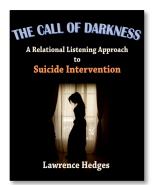
# Lesbian and Gay Psychotherapy Association of Southern California, Inc.



**New BBS Mandate and Ongoing BOP Mandate** Note: this single class satisfies both the California

licensing board's mandated suicide prevention class as well as the law and ethics requirements.

> LAGPA In cooperation with The Listening Perspectives Study Center presents



# THE CALL OF DARKNESS: MANAGING SUICIDALITY IN CLINICAL PRACTICE

Sunday September 22, 2019 (see back for registration details) Instructor: Lawrence Hedges PhD, PsyD, ABPP

### **Course Description:**

This intermediate to advanced course for mental health professionals begins with the awareness that our ability to predict suicide is little better than chance and that at present there are no consistently reliable empirically validated treatment techniques to prevent suicide. However, Dr. Hedges will demonstrate that in the past three decades much has been learned about the dynamics of suicide and many promising treatment approaches have been advanced that are slowly yielding clinical as well as empirical results.

Dr. Hedges will present the groundbreaking work on suicidality of Freud, Jung, Menninger and Shneidman as well as the more recent work of Linehan, Kernberg, Joiner and the attachment theorists along with the features in common that these treatment approaches seem to share. He will put forth a Relational Listening approach regarding the origins of suicidality in a relational/developmental context and will consider their implications for treating and managing suicidality.

### **Learning Goals:**

At the conclusion of this class participants will be able to:

- Define what is meant by "psychache."
- Describe Joiner's interpersonal approach to understanding and managing suicide.
- State why reliable suicide research has not been possible. •
- Explain the difference between "mourning" and "melancholia". •
- Explain how a "split in the ego" can lead to suicidality.
- State how the attachment-abandonment dynamic can lead to instrumental suicidality. •
- State how the connection-withdrawal dynamic can lead to lethal suicidality.
- Explain what can be learned in a "suicide autopsy".
- List four key elements in documenting suicidality that limit your liability. •
- Define what is meant by "telescoped memory".
- Discuss why so many creative and famous people suicide at the peak of their careers.
- Explain why suicide is thought to be always dyadic despite the appearance of isolation and loneliness. •
- Define "suicidal career"
- State the difference between "a cry for help" and "a cry of pain."

LAWRENCE E. HEDGES, Ph.D., Psy.D., ABPP began seeing patients in 1966 and completed his training in child psychoanalysis in 1973. Since that time his primary occupation has been training and supervising psychoanalysts and psychotherapists individually and in groups on their most difficult cases. He was the Founding Director of the Newport Psychoanalytic Institute in 1983 where he continues to serve as supervising and training analyst. Throughout his career Dr. Hedges has provided continuing education courses for psychotherapists throughout the United States and abroad. He has consulted or served as expert witness on more than 400 complaints against psychotherapists in 20 states and has published 19 books on various topics of interest to psychoanalysts and psychoanalytic psychotherapists, three of which have received the Gradiva award. During the 1909 centennial celebrations of The International Psychoanalytic Association his 1992 book, Interpreting the Countertransference, was named one of the key contributions in the relational track during the first century of psychoanalysis. In 2015 Dr. Hedges was distinguished by being awarded honorary membership in the American Psychoanalytic Association for his many contributions to psychoanalysis. To learn more about Dr. Hedges and his work, go to www.listeningperspectives.com





# 6 CE Credits Available, APA for Psychotherapists

(Note: these professional classes typically cost \$150)

## • <u>Current Members</u> (Free to Attend):

- o do not want/need CE credits no charge
- want 6 CE credits \$90 (\$15 per credit)
- Not Current Member:
  - do not want/need CE credit Simply become a member at regular prices (\$75 students/interns; \$140 licensed professional) and attend for free. You gain two benefits— membership and workshop all for the price of one.
  - want 6 CE credits Simply become a member at regular prices (\$75 students/interns; \$140 licensed professional) AND pay an additional \$60 (\$10 per credit reduced price). You gain three benefits—membership, attend workshop, and receive CE credits at reduced price.

Sunday, September 22, 20199 AM to 4 PMFree lunch provided by Twin Town Treatment Center. There will be coffee and snacks.<br/>Hosted at Twin Town Treatment Center.<br/>8739 Santa Monica Blvd, West Hollywood, CA 90069<br/>Paid parking in basement of building or street metered parking.<br/>RSVP – Chuck Stewart, Ph.D., at LAGPA@sbcglobal.net<br/>Payment is accepted at the door in cash, check, or credit card.

## LAGPA

The Lesbian and Gay Psychotherapy Association of Southern California, Inc., (LAGPA), was established in 1992 as an organization of mental health professionals interested in the psychological well-being of lesbian, gay, bisexual, transgender, intersex, queer and/or questioning individuals. LAGPA membership benefits include discounts to all LAGPA events, including academic forums, social events, professional women's events, queer events, and the annual LGBTIQ Psychotherapy Conference. In addition, members also receive LAGPA's tri-annual newsletter "Progress Notes," an LGBTIQ resource directory, membership listing on the LAGPA website (www.lagpa.org), and the online LAGPA membership directory. LAGPA is an accredited provider of continuing education for psychologists, licensed clinical social workers, and marriage and family therapists. **Visit us at LAGPA.org.** 

### **Continuing Education Credit Disclosure**

Listening Perspectives Study Center is approved to provide Continuing Education Credits for Psychologists, Marriage and Family Therapists, Social Workers, and Nurses. The exact number of credits awarded is equal to the number of contact hours for each event and is specified on the Syllabus and the Registration Form.

• <u>APA CE Credits</u> — Listening Perspectives Study Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Listening Perspectives Study Center maintains responsibility for this program and its content.



Twin Town Treatment Center, 8739 Santa Monica Blvd., West Hollywood, CA 90069 Upstairs. Near the corner of Hancock and Santa Monica. Underground parking available accessed from Hancock.