

Jonathan Reith-Thompson, MFT



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I have maintained a private practice providing individual, couple, and group psychotherapy in the Los Angeles area for the last 17 years. Life is not easy, and sometimes it gets really hard. But the measure of success is how we cope with life's challenges. I believe that therapy is at its core simply a relationship between two people, one of whom shares those life concerns which are most pressing, painful, or frustrating, while the other is genuinely committed to helping understand those concerns and to facilitating the personal changes most desired. I provide individual and couples therapy for a range of issues including relationship problems, anxiety and depression, and substance abuse. I work with all kinds of people, whether gay, lesbian, or straight. I draw from different therapeutic modalities, depending on the individual need of the client.

Gender: Male

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming

Theoretical Orientations: Behavioral, Cognitive, Family Systems,

Humanistic/Existential, Insight Oriented, Psychodynamic, Self-Psychotherapy

Therapy Modes: Brief, Long Term, Individual Psychotherapy, Couples Therapy

Degrees: MA

Academic Institute 1: Phillips

Year Graduated 1: 1991

License Number: MFT32647

License State: CA

Years in Practice: 19

Private Practice: Yes

Available for Emergency: Yes

Accept Interns: Yes

Insurance Accepted?: Yes

Fee Range: 165-250

HMO's / PPO's Accepted: Blue Shield, Optum (United)

Groups: None currently, previously many

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