

Julie Cohen LMFT



Northridge, California 91406

Phone: 818-212-0813

If you have found me chances are you are looking for support for yourself, your relationship, a friend or loved one. My goal as a therapist is to facilitate a process of self-awareness. I have learned that self-awareness is a natural agent of change. The self-aware person always has choices. They make decisions that are grounded in authenticity, without guilt, shame or resentment. Asking for help is never easy. But, I encourage you to reach out to me. I will partner with you on your journey. We will tackle whatever comes up together, with introspection, compassion, perhaps a few tears and a little bit of humor.

Additional Locations: San Fernando Valley

Gender: Female

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming, Adults, Seniors

Theoretical Orientations: Client Centered, Cognitive, Experiential, Feminist,

Humanistic/Existential, Insight Oriented, LGBT-Affirmative Psychotherapy,

Psychodynamic, Solution Focused

Therapy Modes: Brief, Long Term, Individual Psychotherapy, Couples Therapy

Degrees: MS

Academic Institute 1: CSUN

Year Graduated 1: 1993

License Number: LMFT 33711

License State: California

Years in Practice: 25

Private Practice: Yes

Available for Emergency: No

Accept Interns: No

Insurance Accepted?: No

Fee Range: Call to discuss

HMO's / PPO's Accepted: I do not take insurance but will provide an invoice for reimbursement.

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