

Richard Espinoza, Psy.D.



11340 W. Olympic Blvd.
Suite 310
Los Angeles, California 90064

Phone: 3235087907

Above all, I love my work as a psychologist. This profession allows me to act as both scientist and artist, and I take joy from watching people evolve in their lives. I use talk therapy to adjust and reform your relationship with yourself and others. My approach provides a supportive—yet challenging—environment where we partner together to develop behaviors and coping skills to overcome issues like depression, anxiety, or trauma. By taking into account the uniqueness of everyone's situation such as: race, ethnicity, religion, education, finances, gender, or sexual orientation, we will work to discover and mend the root of your personal struggles. My website's F.A.Q. may answer additional questions you have.

Gender: Male

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Gender Non-Conforming, Adults, Seniors

Theoretical Orientations: Depth Psychology, Family Systems, LGBT-Affirmative

Psychotherapy, Object Relations, Psycho-Analytical, Psychodynamic

Therapy Modes: Long Term, Individual Psychotherapy, Couples Therapy

Degrees: PsyD

Academic Institute 1: The Wright Institute

Year Graduated 1: 2013

Academic Institute 2: The Wright Institute

Year Graduated 2: 2015

License Number: PSY28726

License State: CA

Private Practice: Yes

Available for Emergency: No

Accept Interns: No

Insurance Accepted?: No

Fee Range: \$180 - \$200

HMO's / PPO's Accepted: I do not accept insurance, but your insurance provider may reimburse you for Out-of-Network services.

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