

Rick Deaton, Psy.D.



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Finding a good match is especially important in choosing a therapist. I believe the therapeutic relationship is vital and my goal is to provide a collaborative and interactive psychotherapy experience. I have almost 20 years experience treating people who experience depression, anxiety and bipolar disorder and, as well, struggle with drug and alcohol abuse. Depending on the needs of the patient, I integrate both psychodynamic principles, which involve the exploration of one's past and its impact on the present, and cognitive behavioral techniques, which involve changing thoughts and behaviors that can continue to the presenting problems and/or symptoms.

Additional Locations: Beverly Hills, Downtown LA / East LA, Hollywood / Silverlake,
Mid-Wilshire, West Hollywood

Gender: Male

Populations Served: Gay Men, Lesbians, Bisexuals, Non-Gay Men, Non-Gay Women,

Transgender, Gender Non-Conforming, Adults, Seniors

Theoretical Orientations: Client Centered, Cognitive, Insight Oriented, LGBT-

Affirmative Psychotherapy, Psychodynamic, Solution Focused

Therapy Modes: Brief, Long Term, Individual Psychotherapy, Couples Therapy,

Family

Degrees: PsyD

Academic Institute 1: California School of Professional Psychology
Year Graduated 1: 1993
Academic Institute 2: California School of Professional Psychology
Year Graduated 2: 1995
License Number: PSY15257
License State: California
Years in Practice: 23
Private Practice: Yes
Available for Emergency: Yes
Accept Interns: No
Insurance Accepted?: Yes
Fee Range: 200.00
HMO's / PPO's Accepted: Anthem Blue Cross, Aetna, Out of Network PPOs

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