

Olivia Austin



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I believe in meeting people where they are, by providing a trusting environment to explore your vulnerable and authentic self we can create the compassion and non-judgment you deserve. To support your explorations, awareness and growth, I help you unpack past experiences in a way that empowers you and allows for positive change in your life through a focus on your personal strengths. Life can be full of obstacles, at every stage, but we should not have to go through them alone. I am a trauma-informed, sex-positive therapist, and I work from a person-centered and mindfulness approach. I have experience working with people of all ages and I am LGBTQ+ Affirming.

Gender: Female

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming, Children 13-19, Adults

Theoretical Orientations: Client Centered, Feminist, Humanistic/Existential, LGBT-

Affirmative Psychotherapy

Therapy Modes: Long Term, Individual Psychotherapy, Couples Therapy, Family

Interns: Supervised by Tiffany Dzioba, PsyD, LMFT #51595

Degrees: MA

Academic Institute 1: Antioch University: Los Angeles

Year Graduated 1: 2019

License Number: AMFT #117598

License State: California

Years in Practice: 3
Currently on Staff at: growURpotential
Insurance Accepted?: No

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