

Melissa Richman, PSY.D, LCSW, DAPA



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My mission as a clinical social worker and licensed psychotherapist to bare witness to my patient's narrative. Speaking to my client directly not just to their symptoms, we achieve insight and build trust towards psychological and emotional well-being. As a "corrective relational partner", my ultimate goal is to help my clients explore their feelings, reduce their anxiety and improve their self image and the manner in which they relate to their world. The here and now process in the psychotherapy relationship is a microcosm of life where the opportunity for change and integration happens. The is the key to successful psychological change. Overall, with my dual degree and training as a licensed clinical social worker and a psychologist, I treat all aspects of my client's life, not solely psychotherapy. This I believe creates the highest opportunity for treatment success.

Gender: Female

Populations Served: Gay Men, Lesbians, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming, Adults

Theoretical Orientations: Client Centered, Cognitive, Family Systems, Insight

Oriented, Interdisciplinary, Object Relations, Psychodynamic, Self-Psychotherapy,

Solution Focused

Therapy Modes: Long Term, Individual Psychotherapy, Couples Therapy, Group

Therapy

Degrees: MSW, PsyD

Academic Institute 1: USC Graduate School of Social Work

Year Graduated 1: 1994

Academic Institute 2: American Behavioral Studies Institute

Year Graduated 2: 2001

License Number: LCSW 18370

License State: CA

Years in Practice: 18

Private Practice: Yes

Available for Emergency: No

Accept Interns: No

Insurance Accepted?: No

Fee Range: \$250-350

HMO's / PPO's Accepted: Will provide superbill for patient to submit Out of network

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