

# Ken Howard, LCSW, CST - GayTherapyLA.com

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566 S. San Vicente Blvd. Suite 103  
Los Angeles, CA 90048

Phone: 310-339-5778

Ken Howard, LCSW, CST is the most experienced gay men's specialist therapist in the United States today. He has been providing psychotherapy, coaching, and clinical social work services to gay male individuals, couples, and polycules for over 30 years in 2022. He is an AASECT Certified Sex Therapist, and former Adjunct Associate Professor at USC, teaching courses in Couples Therapy, Evidence-Based Psychotherapy Models, and LGBT Psycho-Social-Political Issues. Ken is an openly gay and HIV-positive (32 years in 2022) psychotherapist in full-time private practice (Monday through Friday) in Los Angeles (90048), near Beverly Center, and provides sessions via phone or webcam. He is the author of the books, "Self-Empowerment: Have the Life You Want!" (available at Amazon.com, LULU.com); and "Positive Outlook: Collected Essays for Living Successfully with HIV Today," as well as hundreds of blog articles on topics supporting gay men's mental health and well-being on GayTherapyLA.com/blog. He hosts the podcast, "Gay Therapy LA with Ken Howard, LCSW, CST", with over 100 episodes, heard by over 8,000 people per month worldwide. He is a Certified Psychiatric Social Worker from USC School of Social Work, and is certified in Consensual Non-Monogamy and Polyamorous Relationships from the Sexual Health Alliance. He has served as Clinical Director of several non-profit HIV/AIDS service organizations in Los Angeles County, and is the former chair (9 years) of the LA County HIV Mental Health Task Force. Call for a free 15-minute phone consultation at 310-339-5778 or visit GayTherapyLA.com.

Additional Locations: Beverly Hills, Mid-Wilshire, West Hollywood

Gender: Male

Populations Served: Gay Men, Bisexuals, Non-Gay Men, Transgender, Adults,

Seniors

Theoretical Orientations: Behavioral, Cognitive, Developmental,

Humanistic/Existential, LGBT-Affirmative Psychotherapy, Other

Therapy Modes: Individual Psychotherapy, Couples Therapy, Group Therapy,

Degrees: MSW, LCSW

Academic Institute 1: University of California, Los Angeles (UCLA)

Year Graduated 1: 1987

Academic Institute 2: University of Southern California, School of Social Work

Year Graduated 2: 1994

License Number: LCS18290

License State: California

Years in Practice: 30

Private Practice: Yes

Available for Emergency: No

Accept Interns: Yes

Insurance Accepted?: No

Fee Range: \$290-310

HMO's / PPO's Accepted: Receipts given for PPO plans with out-of-network provider benefits.

Groups: HIV Positive Gay Men, Mastermind Group, Gay Male Solo Entrepreneurs,

Gay Male TV/Film Writers, Men at Midlife, Sexual Self-Empowerment: The

Alternative to "Sex Addiction", (availability varies; call for info)

Workshops: Full list available at <https://gaytherapyla.com/services-offered/speaking-and-workshops/>

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