# Cultivating a Well-Bounded LGBT Intimate Relationship in Psychotherapy and Supervision

Educational Workshop and Luncheon Hosted by LAGPA and Listening Perspectives Study Center Sunday, September 17, 2017 • 9 AM to 4 PM



for members Free Lunch

Six hours of *Psychotherapy and Supervision* are required subjects for those supervising psychological assistants, interns, and students. This is the FIRST time it has been tailored to the LGBT community and LAGPA is the first organization to bring this specialization. Dr. Hedges is donating his time so all proceeds benefit LAGPA. Please consider attending this important and truly unique presentation.



# Instructor: Lawrence E. Hedges Ph.D., Psy.D., ABPP

### Intermediate to Advanced level

LAWRENCE E. HEDGES, Ph.D., Psy.D., ABPP is a psychologist-psychoanalyst in private practice in Orange, California, specializing in the training of psychotherapists and psychoanalysts. He is director of the Listening Perspectives Study Center and the founding director of the Newport Psychoanalytic Institute in Tustin, California where he is a supervising and training psychoanalyst. He has been awarded honorary membership in the American Psychoanalytic Association. Dr. Hedges is author of numerous papers and books including Cross-cultural Encounters: Bridging Worlds of Difference (2013), Listening Perspectives in Psychotherapy (1983 & 2003), Interpreting the Countertransference (1992), Strategic Emotional Involvement (1996), and Facing the Challenge of Liability in Psychotherapy: Practicing Defensively (2000 & 2007). To learn more about Dr. Hedges and his work, go to www.listeningperspectives.com

## **Course Description:**

A recent task force of Division 29 of the American Psychological Association has summarized thousands of empirical studies and revealed that the single most consistently important factor determining the overall outcome of all therapies is *the relationship between clinician and client*. It follows that the single most important factor in the supervisee-supervisor experience is the imparting of an appreciation of the power of the clinical relationship and how to cultivate it.

Successful mental health services are based upon *a working relationship* between clinician and client that cannot be simply taught but can be learned through an effective relational supervisory process. This course surveys the research and clinical findings regarding how to co-create and maintain a supervisory relationship that is both effective and mutually enhancing. This **advanced** course presupposes that participants are already familiar with the rules and regulations of their own supervisory settings. This course satisfies licensing board requirements for supervision.

#### Learning Objectives: At the conclusion of this course participants will be able to:

- > Identify and work with parallel processes in clinical work and supervision
- Tailor-make supervisory processes that fit different levels of supervisee professional development
- Accommodate the demands and limitations of the realities of supervisory settings
- > Develop specific ways of building safety into the supervisory triangle

- > Establish and appreciate the teach-treat balance for each supervisee
- > Build greater multicultural and diversity sensitivity into supervision.

NOTE: This course qualifies for ongoing continuing education requirements in supervision for psychologists, marriage and family therapists, licensed clinical social workers, and school psychologists.

# 6 CE Credits Available, APA for Psychotherapists

(Note: these professional classes typically cost \$150)

- Current Members (Free to Attend):
  - $\circ$  do not want/need CE credits no charge
  - want 6 CE credits \$90 (\$15 per credit)
- Not Current Member:
  - do not want/need CE credit Simply become a member at regular prices (\$60 students/interns; \$120 licensed professional) and attend for free. You gain two benefits— membership and workshop all for the price of one.
  - want 6 CE credits Simply become a member at regular prices (\$60 students/interns; \$120 licensed professional) AND pay an additional \$60 (\$10 per credit). You gain three benefits— membership, attend workshop, and receive CE credits.

Sunday, September 17, 2017•9 AM to 4 PMFree lunch provided by Twin Town Treatment Center. There will be coffee and snacks.<br/>Catering by Chef Eddie Morgado. Hosted at Twin Town Treatment Center.<br/>8739 Santa Monica Blvd, West Hollywood, CA 90069<br/>Paid parking in basement of building or street metered parking.<br/>RSVP – Chuck Stewart, Ph.D., at lagpa@sbcglobal.net<br/>Payment is accepted at the door in cash, check, or credit card.

#### LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc., (LAGPA), was established in 1992 as an organization of mental health professionals interested in the psychological well-being of lesbian, gay, bisexual, transgender, intersex, queer and/or questioning individuals. LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, queer events, and the annual LGBTIQ Psychotherapy Conference. In addition, members also receive LAGPA's tri-annual newsletter "Progress Notes," an LGBTIQ resource directory, membership listing on the LAGPA website (www.lagpa.org), and the online LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists. **Visit us at LAGPA.org.** 

#### **Continuing Education Credit Disclosure**

LAGPA is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus and the Registration Form.

• <u>APA CE Credits</u> — LAGPA is approved by the American Psychological Association to sponsor continuing education for psychologists. LAGPA maintains responsibility for this program and its content.



Twin Town Treatment Center, 8739 Santa Monica Blvd., West Hollywood, CA 90069 Upstairs. Near the corner of Hancock and Santa Monica. Underground parking available accessed from Hancock.