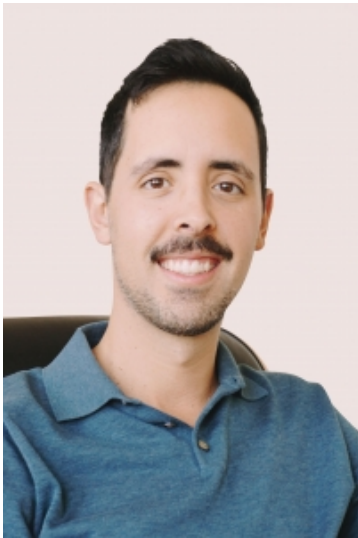


# Jack Irmias, LCSW

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315 S Beverly Dr  
Ste 307  
Beverly Hills, California 90212

Phone: 3107740517

By understanding ourselves on a deeper level we have more control over our lives. Clients who work with me find that not only does therapy make them feel better. But that our work together makes them feel more calm and secure. Less stressed and anxious about the future. More able to reach their goals. More able to speak their mind. More able to live life authentically. And more able to find joy in life. I am passionate about helping people working on a range of issues from anxiety and depression to issues with relationships, sex and sexuality, as well as feeling a lack of fulfillment in life or career. Along with my work with individuals, I am also a trained couples counselor. I help couples better understand what is getting in the way of a deep and committed relationship. I can help you feel good again about your love life. Help you fix communication issues and impasses. Work through sex and intimacy issues. Help you navigate Poly/open-relationships. And all the other issues that couples come to counseling for. I am a Licensed Clinical Social Worker (LCSW) trained in insight-oriented psychodynamic psychotherapy. The focus of my practice is helping individuals and couples better understand themselves (and their partners) so that they can feel a greater sense of self-confidence, build deeper and more meaningful relationships, and feel like they are living life freer and more

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authentically. I find great satisfaction in helping others grow through our work together. I received my Masters degree in Social Work (MSW) from the University of Southern California (USC), where I completed my internship at the USC Counseling Center. I subsequently completed a two-year post-graduate fellowship in psychodynamic psychotherapy at the Wright Institute Los Angeles (WILA) where I worked with individuals and couples coming to therapy for a host of issues such as depression, anxiety, relationship problems, life changes, identity concerns, and personality and mood disorders. I also hold a BA degree from Tufts University in Boston and an MA degree from Columbia University in New York.

Gender: Male

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming, Adults, Seniors

Theoretical Orientations: Client Centered, Cognitive, Depth Psychology,

Developmental, Experiential, Humanistic/Existential, Insight Oriented,

Interdisciplinary, LGBT-Affirmative Psychotherapy, Object Relations, Psycho-

Analytical, Psychodynamic, Self-Psychotherapy, Solution Focused

Therapy Modes: Brief, Long Term, Individual Psychotherapy, Couples Therapy

Degrees: MA, MSW

Academic Institute 1: University of Southern California

License Number: LCSW104583

License State: CA

Private Practice: Yes

Available for Emergency: Yes

Insurance Accepted?: Yes

Fee Range: 250-300

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