

# Marston James, LMFT, Psychotherapist

---



8235 Santa Monica Blvd.  
Suite #309  
West Hollywood, CA 90046

Phone: (323) 369-3515

I specialize in assisting gay men and lesbians in developing a more conscious relationship with their inner life and inner dynamics through a Gay-Centered or Lesbian-Centered approach that supports individuals in addressing early childhood dynamics, internalized homophobia, and the trauma of growing up homosexual in this world, issues that today lead to unstable relationships, depression, anxiety, and compulsive behaviors, to name a few. I bring over 20 years of experience working with gay/lesbian individuals and couples who seek to address either short-term issues/conflicts, or desire to work on a deeper level psychologically toward greater individuation, or the realization of gay/lesbian soul, through the guidance of a seasoned psychotherapist. This approach necessarily includes focus on neglected painful aspects of inner life, such as early childhood traumas and internalized homophobia. Through the process of working with these wounded inner parts of your self, you can potentially transform them from barriers to your growth and development as a gay/lesbian person into sometimes powerful allies that can assist you in becoming more whole as a person and more powerfully connected to gay/lesbian spirit! An ideal approach for all individuals, regardless of sexual orientation or gender identity, who seek a more authentic lived experience. I know

---

that making a call or sending an email to a psychotherapist can sometimes feel like one of the most scary things you can do -- that's what makes it such a courageous act! I encourage you to not let your fear deter you from reaching out for what you truly deserve: a more authentic experience of your true gay/lesbian self and of gay/lesbian love within! In this particular time of social distancing and other precautionary measures, I also offer sessions via Skype and Zoom for your convenience and sense of safety. Be well and stay grounded! In Gay Spirit, Marston

Gender: Male

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming, Children 13-19, Adults, Seniors

Theoretical Orientations: Cognitive, Depth Psychology, Humanistic/Existential,

Insight Oriented, Jungian, LGBT-Affirmative Psychotherapy, Object Relations, Psycho-

Analytical, Psychodynamic, Uranian Psychoanalysis

Therapy Modes: Brief, Long Term, Individual Psychotherapy, Couples Therapy

Degrees: MA

Academic Institute 1: Antioch University Los Angeles

Year Graduated 1: 1996

License Number: MFT 35270

License State: California

Years in Practice: 22

Currently on Staff at: Hathaway-Sycamores Child & Family Services

Staff Title: Clinical Director

Private Practice: Yes

Available for Emergency: No

Accept Interns: No

Insurance Accepted?: Yes

Fee Range: \$125 Individuals; \$150 Couples

HMO's / PPO's Accepted: Please see my website for information on insurance I

accept.

[WEBSITE](#)

[CONTACT THIS MEMBER](#)

[Tell a Friend](#)

