

Trauma & grief recovery by Dr. Lisa Larsen



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Having practiced in the San Francisco Bay Area, I have worked with many people who are gay, lesbian, bisexual, transgender, queer and questioning. I help children, adolescents and adults cope with an unwelcoming society as well as relationship issues, self-esteem, and depression. I am not queer-identified. However, I consider myself an ally who is comfortable in helping you cope with issues like family rejection, homophobia, transphobia, identity issues, bullying, nontraditional families, harassment, and interpersonal violence. Every person deserves the right to love themselves unconditionally and enjoy life. I love helping people achieve that. I believe that family can be anyone close to you, not just blood relations (who can be hurtful and close-minded without intending to harm their loved ones). I work in a fairly conservative area now, and I try to be a safe person for those who face bigotry and homophobia as well as transphobia in their families and larger communities.

Gender: Female

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming, Children 13-19, Adults, Seniors

Theoretical Orientations: Cognitive, LGBT-Affirmative Psychotherapy, Solution

Focused

Therapy Modes: Brief, Long Term, Individual Psychotherapy, Family

Degrees: PsyD

Academic Institute 2: JFKU

Year Graduated 2: 2002
License Number: PSY19046
License State: CA
Years in Practice: 16 YRS
Private Practice: Yes
Available for Emergency: No
Accept Interns: No
Insurance Accepted?: Yes
Fee Range: \$110-130
HMO's / PPO's Accepted: Anthem BC; Blue Shield Federal ONLY

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