

# Dominic Valdes, LCSW, CSAT,

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Temporarily Virtual. Updated: 4/1/21  
Los Angeles, California 90014

Phone: 15624008133

I can help you understand behaviors that are no longer working for you, including compulsive sexual behaviors, perfectionism, infidelity, chronic negative/harsh self-talk, entering/staying in toxic relationships, or substance abuse. If you are in a relationship, I also specialize in couple's therapy, focusing on communication skills, creating a safe and structured setting to process difficult topics, infidelity, betrayal trauma, and intimacy-related issues. Please contact me to schedule a 10-minute initial consultation. I look forward to connecting with you!

Additional Business Address: All sessions are temporarily virtual as of 4/1/2021.

Gender: Male

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming, Adults

Theoretical Orientations: Behavioral, Client Centered, Cognitive,

Humanistic/Existential, Insight Oriented, LGBT-Affirmative Psychotherapy,

Psychodynamic

Therapy Modes: Brief, Long Term, Individual Psychotherapy, Couples Therapy

Degrees: MSW, LCSW

Academic Institute 1: California State University, Bakersfield

License Number: 71010

License State: CA

Years in Practice: 13

Private Practice: Yes

Accept Interns: No

Insurance Accepted?: Yes

Fee Range: 175 Individual; 250 Couples

HMO's / PPO's Accepted: Lyra , Modern Health , Cigna, Humana, ComPsych

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