

DC Hamilton, LMFT



915 W. Foothill Blvd.
Suite C-433
Claremont, CA 91711

Phone: (626) 317-6443

My passion is supporting parents! Are you exhausted by your child's whining, tantrums or refusals to listen? Are you embarrassed by their public meltdowns? I understand because I've been there myself. If your child refuses to follow directions, is easily upset or irritated, throws things, hits, bites, or struggles with attention on schoolwork, sitting still at mealtimes, or has difficulty with bedtime, I can help with Parent-Child Interaction Therapy (PCIT). Offices in Claremont & Rancho Cucamonga Online appointments available throughout California What Is PCIT? PCIT was developed through UC Davis Children's Hospital and has been shown by 40 years of research and 100's of studies to be the gold standard for treating child disruptive behaviors with specialized protocols for children as young as 12 months and as old as 10 years. A recent study has even shown PCIT to be more effective for disruptive behavior than stimulant medication. PCIT can radically transform child disruptive behaviors in as few as 14 treatment sessions with techniques that are nurturing and effective. PCIT can also improve school behaviors, and its principles can be used with siblings. And I can tell you how these techniques worked wonders for my own family. Will PCIT Help My Child? Whether your child's behaviors are related to anxiety, ADHD, mild autism, being gifted, trauma, difficulty adjusting to a life stressor like a move or the birth of a sibling, or if your child is just a strong willed, "little leader" - PCIT can help you channel their sensitivity and resistance into resilience and perseverance that can serve them well into adulthood. [Appointments](#)

children, PCIT can change their entire life trajectory by interrupting the common link between preschool expulsion and high school dropout, substance abuse, and even incarceration. Why Does PCIT Work So Well? PCIT uses live coaching to train parents how to provide therapeutic play skills and behavior therapy skills directly to their own children so parents can become their children's own therapeutic specialist. When parents learn PCIT strategies, they can dissolve tantrums quickly, ease worries and anxieties, and help their children happily listen to instructions the first time. Children with special behavioral needs aren't bad kids. And their parents aren't bad parents. These kids just need special skills to address to their special behavioral needs. PCIT empowers parents with these skills to transform their children's behaviors and build their independence in managing their own emotions and behaviors at home, school, and in the community. Why PCIT with Me? After 17 years of providing mental healthcare services to children with behavioral challenges, I have chosen to focus my practice solely on supporting parents to transform child disruptive behaviors with PCIT. And as a certified PCIT International therapist and as one of the first therapists in the country certified by UC Davis Children's Hospital in PC-Care (the newest version of PCIT), you will know that your family is receiving highly experienced and cutting-edge treatment with me. I specialize in supporting families like yours not only because I have seen the principles of PCIT work wonders for my own family, but also because I have seen it work quickly and effectively with family after family in my practice and year after year with benefits that can last children a lifetime. It is my joy and privilege to use my education, training, and my personal parenting experience to empower parents like you. Let's work together to transform your child's disruptive behaviors to bring peace, warmth, and affection back to your home. Adoptive, foster, and kinship families can especially benefit! LGBTQIA+ and gender diverse families are understood, welcomed, and celebrated!

Additional Business Address: 7365 Carnelian Street Suite 132; Rancho Cucamonga, CA 91730

Additional Locations: Hollywood / Silverlake, West LA, Palm Springs / Palm Desert,

Other

~~Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,~~

Transgender, Gender Non-Conforming, Children 3-12

Theoretical Orientations: Behavioral, Client Centered, Cognitive, Developmental,

Family Systems, Feminist, Humanistic/Existential, Interdisciplinary, LGBT-Affirmative

Psychotherapy, Other

Therapy Modes: Brief, Family, Group Therapy, Workshops

Degrees: MA, MFT

Academic Institute 1: Loyola Marymount University

Year Graduated 1: 2010

License Number: LMFT 101375

License State: CA

Years in Practice: 13

Private Practice: Yes

Available for Emergency: No

Accept Interns: Yes

Insurance Accepted?: Yes

Fee Range: 35-450

HMO's / PPO's Accepted: Single Case Agreements possible with most HMO plans,

out-of-network with most PPO plans

Groups: LGBT+ Parent Support Therapy Groups, \$35-\$75 per group

Workshops: LGBT+ Parent Support Workshops, \$35-\$75 per workshop

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