

Anthony Zamudio, Ph.D.



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Coming out, finding that special relationship or learning to live with the one you love are areas that I address in individual or couple psychotherapy. Depression, anxiety, low-self esteem, separations, or trauma are problems where psychotherapy can help bring a better understanding of your life's journey and purpose. As a clinical psychologist for 31 years, I've been trained in a variety of approaches (cognitive-behavioral, family systems, psychodynamic, & somatic models) that can help you through these life challenges and transitions. At UCLA, I received my doctorate and intensive training in Integrative Behavioral Couple Therapy (IBCT) that has been documented as an effective couple therapy approach. I'm also an Associate Professor of Clinical Family Medicine at the Keck School of Medicine of the University of Southern California where I teach medical students and family medicine residents' clinical skills and physician well-being.

Gender: Male

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women, Transgender, Gender Non-Conforming, Adults, Seniors
Theoretical Orientations: Client Centered, Cognitive, Family Systems,

Humanistic/Existential, Insight Oriented, LGBT-Affirmative Psychotherapy,

Metaphysical, Psychodynamic, Solution Focused, Transpersonal
Therapy Modes: Brief, Long Term, Individual Psychotherapy, Couples Therapy
Degrees: PhD
Academic Institute 1: California State University, San Bernardino
Year Graduated 1: 1979
Academic Institute 2: UCLA
Year Graduated 2: 1987
License Number: PSY10758
License State: California
Years in Practice: 29
Currently on Faculty: Keck School of Medicine of the University of Southern

California
Faculty Title: Associate Professor of Clinical Family Medicine
Private Practice: Yes
Accept Interns: No
Insurance Accepted?: No
Fee Range: 200
Foreign Language(s): Spanish

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