

## CO-PRESIDENT'S REPORT

BY: Bonnie A. Jacobs, Ph.D.

Each time I sit down to write this column I think, "Didn't I just do this?" Then I look at the calendar and the date on the last P.N. and think, "Wow, time really does fly!" Since the last newsletter, we have held the LAGPA Annual Awards Ceremony, had the fall mixer, planned the upcoming holiday party, planned the upcoming CEU seminars and decided on the date and theme for the next annual conference. Whew!

Once again, congratulations to this year's Community Service Awards recipients Vallerie Coleman, Ph.D. and Paul Oberon, Psy.D. Congratulations also go to California State Senator Sheila Kuehl, the recipient of the first annual LAGPA LGBT Community Advocate Award. Though Senator Kuehl was unable to attend the ceremony, we were honored to have Laurie Newman, her Deputy, accept the award on her behalf. The Senator also sent a thank-you and congratulatory letter to Paul and Val.

The awards were a huge success due to the hard work of Joni Lavick, MFT, board member and awards committee chair, and Stuart Altschuler, MFT, former LAGPA co-president and Volunteer extraordinaire. Without Stuart and Joni the awards ceremony would not have taken place. We would also like to thank all of the people who advertised in the program, donated items for the silent auction, G. Clayton Vernon for donating the beautiful floral arrangements, Off Vine Restaurant for the delicious food, Gelati Celesti for the amazing desert and Patryk

Strait for the program graphics and layout.

While things have been somewhat hectic at LAGPA, the Board has finally caught up on past issues and is moving forward on events for the coming year. The LAGPA 2003-2004 membership year has come and gone. Membership renewal forms have been sent out. Please take a few moments to complete or revise your information, write a check or send credit card information and send it in. Remember if you lose your membership status, you won't receive the newsletter, mail and email notification of events on a regular basis and discounts to LAGPA events and seminars. Please check the upcoming events schedule in this issue for details.

Our FALL MIXER was held on October 17, 2004, at Mark's Restaurant. Though there was rain, the AIDS Walk and the Valley Pride Festival, we had a good turn out, great food, good drinks and good conversation. The board would like to extend its thanks to Wayne and Chris at Mark's Restaurant for donating part of the cost of the event.

LAGPA Ballots were mailed to all members for the election of the new Board of Directors. While you will see many familiar names on the ballot, you will also see some new ones. Please vote and return your ballots no later than November 1, 2004. There was an error on the ballots in that you were asked to sign, date and return them. There is no need to sign them and we apologize for the error. However, the LAGPA Board is still not full and current Board

*continued p. 2*

## Progress Notes

A quarterly publication of the Lesbian and Gay Psychotherapy Association of Southern California, Inc. a organization dedicated to the promotion of gay, lesbian, and bisexual psychology, by supporting and serving the mental health professionals who work within the gay, lesbian, and bisexual and transgendered community.

Fall 2004

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*Co-President's Report-cont. from pg. 1*

members are spread thin. Mistakes will happen in any organization but particularly when too few people try to do the work of many. LAGPA has a volunteer board. We would appreciate it if you would keep that in mind when making requests and voicing complaints. We now have only ten board members and we need twenty to handle all of the work in a timely and efficient manner. Most of the board's work is done via email so it will take less time. We really need and want you to volunteer; serve on the Board or help on a committee. Help keep LAGPA running.

**W**hile the LAGPA elections are important, the National Elections on November 2, 2004, are more important. (I know you can't believe I said anything was more important than LAGPA but, it's true.) We all need go to the polls or it's possible we could have four more years like the last four. Call friends in swing states and make sure they vote. One of the candidates wants to legislate against the LGBT community, the other doesn't. One candidate wants to be inclusionary, the other doesn't. Vote regardless of your politics. We have the right to choose, so exercise the rights we have! If we, the LGBT people, do not choose, someone else will do it for us. "Vote early and vote often."

**I** hope to see you at the Holiday Party!•

**Attend the next  
LAGPA Board Meeting  
on  
Sunday, November 14, 2004  
12-2 PM at  
MARIX RESTAURANT  
1108 N. Flores Street (at Santa Monica)**

**Contact Jim Michael at [infinitejim@yahoo.com](mailto:infinitejim@yahoo.com) to  
make a reservation**

# The Community Awards...

## Observations from one Board Member

BY: Jim Michael, MA., MFT Intern

I had never been to the LAGPA Annual Community Awards ceremony before. Even after joining the LAGPA board of directors I didn't know what the awards were about, really; until this ceremony, that is.

While I'm not quite sure what to say about the process and ceremony, I can say the board really came together to make this happen. The board was the most focused that I've seen in the year or so that I've been on the board. The board members were upbeat and had a "What can I do to help" attitude. So that's the first thing that I observed, the board of directors with a positive focus working together the best that I've seen.

The second thing I observed, as a man sitting at the Welcoming Table, was that mostly women attended. I noticed that they were also in good spirits, some came by themselves, some with partners, all with smiles on their faces.

Everyone seemed happy that there were vegetable trays and drinks being served *before* the actual award ceremony. The pre-Awards snacks meant attendees did not have to rush into the theatre for the ceremony but could mix with friends, connect with acquaintances and network with colleagues.

Then the ceremony began—it was on time, organized and well done. While introducing award recipient Paul Oberon, Psy.D., Joni Lavick, MFT had the audience laughing all the way to the back of the theater. When the recipients accepted their awards and spoke about what they'd done and where they'd been in their lives, I sat inspired by their having stepped up and stepped into who they really are to be of service.

As an Intern, the awards gave me insight into the fact that where I am today is due, in part, to all that these people had accomplished

*continued p. 4*



Paul Oberon, PsyD  
Photo by Harry Drasin



Stuart Altschuler, MFT and Jonie Lavick, MFT  
Photo by Harry Drasin

and given to the community. I realized I am really riding the coattails of the people who've come before me. For example: I am a facilitator in the domestic violence program at the LA Gay and Lesbian Center (the STOP program); a program award recipient Vallerie Coleman, Ph.D., actually helped originate many years ago.

At the end of the ceremony there were more smiles, more food, more drink, more celebrating and more networking. Throughout the awards there was a Silent Auction which ended the event and was very successful. The Auction and the whole awards event helped LAGPA with one of its goals: To help further promote mental health and understanding for the LGBT community. Everyone seemed happy to give.

So I close this little article with what I had to give: my observations and sharing my gratitude. To those better seasoned than I, thank you, for you have provided inspiration as a new generation learns from those who have already been there and are still contributing. •



Vallerie Coleman, PhD  
Photo by Harry Drasin

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**THE LESBIAN AND GAY PSYCHOTHERAPY  
ASSOCIATION OF SOUTHERN CALIFORNIA (LAGPA)  
UPCOMING EVENTS**

**Annual Holiday Party – Saturday, December 11, 2004  
7 PM - ????**

At the home of Board Member Beatriz Gandara, MFT and Ellen Snortland.  
MEXICAN THEME, SALSA DANCING, MARIACHIS, FOOD, NETWORKING, FUN  
For Information and Reservations contact Beatriz at beagandara@msn.com or 626-798-9433;  
or Jim Michael, MA – infinitejim@yahoo.com

**Continuing Education 2 CE Credits for ALL CA Licenses & MCEP for Psychologists**

**Friday Evening, January 28, 2005**

7:30 PM – 8 PM Networking, 8 PM – 10 PM Lecture

**Bisexuality: Therapeutic Considerations and Treatment Implications**

Presented by **Mary Andres, Psy.D., CADC**, Licensed Psychologist PSY15715

**Sunday Afternoon, February 13, 2005**

1:00 PM – 1:30 Networking, 1:30 – 3:30 Lecture

**Working with Transgender Issues in Treatment**

Presented by **Jessie Jacobson, MA, LAGLC MFT Intern**

**Friday Evening, March 18, 2005**

7:30 PM – 8 PM Networking, 8 PM – 10 PM Lecture

**Married Women Who Love Women**

Presented by **Christine Logan, MFT 40238**

June 11, 2005 – \*Annual Conference\* - “Current Issues in the LGBT Community”

**CEU Seminars Fees: \$5 for unlicensed students/interns, \$20 for members, \$30 for nonmembers, \$10  
MCEP charge (if wanted) for psychologists in either category**

**All Education Forums are held at**

**The Village at Ed Gould Plaza, 1125 N. McCadden Place, Los Angeles, CA 90038**

For more information contact: Bonnie A. Jacobs, Ph.D. – drbajacobs@att.net or Jim Michael, MA –  
infinitejim@yahoo.com

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# CEU PROGRAM REGISTRATION FORM

We cannot accept phone registrations

Not sure of your LAGPA membership status? Call the LAGPA office, we'll be happy to answer your membership questions.

**Register in advance. Space is limited. The fees below are for pre-registration. If space is available to register at the door add \$5 to fees listed below.**

PLEASE CIRCLE YOUR APPROPRIATE MEMBERSHIP CATEGORY AND THE APPLICABLE FEES.	LAGPA MEMBER OR ASSOCIATE MEMBER	LAGPA STUDENT MEMBER OR RETIREE MEMBER (Proof of Student Status Required)	NON-MEMBER	STUDENT NON-MEMBER (Proof of Student Status Required)
1/28/05 Bisexuality: Therapeutic Considerations and Treatment Implications (2.0 credits)	\$20 (plus \$10 MCEP fee if wanted)	\$5 (plus \$10 MCEP fee if wanted)	\$30 (plus \$10 MCEP fee if wanted)	\$10
2/13/05 Working with Transgender Issues in Treatment (2.0 credits)	\$20 (plus \$10 MCEP fee if wanted)	\$5 (plus \$10 MCEP fee if wanted)	\$30 (plus \$10 MCEP fee if wanted)	\$10
3/18/05 Married Women Who Love Women (2.0 credits)	\$20 (plus \$10 MCEP fee if wanted)	\$5 (plus \$10 MCEP fee if wanted)	\$30 (plus \$10 MCEP fee if wanted)	\$10

Total Remittance or Charge \$ \_\_\_\_\_

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These workshops are sponsored by the Lesbian & Gay Psychotherapy Association of Southern California (LAGPA). LAGPA is approved by the MCEP Accrediting Agency (LES009) to submit all courses for approval of MCEP credits for Psychologists. Approval for all of the above seminars is pending. LAGPA maintains responsibility for the program. LAGPA is also approved by the Board of Behavioral Sciences as a provider of Continuing Education Units (CEU) for MFTs and LCSWs: Provider # PCE1309.

**IMPORTANT NOTICE:** THOSE WHO ATTEND THESE WORKSHOPS AND COMPLETE THE EVALUATIONS WILL RECEIVE CONTINUING EDUCATION CREDITS. PLEASE NOTE THAT MCEP CE RULES REQUIRE THAT WE ONLY GIVE CREDIT TO THOSE WHO ATTEND THE ENTIRE WORKSHOP. THOSE WHO ARRIVE MORE THAN 15 MINUTES AFTER THE SCHEDULED START TIME OR LEAVE BEFORE THE WORKSHOP IS COMPLETE WILL NOT RECEIVE CE CREDITS.

**Cancellation Policy:** To receive a refund, a written request must be received at least 72 hours before the scheduled date of the program. Refunds will be processed within 30 days. A fee equal to 50% of the registration fee is deducted from all refunds.

**Lesbian and Gay Psychotherapy Association of Southern California**  
**11684 Ventura Blvd. # 948, Los Angeles, Ca 91604**  
**310-288-3465                      Fax 310-745-8877                      www.lagpa.org**



# CLASSIFIED ADVERTISEMENTS

## THERAPY

### Gay Men's Growth Group

This is an ongoing men's group which focuses on personal issues that lead toward better relationships with oneself and others. This is a group for serious minded men regardless of age, HIV or relationship status. Tuesday night in Studio City. \$30 per session. Contact Sandy Kaufman, MFT at 818-761-4200.

### Gay Men's Group

The Center for Cognitive Therapy in Beverly Hills is now running a Gay Men's Group on Mondays from 7:30 -9PM. If interested, please call Joel Becker, Ph.D. (PSY11680), 310-858-3831.

### Mixed Groups

Mixed psychotherapy groups for well functioning men and women with a focus on relationship, intimacy, sexual, family, and career issues. Yalom model. Monday and Wednesday evenings led by Raymond Bakaitis, PhD. For more information, please call 310-841-6870.

### Caitriona Reed MH CHt

Hypnotherapy for fears, phobias, pain, addiction, and addictive behavior. Life transitions. Creativity. Identity Issues. Individuals, couples, groups, workshops, classes, retreats. 1949 1/2 Westwood Boulevard #3, Los Angeles, CA 90025 By appointment. 310-470-8443  
www.manzanitavillage.org.

*continued p. 9*

## POLICY FOR MAILING LISTS AND FLYERS

LAGPA does not sell or give out its mailing list (in any form) to any person, group or organization. If you would like to send a mailing to the membership you must provide enough copies of the item to be sent folded, stamped and ready to mail. LAGPA will run address labels and place them on the item to be mailed at a board meeting. Therefore, your materials must be received by LAGPA no later than one week prior to the next board meeting as indicated on the web site or in the newsletter, for them to be mailed in a timely fashion. If you want to do a separate mailing you must give us 10 open envelopes with the material you are mailing so we may review it. Rates for this type of service are: members \$125.00 per mailing; non-members \$175.00 per mailing. We strongly suggest you place an ad in the P.N. rather than creating a separate mailing.

As the LAGPA Board is all volunteer, and responsible for creating, collating, folding, labeling, stamping and mailing all newsletters and other correspondence throughout the year, we cannot accommodate the insertion of stand alone flyers into the newsletter or conference materials. Unless, or until, there is a full complement of board members and volunteers to assist on various committees, all flyers must appear as ads in the newsletter and/or conference brochure. Member and non-member rates are listed in the P.N. and on the web site at www.LAGPA.org. Members may bring flyers to LAGPA events and place them on tables where participants can pick them up.

The Board reserves the right to refuse to mail, include in the newsletter or display any material it deems inappropriate or offensive to its membership, or in direct conflict/opposition to the purpose/ mission statement of the organization. To engage in any of the above or for more information please contact our administrative assistant, Chuck Stewart. •

## NEWSLETTER POLICY

### Article Submission

Your articles are welcomed and solicited, and will be published on a space available basis. Please send a copy of your articles which must be typed and double-spaced, to

### LAGPA

Progress Notes  
11684 Ventura Blvd., #948  
Studio City, CA 91604

You can email your articles to drbajacobs@att.net, or fax to (310) 745-8877. This newsletter is mailed to each member, and may be made available to non-members by requesting copies either through mail (to the address above), or by calling (310) 288-3465.

### Publishing Schedule

Advertising and articles are due no later than the following dates:

	Due Date	Pub. Date
Winter	12/15	1/1
Spring	2/15	3/1

### Classified Advertisement Rates

Members	FREE
Non-member	\$15.00

### Display Advertisement Rates

Size	Member	Non-mem.
1/8 page or business card	\$20.00	\$30.00
1/4 page	\$35.00	\$50.00
1/2 page	\$50.00	\$70.00
Full page	\$75.00	\$100.00

This includes business cards, advertisement for upcoming events you are producing, personal promotion, or anything that you may want members to be aware of.

### Mechanicals

Size	
Business Card	3.5" w x 2" h
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Horizontal	7.5" w x 4.8" h
Vertical	3.7" w x 9.75" h
Full page	7.5" w x 9.75" h



**CLASSIFIED ADVERTISEMENTS** (cont. from pg. 8)

**SF/Palo Alto: Gay/Bi Men's Groups**

Six long-term psychodynamic process groups for gay men (San Francisco) and gay and bisexual men (Palo Alto). General issues topics, including intimacy, relationships, isolation, depression, HIV, dating, finances and friendships. The groups have been operative between five and eight years. For more information, please call Jamie Moran, LCSW at 415-552-9408.

**Lesbian & Gay Community Counseling**

We are proud to announce the opening of the Lesbian & Gay Community Counseling, serving the West Side and Beach communities. We are located in Marina del Rey, operating under the umbrella of the Antioch University Counseling Center. Our mission is to promote growth, healing, and health in the lesbian and gay community. We are a highly trained staff of Marriage & Family Therapists, MFT Interns, and graduate student trainee psychotherapists. We invite and welcome all referrals and appreciate you helping us get the word out that we're here to serve the community. We can be reached at 310-574-2813, ext. 550. Please don't hesitate to contact us should you have questions or need further information. Sincerely, Eric J. Day, Ph.D., Director, Price Marshall, M.A., Program Director, Michael Koth, M.A., Program Director.

**EMPLOYMENT**

**Psychotherapy Bookkeeper Position**

Must be able to add existing client files to software program called "Therapist Helper." Call Mike Fatula MFT at 323-876-8861 OR 323-422-9433 business cell phone. (I am live on business cell phone at 5 minutes before any hour 10AM-10PM Mon-Fri).

**OFFICE SPACE**

**West Hollywood/San Fernando Valley--**

Quiet Garden Courtyard of therapists, designers, and writers near Cedars-Sinai and Thaliens. Also office space on Ventura Blvd. near Laurel Canyon.

- quiet, garden courtyard; one story building; 24/7 access & AIR
  - windowed, private waiting room; sound-proofing & call-light systems
  - windowed & skylighted private therapy office
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  - high vaulted wooden ceiling/new wood window blinds
  - utilities included with reasonable rent; private, covered, well-lit parking
  - easy canyon access to San Fernando Valley
  - recently remodeled to psychotherapy specifications
- Reasonable rates (utilities included). Call Mike Fatula at 323-876-8861.

**West L.A.**

Beautifully decorated, windowed, freeway close, handicap access, call lights, separate entrance/exit, security building. Available Thursday and Saturday, all day and evening or for blocks of hours. Contact Renee R. Sperling, LCSW at 310-470-3450

**Beverly Hill**

Large corner office, private waiting room. Available Friday or Sunday (\$200 per day/month) and some evenings. Parking included. Rob Kelly, Ph.D. at 310-277-1944.

**Brentwood**

Brentwood Office in desirable "Souplantation" building on San Vicente, available part time. Bright, beautifully windowed corner office, soothing colors, great view, call lights, soundproofing and separate exit. Contact Mari Marks, Ph.D. (310) 472-2523.

## Support Group for Gay Parents

**A group for Lesbian Moms and Gay Dads to support each other in raising a child, coming out to children & family members, dealing with schools, & the many obstacles Gay Parents come up against.**

**Group meets once a week in Studio City**

**On Monday evenings at 7 pm  
\$25 per session**

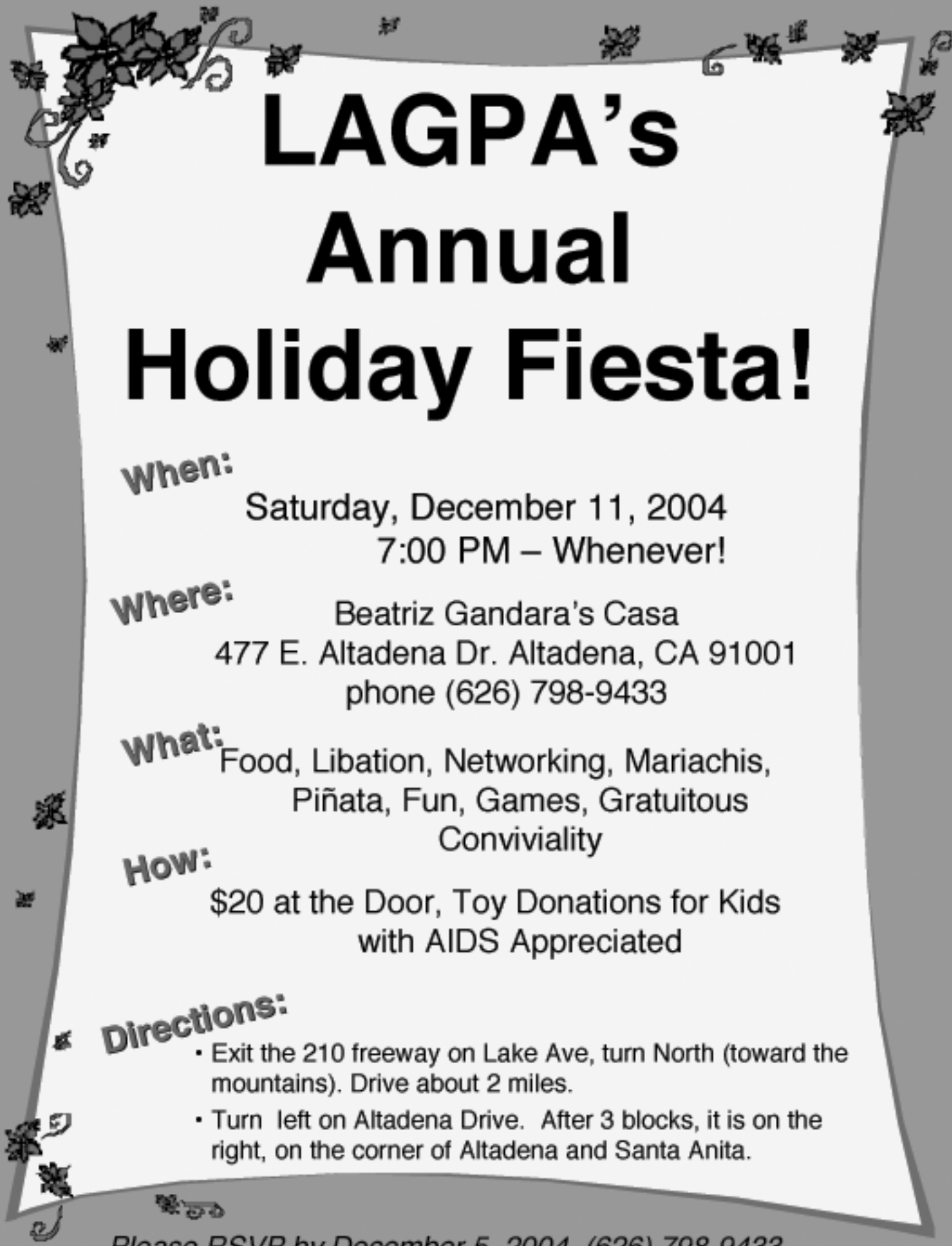
**Call or e-mail:**

**Christine Logan, M.A., MFT**

**E mail:**

**CrisLogan@sbcglobal.net**

**(818) 618-3274**

A decorative border with floral and vine motifs surrounds the text. The border is thicker on the left and bottom sides and thinner on the top and right sides.

# LAGPA's Annual Holiday Fiesta!

**When:**

Saturday, December 11, 2004  
7:00 PM – Whenever!

**Where:**

Beatriz Gandara's Casa  
477 E. Altadena Dr. Altadena, CA 91001  
phone (626) 798-9433

**What:**

Food, Libation, Networking, Mariachis,  
Piñata, Fun, Games, Gratuitous  
Conviviality

**How:**

\$20 at the Door, Toy Donations for Kids  
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**Directions:**

- Exit the 210 freeway on Lake Ave, turn North (toward the mountains). Drive about 2 miles.
- Turn left on Altadena Drive. After 3 blocks, it is on the right, on the corner of Altadena and Santa Anita.

*Please RSVP by December 5, 2004 (626) 798-9433*

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## Couples of Mixed HIV Status *Clinical Issues and Interventions*

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\$19.95 soft. ISBN: 0-7890-1852-7.  
\$29.95 hard. ISBN: 0-7890-1851-9.  
Available Spring 2005. Approx. 173 pp. with Index.



NEW BOOK!

## Gay, Lesbian, Bisexual, and Transgender People with Developmental Disabilities and Mental Retardation *Stories of the Rainbow Support Group*

**John D. Allen, MS**

"A VALUABLE RESOURCE and a WORTHWHILE READ."  
—*Echo*

"Showing, strongly but compassionately, that every human being is also a sexual being. . . . A POWERFUL BOOK."  
—Dan Woog, Author of *School's Out: The Impact of Gay and Lesbian Issues on America's Schools*

Describes the founding of a unique support group for GLBT people with developmental disabilities or mental retardation.

\$19.95 soft. ISBN: 1-56023-396-6.  
\$49.95 hard. ISBN: 1-56023-395-8.  
2003. 146 pp.



NEW BOOK!

## Handbook of LGBT Issues in Community Mental Health

**Edited by Ronald E. Hellman, MD, and Jack Drescher, MD**

This vital book provides reliable, up-to-date information on clinical, administrative, and health concerns related to the provision of public sector mental health services to LGBT people. It presents clinical case material and describes various current clinical programs. Contributors share their experiences developing large public LGBT programs, and offer practical strategies for developing LGBT mental health programming in any community.

\$24.95 soft. ISBN: 0-7890-2310-5.  
\$49.95 hard. ISBN: 0-7890-2309-1.  
Available Fall 2004. Approx. 192 pp. with Index.  
(A monograph published simultaneously as the Journal of Gay & Lesbian Psychotherapy, Vol. 8, Nos. 3/4.)



NEW BOOK!

## Psychotherapy with Gay Men and Lesbians

*Contemporary Dynamic Approaches*

**Edited by Jack Drescher, MD, Ann D'Ercole, PhD, and Erica Schoenberg, PhD**

"IT APPROACHES THE REVOLUTIONARY."  
—*Gay & Lesbian Review Worldwide*  
"SUPERB. . . . Issues are engaged with sophistication, frankness, and, dare one say, rare humility. . . . OF GREAT INTEREST AND VALUE."  
—Dr. Edgar Levenson

Presents case histories of sessions with gay and lesbian patients, focusing on today's psychoanalytical approaches.

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\$49.95 hard. ISBN: 1-56023-397-4.  
2003. 258 pp. with Index.



NEW BOOK!

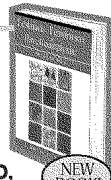
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(A monograph published simultaneously as the Journal of Lesbian Studies, Vol. 8, Nos. 1/2.)



NEW BOOK!

## Relationship Therapy with Same-Sex Couples

**Edited by Jerry J. Bigner, PhD, and Joseph L. Wetchler, PhD**

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"COMPREHENSIVE. . . . This is a book I will return to over and over again. The stories and suggestions are PRACTICAL, RICH, INSPIRING, AND REAL."  
—Katherine A. Allen, PhD

An overview of the array of treatment issues therapists may face when working with couples from the GLBT community.

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\$39.95 hard. ISBN: 0-7890-2554-X.  
Available Summer 2004. Approx. 194 pp. with Index.  
(A monograph published simultaneously as the Journal of Couple & Relationship Therapy, Vol. 3, Nos. 2/3.)



NEW BOOK!

## Lesbian and Bisexual Women's Mental Health

**Edited by Robin M. Mathy, MSW, MSt, MA, and Shelly K. Kerr, PhD**

This essential guide presents evidence-based information that can be implemented to improve mental health services in a variety of settings. It examines the systemic factors that play a role in psychological and emotional well-being, and presents new research on protective factors that play an important role when lesbian/bisexual women face depression, anxiety, and other mental health disorders.

\$19.95 soft. ISBN: 0-7890-2682-1.  
\$34.95 hard. ISBN: 0-7890-2681-3.  
Available Winter 2004/2005.  
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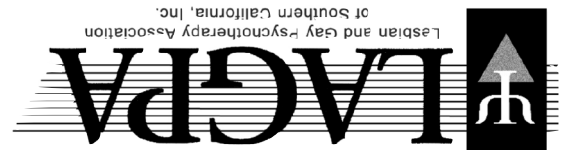


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