of our focus. Therapist uses primarily psychoanalytically oriented techniques and has a certificate from the Institute of Contemporary Psychoanalysis. Contact Roger Winter, MA, MFT (626) 440-9898 x2. (MFC28821)

#### **EMPLOYMENT**

#### Psychotherapy Bookkeeper Position

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula MFT at 323-876-8861 OR 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

#### EDUCATION

#### Total Wellness! Workshops Transgender/Gender Awareness and Health

GenderQueer Revolution presents Total Wellness!, a collaborative gender health series and speakers bureau for providers and community members alike, offers educational opportunities for those seeking to increase competency w/ transgender/gender awareness/LGBTIQ issues/populations/clients/clinical issues. National, global experts in mental health, medicine, spirituality, community health w/ over a century of speaking/tenured experience. Gender diversity experts and pioneers. See www.genderqueerrevolution.org for past and upcoming lectures and organizational consultation and to inquire about scheduling for your organization.

#### Trans/Gender Consultation

Have a desire to work with transgender, gendergueer, gender-diverse, or other individuals and communities? Need to increase your cultural and clinical competency? A leading Gender Diversity Clinician and Applied Community Psychology Specialist, Alexander educates mental health and medical providers, businesses, institutions, community organizations, government bodies, and educational systems on gender issues and administrative practice. A nationally recognized author and educator in print and on radio, film, and television, he provides sensitivity, cultural

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*Classified Ads* continued from previous page

competency, and EEO Compliance training as a private organizational development consultant and offers diverse peer consultation and psychotherapeutic services. As a Community Psychology Specialist, he focuses on person-environment interactions and the ways larger, societal, and systemic factors impact upon individual and community health and (310) wellness. 773-3484 www.alexanderyoo.com

#### **OFFICE SPACE**

#### **Beverly Hills**

Outstanding furnished office space available for lease in a prestigious Beverly Hills professional medical building. Perfectly suitable for consultations, counseling, presentations, or auditions. An elegant waiting room leads to the office space, which is about 120 sq. ft. Rent:

Part Time:

\$80 per day w/ minimum 2 days per week (one year contract)

Full time:

\$1500 a month (one year contract)

Two hours of free public parking in addition to street parking. Call or email Eric at (323) 528- 8206 or chantalrialland@gmail.com.

#### West Los Angeles

Charming courtyard building on Westwood Blvd., just south of Wilshire. Bright and beautifully carpeted and furnished. Call light system. Private exit. Collegial atmosphere. Part time or half time. Call Elaine Schulman 310-475-0674.

#### West Los Angeles

Beautifully decorated, windowed, freeway close, disabled access, call lights, separate entrance/exit, security building. Available AM's every day, all day Thursday and Saturday. Contact Renee R. Sperling, LCSW at 310-470-3450.

#### West Hollywood

Newly remodeled, beautiful, quite, F/T or P/T psychotherapy office space in 2 office suite in centrally located professional

building in the heart of West Hollywood. Office is newly painted and carpeted with soundproofing. Separate, enclosed waiting area with call light system. Off-street parking available. One office is unfurnished and available fulltime. One office is furnished. Both offices have windows overlooking lots of greenery. Gay affirmative practice and environment. Rent varies according to usage. \$300/day per month P/T and \$1000 FT. For more information, please contact Matthew Silverstein, PhD, MFT. 310-842-6124 or msiilversteinmft@aol.com

#### West Hollywood

Prime therapy office for evenings and weekends. Beautiful space is available on Mondays through Thursdays evenings from 6PM to 9PM or 6PM to 10PM, and all day Friday, Saturday and Sunday. This French-windowed corner office is elegant and tasteful; furnished with antique oak wood furniture, rich brown leather couch/chair, and warmly painted walls. It also has a desk and a consulting area which makes it more spacious. There is a shared waiting room and a copier/refrigerator room. Friendly colleagues. High-end security building on designer row. Other offices within the building consist of psychotherapists, psychiatrists and writers. Street parking is free on Robertson after 6PM. If interested please call Paul Oberon, PsyD at 310-659-0509. Required blocks of time: 6Pm to 9PM or 6PM to 10PM. Monday/ Tuesday/ Wednesday/ Thursday or 4 hr blocks for Fridays through Sundays, (example 9AM to 1 PM or 1:30PM to . 5:30PM); \$25/hour (nonnegotiable).

#### West Hollywood/San Fernando Valley

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thalians. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

• Quiet, garden courtyard; one story building; 24/7 access & AIR

 Windowed, private waiting room; sound-proofing & calllight systems Windowed & skylighted private therapy office
Separate entrance-exit; separate restrooms for clients & therapists

High vaulted wooden ceiling/new wood window blinds
Utilities included with reasonable rent; private, covered, well-lit parking

• Easy canyon access to San Fernando Valley

• Recently remodeled to psychotherapy specifications Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

#### **Beverly Center**

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

#### West Hollywood

Professional furnished office for rent. To share with psychotherapist.

NOW \$650/month, immediately available.
 Beautifully furnished with antiques and southwest flair. Ok to change decor.
 Fabulous 15' x 20' large inner office w/ private corridor exit.

• Share reception area [11' x 12']

Wall to wall carpet. • 8' x 10' west window faces sunsets and tops of trees. · Security building with telephone access from the street. Any hours available 24/7 except when daytime on Monand days Thursdays. Good credit needed. Great for an established quiet professional business. Please call 310-455-3232 during business hours. 8235 Santa Monica Blvd at Harper, NE Corner.

#### Studio City / Valley Village

Charming quiet garden setting office with private waiting room, bathroom, and kitchen. Bright, windows that open, air conditioning, close to freeway, and free parking. Available parttime. Please call Dr. Stacy Berlin (310) 442-6466.

**Got Something to Advertise** —Then use the Classifieds to reach hundreds of mental health professionals. Placing an ad is **free** to members.

# **NOT A MEMBER OF LAGPA?**

Use this application form to join or go to our website at www.LAGPA.org and complete the online application form.

#### **LAGPA MEMBERSHIP APPLICATION** NAME\_\_\_\_\_ MAILING ADDRESS CITY\_\_\_\_\_STATE\_\_\_ZIP\_\_\_\_\_ BUS. PHONE \_\_\_\_\_\_ HOME PHONE \_\_\_\_\_ E-MAIL (most important) DATE OF APPLICATION **MEMBERSHIP CATEGORY** (Check One) A currently licensed mental health professional. \$105 Regular: \$105 Associate: Individuals interested in the field of psychotherapy but who are neither students nor interns nor licensed professionals. **\$ 50 Student:** Unlicensed students and/or interns earning less than \$ 20,000 annual income. Individuals who were once practicing mental health professionals, now retired and no longer working. **\$ 50 Retiree:** \$200 Institutional: Organizations interested in the mission of LAGPA and wanting to support that mission through financial sponsorship. **METHOD OF PAYMENT Please Check One:** Check (payable to: LAGPA) **OR:** VISA □ Mastercard □ American Express Exp. Date Card Number Name As It Appears On Card\_\_\_\_\_ Authorized Signature\_ MAIL COMPLETED APPLICATION OR, if paying by credit card, you may: **TO: LAGPA** PO Box 34142 FAX: 310-838-6769 Email: LAGPA@sbcglobal.net Los Angeles, CA 90034

#### LAGPA MEMBERSHIP BENEFITS

- Mailings to all LAGPA events
- Reduced registration fees for LAGPA events
- Annual LGBT Psychotherapy Conference
- Social Events
- Membership Directory
- Web Site www.lagpa.org

- Academic Forums
- Professional Women's Events
- CEUs for MFTs, LCSWs, and Psychologists
- · Networking opportunities with other professionals
- Resource Directory
- Quarterly Newsletter "Progress Notes"

# CALENDAR OF EVENTS

#### \_NOVEMBER

11/2/08
Women's Series Educational Forum:
Board Elections Ballots via email/fax

#### \_DECEMBER

Date - TBD
Winter Social:
Details being coordinated now.

#### JANUARY

Date - TBD
 Ethics Workshop conducted by
 Dr. Lawerence Hedges:
 Details being coordinated now.

#### \_MAY/JUNE

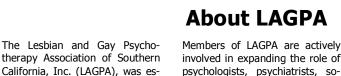
Date - TBD
 Annual Conference:
 Details being coordinated now.

tablished in 1992 as an organiza-

tion of mental health profession-

als interested in gay, lesbian, bi-

sexual and transgender clients.



involved in expanding the role of psychologists, psychiatrists, social workers, and marriage and family therapists who serve the greater gay community of Southern California. While LAGPA is oriented towards mental health professionals, individuals who desire to join LAGPA are not required to be a licensed psychotherapist.  $\blacksquare$ 

#### POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send a mailing to the membership you must provide enough copies of the item to be sent folded, stamped and ready to mail. LAGPA will run address labels and place them on the item to be mailed at a board meeting. Therefore, your materials must be received by LAGPA no later than one week prior to the next board meeting as indicated on the web site or in the newsletter, for them to be mailed in a timely fashion. If you want to do a separate mailing you must give us 10 open envelopes with the material you are mailing so we may review it. Rates for this type of service are: members \$125.00 per mailing; non-members \$175.00 per mailing. We strongly suggest you place an ad in the P.N. rather than creating a separate mailing.

As the LAGPA Board is all volunteer, and responsible for creating, collating, folding, labeling, stamping and mailing all newsletters and other correspondence throughout the year, we cannot accommodate the insertion of stand alone flyers into the newsletter or conference materials. Unless, or until, there is a full complement of board members and volunteers to assist on various committees, all flyers must appear as ads in the newsletter and/or conference brochure. Member and non-member rates are listed in the P.N. and on the web site at www.LAGPA.org. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to mail, include in the newsletter or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. To engage in any of the above or for more information please contact our administrative assistant, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters can be a great way to market your product or service, and also to create credibility and build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, and business cards collected at trade shows, or membership lists. You might consider purchasing a mailing list from a company.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival.  $\mathbf{\nabla}$  NEWSLETTER POLICY Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles, typed and doublespaced, to

> LAGPA Progress Notes PO Box 34142 Los Angeles, CA 90034

You may also email your articles to ckstewar@sbcglobal.net. This newsletter is mailed to each member and may be made available to nonmembers by requesting copies either through mail (to the address above), or by calling 310-838-6247.

Publishing Schedule Advertising and articles are due no later than the following dates: Due Date Pub. Date

Summer		
Fall	8/15	9/1
Winter	11/15	12/1
Classified Advertisement Rates		
Members	FR	EE
Non-member	\$15.	00

Display A	dvertiseme	nt Rates
Size	Member	Non-mem.
1/8 page or be	usiness	
card	\$20.00	\$30.00
1/4 page	\$40.00	\$50.00
1/2 page	\$70.00	\$90.00
Full page	\$90.00	1
This includes business cards, adver-		
tisement for u		
producing, personal promotion, or		
anything that you may want members		
to be aware of	f.	

#### **Mechanicals**

<u>Size</u> Business Card	3.5″w x 2″h
1/8 page Horizontal Vertical	3.7″w x 2.37″h 1.82″w x 4.8″h
1/4 page Horizontal Vertical	7.5″w x 2.4″h 3.7″w x 4.8″h
1/2 page Horizontal Vertical	7.5″w x 4.8″h 3.7″ w x 9.75″h
Full page	7.5″ w x 9.75″h

## Become a Board Member

Join The Excitement



# In this issue of Progress Notes...

- Executive Director Report
- Welcome, New and Returning Members!
- Annual Financial Report
- Board Applications (Ballots arriving SOON).
- PHOTOS! LAGPA at LACPA
- ► MORE PHOTOS! LAGPA/SCLMA Summer Social!
- Classified Ads and Job Announcements

# **JOIN LAGPA Don't Miss Out on Great Social Events**

Winter Social Coming Soon! Visit us on the web. www.LAGPA.org



PO Box 34142 LOS ANGELES, CA 90034

> CUSTOMER NAME STREET ADDRESS Address 2 CITY, ST ZIP COde

E-mail LAGPA@sbcglobal.net

We're on the Web! See us at: www.lagpa.org 310-288-3465 310-838-6769 (f)