

Progress Notes...



March 2007

Newsletter of the Lesbian and Gay Psychotherapy Association, Southern CA, Inc.

(310) 288-3465

Stuart Altschuler's Farewell Article

[This article was written by LAGPA's long-time Board Member and Co-President Stuart Altschuler just before leaving at the end of 2006]

It is now Fall and the days are taking on a new feeling. It is now Fall and LAGPA is taking on the Fall feeling. The new board has been elected and we are now focused on coming events and growing the organization. We had a magnificent social event on September 10 at the home of Co-president, Lilliane Quon-McCain, It was great joining with the membership of SCLMA on a social and networking level. The Beverly Hills home was the perfect setting to play together and relax. There were over 60 people there, were you one of them? Our thanks to Lilliane for opening her home and to Rick Olson

If you did not take advan-

tage of that event, our Educational Forum on Wednesday October 4 at The Village. Jeffrey Chernin, PhD, MFT presented on Gay male relationships. Our thanks to board member Larry Hymes for putting this together, with corporate sponsorship for the meal. Our education committee is hoping to produce one event like this a month. Come eat, network, learn, and get those all important CEU's. If you have a presentation you want to give or a therapist you would like to recommend to present a workshop, let Larry know.

It is also time for the Community Service Awards. This is the 7th year LAGPA has honored colleagues who have done so much to set a standard of professional and personal excellence and integrity in our community. As one of last years honorees, I know how moving and humbling the experience is to be so honored by my own peers. I have produced and attended each event since the first. It was so amazing to be present each time the awards have been given.

LAGPA exists because of you. Have you ever considered joining the Board? We need volunteers. It's fun and our Administrative Assistant, Chuck Stewart, can help you with the details. LAGPA has has a long history that you can participate.

Sincerely, Stuart ▼

The NEW, Revitalized LAGPA

These are exciting times for LAGPA. Emerging from the brink of extinction, the Board successfully mounted last year's June Conference and the Community Service Awards, held two social events in collaboration with the Southern California Lambda Medical Association (SCLMA) and presented two Educational Forums that included free meals for almost 40 people. Membership is up to almost 150 paid members, which is greater than when I began as the Administrative Assistant six years ago, and much more. All our taxes, business license, and website are up-to-date, and there is money in the bank. What more can I say about the achievements of the new Board Members?

2007 begins a new year and many more challenges and opportunities. In this issue of the *Progress Notes*, you will see the official announcement for the Annual Conference scheduled to be held June 17. It is being co-sponsored and held at Phillips Graduate Institute in the Valley. We expect this year's Conference to be the biggest and most successful ever. Already, we have John Duran committed to give the Key-note speech. John is always a great speaker and will fill us in on many of the legal issues affecting our profession. Please take the time to look over the application for presenting at the Conference.

Many of our members are qualified to present topics of interest to the entire membership. If you are interested in presenting, complete the form and send it in immediately. We welcome your support.

LAGPA is only as good as the support of its members. We are always in need of new Board Members to help guide LAGPA. Please consider joining the Board and bring your expertise to all.

One of the major changes that is occurring within LAGPA is the creation of an Executive Director. It has become obvious with the departure of Stuart Altschuler, that there needs to be someone in the organization who knows how to perform every task required to keep it running. Chuck Stewart, Administrative Assistant, is just such a person since he has worked for LAGPA for over six years and knows the ropes. The Bylaws are being modified to appoint him to the new position to assure the smooth continuance of LAGPA.

Written by: Chuck Stewart, Ph.D., Admin. Assistant. ▼



Become Part of the Team. Join the Board.

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LAGPA & SCLMA End of Summer Social

On a beautiful temperate Sunday afternoon of September 10th, the members of LAGPA and SCLMA (Southern California Lambda Medical Association) gathered to commemorate the last days of summer and also celebrate past and new members of both organizations. LAGPA Co-President, Liliane Quon-McCain, graciously opened her Beverly Hills home to a group of over sixty members belonging to LAGPA or SCLMA.

Members enjoyed intermingling outdoors in the shade or took a dip in the pool. Others enjoyed a lovely

Besides promoting broader networking possibility, these events strengthen the alliance between the two organizations.

Many thanks to the LAGPA and SCLMA board for helping organize the set up of the food, refreshments, tables and chairs. Thank you especially to our gracious hostess, Liliane, for sharing her home. Lastly, thanks to all the members who attended and for making our September Social a memorable one. We look forward seeing you at the next gathering.

By Ariana Kalina, MA, Board Member ▼



Co-President, Stuart Altschuler, (left) with Rick Tan, M.D., SCLMA President welcoming members to social.

buffet of assorted finger sandwiches, fruits, desserts, and refreshments. The event offered the quintessential ambience allowing people to relax and socialize around the poolside garden of this Spanish Californian home.

LAGPA Co-President Stuart Altschuler and SCLMA President Rick Tan welcomed the attendees to the Social and introduced their current board members. Both organizations made a commitment to having more combined events in the future.

LAGPA Honors Outstanding Work in the Community

On October 15, 2006, LAGPA held its 7th Annual Community Service Awards at The Village at Ed Gould Plaza in Hollywood to celebrate the outstanding work of leaders in the field of LGBT mental health and addictions. Recipients included Daniel Alonzo, MFT, honored for his consistent excellence in clinical practice, research, instruction, and mentorship, and for setting the standard for effectively working with LGBT clients. Robert Weiss, LCSW, founder of the Sexual Recovery Institute, was also honored for his leadership in the field of sexual addictions and for being a pioneer in the treatment of sexual addiction in the LGBT community. LAGPA also honored Michael Ralke, co-founder of Alternatives, Inc, with the Community Advocate Award created in 2004 to recognize commitment to and excellence in

treating mental health and substance abuse issues in the LGBT community. Michael graciously accepted the award on behalf of his long-time partner, the late Frank Boudewyns, who shared his vision of opening an addictions treatment center specializing in working with the LGBT community. The event was one of the most successful in LAGPA's recent history with attendees enjoying a reception that followed the awards presentation which included a silent auction with generous donations from LAGPA members and friends. Thank you to all who attended this successful event, to our supportive donors who helped to make it possible, and to our honorees who continue to set the standard for excellence in and commitment to improving the quality of life of LGBT people.

By Buck Dodson, MSW ▼

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NEW MEMBERS

We want to welcome the new members to LAGPA. Thank you for your support.

Jonathan Lynch
Bill Cohen
Arlyn-Kristine Seliner, MSW
Thomas Mondragon, MFT
Doug Thomas, LCSW
Sandy Kaufman, MFT
Mary Galloway, MFT
James Babi, PhD
Steven Kadel, MA

Bryan Mershon, PhD
Gregory Schaefer, PsyD
Matthew Silverstein, PhD
Mary Andres, PsyD
Dann Grindeman, MFT
Stacey Sigman, LCSW
Nicole Ashton, MA
Larry Hymes, MA
Helen Hill, MA

Mel Herst, MA
Mark Reina, MA
Buck Dodson, MSW
Monika Goebel, MA
Jonathan Tamarkin, MA
Susanne Pelka, PhD
Sanie Andres, MA
Gregory Pospisil, MFT ▼

LAGPA Holiday Social With SCLMA

LAGPA and SCLMA had a wonderful December holiday party hosted in Dr. Rick Tan's warm and decorated Sherman Oaks home. More than 70 people enjoyed a bountiful variety of foods, libation and lively conversation. A good time was had by all, as many stayed on even when the food was gone! SCLMA is looking forward to our next co-hosting Social. Watch for that announcement! ▼



**JOIN LAGPA
Don't Miss
Out on these
Great Social
Events**

HELEN ON THE RADIO!

KCSN 88.5 FM — "Shrink rap"

Hosted by Marriage and Family therapists Phyllis Chase, MA, MFT, and Dr. James E. Walton, PhD

Contact Helen Hill, MA at
310-779-7795
<http://www.helen-hill.com>



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Growth

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Aaron Alan, New Co-President

I am honored to have been selected as the new Co-President for LAGPA. Stuart Altschuler, MFT, has been instrumental in guiding LAGPA for nearly 10 years and his dedication and hard work will be significantly missed. I am delighted to be following in his footsteps.

Along with the departure of Stuart Altschuler, several other LAGPA Board members are also leaving, and their commitment and enthusiasm will be greatly missed; Rick Olsen, LCSW, Buck Dodson, MSW, and Ariana Kalina, MA. Their absences will create vacancies on the LAGPA Board which will need to be filled. If you have time to offer, please consider joining the LAGPA Board.

As we move forward, it has become apparent to the Board that greater assistance

is needed in the operation of the Board. Fortunately, Chuck Stewart, PhD, has commendably filled this role for the past six years as a contracted administrative assistant to the Board and we have come to rely on his expertise. As such, in order for the organization to continue operating smoothly into the future, we are proposing to amend our Bylaws to create an Executive Director position to replace the contracted administrative assistant position. We will vote on this matter soon and value your participation.

As the new Co-President, I welcome all ideas and look forward to my tenure with the Lesbian and Gay Psychotherapy Association.

Sincerely,
Aaron Alan, MA



*Aaron Alan, MA
New Co-President*

COMING SOON!







SEXUAL ADDICTION TREATMENT

SUPERVISION AND CONSULTATION GROUP

The Sexual Recovery Institute (SRI), the Southern California outpatient center for Sexual Addiction and Offender Treatment, announces the commencement of an *ongoing twice-monthly supervision and consultation group* led by Executive Director, Robert Weiss, LCSW, CAS.

This group will provide the opportunity for psychotherapy and addiction focused clinicians to learn more about the assessment and treatment of compulsive sexual disorders, while bringing in cases for confidential discussion.

SAMPLE TOPICS TO INCLUDE:

-  Managing Multiple Affairs and Marital Betrayal
-  Understanding Online and Other Pornography Addictions
-  Useful Interventions in working with Sex Addicts
-  Making meaning out of Anonymous and Public Sex
-  Paying for Sex: Strip Clubs / Sensual Massage / Escorts / Prostitutes
-  Couple's Issues in Sexual Recovery

CONTINUING EDUCATIONAL UNITS (CEU'S) AVAILABLE

When: Twice monthly at SRI - *Friday Mornings from 10 am to 12:00 pm*. The first group meeting is Friday, March 30, 2007.

Who: Licensed Psychotherapists, Certified Addiction Specialists, Interns & Trainees

Cost: \$25 per two-hour group session. Advance payment and reservations encouraged, but not required. RSVP APPRECIATED.

Where: The Sexual Recovery Institute
822 S. Robertson Boulevard, Suite 303
(between Olympic and Wilshire Boulevards)
Los Angeles, CA 90035

To Join: Contact Cecilia Quigley, Administrative Director
E-mail: cecilia@sexualrecovery.com
Phone: (310) 360-0130 ext 205

Our Website: www.sexualrecovery.com

EXCITING JOB OPPORTUNITY!

SEX ADDICTION TREATMENT SPECIALIST

3/4 - Full time Clinical position available for experienced, savvy, therapist or Supervised clinical position available for advanced level trainee (psych assistant, post-doc, MFT Intern, etc.) in a 12-step/recovery oriented, cognitive behavioral sex addiction and non-violent sex offender outpatient treatment setting at The Sexual Recovery Institute, Los Angeles. Specific tasks include assessment, individual and group psychotherapy and treatment along with psycho-education, potential research opportunities, public speaking and supervision. Pay commensurate with education level and experience. Licensure preferred, not essential. To learn more about The Institute and our services, please visit our website: www.sexualrecovery.com.

Couples Counseling with Challenging Gay Male Couples: An Assessment Tool that is Also an Intervention

By Jeffrey Chernin, Ph.D.,
MFT Guest Contributor

Being gay and male can have a dual impact on "relationship-ability." As men, we're socialized to be competitive and independent. Many of us react to growing up in a homophobic environment by isolating and distancing ourselves from others. These coping strategies can later lead to relationship challenges, such as power struggles and ongoing conflicts.

Working with couples who are combative and defensive can be very challenging. To assist your clients, I'm offering an assessment tool you can use that is also an intervention: The three conditions for productive dialogue.

Before I describe the model, I'd like to discuss some preliminaries: As you demonstrate respect, warmth, and empathy for both partners, you're establishing trust. Once established, there's more room to comment on the way they deal with conflict.

Observe out loud how they relate to each other. If they tend to fight in session, mention that you want to help them argue productively, moving past the "hamster wheel" feeling of conflict and working through their issues.

When a couple heats up in session, ask each partner to rate his level of anger. After they do, add, "When you're angry, you want to get your point across so you can't hear anything."

Then, help each partner to find a way to calm down before proceeding so that they can listen as well as talk.

Note to your clients when one or more of the three

conditions is absent. However, when you observe progress, disclose it so they can be aware of their newly found strengths. With the preliminaries in mind, let's move on to helping your clients achieve productive dialogue.

The Three Conditions

Understanding "process:" Note to the couple that it's not what they're talking about, but how that leads to further conflict (or, conversely, to productive dialogue). Observe and comment on their behavior in session — interrupting each other, ascribing motives, and so on — and help them to develop more respectful and effective communication.

Let's say that one partner has a complaint and the other partner replies, "I may do this, but you do that, which causes me to do it (or he might alternatively say "... which is worse than what I do to you"). Encourage the other partner, despite his points' merit, to shelve them until his partners presenting issue has been worked through - even if the counter-complaint is related to the presenting issue. By doing so, you're helping the clients learn to be non-defensive.

Believing that both partners are "right:" For couples to work through their power struggles and conflict, they must accept each other's point of view as equally true. Continually validate each partner's perspective and later note that: "You both have excellent points and you're both right. Now, how do you want to resolve this so that you're both comfortable with the outcome?" Once they start, help them to stay focused on productive

dialogue.

Focusing on one's own contribution to the problem and not his partner's:

Ask the couple to rate their contribution in terms of a percentage. Be prepared to hear "30 - 40%" (or less) from both partners. Challenge them that it cannot be true and that it looks closer to 50-50.

To remove another barrier to this often difficult undertaking, when you hear one partner say essentially, "That's his stuff," one intervention is, "That was true prior to being in a couple. Now his stuff (and yours), must be dealt within the context of your relationship." When they slip, remind your clients of the importance of taking responsibility for his part and ask each one what he sees it as.

Regardless of your approach to therapy (psychodynamic, cognitive-behavioral, etc.), you can help your clients become more aware of their responsibility for ongoing conflict, become better at listening and understanding each other, and ultimately resolve their differences using productive dialogue.

Jeffrey Chernin, Ph.D., MFT is in private practice in mid-Wilshire. He's co-author of *Affirmative Psychotherapy for Lesbians and Gay Men* and the recently published *Get Closer: A Gay Men's Guide to Intimacy and Relationships*.

For more information.
www.JeffreyChernin.com ▼

LAGPA is



what
YOU
make it
to be.

SAVE THE DATE**SUNDAY****JUNE 17****13th ANNUAL
CONFERENCE*****"Our Changing
Communities"*****Keynote Speaker:
John Duran,
Attorney****Phillips Graduate
Institute****MARK YOUR
CALENDAR****** Call for Papers ******Thirteenth Annual Conference****Lesbian and Gay Psychotherapy Association of Southern California, Inc.****Sunday, June 17, 2007****Phillips Graduate Institute — Encino, CA**

Convention Theme

" OUR CHANGING COMMUNITIES "**Submission Requirements:**

1. Proposals must be submitted using the application on the the next page and must provide all requested information. Proposals which do not follow the application format will be rejected without consideration. No proposals or other materials will be returned. You will be notified of acceptance or rejection via E-mail. No honorarium is provided for convention presenters. Reasonable A/V equipment will be provided if requested in advance.

2. The LAGPA Convention Committee is accepting proposals on *Our Changing Communities* issues directly related and pertaining to the LGBT Community. This year we are especially looking for programs on HIV among women and minorities, domestic violence prevention, eating disorders, body dysmorphia, relationships, sexual expression, substance abuse, compulsions, same sex marriage and depression, to name a few. Proposals will be reviewed by the LAGPA Convention Committee. The committee makes its decision based on the following regulations/guidelines:

- ◆ Proposals should reflect intermediate to advanced level of learning;
- ◆ Proposal topics should be based upon clearly stated educational goals and objectives;
- ◆ Proposals should reflect applicability and relevance to licensed masters or doctoral level psychotherapists in the areas of clinical practice, theory, research and methodology;
- ◆ Proposals should demonstrate how the presentation will be organized in order to best facilitate the learning process for attendees;
- ◆ Proposals should be objective (i.e., not reflecting any commercial views of the provider or presenter or anyone giving financial assistance to the provider or presenter);
- ◆ Proposals should be accompanied by a syllabus that contains instructional objectives (5), learning methods (i.e., lecture, slideshow, video, case material, etc.), and summaries of the main points for each topic;
- ◆ Proposals should be complete, accurate and timely.
- ◆ Proposals should specify if they are for 1 ½ or 2 hour time slots (only 3 two-hour time slots are available and will be assigned at the discretion of the conference committee).

3. Should you require assistance or clarification, please do not hesitate to contact Chuck Stewart, Ph.D. at -- ckstewar@sbcglobal.net

4. All proposals must be E-mailed **no later than Friday April 20, 2007.**

Please Do Not FAX or MAIL

For consideration, convention proposals must include:

Application completed in full

Maximum of 50 word abstract

Syllabus

Vitae of all presenters

Short 1-2 line bios for all presenters and chairs/moderators

All documents must be Word files or Rich Text Formatted files either embodied in the E-mail or as attachments. Do not send WordPerfect files.

E-mail to: Chuck Stewart at -- ckstewar@sbcglobal.net

Call for Papers Application

13th Annual LAGPA Conference
Sunday, June 17, 2007 ** Phillips Graduate Institute

Proposals must be E-mailed no later than Friday, April 20, 2007.

NOTE: WHEN SUBMITTING AN APPLICATION FOR THE CONFERENCE, SEND AN E-MAIL THAT CONTAINS A RESPONSE TO EACH NUMBERED ITEM BELOW EITHER POSTED IN THE E-MAIL AND/OR AS ATTACHMENTS TO THE E-MAIL. All attachments must be in Microsoft Word, or as a Rich Text Formatted document. WordPerfect documents will not be accepted.

1. Presenter(s): A one and one-half-hour presentation may have no more than two presenters.

Name/Degree: _____
Mailing Address: _____
City/State/Zip: _____
Phone: _____ Fax: _____ Email: _____

2. Second Presenter: (list as many as applicable)

Name/Degree: _____
Mailing Address: _____
City/State/Zip: _____
Phone: _____ Fax: _____ Email: _____

3. Program Title: Try not to exceed 15 words.

4. Learning Level: Indicate if the course is at: (a) Intermediate (useful for psychotherapists with experience in this field, or, (b) Advanced (useful for psychotherapists with extensive experience in this field).

5. Time: Do you need 1½ or 2 hours?

6. Abstract: Attach an abstract that will be used in the convention program. It MUST NOT EXCEED 50 words.

7. Syllabus: Attach a course syllabus which includes: (a) educational goals of the course (5 goals), (b) summary of main points to be covered, and, (c) learning methods which will fulfill the educational goals.

8. Vitae and Presenter Identification: (a) Attach the vitae of the presenter(s). There is a maximum of two presenters for a 1½ hour session and four presenters for a 2 hour session. Note that only 3 two-hour sessions are available and will be decided upon by the Conference Committee. Your presentation may be reduced to 1½ hours if accepted. (b) In addition, it is vital that a very brief 1-2 line bio be submitted for each presenter, including degree, licensure, affiliations. The identifications will be used in the convention program(s).

9. Audio/Visual Needs: Indicate if you need: (a) Overhead Projector/Screen, (b) VCR/Monitor, (c) Flip Chart with markers, (d) None, (e) I will bring my own

10. Authorization: By submitting this application: I/We understand and agree to all of the instructions, rules and regulations. I/We give permission to LAGPA to edit the presentation title, abstract, length of presentation and identifying information as necessary for publication purposes without notification. I/We understand that no materials submitted for consideration will be returned.

Proposals must be E-mailed no later than **Friday, April 20, 2007.**

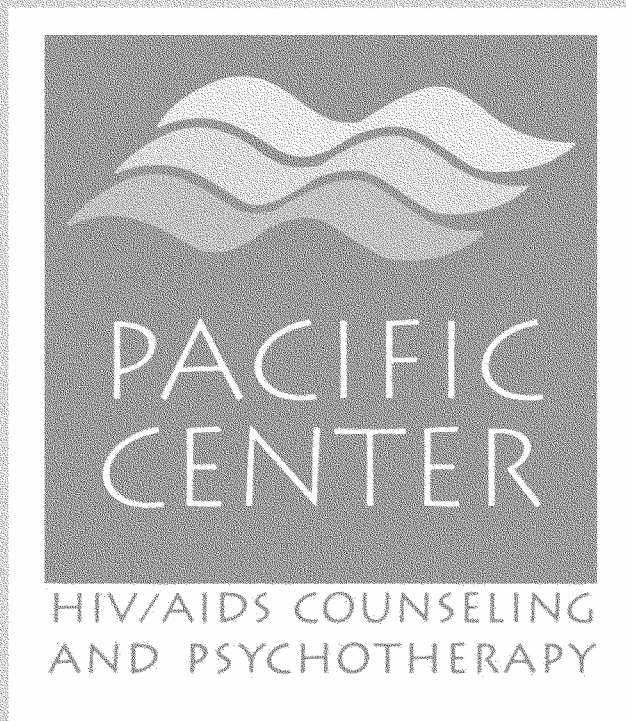
Again, answer each of these items in an E-mail and attach supporting documents to the E-mail.

**E-mail your application and supporting documents to:
Chuck Stewart, Ph.D. at – ckstewar@sbcglobal.net**

Your E-mail will be acknowledged within 2-days. If you do not get an acknowledgement, send the application again by E-mail and contact Chuck Stewart at 310-838-6247.

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This advertisement is made possible by a grant of Ryan White Title I Funds from the Los Angeles County Department of Health Services, Office of AIDS Programs and Policy.

Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc.— an organization dedicated to the promotion of gay, lesbian, and bisexual psychology, by supporting and serving the mental health professionals who work within the gay, lesbian, and bisexual and transgendered community.

Spring 2007

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Box 34142

Los Angeles, CA 90034

www.LAGPA.org

CLASSIFIED ADVERTISEMENTS

THERAPY

Gay Men's Growth Group

This is an ongoing men's group, which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday/Wednesday night in Studio City. \$35per session. Contact Sandy Kaufman, MFT at 818-761-4200

Mixed Groups

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, PhD. For more information, please call 310-841-6870.

Gay Men's Psychotherapy Group

Psychodynamic group focuses on Gay empowerment, recovery from trauma and co-addiction, compassionate self-care, mindfulness, building intimate relationships. Fridays 6 PM, \$50. For more information, please call: Matt Silverstein, MFT, 310-842-6124 (License #MFC38474).

Social Anxiety Group

This group will be making use of the latest empirically validated treatment for social anxiety. The group will be mixed (both gay, lesbian and straight clients) and time limited to 10-12 sessions. Contact Joel Becker 310-858-3831.

Lancaster & Palmdale!

Gay Men's Support Group starting March 2007. Mondays, 6:30 PM. \$20/session. Facilitated by Sanie Andres, MA, MFT Intern (IMF 47068) and Art therapist. He is supervised by licensed Psychologist, Dr. Jennifer Kendall (PSY 16449). 661-940-0211, ext. 5.

Emotional Reg. Skills Group

This group that is based on the work of Marsha Linehan, Ph.D. with patients who have the diagnosis of Borderline Personality Disorder. It is appropriate for all clients who have problems in this area, which may include patients in a wide

range of disorders including substance abuse, etc. This group is adjunctive and the client must have a primary therapist who will remain in the picture as "therapist of record." Contact Joel Becker 310-858-3831.

Gay Men's Group

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30 -9PM. If interested, please call Joel Becker, Ph.D. (PSY11680), 310-858-3831.

Women Over 40

Support and process group intended to allow women over 40 years of age to discuss coming out, making new connections, and more. Married and unmarried women are welcomed. Wednesday nights from 7:30 PM to 9 PM. \$35/session. Contact Emily Moore at 626-793-1078.

EMPLOYMENT

Psychotherapy Bookkeeper Position

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula MFT at 323-876-8861 OR 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

OFFICE SPACE

Beverly Hills

~~Large corner office on Beverly Drive, private waiting room. Available Friday, Saturday, or Sunday (\$200 per day/month) and some evenings. Parking included. Rob Kelly, Ph.D. at 310-277-1944.~~

West Hollywood/San Fernando Valley--

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thallians. Also office space on Ventura Blvd. near Laurel Canyon (Studio City).

- quiet, garden courtyard; one story building; 24/7 access & AIR

- windowed, private waiting room; sound-proofing & call-light systems
- windowed & skylighted pri-

vate therapy office

- separate entrance-exit; separate restrooms for clients & therapists
- high vaulted wooden ceiling/new wood window blinds
- utilities included with reasonable rent; private, covered, well-lit parking
- easy canyon access to San Fernando Valley
- recently remodeled to psychotherapy specifications

Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

Beverly Center

Part-time mornings and Friday-Sunday. Quiet small secured building near Beverly Center, 24/7 access, private climate control, windowed charming comfortable large furnished office, good size for groups, shared waiting room with call light, sound proofed, plenty of parking (free or metered), utility room with fridge, micro, copier, printer, file drawers. Call Steve Kadel 310-228-3676.

West L.A.

Beautifully decorate, windowed, freeway close, handicapped access, call lights, separate entrance/exist, security building. Available Thursday and Saturday, all day and evening or for blocks of hours. Contact Renee R. Sperling, LCSW at 310-470-3450.

West Hollywood

Professional furnished office for rent. To share with psychotherapist.

- * NOW \$650/month, immediately available.
- * Beautifully furnished with antiques and southwest flair. Ok to change decor.
- * Fabulous 15' x 20' large inner office w/ private corridor exit.
- * Share reception area [11' x 12']
- * Wall to wall carpet.
- * 8' x 10' west window faces sunsets and tops of trees.
- * Security building with telephone access from the street.
- * Any hours available 24/7 except when daytime on Mondays and Thursdays.

Good credit needed. Great for an established quiet professional business.

Please call 310-455-3232 during business hours. 8235 Santa Monica Blvd at Harper, NE Corner.

Volunteer!

Make LAGPA Your Cause

CALENDAR OF EVENTS

All Educational Forums are held at:


The Village at Ed Gould Plaza,
1125 N. McCadden Place,
Los Angeles, CA 90038

JUNE

• June 17, 2007

Annual Conference:

Keynote speaker by Attorney John
Duran. 6 CEU credits for all licenses.



Cindie Henrie, LMFT (323) 829-3548
Psychotherapist Lic. #41617

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Website: Therapist4me.com
E-Mail: CHenrie@Therapist4me.com

About LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc. (LAGPA), was established in 1992 as an organization of mental health professionals interested in gay, lesbian, bisexual and transgender clients.

Members of LAGPA are actively involved in expanding the role of psychologists, psychiatrists, social workers, and marriage and family therapists who serve the greater gay community of Southern California. While LAGPA is

oriented towards mental health professionals, individuals who desire to join LAGPA are not required to be a licensed psychotherapist. ▼

POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send a mailing to the membership you must provide enough copies of the item to be sent folded, stamped and ready to mail. LAGPA will run address labels and place them on the item to be mailed at a board meeting. Therefore, your materials must be received by LAGPA no later than one week prior to the next board meeting as indicated on the web site or in the newsletter, for them to be mailed in a timely fashion. If you want to do a separate mailing you must give us 10 open envelopes with the material you are mailing so we may review it. Rates for this type of service are: members \$125.00 per mailing; non-members \$175.00 per mailing. We strongly suggest you place an ad in the P.N. rather than creating a separate mailing.

As the LAGPA Board is all volunteer, and responsible for creating, collating, folding, labeling, stamping and mailing all newsletters and other correspondence throughout the year, we cannot accommodate the insertion of stand alone flyers into the newsletter or conference materials. Unless, or until, there is a full complement of board members and volunteers to assist on various committees, all flyers must appear as ads in the newsletter and/or conference brochure. Member and non-member rates are listed in the P.N. and on the web site at www.LAGPA.org. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to mail, include in the newsletter or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. To engage in any of the above or for more information please contact our administrative assistant, Chuck Stewart. The purpose of a newsletter is to provide specialized information to a targeted audience. Newsletters can be a great way to market your product or service, and also to create credibility and build your organization's identity among peers, members, employees, or vendors.

First, determine the audience of the newsletter. This could be anyone who might benefit from the information it contains, for example, employees or people interested in purchasing a product or requesting your service. You can compile a mailing list from business reply cards, customer information sheets, business cards collected at trade shows, or membership lists. You might consider purchasing a mailing list from a company.

Next, establish how much time and money you can spend on your newsletter. These factors will help determine how frequently you publish your newsletter and its length. You should publish your newsletter at least quarterly so that it's considered a consistent source of information. Your customers or employees will look forward to its arrival. ▼

NEWSLETTER POLICY

Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles which must be typed and double-spaced, to

LAGPA
Progress Notes
PO Box 34142
Los Angeles, CA 90034

You may also email your articles to ckstewar@sbcglobal.net. This newsletter is mailed to each member, and may be made available to non-members by requesting copies either through mail (to the address above), or by calling 310-838-6247.

Publishing Schedule

Advertising and articles are due no later than the following dates:

	Due Date	Pub. Date
Spring	2/15	3/1
Summer	5/15	6/1
Fall	8/15	9/1
Winter	11/15	12/1

Classified Advertisement Rates

Members	FREE
Non-member	\$15.00

Display Advertisement Rates

Size	Member	Non-mem.
1/8 page or business card	\$20.00	\$30.00
1/4 page	\$35.00	\$50.00
1/2 page	\$50.00	\$70.00
Full page	\$75.00	\$100.00

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

Mechanicals

Size	
Business Card	3.5" w x 2" h
1/8 page	
Horizontal	3.7" w x 2.37" h
Vertical	1.82" w x 4.8" h
1/4 page	
Horizontal	7.5" w x 2.4" h
Vertical	3.7" w x 4.8" h
1/2 page	
Horizontal	7.5" w x 4.8" h
Vertical	3.7" w x 9.75" h
Full page	7.5" w x 9.75" h

**Become a
Board Member**

**Join The
Excitement**

In this issue of *Progress Notes*...

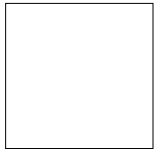
- ▶ 2007 Annual Psychotherapy Conference—**Call for Papers**
- ▶ 7th Annual Community Service Award Recipients!
- ▶ Article—*Couples Counseling with Challenging Gay Male Couples*
- ▶ Holiday Party Review and Summer Social Recap
- ▶ Message from our new Co-President.
- ▶ Classified Ads

**CALL FOR PAPERS
ANNUAL CONFERENCE
DETAILS INSIDE**

Visit us on the web.
www.LAGPA.org



PO Box 34142
LOS ANGELES, CA 90034



CUSTOMER NAME
STREET ADDRESS
Address 2
CITY, ST ZIP CODE

E-mail
ckstewar@sbcglobal.net

We're on the Web!
See us at:
www.lagpa.org
310-288-3465
310-838-6769 (f)